

OCTOBER SCRIPTURE & SPOTLIGHT

COLOSSIANS 3:12-15 | SELF/SOCIAL AWARENESS

¹² God has chosen you and made you his holy people. HE LOVES YOU! So always do these things: Show mercy to others; be kind, humble, gentle, and patient.

¹³ Do not be angry with each other, but forgive each other. If someone does wrong to you, then forgive them. Forgive each other because the Lord forgave you.

¹⁴ Do all these things; but most important, love each other. Love is what holds you all together in perfect unity.

¹⁵ Let the peace that Christ gives control your thinking. You were all called together in one body to have peace. Always be thankful.

AFFIRMATION:

I am known. I am loved. I was born on purpose for a purpose. I matter. Today, I can do hard things! I can and will learn from my mistakes. I am growing through challenges. I am taking charge of my thoughts, feelings and actions. No matter what comes my way, God is with me. He is for me. I'm ready to conquer today!

DUE FRIDAY, OCTOBER 29, 2021

LET'S TALK ABOUT IT!

The book of Colossians was written by the Apostle Paul to the believers in Colossae. Chapter 3 instructs, encourages and reminds us of who we are because of what Christ has done.

Look at verse 12, what does it say we are? Do you notice that before, Paul instructs--he reminds us who we are! God wants us to know, that we know, that we are his and we are loved, before we do anything else. Why do you think that it's in this order?

What does it look and sound like to show mercy, to be kind, humble, gentle and patient? Why is this hard sometimes? Why is it important then to know that we are loved? Can you pour into a glass from an empty bucket?

Have you ever felt angry with someone before? Anger is an emotion that we have. What happened? It only becomes bad, when we don't handle it or make good choices to take care of it.

What does forgiveness look like? Why is it hard to forgive? When you hold unforgiveness in your heart, do you hurt someone or yourself? How have you been forgiven?

What's the big deal about LOVE? Did you know there are many types of love? The love written here in Greek is AGAPE. (Look up 1 John 4:19-21!) What do you think, "love holds everything together" means?

What's on your mind? What kind of thoughts/self-talk do you have? What can control our thinking sometimes? It takes practice to change our thoughts. What can we say to ourselves to let Christ's peace rule our thoughts?

When we have a peaceful mind, we can work together to live in peace. Just how our body is made up of many different and unique parts, our classes are made up of many different and unique personalities. We each have something to give and share. What does peace look/sound like in our classroom?

Why do you think "Always be thankful," is an instruction given? How does gratitude bring you peace? What does reflecting on what you have, remind you of?