

INTERNATIONAL ACADEMY OF LYMPHOLOGY

A Non-Profit Corporation Sole
Founder: Dr. C. Samuel West, Chemist & Registered Lymphologist

Presents:

Seven Golden Discoveries

Found on pages 4-13 of "The Golden Seven Plus One"

- (1) Every cell generates "an electrical field." It is an actual "electrical generator."
- (2) To keep the "electric generators" going, (1) the cells must have oxygen to convert glucose into energy, and (2) the potassium (K⁺) inside the cells must remain high and sodium (Na⁺) inside the cells must remain low.
- (3) To have healthy cells, the body must be able to maintain a negative subatmospheric pressure condition, or what is called a "dry" state where there is no excess fluid – only enough fluid to fill the crevices around the cells, and that is all.
- (4) Trapped blood proteins attract excess sodium (Na⁺) and will pull water out of the blood stream to produce (1) excess fluids and (2) excess sodium (Na⁺) around the cells which are the conditions that will cause a lack of oxygen and will upset the delicate sodium-potassium balance in and around the cells which cause loss of energy, disease and death at the cell level.
- (5) The complete Art of Lymphasizing is a new science that reveals the mental, nutritional and physical laws of health which man must obey to keep the blood proteins circulating via the lymphatic system.
- (6) When trapped proteins reduce the energy field produced by the cells, they stick together or cluster which makes them very difficult to be removed by the lymphatic system.
- (7) Trapped or clustered proteins can be dissipated or removed to help relieve pain, speed up the healing process and possibly reverse injury or disease by proper and correct use of the following: 1) various methods of electrical stimulation; 2) specialized services of a physician or surgeon; 3) various bio-electric Lymphasizing techniques; 4) deep breathing techniques on and off of a Lymphasizer; 5) herbs; 6) the naturopathic remedies; 7) the homeopathic therapy; 9) special diets, colonics, distilled water, fresh juices, or a food supplement that will help eliminate excess fluid along with the poisons and re-establish the delicate chemical balance in and around the cells; 10) color therapy; 11) zone therapy or reflexology and 12) other energy producing therapies.

Plus One: The formula for life and death.

Dr. C. Samuel West, Chemist & Registered Lymphologist