

Ulster Rec Center Calendar

www.fwfwellness.com

fitnesswithfriendsgym@gmail.com

May 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:00 pm Zumba (Leanne)	2	3	4
5	6 6:30 pm Zumba (Leanne)	7	8 6:00 pm BodyBeatz (Rachel)	9	10	11
12	13 6:30 pm Zumba (Leanne)	14	15 6:00 Zumba (Leanne)	16	17	18
19	20 6:30 pm Zumba (Leanne)	21	22 6:00 Zumba (Leanne)	23	24	25
26	27 6:30 pm Zumba (Leanne)	28	29 6:00 Bodybeatz (Rachel)	30	31	