

## *Women of Enlightenment Schedule 2018*

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|---------------------|---|
| <b>January 12</b>   | Cancelled due to weather  |
| <b>February 9</b>   | Cancelled due to weather  |
| <b>March 9</b>      | Patty Shaw, Reiki Master, will share her knowledge and experience in energy healing. She will cover Reiki, Pranic Healing, and Divine Direct Light Healing. |
| <b>April 13</b>     | Patty Shaw is back to conduct an energy healing share.  |
| <b>May 11</b>       | Cancelled due to Rev. Kathleena's Transition Service  |
| <b>June 8</b>       | A Gathering of Health and Wellness with Lisa Argo. A discussion about nutrition and setting goals. Ask her about her 30-pound weight drop.                  |
| <b>July 13</b>      | Bridget Morris: Creating Support Systems  |
| <b>August 10</b>    | Patty Shaw: Emotional Eating Continuation   |
| <b>September 14</b> | Book Club: Walking a Sacred Path by Lauren Artress  |
| <b>October 12</b>   | Lisa Argo: Trigger Words. Join us for a discussion on words that trigger upsetting feelings or problematic behaviors.                                       |
| <b>November 9</b>   | Gratitude Celebration   |
| <b>December 14</b>  | Year End Review / Schedule Next Year / Party  |

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(schedule subject to change due to death, weather or availability)