Ann's Aquatics Sunday Swim Classes at Chevy Chase Pavilion September 26th – December 19th 10 weeks for \$300 3:30 – 7:45 p.m.

4:00 and 5:30 Beginners who need floatation devices, are fearful, or

Tucker's Tadpoles: can't go under.

3:30 and 4:30 Beginners who can swim a little without floatation

Tucker's Turtles: devices.

5:00 Water orientation through games and play for children

Ann's Aquatots: 1-3 years of age. Parent participation required.

6:00 Beginners who can swim across the pool but need work

Tucker's Tunas: on breathing.

6:30 A more aggressive class for advanced beginners who can

Ann's Alligators: swim on both the stomach and back, in deep water, can

go under, and are starting to dive.

7:00 Advanced Swimmers. Basic Emergency water safety and stroke

Tucker's Tigersharks: technique emphasized. Diving skills. Swim team skills.

(45 minutes, \$400)

Registration will begin Thursday, August 26th at 11am.
Enrollment is limited. Call (301) 230-2426.
Registration is through email only at Annsaquatics@gmail.com
Visit us at www.Annsaquatics.com

NO REFUNDS, SUBSTITUTIONS, EXTENSIONS OR CREDITS