



2023 MINI POT JAMBALAYA COOK-OFF

Proceeds to benefit the Veterans of Foreign Wars

Saturday, May 27, 2023 | On the corner of Irma Blvd & Cornerview St
ALL DIVISIONS COOK FROM 7AM – 11AM

Children's Div. (12 & under) | Junior's Div. (13 – 17) | Women's Div. (18 & over) | Men's Div. (18 & over)

Awards will be presented in all four divisions for 1st, 2nd, and 3rd places

ENTRY FEE \$20 PER COOK

Adults: Start-7am, turn in-9am | Junior: Start-8am, turn in-10am | Children: Start-9am, turn in-11am

MINI POTS NO LARGER THAN 1 QUART ALLOWED IN COMPETITION

For additional information about this contest, please contact Brent Gautreau at 225-485-7875
or visit our website at www.jambalayafestival.net.

COOK'S NAME: _____

COOK'S EMAIL ADDRESS: _____

Please select your division: Children's Junior's Women's Men's

Ingredients Allowed: 1 cup Rice, 1 cup Pork, ½ cup Sausage

Seasonings to taste: Onion, Garlic, Bell Pepper, Celery, Red & Black Pepper, Hot Sauce, Salt

Rules: Ingredients, pot, wood, and utensils to be furnished by cook. Jambalaya to be cooked on wood (no propane.) No enhancers or color aids to be used (i.e. chicken flavor or base, accent, kitchen bouquet, worcestershire sauce, or pre-mixed/store bought seasonings.)

*Children (12 & under) may be supervised and/or assisted by an adult for safety. For fairness to all entrants, the majority of the cooking should be done by the child.

I agree to abide by all of the above rules for the Jambalaya Mini Pot Cooking Contest.

Cook's Signature _____