

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>October 2021   McMinn Senior Activity Center</b>  <b>Mon-Fri 8:30a-4p</b>            205 McMinn Ave   Athens, TN 37303            www.mcminnseniors.com   office@mcminnseniors.com   423-745-6830  <i>Please note that this schedule is subject to change.</i></p>			<p align="center">The Pool Room, Computer Lab, Exercise Room, Card Room and Library are always available!</p> <p align="center"><i>Do you have an idea for a program? See Diane!</i></p>	<p><b>1 Happy Birthday Linda B!</b>            9a-12p Walgreens Flu Shot Clinic            9:30a Jam Session            11:30a Lunch            11:45a Nutrition Education  <b>Happy Birthday October 2 Teresa M!</b></p>
<p><b>4 National Golf Day</b>            10a Bingo            11:30 a Lunch  <b>No Yoga Today</b></p>	<p><b>5 National Do Something Nice Day</b>            9a Blood Pressure Check            9:30a Quilting            10a Choir            11:30a Lunch</p>	<p><b>6 National Mad Hatter Day Wear Your Best Hat!!!</b>            9:30a Knitting &amp; Crocheting            10a Bingo w/Caris            11a Crafts            11:30a Lunch            12p Yoga w/Nancy</p>	<p><b>7</b>  <b>10a Pool Tournament</b>            11:30a Lunch            1p TWU Afternoon Stretch-Manicures  <b>12p Dr. Bubba's Bluegrass Gospel w/Hearth</b></p>	<p><b>8 National Fire Prevention Day</b>            9:30a Jam Session            11:30a Lunch  <b>Happy Birthday October 9 Shelia Q &amp; October 10 Leon R!</b></p>
<p><b>11</b>            10a Bingo            11:30 a Lunch            12p Yoga w/Nancy</p>	<p><b>12 Happy Birthday Faye!</b>            9a Blood Pressure Check            9:30a Quilting            10a Choir  <b>11a Fire Safety w/Athens Fire Department</b>            11:30a Lunch</p>	<p><b>13</b>            9:30a Knitting &amp; Crocheting            10a Bingo w/HOC            11a Crafts            11:30a Lunch            12p Yoga w/Nancy</p>	<p><b>14</b>  <b>10:30a Ocoee/Hiwassee State Park Wildlife Presentation (w/animals!)- Grandparents Day Out-Bring your grands to the program!</b>            11:30a Lunch</p>	<p><b>15</b>            9:30a Jam Session            11:30a Lunch</p>
<p><b>18</b>            10a Bingo w/Decatur Wellness            11:30 a Lunch            12p Yoga w/Nancy</p>	<p><b>19 TWU Day of Service</b>            9a Blood Pressure Check            9:30a Quilting            10a Choir            11:30a Lunch</p>	<p><b>20 Medicare Part D Open Enrollment 9a-3p</b>            9:30a Knitting &amp; Crocheting            11:30a Lunch  <b>No Yoga Today</b></p>	<p><b>21</b>  <b>10a Cornhole Tournament</b>            11:30a Lunch            1p TWU Afternoon Stretch-Exercise</p>	<p><b>22 Cleveland State Make a Difference Day</b>            9:30a Jam Session            11:30a Lunch</p>
<p><b>25</b>            10a Bingo            11:30 a Lunch            12p Yoga w/Nancy</p>	<p><b>26</b>            9a Blood Pressure Check            9:30a Quilting            10a Choir            11:30a Lunch</p>	<p><b>27 National Black Cat Day</b>            9:30a Knitting &amp; Crocheting            10a Bingo            11a Crafts            11:30a Lunch            12p Yoga w/Nancy</p>	<p><b>28</b>  <b>10a Horseshoe Tournament</b>            11:30a Lunch  <b>11:30a Celebrate October Birthdays w/Caris</b>            1p TWU Afternoon Stretch-Halloween Fun!</p>	<p><b>29 National Frankenstein Day</b>            9:30a Jam Session            11:30a Lunch</p>

