

12 Week Plan.

Week	Activity	Resources and exploration of activity.
Week 1 6/4/2020	Colour finding.	Go around your house see what objects you can find of the same colour, e.g. things that are red, blue, yellow etc. Remember to talk about the different shapes and texture as well.
Week 2 13/04/2020	Exploring different ways to move.	Talk about different ways you can move about, then give them a go, for example slithering like a snake, sideways like crabs, tiptoe, bounce etc.
Week 3 20/04/2020	Mark making with water and paint brush.	Inside- use paper and small paint brushes, you can add food colouring to the water if you want, experiment at the same time mixing the colours. Outside on a bigger scale use buckets of water and big paint brushes, let the children make their marks on fences, sheds and patios.
Week 4 27/04/2020	Baking/cooking	Use what you have in the cupboards to bake biscuits, cakes, flapjacks, brownies etc, if you don't have anything let your child help with dinner/tea peel vegetables, pour pasta into the bowl, and help set the table. (supports independence)
Week 5 4/05/2020	Making music and singing songs.	Use resources such as pots and pans, tins of food, any spoons, wooden, plastic, metal you can also use dry food such as pasta and lentils to create musical instruments. Let your imagination go wild, create songs and dances, use familiar songs or make your own up.
Week 6 11/05/2020	Flour on a plate/tray	Use a small amount of flour on a plate or tray, encourage your child to use their finger as a mark making tool, help them to write/recognise the letters that make up their names. You can assist in this by writing their names on a bit of paper for them to copy
Week 7 18/05/2020	Den Building	Indoor and outdoor use resources around the house and garden to create dens/forts, use chairs, garden toys and blankets, let your imagination go wild, have a game of knights and dragons or save the princess. Hours of fun to be had.
Week 8 25/05/2020	Pic-nic.	Encourage the children to help make lunch, set up as a pic-nic, encourage language, talk about the different smells the food makes and textures, count out the plates and cups.

		Encourage the children to open packets, crisp, biscuit bars and yogurts.
Week 9 01/06/2020	Throwing and catching.	Use a variety of different size balls for throwing and catching or even kicking, encouraging a big gap between thrower and catcher if it's hard to make the gap smaller.
Week 10 08/06/2020	School readiness.	Encourage independent dressing, let your child dress themselves in the morning and when getting ready for bed, let them put their own shoes on and do them up (obviously laced up shoes, trainers may need help).
Week 11 22/06/2020	Scissor skills (Inside/outside).	Gather your tools-scissors, bucket etc, explore outside collecting grass, flowers, leaves and herbs, put on a table or patio and explore your senses as you cut, smell and touch compare how things smell and feel.
Week 12 29/06/2020	Scavenger hunt	Use things that start with a certain letter for example 'C' collect things from around your house, car (toy), cushion, coins, crayon etc, and hide inside and outside. Create a checklist of everything you collected and hid, you can draw the things on so it is easier for the children to follow as they go scavenging.