

Meals on Wheels delivers to those who
Can't joins us at the center
Call 388-4711 for more in information

Belgrade Senior Center
FEBRUARY 2018 Activities

92 Cameron Ave
Belgrade, MT 59714
388-4711

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30 AM PINOCHLE 12:45 BINGO 9 AM NEEDLEAIRS	2 8 AM YOGA 9 AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	3 
4	5 8 AM YOGA 9 AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	6 9 AM YOGA 10 AM FULL BODY EXERCISE AARP TAX HELP	7 9 AM MOVEMENT IN MOTION FOOD PANTRY 1 PM MOVIE	8 8:30 AM PINOCHLE BLOOD PRESSURE CHECK 9 AM NEEDLEAIRS 12:45 BINGO	9 8 AM YOGA 9 AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	10
11 	12 8 AM YOGA 9 AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	13 FOOT CLINIC 9 AM YOGA 10 AM FULL BODY EXERCISE RED ROCKERS @ The Wok AARP TAX HELP	14 Valentine's Day 9 AM MOVEMENT IN MOTION FOOD PANTRY 1 PM MOVIE	15 8:30 AM PINOCHLE 12:45 BINGO 9 AM NEEDLEAIRS	16 8 AM YOGA 9 AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	17 Valentine's Day Dance 2-5 pm
18	19 PRESIDENTS DAY CLOSED	20 9 AM YOGA 10 AM FULL BODY EXERCISE AARP TAX HELP	21 9 AM MOVEMENT IN MOTION FOOD PANTRY 1 PM MOVIE BIRTHDAY CELEBRATION	22 8:30 AM PINOCHLE BLOOD PRESSURE CHECK 9 AM NEEDLEAIRS 12:45 BINGO	23 8 AM YOGA 9 AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	24 
25 	26 9 AM MOVEMENT IN MOTION 1 PM BOARD MEETING	27 9 AM YOGA 10 AM FULL BODY EXERCISE AARP TAX HELP	28 9 AM MOVEMENT IN MOTION FOOD PANTRY 1 PM MOVIE			