



Tara Backer

248-431-4358

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Personal Skating Experience: USFS Gold, International dances and Senior Free Dance. Trained 17 years in Dance, Free Dance, Moves in the Field, Freestyle and Figures.

Coaching Experience: Coaching since 1999. Has coached skaters from beginning levels through Gold/ International dances and senior moves in the field.

Accreditations and Education: PSA; Has been certified by the American Council on Exercise in personal training , bachelors degree in exercise science with a focus in dance.

Coaching Disciplines: Dance, Moves in the Field, and Stroking

Coaching Facility(ies): Onyx Rochester Ice Arena