**HGMS**

**Future Buffalo 5K**

**KHMS**

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**Attention FUTURE BUFFS and GC Community**

**Join the BUFF 5k Stampede**

**When**: Friday, May 12, 2017 at 9:00 a.m.

**Where**: Horace Good Middle School, 1412 N. Main, Garden City

**Route:** 1.5 miles on Tally Trail and back with a finishing lap on HGMS track.

**Cost**: Fee is $10.00 per runner. All runners will receive a shirt with their entry

**Prizes awarded to the top male and female in each grade. Giveaways, Snacks, T-shirts and Entertainment for all Runners.**

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| **Future Buffs**  **Return Entries To:**  HGMS or KHMS  No later than April 27th  For more information contact Courtney Goble at KHMS cgoble@gckschools  805-8509  OR  Amber Gerstberger at HGMS  [agerstberger@gcskchools.com](mailto:agerstberger@gcskchools.com)  805-8117 or 805-8100 | Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age:\_\_\_\_\_\_ M F  Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Fee: $5 for 5k or 1 mile only \_\_\_\_\_\_ or $20 for 5k or 1 mile and shirt\_\_\_\_\_  Shirt Size: Child S Child M Child L Adult S Adult M Adult L Adult XL  Team:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Checks payable to: Student Funds. Mail completed form to address listed, or return this form to the Horace Good Middle School or Kenneth Henderson Middle Schools office between 8:00am and 3:30, Mon-Fri. NO Race day registration will be accepted. |

I know that running/walking in a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in the Future Buffalo 5K Run/Walk on Friday, May 12, 2017, including but not limited to falls, contacts with other participants, the effects of the weather including high heat and/or humidity, low temperature, traffic and conditions of the road, all risks being known and appreciated by me.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Guardian (participants under 18): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_