

Menu Form for children ages 1-12 years

Month Menu # 8

Year 2017

	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> Bread or bread alternate (including cereal) Juice or fruit or vegetable <ul style="list-style-type: none"> Milk, Fluid 	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
Snack	<ul style="list-style-type: none"> Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate 	Water Bananas Animal Crackers	Water Cheese Curds Club Crackers	Water Blueberries Vanilla Yogurt Granola	Water Peaches Wheatable Crackers	Juice Apple Pizza
Lunch	<ul style="list-style-type: none"> Meat or meat alternate Vegetable and/or fruit 2nd Vegetable or fruit Bread or bread alternate <ul style="list-style-type: none"> Milk, fluid 	Hotdogs Sweet Potato Fries Blueberries Bun Milk	Chilli (hamburger) Salad Strawberries Saltines Milk	Ham w Baked Potato Broccoli Apricots Milk	Sloppy Joes French Fries Watermelon Hamburger Bun Milk	Spanish Rice (hamburger) Carrots Pears Chips Milk
Snack	<ul style="list-style-type: none"> Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate 	Water Cucumbers/ Ranch Cheez-its	Water Celery/Cheese/Raisins Ranch Wheat Thins	Juice Chocolate Pudding Vanilla Wafers	Juice Rice Krispie Treats	Water Green Pepper / Ranch Vegetable Garden Ritz

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal