

NORTHWEST TRACK & FIELD CLASSIC RECORDS

GIRLS (6 & Under)

100 Meter Dash	:16.06	Arihana Baker, Ft. Lauderdale 2015
200 Meter Dash	:33.53	Arihana Baker, Ft. Lauderdale 2015
800 Meter Run	03:01.56	Ja'Leah Williams, Pompano Express 2008
400 Meter Relay	01:14.69	St. Peter and Paul 2015
Long Jump	2.52 m	Sanaa Foster, Miami Northwest Express 2014

BOYS (6 & Under)

100 Meter Dash	:15.54	Ernest Balkman, Miami Dade Parks 2008
200 Meter Dash	:35.20	Ryan Mathis, Miami Gardens 2015
800 Meter Run	3:05.62	Jordan Evans, Miami Gardens 2015
400 Meter Relay	1:10.65	Miami Northwest Express 2013
Long Jump	3.10 m	Kai Sainmervil, Delray 2015

GIRLS (7 - 8)

100 Meter Dash	:14.36	Phoebe Thompson, Freeport Primary Conquerers 2015
200 Meter Dash	:29.00	Sunniah Capers, Metro-Dade Track Club 2011
400 Meter Dash	01:10.87	Ulani Toussaint, Miami Dade Parks 2008
800 Meters	2:43.00	Christin Facey, Quick Reaction 2014
1500 Meters	5:54.58	Christin Facey, Quick Reaction 2014
1500 Racewalk	7:00.96	Kebrynan Brown, Hallandale Track Club 2001
400 Meter Relay	1:00.00	Miami Northwest Express 2003
1600 Meter Relay	5:29.00	Miami Northwest Express 2000
Long Jump	3.39 m	Jasmine Wimberley, Beverly T.C. 1998
Shot Put	4.66 m	Markayla Brown, OpaLocka Hurricanes 2015

BOYS (7 - 8)

100 Meter Dash	:13.59	Marvin Pinnock, Vaz Prep 2004
200 Meter Dash	:28.57	Kaj Baker, Miami Northwest Express 2015
400 Meter Dash	1:05.51	Brandon Leacock, Rolesville 2015
800 Meter Run	2:33.55	Brandon Harris, Miami Northwest Express 1998
1500 Meter Run	5:29.60	Jaleel Gelin, Miami Gardens 2013
1500 Racewalk	10:11.09	Dario Fender, Woodford Primary 2015
400 Meter Relay	58.23	Miami Northwest Express 2015
1600 Meter Relay	5:05.23	Miami Gardens Express 2013
Long Jump	4.09 m	Delvin Chancellor, Miami Northwest Express 1993
Shot Put	6.78 m	Robert Harper, Miami Gardens 2015

GIRLS (9 - 10)

100 Meter Dash	:13.03	Britney Streeter, Metro-Dade Track Club 1998
200 Meter Dash	:27.12	DeJean Donalds, Cayman Islands Track Club 1993
400 Meter Dash	1:01.43	Britney McCord, Miami Northwest Express 2001
800 Meter Run	2:32.38	Cecelia Davis, Walter Parker Pacers 2001
1500 Meter Run	5:23.38	Eddiyah Frye, Unattached 2013
1500 Racewalk	9:37.79	Erniesha Watson, Hallandale Track Club 1999
400 Meter Relay	:54.53	Metro-Dade Track Club 1998
1600 Meter Relay	4:31.90	Supersonics (NY) Track Club 1995
High Jump	1.27 m	ZiNiah Corea, British Virgin Islands 2011
Long Jump	4.22 m	Yvette Roberts, Community Track Club 1981
		DeJean Donalds, Cayman Islands Track Club 1994
Shot Put	7.62 m	Zanique Hamilton, Unattached 2014

BOYS (9 - 10)

100 Meter Dash	:12.95	Ranell Hall, Metro-Dade Track Club 2002
200 Meter Dash	:26.24	Ranell Hall, Metro-Dade Track Club 2002
400 Meter Dash	:59.78	Christopher Hall, Miami Northwest Express 2004
800 Meter Run	2:22.81	Christopher Hall, Miami Northwest Express 2004
1500 Meter Run	5:01.00	Brandon Harris Miami Northwest Express 2000
1500 Racewalk	8:31.39	Jason Wettin, Pegasus Track Club 1997
400 Meter Relay	:53.10	Beam Express Track Club 2008
1600 Meter Relay	4:25.84	Neighborhood Track Club 1994
High Jump	1.44 m	Jahwani Hinds, Waterford Track Club 2008
Long Jump	4.66 m	Tyrese Allen, Ultimate Track Club 2010
Shot Put	9.05 m	Marcus Johnson, Christian Cruisers Track Club 1993

GIRLS (11 - 12)

80 Meter Hurdles	:12.20	Char Foster, Alpha-Omega Track Club 1992
100 Meter Dash	:12.40	Lateshia Grier, Metro-Dade Track Club 1986
200 Meter Dash	:25.68	Teona Banton, Alpha Elite Track Club 2015
400 Meter Dash	:58.17	Char Foster, Alpha-Omega Track Club 1992
800 Meter Run	2:18.50	Daesha Rogers, Unattached 2010
1500 Meter Run	4:53.76	Daesha Rogers, Unattached 2010
1500 Racewalk	8:35.77	Shelly Bustillo, Sunshine Striders Track Club 1992
3000 Meter Run	9:49.44	Shanique Yen, Cayman Islands Track Club 2005
400 Meter Relay	:50.38	Metro-Dade Track Club 2000
1600 Meter Relay	4:09.88	Metro-Dade Track Club 2000
Discus	24.52 m	Amber Powell, Boynton Beach T.C. 2014
High Jump	1.68 m	Deana Manley, Baintown Flyers Track Club 1981
Long Jump	5.28 m	Destiny Castillio, Pal of Hallandale 2013
Shot Put	9.98 m	Misty Barber, Metro-Dade Track Club 1998

BOYS (11 - 12)

80 Meter Hurdles	:12.14	David Queen, Miami Northwest Express 1998
100 Meter Dash	:11.70	Charles West, Metro-Dade Track Club 1985
200 Meter Dash	:24.57	Tevin Williams, Hallandale Beach Track Club 2005
400 Meters	:56.01	Camrin Lamb, Miami Gardens Express 2010
800 Meter Run	2:16.77	Brandon Harris, Miami Northwest Express 2002
1500 Meter Run	4:50.00	Brandon Harris, Miami Northwest Express 2002
1500 Racewalk	9:33.31	Phillip Washington, Hallandale Track Club 1999
3000 Meter Run	11:00.31	Alonso Jocelyn, Alpha Omega Track Club 2011
400 Meter Relay	:50.20	Miami Northwest Express 1994
1600 Meter Relay	3:56.73	Miami Northwest Express 2015
Discus	32.30 m	Sebastian Sainterling, PAL of Hallandale 2012
High Jump	1.62 m	Leevan Sands, KFC 1994
Long Jimp	5.94 m	Willard Wallace, Ft. Lauderdale Track Club 1984
Shot Put	13.97 m	Marquis Johnson, Christian Cruisers Track Club 1994

GIRLS (13 - 14)

100 Meter Hurdles	:14.36	Char Foster, Alpha-Omega Track Club 1993
100 Meter Dash	:11.82	Julia Robinson, Manchester High School 1994
200 Meter Dash	:24.02	Robin Reynolds, Miami Northwest Express 2008
400 Meter Dash	:54.40	Char Foster, Alpha-Omega Track Club 1993
800 Meter Run	2:16.79	Dasha Rogers, Metro-Dade Track Club 2012
1500 Meter Run	4:50.18	Dasha Rogers, Metro-Dade Track Club 2012
1500 Racewalk	10:31.87	Tiffany Cole, HyTech Tiger Track Club 2010
3000 Meter Run	10:21.00	Christina Ellis, North Miami Beach Track Club 2000
400 Meter Relay	:48.10	Miami Northwest Express 2004

1600 Meter Relay	3:58.40	Miami Northwest Express 2004
Discus	34.90 m	Kayla-Rae Gordon, Unattached 2015
High Jump	1.63 m	Anneka Samuels, John Mills Prep 1999
		Zatoria Thompson, Unattached 2015
Javelin	28.86 m	Kelly Albury, Rainbow 7 Track Club 1992
Long Jump	5.91 m	Destiny Castillo, Hallandale PAL 2015
Shot Put	12.74 m	Lacee Barnes, HyTech Tigers 2013
Triple Jump	11.35 m	Shanell McMiller, Miami Northwest Express 1993

BOYS (13 - 14)

100 Meter Hurdles	:13.37	Gus Martin, Metro-Dade Track Club 1997
100 Meter Dash	:10.99	Alain Lilly, Ft. Lauderdale Track Club 2004
200 Meter Dash	:22.00	Marc Johnson, Ambassadors Track Club 1982
400 Meter Dash	:50.80	Ronald Washington, Miami Northwest Express 1991
800 Meter Run	2:01.91	Brandon Harris, Miami Northwest Express 2004
1500 Meter Run	4:30.59	Brandon, Harris, Miami Northwest Express 2003
1500 Racewalk	7:49.44	Marcos Ellington, Miami Northwest Express 1999
3000 Meter Run	9:37.61	Syon Lewis, Unattached 2012
400 Meter Relay	:44.50	Metro-Dade Track Club 2005
1600 Meter Relay	3:35.18	Miami Northwest Express 1991
Discus	41.44 m	Corey Douglas, Scott Lakes 1993
High Jump	1.95 m	Lamar Reid, John Gray 2015
Javelin	41.50 m	Carrington Maycock, Unattached 1985
Long Jump	6.70 m	Randy Whitehead, Metro-Dade Track Club 1991
Pole Vault	4.11 m	Jason Lavendar, Texas 1992
Shot Put	14.96 m	Aaron Hauma, Unattached 2011
Triple Jump	12.96 m	Randy Whitehead, Metro-Dade Track Club 1991

GIRLS (15 - 16)

100 Meter Hurdles	:14.02	Pavielle James, Miami Northwest Express 2004
100 Meter Dash	:11.75	Sabrina Kelly, St. Petersburg Striders Track Club 1991
200 Meter Dash	:23.87	Robin Reynolds, Miami Northwest Express 2009
400 Meter Dash	:54.20	Lisa Brown, Ft. Lauderdale Track Club 1986
800 Meter Run	02:16.50	Skyler Wallen, Unattached 2008
1500 Meter Run	04:52.02	Skyler Wallen, Unattached 2008
1500 Racewalk	8:20.20	Kate Warren, Sunshine Striders Track Club 1983
3000 Meter Run	11:04.00	Jennie Desir, Twin City Track Club 2005
400 Meter Relay	:47.16	South Dade Express 2014
1600 Meter Relay	3:54.02	Neighborhood Track Club 1983
Discus	41.22 m	Fiona Richards, Buff Bay High 2014
High Jump	1.82 m	Robin Beecham, Miami Northwest Express 1992
Javelin	37.21 m	Rosa Diaz, Sunshine Striders Track Club 1985
Long Jump	5.77 m	Patricia King, Ft. Lauderdale Track Club 1980
Pole vault	2.89 m	Wendy Pedley, JKPTC 1997
Shot Put	12.75 m	Lloydrica Cameron, Metro-Dade Track Club 2012
Triple Jump	11.82 m	Latonia King, Miami Northwest Express 1992
		Kimberlee Williams, Unattached 1986

BOYS (15 - 16)

110 Meter Hurdles	:13.81	Tyrone Butterfield, Miami Northwest Express 1989
100 Meter Dash	:10.20	Curtis Johnson, Unattached 1988
200 Meter Dash	:21.34	Ronald Washington, Miami Northwest Express 1993
400 Meter Dash	:47.38	Tyrese Cooper, Miami Garden 2015
800 Meter Run	1:55.79	Richard Smith, Jonathan Grant High School 1992
1500 Meter Run	4:00.03	Manuel Velasquez, Finesse Striders 2010
1500 Racewalk	8:18.77	Marcos Ellington, Miami Northwest Express 2000
3000 Meter Run	9:27.00	David Atkins, Metro-Dade Track Club 1986
400 Meter Relay	:41.93	Metro-Dade Track Club 2005

1600 Meter Relay	3:20.22	Miami Northwest Express 1991
Discus	56.39 m	Thomas Barber, Miami Northwest Express 1989
High Jump	1.98 m	Enrico Gordon, Wolmer's Boys Track Club 1993
Javelin	48.86 m	Ryan Haylock, Cayman Islands Track Club 1986
Long Jump	7.44 m	Joey Wells, Bahamas Tigers Track Club 1980
Pole vault	3.20 m	Frank McCadney, Miami Northwest Express 1979
Shot Put	16.90 m	Aaron Hanna, Metro-Dade 2013
Triple Jump	15.93 m	Allan Mortimer, Bahamas Tigers Track Club 1994

GIRLS (17 - 18)

100 Meter Hurdles	:14.24	Tiffany Ross, Miami Northwest Express 2000
100 Meter Dash	:11.30	Janice Lynch, FHS 1985
200 Meter Dash	:23.56	Debbie Ferguson, Bahamas Pioneers Track Club 1993
400 Meter Dash	:54.10	Ginou Etienne, North Miami Beach Track Club 2003
800 Meter Run	2:11.31	Carlene Robinson, Christiana Comprehensive 2001
1500 Meter Run	4:34.00	Nzuzi Kialeuka, Metro-Dade Track Club 1992
1500 Racewalk	8:03.60	Kate Warren, Sunshine Striders track Club 1985
3000 Meter Run	10:40.00	Traynese Boston, Twin City Track Club 2005
400 Meter Relay	:45.85	Power & Glory Track Club 2005
1600 Meter Relay	3:49.17	Platinum Track Club 2005
Discus	43.00 m	J. Hooker, Lightening Bolt Track Club 1993
High Jump	1.78 m	Tonya Wildgoose, Bahamas 1994
Javelin	42.06 m	Portia Wallace, Baintown Flyers Track Club 1981
Long Jump	6.05 m	Lois White, GCTC 1981
Pole Vault	2.86 m	Dicaria Alvarez, 1 Shot Track 2014
Shot Put	13.60 m	Shelia Nix, GCTC 1993
Triple Jump	13.13 m	Suzette Lee, Unattached 1993

BOYS (17 - 18)

110 Meter Hurdles	:13.65	Eugene Harris, Metro-Dade Track Club 1985
100 Meter Dash	:10.30	Greg Barnes, Miami Northwest Express 1983
200 Meter Dash	:20.72	T. Cooper, Rainbow 7 Track Club 1993
400 Meter Dash	:47.50	Lyndale Patterson, Unattached 1985
800 Meter Run	1:53.10	David Plummer, Unattached 1991
1500 Meter Run	4:002.41	Ryan Pickering, John I. Leonard High 2010
1500 Racewalk	11:02.29	Wilter Jeanbaptiste, Miami PAL 2011
3000 Meter Run	8:52.05	Ryan Pickering, John I. Leonard High 2010
400 Meter Relay	:40.78	Platinum Track Club 1998
1600 Meter Relay	3:16.07	Kenru Striders Track Club 1993
Discus	50.78 m	Everitte Slocum, Miami 2011
High Jump	2.13 m	Enrico Gordon, Wolmer's Boys Track Club 1994
Javelin	54.84 m	Alexander Pascal, HyTech Tigers 2011
Pole Vault	3.96 m	Nick Rahal, Patrick Flyers Track Club 1980
Long Jump	7.32 m	Ben Horowitz, Finesse Striders 2012
Shot Put	18.06 m	Fred Bonebrake, Unattached 1980
Triple Jump	15.72 m	Michael Putman, Unattached 2007
		Allan Mortimer, Bahamas Tigers Track Club 1995

OPEN WOMEN (19 - 29)

100 Meter Hurdles	:12.90	Carmel Major, Baintown Flyers Track Club 1985
100 Meter Dash	:11.13	Shayla Mahan, Unattached 2015
200 Meter Dash	:23.10	Cache Armbrister, Unattached 2012
400 Meter Dash	:52.60	Marie Matthews, Puerto Rico Track Club 1984
800 Meter Run	2:09.65	Jacqui Gayle, Unattached 1998
1500 Meter Run	5:17.00	Kristen Seabury, Unattached 1999

1500 Racewalk	7:54.43	Linda Stein, Unattached 1992
3000 Meter Run	10:24.31	Rebecca Sparks, Space Coast Flyers Track Club 1993
400 Meter Hurdles	:59.53	Amani Bryant, Unattached 2015
400 Meter Relay	:47.27	Manchester High School Track Club 1994
1600 Meter Relay	3:51.38	Excelsior High School Track Club 1994
Discus	53.39 m	Sarah Thornton, Unattached 2011
High Jump	1.78 m	Holly Kelly, Sunshine Striders Track Club 1992
Javelin	48.60 m	Paige Blackburn, Air Force SP 2013
Long Jump	6.44 m	Noelle Graham, Doyle Track Club
Shot Put	14.45 m	Janee Mickens, Metro-Dade Track Club 2011
Triple Jump	13.36 m	Shondra Swift, Curry-Grice Track Club 1998

OPEN MEN (19 - 29)

110 Meter Hurdles	:13.45	Sherman Morris, Kenru Striders Track Club 1993
100 Meter Dash	:09.99	Adam Harris, Guyana 2015
200 Meter Dash	:20.54	A. Tynes, Bahamas Tigers Track Club 1993
400 Meter Dash	:45.89	Alonzo Russell, Bahamas 2015
800 Meter Run	1:50.00	Anthony Brown, OTC 1985
1500 Meter Run	3:54.00	William Johnson, BITC 1985
1500 Racewalk	6:11.82	Mike Korol, Unattached 1993
3000 Meter Run	8:34.48	L. Burke, Island Special Constabulary Force 1994
400 Meter Hurdles	:54.16	Karym Greaves, Unattached 2012
400 Meter Relay	:39.40	Bahamas Tigers Track Club 1993
1600 Meter Relay	3:08.61	Bahamas Tigers Track Club 1993
Discus	62.98 m	Bradley Cooper, MTC 1987
High Jump	2.18 m	James Rolle, Bahamas Tigers Track Club 1995
Javelin	59.98 m	Paul Hurlston, Cayman Island Track Club 1992
Long Jump	7.79 m	Mikese Morse, Unattached 2014
Pole Vault	4.69 m	Ed Langford, Athletic Attic track Club 1982
Shot Put	16.73 m	Gian Piero Ragonesi, Unattached 2015
Triple Jump	16.37 m	Fabian Florant, ASICS NL 2014

SUB-MASTERS WOMEN(30 - 34)

100 Meter Dash	:12.89	Felicia Moore, Ft. Lauderdale, FL 1994
200 Meters	:25.54	Tavia Record, Unattached 2014
400 Meter Dash	:55.95	Maria Brown, PTC Elite, FL 2009
800 Meter Run	2:36.39	Dorraine Dixon, Police Track Club 2005
1500 Meter Run	04:55.96	Tamara King-Foster, Alpha Omega Elite T. C. 2009
1500 Racewalk	9:59.00	Lisa Epstein 1989
3000 Meter Run	TBE	
400 Meter Relay	:51.18	Jamaica Constabulary Force Track Club 1994
Discus	33.43 m	Juliet Golding, Police Track Club 2005
High Jump	1.47 m	Carmen Thompson 1992
Javelin	35.47 m	Juliet Golding, Police Track Club 2005
Long Jump	6.19 m	Yanique Levy, Jamaica 2013
Shot Put	11.40 m	Vicky Jackson, Miami, FL 1994

SUB-MASTERS MEN (30 - 34)

110 Meter Hurdles	:14.20	Nate Robinson, Deerfield Beach, FL 1984
100 Meter Dash	:10.51	Gabor Pasztor, Unattached 2013
200 Meter Dash	:20.94	Gabor Pasztor, Unattached 2013
400 Meter Dash	:47.37	Gabor Pasztor, Unattached 2013
800 Meter Run	2:03.46	Anthony Watson, Jamaica 1991
1500 Meter Run	4:00.57	Mabrey McCray, Unattached 1991
1500 Racewalk	7:23.30	Paul Warburton, Unattached 1985
3000 Meter Run	9:28.00	Anthony Watson, Jamaica 1991

400 Meter Relay	:46.97
Discus	45.90 m
High Jump	1.83 m
Javelin	58.39 m
Long Jump	7.32 m
Pole Vault	3.65 m
Shot Put	14.35 m
Triple Jump	16.37 m

Police Track Club 2003
 Fabian Williams, ISCF 2012
 Warren Campbell, Jamaica 1999
 Rudy Vlaardingerbrook, Naples, FL 1985
 Chandler Williams, Miami, FL 1988
 Dave Sheppard, Unattached 1988
 Fabian Williams, ISCF 2012
 Fabian Florant, ASICS NL 2014

SUB-MASTER WOMEN (35 - 39)

100 Meter Dash	:12.00
200 Meter Dash	:29.62
400 Meter Dash	1:00.00
800 Meter Run	2:54.81
1500 Meter Run	6:06.31
1500 Racewalk	9:00.10
3000 Meter Run	13:11.14
400 Meter Relay	:55.71
Discus	31.02 m
High Jump	1.40 m
Javelin	28.27 m
Long Jump	4.37 m
Shot Put	10.44 m

McLin Anderson, Orlando, FL 2000
 Lassandra Livermore, Jamaica Constabulary Force 2012
 Stacy-Ann Gordon, Jamaica Constabulary Force 2012
 Stacy-Ann Gordon, Jamaica Constabulary Force 2012
 Dorraine Dixon, Jamaica Constabulary Force 2012
 Donna Pope 1994
 Rebecca Baynton, Shock Track 2015
 1994
 Juliatt Golding, Police Track Club 2008
 Stacy-Ann Gordon, Jamaica Constabulary Force 2012
 Suzanne Rowe 2014
 Stacy-Ann Gordon, Jamaica Constabulary Force 2011
 Rosemary Henry, Jamaica 1999
 Rosemary Green, Bahamas 1994

SUB-MASTERS MEN (35 – 39)

110 Meter Hurdles	:14.01
100 Meter Dash	:10.97
200 Meter Dash	:23.10
400 Meter Dash	:53.10
800 Meter Run	2:01.05
1500 Meter Run	4:15.00
1500 Racewalk	8:39.50
3000 Meter Run	9:31.00
400 Meter Relay	:49.41
Discus	40.64 m
High Jump	1.83 m
Javelin	60.02 m
Long Jump	6.74 m
Pole Vault	3.65 m
Shot Put	16.43 m
Triple Jump	14.34 m

Nate Robinson, Deerfield Beach, FL 1989
 Nate Robinson, Deerfield Beach, FL 1990
 Dan Theil, New Orleans, LA 1987
 Dan Theil, New Orleans, LA 1987
 Ashland Murry, Sr., Warrior Track Club 2000
 Ashland Murry, Sr., Warrior Track Club 2000
 Steve Christie, Unattached 1988
 Ashland Murry, Sr., Warrior Track Club 2000
 Police Track Club 2008
 Rudy Vlaardingerbrook, Naples, FL 1985
 Carlos Abunza, Hialeah, FL 1989
 Rudy Vlaardingerbrook, Naples, FL 1985
 Chandler Williams, Miami, FL 1990
 Corey Hicks, Finesse Striders 2010
 Don Heaven, Jamaica 1989
 Benedict Olusola, Unattached 1994

MASTERS WOMEN (40 - 44)

100 Meter Dash	:13.66
200 Meter Dash	:28.25
800 Meter Run	3:27.08
1500 Racewalk	8:39.50
Discus	27.80 m
High Jump	1.35 m
Javelin	23.48 m
Long Jump	4.68 m
Shot Put	8.86 m
Triple Jump	10.70 m

Lorraine Tucker, New York 1991
 Lorraine Tucker, New York 1991
 Precious Pindling, Jamaica
 Louise Tolson 1991
 Juliet Golding, Jamaica Constabulary 2012
 Deborah Souza-Piexoto, Finesse Striders 2010
 Deborah Souza-Piexoto, Finesse Striders 2010
 Jinery Ann Gordon 2011
 Juliet Golding, Jamaica Constabulary 2012
 Lorraine Tucker, New York 1991

MASTERS MEN (40 - 44)

110 meter Hurdles	:16.10
100 Meter Dash	:11.10
200 Meters	:23.00
400 Meter Dash	:52:00
800 Meters	1:59.74
1500 Meter Run	4:53.52
1500 Racewalk	6:45.52
3000 Meter Run	10:07.40
Discus	39.30 m
High Jump	1.7 m
Javelin	50.17 m
Long Jump	6.25 m
Shot Put	13.18 m
Triple Jump	12.93 m

Michael DeJesus, New York 1985
Thad Bell, South Carolina 1987
Ralph Spann, Unattached 1991
Daniel Dywer, Jamaica
Mark Gomes, Southwest SP 2014
George Curry 1982
John Fredricks 1990
Courtney Barron 1994
Corey Hicks, Finesse Striders 2012
Brian Hankerson, BUC 2003
Richard Saunders 1987
Brian Hankerson, BUC 2003
Rudy Vlaardingerbrock, Naples, FL 1988
Wayne Reese, Unattached 1984

MASTERS WOMEN (45 - 49)

100 Meter Dash	:13.48
200 Meter Dash	:28.15
400 Meter Dash	1:04.52
1500 Racewalk	8:39.50
Discus	25.05 m
Javelin	27.07 m
Long Jump	4.72 m
Shot Put	10.28 m

Raquel Bethel, Southwest SP 2015
Raquel Bethel, Southwest SP 2015
Raquel Bethel, Southwest SP 2015
Shelia Cichocki
Nicola Lewis, Jamaica Constabulary 2012
Marilyn Benjamin, Police Track Club 2005
Linda Carty, Unattached 2012
Nicola Lewis, Jamaica Constabulary 2012

MASTERS MEN (45 - 49)

100 Meter Dash	:11.08
200 Meter Dash	:22.00
400 Meter Dash	:52.10
800 Meter Run	2:08.56
1500 Meter Run	4:44.97
1500 Racewalk	8:06.98
3000 Meter Run	10:40.54
Discus	31.17 m
High Jump	1.50 m
Javelin	44.02 m
Long Jump	4.25 m
Pole Vault	2.74 m
Shot Put	9.99 m

Tyrone Carlis, Miami Northwest Express 1990
Rodney Lawson, Unattached 2012
Rodney Lawson, Uatt 2012
Robert Lamay 1984
Victor Benjamin 1992
Wayne Cosgrove, Miami, FL 1986
Al Cruzado 1986
Derek Larner, Unattached 2011
Russ Miller 1984
Ron Gulaskey, Unattached 2012
John Mannings 1985
Andre Hamil, Unattached 2013
Jim Hayslett, Unattached 1992
Gary Jackson, Unattached 2013

MASTERS WOMEN (50 - 54)

Shot Put	7.36 m
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Marilyn Benjamin, Police Track Club 2004

MASTERS MEN (50 - 54)

100 Meter Dash	:11.95
200 Meter Dash	:23.50
400 Meter Dash	:52.50
800 Meter Run	2:10.90
1500 Meter Run	5:31.51
3000 Meter Run	11:18.58
Discus	38.28 m
High Jump	1.50 m
Javelin	46.87 m

David Jones, Miami Northwest Express 2013
David Jones, Miami Northwest Express 2012
Rudy Enders, Maryland 1985
Rudy Enders, Maryland 1984
Trevor King, Alpha Omega Track Club 2011
Anthony Weston, Prospect Park Track Team 2008
Steven Finehirsh, Unattached 2012
Roosevelt Richardson, Miami Northwest Express 1990
Nate Robinson 2005

Long Jump 5.85 m
Pole Vault 2.74 m
Shot Put 12.21 m

Rudy Enders, Maryland
Jim Hayslett 1982
Errol Lindsey 1992

MASTERS WOMEN (55-59)

400 Meters 1:45.67
800 Meter Run 3:52.13
Discus 16.90 m
Long Jump 6.49 m
Shot Put 6.97 m

Charlene Kohler-Britton, Prospect Park 2010
Charlene Kohler-Britton, Prospect Park 2010
Marilyn Benjamin, Police Track Club 2011
Marilyn Benjamin, Police Track Club 2011
Marilyn Benjamin, Police Track Club 2012

MASTERS MEN (55 - 59)

100 Meter Dash :12.60
200 Meter Dash :24.58
400 Meter Dash :57.00
800 Meter Run 2:19.00
1500 Meter Run 5:22.12
1500 Racewalk 7:37.02
3000 Meter Run 11:29.62
Discus 32.27 m
High Jump 1.16 m
Javelin 30.50 m
Long Jump 4.25 m
Shot Put 7.46 m

Bill Wright, Boston, MA 1990
Craig Davis, Unattached 2012
Earl Free, Canada 1988
Earl Free, Canada 1988
Anthony Watson, Prospect Park 2013
Bob Fine, Delray Beach FL 1991
Anthony Watson, Prospect Park 2013
Stephen Christian, Unattached 2013
Bobby Gusman, Unattached 2013
Tommy Steele, Unattached 2013
Tommy Steele, Unattached 2013
Tommy Steele, Unattached 2013

MASTERS WOMEN (60 - 64)

100 Meters 24.58
400 Meters 1:48.66
800 Meters 4:00.61
1500 Meters 8:12.19
1500 Racewalk 11:10.05

Charlene Kohler-Britton, Prospect Park 2014
Charlene Kohler-Britton, Prospect Park 2013
Charlene Kohler-Britton, Prospect Park 2015
Charlene Kohler-Britton, Prospect Park 2013
Charlene Kohler-Britton, Prospect Park 2014

MASTERS MEN (60 - 64)

100 Meter Dash :15.95
800 Meter Run 3:07.90
1500 Meter Run 5:41.24
1500 Racewalk 8:36.36
Discus 34.98 m
Javelin 41.10 m
Shot Put 11.17 m

Lloyd Long, Unattached 2009
Paul Lozma, CAF Changlen 2010
Pedro Enriquez, Miami Northwest Express 2013
Juan Yanes, Unattached 2009
David Grossman, Florida Athletics 2012
Nate Robinson, Kenru Striders 2013
Nate Robinson, Kenru Striders 2013

MASTERS WOMEN (65 - 69)

1500 Racewalk 9:16.40

Miriam Gordon 1991

MASTERS MEN (65-69)

100 Meter Dash :13.10
200 Meter Dash :27.10
400 Meter Dash TBE
800 Meter Run 2:44.86
1500 Meter Run 4:43.16
1500 Racewalk 8:29.10

David Lawyer, New Jersey 1985
David Lawyer, New Jersey 1985
Clement Fields, Georgetown, Guyana 1992
Rolando Cabrera, Unattached 2015
A. F. Christian 1985

Discus	31.53 m	Lloyd Long, Unattached 2013
High Jump	1.16 m	Lloyd Long, Unattached 2013
Javelin	29.84 m	Mario Manifra 1986
Long Jump	3.23 m	Lloyd Long, Unattached 2013
Shot Put	9.17 m	Mario Manifra 1986
Pole Vault	7.00 m	Lloyd Long, Unattached 2013

MASTERS WOMEN (70 & Over)

100 Meter Dash	20.95	Essie Faria, Miami Northwest Express 2012
1500 Racewalk	10:28.57	Essie Faria, Miami Northwest Express 2011
Discus	10.62 m	Essie Faria, Miami Northwest Express 2013
Javelin	9.71 m	Essie Faria, Miami Northwest Express 2015
Long Jump	2.42 m	Essie Faria, Miami Northwest Express 2011
Shot Put	6.45 m	Essie Faria, Miami Northwest Express 2015

MASTERS MEN (70 & Over)

100 Meter Dash	:17.10	Bodgen Kuzmanonic 1985
1500 Racewalk	9:10.84	Paul Geyer 1991
Discus	29.64 m	Ray Rupelli 1990
High Jump	1.45 m	Roberto Abugattas, Unattached 2015
Javelin	30.48 m	Henry Kupczyk, Jr., Unattached 2005
Long Jump	3.56 m	Joseph Broadbent 1988
Shot Put	10.66 m	Ray Rupelli

MASTERS WOMEN (80 & Over)

1500 Racewalk	11:07.30	Essie Faria, Miami Northwest Express 2015
Javelin	9.71 m	Essie Faria, Miami Northwest Express 2015
Shot Put	6.45 m	Essie Faria, Miami Northwest Express 2015

SPECIAL EVENTS

Bob Hayes Invitational 100	:09.89	John Mair, Jamaica 1992
Jimmy Douglas Invitational 200	:20.87	Raymond Johnson, Jamaica 1988
Men's Legend 50-Yard Dash	:05.24	Mike Brown, Miami, FL 1991
Men's Legend 50-Meter Dash	:05.93	Jeremiah Dixon, Unattached 2015
Women's Legend 50-Yard Dash	:06.39	Doris Ramsey, Bahamas 1990
Women's Legend 50-Meter Dash	:07.26	Raquel Bethel, Southwest 2015
Coaches' 400 Meter Relay (Men)	:44.00	Jamaica Constabulary Force 1992
Coaches' 400 Meter Relay (Women)	:59.99	Miami Northwest Express 2009
Mother's 400 Meter Relay	:50.82	Miami Northwest Express 1990
"Old-Timers" 400 Meter relay	:46.40	North Dade High School 1980
Bershawn Jackson Invitational 400 Meter Hurdles	:50.89	Reggie Rucker, Unattached 2011
Tiffany Ross Invitational 400 Meter Hurdles	:58.15	Ellen Wortham, Unattached 2014