



Marcé of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule

– subject to change – as of 8/22/19

Thursday, October 24, 2019

Pre-conference Skill-Building Workshops (Additional Fee)

Morning Workshops

9:00am to 12:00pm - **Caring for Women Using Substances – A Focus on Cannabis and Opioids during the Prenatal and Post-pregnancy Period**

Margaret Howard (Chair), Hendree Jones, Connie Guille

9:00am to 12:00pm - **Trauma-Informed Care in the Perinatal Period**

Cheryl Beck (Chair), Maria Muzik, Helen Kim

Afternoon Workshops

1:00pm to 5:00pm - **Obstetric Psychopharmacology**

Katherine Wisner (Chair), Crystal Clark, Catherine Stika

1:00pm to 5:00pm - **Introduction to Buprenorphine Assisted Treatment of Opioid Use Disorder: Special Consideration for Perinatal Women**

Anupriya Gogne (Chair)

1:00pm to 5:00pm - **Perinatal Program Development and Implementation**

Sonia Murdock (Chair), Shannon Erisman and Margaret Howard (*Day Program*),

Mary Kimmel and Samantha Meltzer-Brody (*Perinatal Mood and Anxiety Disorders Program/In-patient Unit & Outpatient Clinics*),

Lisa Segre (*Listening Visits*), and Simone Vigod (*Virtual Care*)

CONFERENCE PROGRAM

Friday, October 25, 2019

7:00am – 8:00am **Junior Faculty Mentor-Mentee Meeting**

8:00am–8:15am **Welcome!**

Samantha Meltzer-Brody, MD, President, MONA

Katherine Wisner, MD, MS, Immediate Past President and Founder, MONA

Lisa Segre, PhD, President, Marcé International Society for Perinatal Mental Health

8:15am – 9:45am **Plenary Lectures**

Ian Jones, MD

Back to the Future - Postpartum Psychosis: Historical Anachronism or the Future of Maternal Mental Health

Alison Stuebe, MD

Establishing the 4th Trimester



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Friday, October 25, 2019 - continued

9:45am - 10:15am Refreshment Break

10:15am – 11:45am **Concurrent Sessions**

| Concurrent 1A | Concurrent 1B | Concurrent 1C | Concurrent 1D | Concurrent 1E |
|--|--|--|---|--|
| <p>Symposium: Changing the Course of Perinatal Depression: Adoption and Scalability of Evidence-Based Preventive Interventions <i>Huynh-Nhu Le, Caron Zlotnick, Darius Tandon, Alicia Diebold, Jessica Johnson, Ma. Asunción Lara</i></p> | <p>Symposium: Implementing the National Curriculum in Reproductive Psychiatry <i>Lauren Osborne, Sarah Nagle-Yang, Lucy Hutner, Lisa Catapano</i></p> | <p>Symposium Psychosis during Pregnancy and the Postpartum Period: From Causes to Acute and Longer-Term Treatment <i>Lee Cohen, Marlene Freeman, Veerle Bergink, Catherine Birndorf</i></p> | <p>Oral Presentations (5):</p> <ul style="list-style-type: none"> • Sleep During Pregnancy Predicts Transdiagnostic Symptoms Associated with Postpartum Depression <i>Jessica Obeysekare</i> • Feasibility of Model Adaptations and Implementation of a Perinatal Psychiatric Teleconsultation Program <i>Christina Wichman</i> • Outpatient Follow-Up After Mental Health Emergency Department Visits in the Postpartum Period <i>Lucy Barker</i> • Maternal Depression in Latinas and Child Socioemotional and Cognitive Development: A Systematic Review <i>Rebecca Harris</i> • Unique Mental Health Needs of Transmen <i>Nancy Selix</i> | <p>1E1: Symposium: Integration of Substance Use Disorders Treatment in Obstetrics Care <i>Constance Guille, Marley Doyle, Julia Frew, Susan Karabell, Leena Mittal</i></p> <p>1E2: Symposium: Opioid Addiction: Models of Care for Moms and Babies <i>Margaret Howard, Kaylin Klie, Anupriya Gogne, Adam Czynski</i></p> |



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Friday, October 25, 2019 - continued

11:45am – 12:30pm **Poster Viewing with Authors**

12:30pm - 1:15pm **Lunch**

1:30pm - 3:00pm **Concurrent Sessions**

| Concurrent 2A | Concurrent 2B | Concurrent 2C | Concurrent 2D | Concurrent 2E |
|--|---|---|---|--|
| <p>Symposium: "Hasta la Revolucion Siempre"- Updates from the Genetics Revolution in Maternal Mental Health <i>Arianna Di Florio, Ian Jones, Jennifer Payne, Anna Bauer, Jerry Guintivano</i></p> | <p>Symposium Using Qualitative Research to Bring Visibility to Invisible Phenomena in Perinatal Mental Health <i>Cheryl Beck, Carrie Eaton, Michele McKelvey</i></p> | <p>Symposium Using Functional Magnetic Resonance Imaging to Unveil Features of Perinatal Depression <i>Sandra Luz Lara-Cinisomo, James E. Swain, Jackie Gollan, Heidemarie Laurent, Pilyoung Kim</i></p> | <p>2D1: Symposium Keep Calm and Carry On: Management of Complex Perinatal Cases on Inpatient Medical and Psychiatric Units <i>Madeleine Fersh, Amanda Tinkelman, Sarah Reinstein, Jessica Cosgrove, Alina Cote, Kalli Feldman</i></p> <p>2D2: Symposium Don't Worry Alone: Provider Discussion on the Clinical Management of Challenging Peripartum Cases <i>Katherine Moore, Elaine Stageberg, Ajeng Puspitasari, Hannah Betcher, Amanda Benarroch</i></p> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Perinatal Anxiety Symptoms in Mexican Women: Rate and Predictors <i>Janeth Juarez Padilla</i> • Racial/Ethnic Differences in Treatment Initiation for New Episodes of Depression during Pregnancy <i>Lyndsay Avalalos</i> • Application of the Developmental Origins of Health and Disease Model to Reducing Health Disparities for Black American women and Infants via Docosahexaenoic Acid (DHA) supplementation <i>Kathryn Keenan</i> • Discrimination Exposure and DNA Methylation in Latina Mothers <i>Hudson Santos</i> • Severe Postpartum Depression and Infant Bonding in Association with Traumatic Events <i>Dalia Hernandez-Medina</i> • Cesarean Delivery is a Risk Factor for Immediate Postpartum Depressive Symptoms <i>Sarah Smithson</i> |

3:00pm - 3:30pm **Refreshment Break**



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Friday, October 25, 2019 - continued

3:30pm – 5:00pm **Concurrent Sessions**

| Concurrent 3A | Concurrent 3B | Concurrent 3C | Concurrent 3D | Concurrent 3E |
|---|--|--|---|--|
| <p>Symposium Improving Parental Psychosocial Functioning in the Neonatal Intensive Care Unit <i>Pamela Geller, Alexa Bonacquisti, Chavis Patterson, Ariana Albanese, Jennifer Barkin, Casey Hoffman, Wanjiku Njoroge</i></p> | <p>Workshop A Publishing Playbook: Preparation, Pitfalls, Perseverance and Pulling it Off! <i>Katherine Wisner, Marlene Freeman</i></p> | <p>Symposium Global Innovations in Screening and Treatment of Perinatal Depression and Anxiety <i>Daisy Radha Singla, Richard Silver, Mwawi Ngoma, Cindy-Lee Dennis, Samantha Meltzer-Brody</i></p> | <p>3D1: Symposium Implementation of Perinatal Collaborative Care: Moving from Efficacy to Effectiveness <i>Jackie Gollan, Emily Miller, Jennifer Sprague, Aparna Chatterjee</i></p> <p>3D2: Symposium Collaborative Behavioral Health Services to Optimize Outcomes for Moms and Families <i>Camille Hoffman, Galena Rhoades, Sara Mazzoni, Leisha Andersen, Blair Hedges</i></p> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Transcranial Direct Current Stimulation (tDCS) for Depression in Pregnancy: A Pilot Randomized Controlled Trial <i>Simone Vigod</i> • Maternal Prescribed Opioid Analgesic Use During Pregnancy and Risk for Adverse Birth Outcomes in Offspring: A Population-based Study <i>Ayesha Sujan</i> • The International Progress of PPD ACT, an App-based Postpartum Depression Genetic Study <i>Jerry Guintivano</i> • Vulnerable Captivity and the Meaning of the Experience of Antepartum Bed Rest: Beyond Postpartum <i>Gwendelyn Orozco</i> • Quantifying the Cost of Perinatal Mood and Anxiety Disorders in United States <i>Kara Zivin</i> • Childbirth-related PTSD and Maternal Bonding impairment: Applying a Biopsychological Approach <i>Sharon Dekel</i> |



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Friday, October 25, 2019 - *continued*

- 5:00pm – 5:15pm Session Transition
- 5:15pm – 5:45pm **Innovation Awards in Maternal Mental Health-**
- 5:45pm – 6:30pm **Plenary Lecture**
Neill Epperson, MD
The Enduring Impact of Childhood Adversity: Observations at Reproductive Transitions
- 6:30pm - 7:30pm **Welcome Reception at the Friday Center** (*heavy hors d'oeuvres*)

Saturday, October 26, 2019

- 7:00am – 8:00am **Junior Faculty Mentor-Mentee Meeting**
- 8:00am – 9:30am **Travel Awardee Recognition**
Samantha Meltzer-Brody, MD
- Plenary Lectures**
Hendree Jones, PhD
Substance Dependence in Perinatal Women
- Krista Huybrechts, PhD*
Using Big Data to Inform Big Decisions Regarding Psychiatric Medication Use in Pregnancy
- 9:30am - 10:00am Refreshment Break



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Saturday, October 26, 2019 - continued

10:00am – 11:30am **Concurrent Sessions**

| Concurrent 4A | Concurrent 4B | Concurrent 4C | Concurrent 4D | Concurrent 4E |
|--|---|---|--|--|
| <p>Symposium</p> <p>The Brain, Immunity and Behavior: Implications for Perinatal Health</p> <p><i>Lauren Osborne, Benedetta Leuner, Mary Kimmel, Lisa Christian</i></p> | <p>Symposium</p> <p>Increasing Access to Perinatal Mental Health Care Across the US: Policy, Programs & Peer Networks</p> <p><i>Nancy Byatt, Tiffany Moore Simas, Mary Kimmel, Margaret Howard</i></p> | <p>4C1: Symposium</p> <p>Dialectical Behavior Therapy for the Perinatal Period: Model Development Across Four Academic Centers</p> <p><i>Maria Muzik, Tiffany Hopkins, Katie Bresky, Natalie Burns, Sharron Hollamby, Shannon Erisman</i></p> <p>4C2: Symposium</p> <p>Novel Psychotherapy Approaches for Perinatal Mood and Anxiety Disorders</p> <p><i>Alexa Bonacquisti, Crystal Schiller, Erin Richardson, Paul Geiger, Tiffany Hopkins, Matthew Cohen, Donald Baucom</i></p> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Dose-effect Of Maternal Serotonin Reuptake Inhibitor Use During Pregnancy on Birth Outcomes <i>Nina Molenaar</i> • "We Need to Have Patience with Ourselves, We Just Had a Baby:" A Qualitative Investigation of Body Image Among Women with Postpartum Depression <i>Tamara Nelson</i> • Prenatal Discrimination and Racism Predict Postpartum Mood in an Urban Sample of Young Mothers <i>Alison Hipwell</i> • Psychosocial Care for Minority Parents in the NICU: A Historical Review <i>Alison Hartman</i> • Maternal Post-traumatic Stress Following Childbirth: The Importance of Symptom Stability and Maternal Feelings of Bonding in Predicting Impairment in the Observed Mother-Infant Interaction <i>Inbal Shlomi</i> • Maternal Childhood Maltreatment, Lifestyle Factors, and Immune Activation During Pregnancy <i>Clare McCormack</i> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Understanding Maternal Adjustment to Pregnancy <i>Jessica Latack</i> • Maternal Pregnancy-Related Distress and Sensitive Caregiving During the Transition to Motherhood <i>Pamela Scorza</i> • Outcomes of Maternal Stress as Evaluated by the Perceived Stress Scale <i>Anne Porter</i> • Improving Access to Perinatal Mental Health in Rural Communities: How to Assess Needs and Implement a Solution <i>Marley Doyle</i> • Longitudinal Remote Consultation to Support Engagement Strategies in Perinatal Collaborative Care <i>Amritha Bhat</i> • The Early Relational Health Screener: A Pilot Study of Evaluating the Impact of a Mother-Child Relational Health Intervention Delivered on an Inpatient Perinatal Psychiatry Unit <i>Amanda Sanders</i> |



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Saturday, October 26, 2019 - continued

- 11:30am – 12:15pm **Poster Viewing with Authors**
 12:15pm - 1:00pm **Lunch**
 1:00pm – 2:30pm **Concurrent Sessions**

| Concurrent 5A | Concurrent 5B | Concurrent 5C | Concurrent 5D | Concurrent 5E |
|--|---|--|---|--|
| <p>Symposium Barriers and Innovations in Implementation of Integrated Perinatal Mental Health Services to Underserved Women <i>Iwona Juskiewicz, Catherine Monk, Ellen Tourtelot, Shannon Lenze</i></p> | <p>Symposium From Bench to Bedside: Neurosteroids in the Treatment of Postpartum Depression-- A Review of Animal Studies, Clinical Trials and a Panel Discussion <i>Jamie Maguire, Kristina Deligiannidis, Samantha Meltzer-Brody, Connie Guille, Cynthia Epperson</i></p> | <p>5C1: Symposium Clinical and Research Advances in Maternal Mental Health of Women Veterans <i>Geetha Shivakumar, Aimee Kroll-Desrosiers, Carolyn Morrow</i></p> <p>5C2: Symposium Using Technology to Prevent and Treat Perinatal Depression <i>Sandraluz Lara-Cinisomo, Andrea Ramirez, Lyndsay A. Avalos, Alinne Z. Barrera, Darius Tandon</i></p> | <p>5D1: Symposium Antidepressants in Pregnancy: Concerns and Controversies <i>Veerle Bergink, Xiaoqin Liu, Nina Molenaar, Anna Rommel, Lindsay Standeven</i></p> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Severe Postpartum Mood and Anxiety Disorders Across Time and Culture: Guide for Future Research and Care <i>Mary Kimmel</i> • The Role of Antenatal and Postnatal Maternal Bonding in Infant Development <i>Genevieve Le Bas</i> • Person Centered Counselling for Maternal Depression Delivered by Non-specialists: A Meta-Analysis <i>Jennifer McCabe</i> • Expanding Access to Depression Treatment in Kenya Through Automated Psychological Support <i>Eric Green</i> • Development and Validation of the Practice Readiness to Evaluate and address Perinatal Depression (PREPD) Assessment <i>Grace Masters</i> • National Initiatives to Build Frontline Provider Capacity to Address Perinatal Mental Health and Substance Use Disorders <i>Tiffany Moore Simas</i> |



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2:30pm – 3:00pm Refreshment Break

3:00pm – 4:30pm **Concurrent Sessions**

| Concurrent 6A | Concurrent 6B | Concurrent 6C | Concurrent 6D | Concurrent 6E |
|--|---|---|---|--|
| <p>Symposium: Lithium and Breastfeeding Recommendations: Perspectives on Best Practices <i>Crystal Clark, Veerle Bergink, Debra Bogen, Simone Vigod</i></p> | <p>Symposium Implementation of Mom Power (MP), A Brief Attachment Based Parenting and Mental Health Intervention for Trauma Survivor Mothers and their Children Across Urban and Rural Settings <i>Maria Muzik, Katherine Rosenblum, Sarah Nagle-Yang, Diana Morelen, Rebecca Vivrette</i></p> | <p>Symposium Philanthropy: A Partner in Advancing C.A.R.E. for Perinatal Mood and Anxiety Disorders <i>Nancy Byatt, Rebecca Alderfer, Stephanie Teleki, Becca Graves</i></p> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Effects of Higher Maternal Choline Levels on Prenatal Marijuana’s Impact on Offspring <i>Camille Hoffman</i> • Women’s Reasons for Prenatal Cannabis Use and Motives and Experiences with Discontinuation <i>Cynthia Battle</i> • Differential Effects of Critically-Timed Sleep and Light Therapy for Pregnancy vs. Postpartum Depression <i>Barbara Parry</i> • Pharmacokinetics of Lithium During Lactation <i>Maria Luisa Imaz</i> • Does Antenatal Benzodiazepine Use Affect Delivery Outcomes? A Systematic Review and Meta-analysis <i>Sophie Grigoriadis</i> • Reproductive Psychiatry in U.S. Academic Medical Centers: A Survey of Current Practices & Needs <i>Joy Moel</i> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Improving Perinatal Depression Outcomes with Mobile Technology <i>Shannon Lenze</i> • The Lived Experience of Perinatal Depression and Pain during the Third Trimester of Pregnancy <i>Julie Vignato</i> • Trauma-Informed Care in a Patient-Centered Medical Home for Young Mothers and their Babies: Implementation and Outcomes <i>Bethany Ashby</i> • Acculturation and Changing Relationships Between Social Support, Sociocultural Stressors and Depressive Symptoms in Pregnant Women of Mexican Descent <i>Kimberly D’Anna</i> • A Relational Approach to Treatment of Postpartum Depression and Mother-Infant Relationships in the Context of Maternal Trauma History <i>Roseanne Clark</i> • Perinatal Mental Health in Brazil: The Feasibility of Mood Disorders Screening During Pregnancy in a High-Risk Maternity <i>Fernanda Schier de Fraga</i> |



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Saturday, October 26, 2019 - continued

- 4:30pm – 4:45pm Session Transition
- 4:45pm – 5:30pm **Plenary Lecture**
Jodi Pawluski, PhD
Plasticity in the Parental Brain: Implications for Perinatal Mental Illness and Its Treatment
- 6:30pm **Conference Dinner** – Southern Style BBQ & Blue Grass Band at Carolina Inn
(additional ticket purchase)

Sunday, October 27, 2019

- 8:00am – 9:30am **Plenary Lectures**
Ruby Mendenhall PhD
Hidden America: Centering Black Mothers' Voices Regarding the Effects of Gun Violence on Their Mental and Physical Health
- Ma. Asunción Lara*
The Influence of Social and Cultural Factors in Perinatal Depression in Mexico: Relevance for Latinas in the U.S.
- 9:30am - 10:00am Refreshment Break
- 10:00am – 10:45am **Plenary Lecture**
Katie Watson JD
Reproductive Justice and Structural Competency: Moving Medicine from Sensitivity to Advocacy
- 10:45am – 11:00am Session Transition



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Sunday, October 27, 2019 - continued

11:00am – 12:30pm **Concurrent Sessions**

| Concurrent 7A | Concurrent 7B | Concurrent 7C | Concurrent 7D |
|---|--|--|--|
| <p>Symposium The Microbiome: At the Intersection of Mother-Infant Mental Health <i>Mary Kimmel, Tamar Gur, Liisa Hantsoo, Beatriz Penalver Bernabe</i></p> | <p>Symposium Short- and Long-Term Consequences of Severe Postpartum Mental Disorders: Recent Epidemiologic Evidence Based on Danish Population Registers <i>Trine Munk-Olsen, Xiaolin Liu, Benedicte Johannsen, Katja Ingstrup</i></p> | <p>Symposium Complementary Health Practices to Treat and Prevent Perinatal Mental Health Conditions <i>Cynthia Battle, Patricia Kinser, Nafisa Reza, Anne Porter, Camille Hoffman</i></p> | <p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • "Who Says We Don't Belong?" A Protocol to include Postpartum Disorders as Formal Diagnoses in the DSM <i>Margaret Spinelli</i> • A Pilot Feasibility Study of Using App-Based Ecological Momentary Assessment and a Wearable Tracking Device to Enhance the Clinical Care and Management of Postpartum Depression <i>Holly Krohn</i> • Establishing Preliminary Severity Ranges for Scores on the Edinburgh Postnatal Depression Scale <i>Jennifer McCabe</i> • The Role of Napping and Sleep Disturbance in the Onset of Antenatal Depression: Objective vs. Subjective Findings <i>Sanam (Sammy) Dhaliwal</i> • Neural and Affective Effects of Reproductive Steroid Manipulation in Reproductive-Related Mood Disorders <i>Crystal Schiller</i> • Assessing the Specificity of Perinatal Anxiety to the Neural Correlates of Infant Face Processing <i>Helena Rutherford</i> |

12:30pm

Closing Remarks

Samantha Meltzer-Brody, MD, President, MONA
 Crystal Clark, MD, President-elect, MONA
 Lisa Segre, PhD, President, Marcé International Society for Perinatal Mental Health

Drawing for three FREE registrations for the Marcé 2020 International Meeting!
Must be present to win!

1:00pm

Conference Adjourned