

Are you looking for change in your life?

Psa 119:1 ALEPH: Blessed are the upright in the way, who walk in the Law of Jehovah.

Psa 119:2 Blessed are they who keep His testimonies, and who seek Him with all the heart.

Psa 119:3 They also do no iniquity; they walk in His ways.

How many of us have looked into that mirror of our lives and said God something's got to change. I know that there are things in my life that shouldn't be there but no matter what I do I can't seem to get rid of them. No matter what I try it just doesn't work. I just go back to the way I was.

David had that same issue:

Psa 119:4 You have commanded us to keep Your Commandments carefully.

Psa 119:5 O that my ways were fixed to keep Your Precepts!

Psa 119:6 Then I shall not be ashamed, when I have respect to all Your Commandments.

Psa 119:7 I will praise You with uprightness of heart when I have learned Your righteous judgments.

Psa 119:8 I will keep Your Precepts; do not forsake me completely.

Look at how David worded these last 5 verses. You have commanded us to keep your commandments. David knew that He was incapable of doing this on His own; He further states that he wishes that his ways were fixed to keeping his precepts. He knew that He didn't always do this and he needed help. He also states that when he has learned his judgments he will praise him with an upright heart. And please don't forsake me completely because I am trying to keep your Precepts.

David knew that He needed something to change in his life in order to make these things happen.

We have all felt this way at some time or another, Lord please don't forsake me I am trying but it just isn't working.

In order to change things in your life and become as David had said in the first 4 verses, (those who walk not in iniquity (sin), which keep his commandments and are not ashamed), we have to apply 3 things to our lives.

1. *The Word*
2. *The Spirit*
3. *Prayer*

The Word

David knew what was needed in His life to make the change that he desired:

Psa 119:9 BETH: With what shall a young man cleanse his way? By taking heed according to Your Word.

Psa 119:10 With all my heart I have sought You; do not let me wander from Your Commandments.

Psa 119:11 I have hidden Your Word in my heart, so that I might not sin against You.

Psa 119:12 Blessed are You, O Jehovah; teach me Your Precepts.

Psa 119:13 With my lips I have declared all the judgments of Your mouth.

Psa 119:14 I have rejoiced in the way of Your testimonies, as much as in all riches.

Psa 119:15 I will think on Your Commandments and have respect to Your ways.

Psa 119:16 I will delight myself in Your Precepts; I will not forget Your Word.

In order to start the change process the first thing we need to do is get into his word.

Bible is our roadmap it shows us where we are going the best route to take and hoe to avoid the pitfalls of life when we get to them.

David puts it this way in verses 104 thru 106:

Psa 119:104 Through Your Commandments I get

understanding; therefore I hate every false way.

Psa 119:105 NUN: Your Word is a lamp to my feet, and a light to my path.

Psa 119:106 I have sworn, and I raised it, that I will keep Your righteous judgments.

It allows of to glimpse at God and know him. Lets face it we just can't put 100% trust in someone or something we do not know. It shows us many things that we need to know to make it through life. But the most important thing the Word does for us is it introduces us to our Lord and Savior Jesus Christ.

I want you to understand **HOW important** it is to get into a **DAILY** bible study time.

In order to effect change in our lives we first have to know what it is we have to change, we also have to know who God is and that we can trust him completely. One of the only ways we can do this is through his word. Remember what David said that in order for a man(woman) to change is according to His word. We have to know what he said in order to follow Him completely. The only way to do this is through reading His Word.

Christ puts it this way:

Joh 14:6 Jesus said to him, I am the Way, the Truth, and the Life; no one comes to the Father but by Me.

Joh 8:31 Then Jesus said to the Jews who believed on Him, If you continue in My Word, you are My disciples indeed.

Joh 8:32 And you shall know the truth, and the truth shall make you free.

The Spirit

I know what you are thinking, I read the word and God is showing mw a lot of things wrong in my life but I am still struggling with these things there has got to be something more than just reading.

There is Jesus says this:

Joh 14:15 If you love Me, keep My commandments.

Joh 14:16 And I will pray the Father, and He shall give you another Comforter, so that He may be with you forever,

Joh 14:17 the Spirit of Truth, whom the world cannot receive because it does not see Him nor know Him. But you

know Him, **for He dwells with you and shall be in you.**

Joh 14:26 But the Comforter, the Holy Spirit whom the Father will send in My name, **He shall teach you all things and bring all things to your remembrance, whatever I have said to you.**

In Jeremiah God makes a Promise to us:

Jer 31:33 but this shall be the covenant that I will cut with the house of Israel: **After those days, says Jehovah, I will put My Law in their inward parts, and write it in their hearts; and I will be their God, and they shall be My people.**

God said that he would never leave us or forsake us, and if we are struggling with things in our lives he will make a way for us to overcome these things. Paul talks about the struggles that the Galatians were having and he shows them the way to overcome anything that was in their lives.

He puts it this way:

Gal 5:16 I say, then, **Walk in the Spirit and you shall not fulfill the lusts of the flesh.**

Gal 5:17 For the flesh lusts against the Spirit, and the Spirit against the flesh. And these are contrary to one another; lest whatever you may will, these things you do.

Gal 5:18 **But if you are led by the Spirit, you are not under law.**

Gal 5:19 Now the works of the flesh are clearly revealed, which are: adultery, fornication, uncleanness, lustfulness,

Gal 5:20 idolatry, sorcery, hatreds, fightings, jealousies, angers, rivalries, divisions, heresies,

Gal 5:21 envyings, murders, drunkennesses, revelings, and things like these; of which I tell you before, as I also said before, that they who do such things shall not inherit the kingdom of God.

Gal 5:22 **But the fruit of the Spirit is: love, joy, peace, long-suffering, kindness, goodness, faith,**

Gal 5:23 **meekness, self-control; against such things there is no law.**

The difference between the fruits of the Spirit and the fruits of the Flesh is our focus. The fruits of the Flesh focus on us, What's in it for me, attitude, Where the fruits of the Spirit are Focused on others, What can I do for them. **If you truly Love someone you will do anything you can not to hurt that person, you will be patient, kind, Long suffering....ect.**

If you Love only yourself it just doesn't matter what you do because if it feels good to you that's all that matters.

Prayer

I know what you are thinking, that's all well and good but how does it work?

The first thing and the last thing that we have to do is maintain a constant prayer life. The first thing we had to do to become a Christian was to pray the sinner's prayer and ask God into our hearts and minds to start the change we are so desperately seeking. We then get into his word to find out what he has to say and to fully understand who he is. But it does not stop there. We have to pray that he will help us to allow the Holy Spirit to work in and through us to effect the changes we want to see.

Paul puts it this way:

1Th 5:8 But let us, who are of the day, be calm, having put on the breastplate of faith and love and the hope of salvation for a helmet.

1Th 5:9 For God has not appointed us to wrath, but to obtain salvation by our Lord Jesus Christ,

1Th 5:10 who died for us, so that whether we watch or sleep we should live together with Him.

1Th 5:11 Therefore comfort one another, and edify one another, even as you also do.

1Th 5:14 Now we exhort you, brothers, warn those who are unruly, comfort the faint-hearted, support the weak, be patient toward all.

1Th 5:15 See that none gives evil for evil to anyone, but always pursue the good, both towards one another and towards all.

1Th 5:16 Rejoice evermore.

1Th 5:17 Pray without ceasing.

1Th 5:18 In everything give thanks, for this is the will of God in Christ Jesus concerning you.

Paul says that we should always be in prayer here he puts it another way for us who are seeking that change in our lives and not seeing it yet:

Php 4:6 Do not be anxious about anything, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.

Php 4:7 And the peace of God which passes all understanding shall keep your hearts and minds through Christ Jesus.

And again in Ephesians:

Eph 6:18 praying always with all prayer and supplication in the Spirit, and watching to this very thing with all perseverance and supplication for all saints.

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In conclusion

In order to effect long lasting change in our lives we have to apply these three things. Through his word we not only learn his ways and his teachings we get to know who God is and what he means to us on a daily level, through his spirit we get to see his power in our lives, and through prayer we get to speak to him letting him know what it is that we want to change.

Here is the thing, we have to be patient change does not take place overnight in most cases. In some it does but that's the exception not the rule. God allows things in our lives for a reason, we don't always know what that reason is but we have to trust that he know what he is doing.

Solomon puts it this way in his Proverbs:

Pro 3:3 Let not mercy and truth forsake you; tie them around your neck; write them upon the tablet of your heart;

Pro 3:4 and you shall find favor and good understanding in the sight of God and man.

Pro 3:5 Trust in Jehovah with all your heart, and lean not to your own understanding.

Pro 3:6 In all your ways acknowledge Him, and He shall direct your paths.

Pro 3:7 Do not be wise in your own eyes; fear Jehovah and depart from evil.

Pro 3:8 Healing shall be to your navel and marrow to your bones.

If we just trust him and apply these three things to our loves change will come and we will never have to worry about these things again.

I leave you with this statement from Charles Spurgeon and this verse:

“So walk ye in him.”

- **Col 2:6**

If we have received Christ himself in our inmost hearts, our new life will manifest its intimate acquaintance with him by a walk of faith in him. Walking implies action. Our religion is not to be confined to our closet; we must carry out into practical effect that which we believe. If a man walks in Christ, then he so acts as Christ would act; for Christ being in him, his hope, his love, his joy, his life, he is the reflex of the image of Jesus; and men say of that man, “He is like his Master; he lives like Jesus Christ.” Walking signifies progress. “So walk ye in him”; proceed from grace to grace, run forward until you reach the uttermost degree of knowledge that a man can attain concerning our Beloved.

Php 4:8 Finally, my brothers, whatever things are true, whatever things are honest, whatever things are right, whatever things are pure, whatever things are lovely, whatever things are of good report; if there is any virtue and if there is any praise, think on these things.

Php 4:9 Do those things which you have also learned and received and heard and seen in me. And the God of peace shall be with you.