

# 2018 Summer



Goulds Recreation Association

P.O. Box 40

Goulds, NL

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## Goulds Rec Mission Statement

*To provide affordable quality recreation services to all residents of Goulds in an attempt to enhance physical, mental, emotional and social well-being of all participants.*

## What's Inside?

- ⚙ Hi from the Recreation Coordinator
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- ⚙ Summer Day Camp Program
- ⚙ Summer Sports Programs
- ⚙ Summer Kids at Play Program
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## Summer Registration for Goulds Recreation Programs

Registration taking place at the Rec Centre starting May 23<sup>rd</sup>, 2017

(Softball registration starts 9am, April 30th)

**TIMES:** Wednesday, May 23<sup>rd</sup>, 8am-8pm

Thursday, May 24<sup>th</sup>, 9am-8pm

Friday, May 25<sup>th</sup>, 9am-5:30pm

Saturday, May 26<sup>th</sup>, 12noon-2:30pm

**\*\*Please see DAY CAMP registration note under Announcements section of this brochure\*\***

Thereafter, registration will continue during regular office hours (Monday-Friday, 9am-5:30pm), or until programs are full. **SPACE IS LIMITED IN ALL PROGRAMS!** There will be **NO** registration for any of our programs taken over the phone.

## Special Event Fridays

A Special Event will be planned for every Friday during the summer program season. Each Friday is \$22 per child (\$20 – second child in the same family). These events are open to all children in the community ages 6 and up. Special Events are included in the weekly cost of our Day Camp Program. Each event will be displayed on our outdoor sign, on our Facebook page and website. Participants can register the Monday, Tuesday and Wednesday of each week for that week's Special Event Friday. **However, please remember that space is limited for all our Special Events!** This is a full day of activities and usually a field trip. We have early drop-off at 8am and late pick-up at 5:30pm. Participants signed up for Special Event Fridays must have plenty of snacks, drinks and a lunch to get them through the day. We do not provide heating or refrigeration of food. They also must have proper clothing/footwear and sunscreen.



### **Message from the Recreation Coordinator**

Time goes by so fast! It only seems like yesterday we were having the best time at the Goulds Lions Summer Blast! We are all looking forward to the upcoming summer! This year is a shorter one, with only 8 weeks, but we are going to ensure it is jam packed with fun activities! All we need to do is keep our fingers crossed for decent weather!

We have a lot of returning counselors this year and there will also be a few new faces! They are all looking forward to seeing the returning participants, as well as getting to know the new ones!

Our programs are a fun way to stay active this summer! We have something to offer children/youth ages 5-16! Join a program or a few, hang out with your friends and make new ones. Most importantly, make some great memories that will stay with you a lifetime!

Feel free to contact us for more details on the programs we offer! And feel free to give us suggestions/ideas! We are always looking for ways to improve on our programs!

Our aim is for you to have a safe,

### **Message from Goulds Rec Board of Directors**

Goulds Recreation had a very busy year with programs! We are looking forward to having a busy summer season as well. We would like to welcome back all our returning counselors, participants and families and welcome aboard to our new counselors, participants and families. Goulds Rec strives to provide quality programming for the residents of the Goulds and surrounding areas. We also want to encourage everyone to get active! Have a safe and fun summer!

Goulds Recreation Association  
Board of Directors

### **Board of Directors**

**Chair:** Michelle Downey

**Vice-Chair:** Dave Ryan

**Treasurer:** Susan Putt

**Secretary:** Gina Evoy

**Community Members:**

Donnie Earle

Chad Vaughan

Tina Dinn

Jacqueline Glynn

Jeannie Reddy

Cindy Vickers



**\*Please see day camp registration notice under the Announcements Page of this Brochure. Limited spaces for participants just finished kindergarten.\***

**Ages:** 6-12 (children must be turning 6 in the 2018 year)  
**Starting:** Tuesday, July 3<sup>rd</sup>  
**Cost:** \$110/wk (1 child)  
\$100/wk (each additional child per family)

### Camper's Check List

- ⚙ Label all personal items
- ⚙ Always have a hat and sunscreen
- ⚙ Be dressed according to the weather each day
- ⚙ Bring running shoes

### Just a Note

All participants in our Day Camp Program will be exposed to physical activities, crafts, guest speakers, field trips, etc. If your child is in one of our other programs, we will try our best to get your child to that program. If a day camp participant is in 5 or more weeks of day camp and is also registered for one of our other summer programs, they will receive \$10 off of that program(s)

### Tentative Schedule

Wk 1: July 3-6: Randomness

Wk 2: July 9-13: Four Seasons

Wk 3: July 16-20: In the Game

Wk 4: July 23-27: Backyard Bash

Wk 5: July 30-August 3: Water This, Water That

Wk 6: August 6-10: Nature Unleashed

Wk 7: August 13-17: Destination Imagination

Wk 8: August 20-24: Kidtastic

### Don't Forget!

There will be no day camp on Monday, July 2<sup>nd</sup> (Canada Day Holiday) or on Regatta Day. If the Regatta is postponed, camp will continue and the holiday will be observed as the festival goes ahead. The prices of the weeks in which these holidays occur are adjusted accordingly.

### Camp Guidelines

**\*Child Drop-off/Pick-up:** Early drop-off is 8am. Parents are not to leave their children in the Rec Centre before 8am, even if there is a counselor present. Counselors only supervise between 8am-5:30pm. We ask that you respect our late pick-up time of 5:30pm. Please ensure that your child is picked up prior to, but absolutely no later than 5:30pm. Camp staff will only let your child leave with those who are on the list provided during registration. If someone other than those listed is to pick up your child, please let us know at sign-in or call the Rec Centre prior to pick-up.

**\*Lunches/Snacks:** Campers will need to have enough lunch and snacks to get them through each day. We do not provide refrigeration or heating. Please ensure that your child has plenty to drink each day. No peanuts/nuts, kiwi or fish products are allowed to be a part of your child's snack/lunch, due to allergies.

**\*Special Needs/Health Concerns:** Upon registration, parents should identify any special conditions that camp counselors should be aware of. Counselors will NOT administer any medications to campers. If it needs to be taken during camp, it must be self-administered.

**\*Safety:** It is very important that camp participants follow the rules and regulations that are

# SPORTS

## Just a Note

- ⚙ All our sports programs focus on fair play. The counselors will be promoting this all summer. Every participant will have an equal opportunity to participate in all activities. At times there will be friendly competition.
- ⚙ There will be no program on Monday, July 2<sup>nd</sup> (Canada Day) or on Regatta Day. If the Regatta is postponed, programs will continue and the holiday will be observed as the festival goes ahead.
- ⚙ Please check our Facebook account a half-hour before program start time for the possibility of any cancellations due to weather and/or conditions of the outdoor facilities.
- ⚙ Sports programs will run for 8 weeks, starting the week of July 3<sup>rd</sup> – 6<sup>th</sup> and finishing the week of August 20<sup>th</sup> -August 24<sup>th</sup>.
- ⚙ Participants should bring with them something to drink, wear sunblock and have a hat.

## Outdoor Basketball



**Ages:** 5-12 (appropriate age groupings)

**Cost:** \$60 (1<sup>st</sup> child)

\$55 (2<sup>nd</sup> child in same family)

**Where:** Outdoor basketball courts

by softball fields and skate park

**Each group will have 2 sessions per week.**

**Schedules will be available at registration.**

**Schedules may change depending on number of participants registered.**

*Each week the basketball program will focus on certain skills and practicing previous skills learned. There will be fun games played to help build on the participants skill level. Mini basketball games will take place! Participants must wear sneakers and gym clothes. This is a great program to maintain and build on your basketball skills throughout the summer!*

## Tennis



**Ages:** 5-16 (appropriate age groupings)

**Cost:** \$60 (1<sup>st</sup> child)

\$55 (2<sup>nd</sup> child in same family)

**Where:** Goulds Tennis Courts

by Rec Centre building

**Each group will have 2 sessions per week.**

**Schedules will be available at registration.**

**Schedules may change depending on number of participants registered.**

*Our program for ages 5-7 has special equipment that is adjustable to help participants have more control and enjoy the sport of tennis much more. Participants in our tennis program can have their own tennis racket or can use rackets provided by Goulds Rec during the session. Participants must wear sneakers and gym clothes*

# Minor Softball

**Ages:** 7-16 (appropriate age groups)

**Cost:** \$80 (1<sup>st</sup> child)

\$75 (2<sup>nd</sup> child in same family)

(this includes Softball Newfoundland Insurance)

**Where:** Softball Fields behind fire hall

**Groupings:** 8 & Under Mixed

10 & Under Mixed

12 & Under Boys

12 & Under Girls

16 & Under Boys

16 & Under Girls

**Each group will have 2-3 sessions per week.**

**Beginners are welcome in all age groups.**

**Schedules will be available at registration.**

**Schedules may change depending on number of participants registered for each group.**

*Each week the softball program will focus on*

*skill development and they will play games.*

*Participants will need their own glove and must wear sneakers or cleats (no metal cleats) and avm clothes.*



## T-Ball

**Ages:** 5-6 (turning 5 in 2018 – turned 6 or will be turning 6 in 2018)

**Cost:** \$70 (1<sup>st</sup> child)

\$65 (2<sup>nd</sup> child in same family)

(this includes Softball Newfoundland Insurance)

**Where:** Helena Sullivan Softball Field  
(behind fire hall)

**Participants will have 2 sessions per week.**

**Schedules will be available at registration.**



*This program focuses on teaching the participants the basic skills of softball and helping participants build confidence in this sport. The participants will engage in many fun activities that will help them develop their skills. They will play some mini t-ball games. Participants will need to have their own glove (please ensure it is a t-ball glove). They must wear sneakers or cleats (no metal cleats) and gym clothes.*

***This is a wonderful introductory program into the great sport of softball!!***

### Additional note

Participants registered in one or more of our sports programs by June 18<sup>th</sup> will receive a t-shirt! Our aim is to have the shirts available within the first 2 weeks of the sport. The one time order will be placed the end of the day on June 18<sup>th</sup>. If your child is due to receive a t-shirt, please keep checking with the instructors of the program to see if the shirts have arrived. Please ensure on your registration form the size t-shirt your child will need. Please be very specific if it is a youth or adult size. There will be sample sizes of the shirts at registration. We cannot guarantee a sport t-shirt to those that register after June 18<sup>th</sup>.

# Kids at Play



*Participants in this program will get to play some great games, make crafts, play in the playground, use our outdoor facilities and have full use of our library for some summer reading! This program has a little bit of everything and is sure to be lots of fun for the participants!*

**Ages:** 5-10 years (must be turning 5 in 2018 & no older than turning 10 in 2018)

**Cost:** \$80 (1<sup>st</sup> child); \$75 (additional children in same family)

**Where:** Lions Park (behind fire station); Goulds Library (rainy days)

**This program will run 2 times per week for each group. The sessions are 2.5 hours each.**

**Session time slots are:**

Group 1: Tuesdays 10am-12:30pm and Thursdays 1:30pm-4pm

Group 2: Tuesdays 1:30pm-4pm and Thursdays 10am-12:30pm

**\*\*An additional group may be added if the numbers justify it.**

**\*\*Times could change depending on the number of participants registered\*\***

**\*\*Should Regatta day be postponed and fall on a kids at play day, the program that day will be rescheduled.**

This program will run for 8 weeks, starting the week of July 3<sup>rd</sup>–6<sup>th</sup> and finishing the week of August 20<sup>th</sup>–24<sup>th</sup>.

Participants should have a drink and snacks, along with a hat, sunscreen and proper outdoor

# Youth VLP

*This program is a great opportunity for youth ages*

*13-15 to start building on their leadership skills and volunteer work! Youth will participate in mini workshops on different areas of leadership. They will get the opportunity to implement their newly learned leadership skills by volunteering with our summer programs. It will be a fun, exciting way on how to become a good leader!*

**Ages:** 13-15 (must be turning 13 in 2018)

**Cost:** \$55 (1<sup>st</sup> youth); \$50 (2<sup>nd</sup> youth in same family)

**Where:** Goulds Library will be the main meeting location

**This program will run 2 times per week. 1 session will be a workshop format and the 2<sup>nd</sup> session will be an opportunity to volunteer with one of our summer programs. The actual schedule will be available closer to the program start time.**

This program will run for 8 weeks, starting the week of July 3<sup>rd</sup>–6<sup>th</sup> and finishing the week of August 20<sup>th</sup>–24<sup>th</sup>. All participants will receive a certificate of completion at the end of the



# Announcements

## Goulds Lions Summer Blast

The Goulds Lions Summer Blast will be taking place on Friday, August 24<sup>th</sup>. Registration for this event will begin on July 9<sup>th</sup>. Please remember that **SPACE IS LIMITED!** The event starts with bowling, then to one of the local swimming pools for a swim and back to the Rec Centre for hot dogs, drinks and fun times with bouncy castles! After the Blast, Goulds Rec Counselors will host a pre-teen dance on the tennis courts. For more info on this event, please call 745-7575. Anyone looking to volunteer for this event, call our library/program head counselor at 745-7454 or the Rec

## Softball & Soccer Coaches

### Please Note:

Minor coaches looking to use the softball fields or soccer pitches **must** call the Rec Centre to book them before actual use. We need to ensure that the time you want does not overlap with other user groups.

## Goulds Library/Free Internet Site

Our library/internet site will be open throughout the summer. For hours of operation, please call the Rec Centre at 745-7575, the library at 745-7454 or check our "Goulds Library" Facebook Page.

## Day Camp Registration Notice

Goulds Rec strives to be as fair as possible when it comes to registering for programs. Day Camp is our most popular program, with wait lists of up to 20 children per week! We want to ensure that every family has a fair opportunity to register for this wonderful program. We believe in the first come first serve policy and will continue to follow this format. Parents can only register their own child/children for our day camp program. A parent CANNOT register another parent's child/children for this program. If you are going to have a difficult time getting to registration (ie. due to work/on vacation), you must have someone in line that is **ONLY** registering your child/children. That person can only register for the one family. The parents of the child/children being registered must drop by the Rec Centre to sign the consent form within two days of registration (unless other arrangements have been made with our office staff). If the parent is not in to sign the consent form within the time frame given, your child/children's name(s) will be automatically taken off the day camp list. We appreciate your understanding in this matter.

**Kindergarten graduates:** We only take a maximum of 10 participants/week. However, based on our first come, first served policy, these spots can be filled with older children. **On registration day, at 7:55am, everyone in line will be given a number. When your number is called, you will be permitted to enter the building to register. If you missed your number, you have missed your turn. We have no control over the line up outside our building; however, we do kindly ask that everyone be respectful to each other during this process.**

# GENERAL INFORMATION

## Refund Policy

All refunds for Goulds Rec Programs will be subject to a \$15 administration fee. Full refunds will only be issued if Goulds Recreation cancels a program/event. Refunds will only be issued during the first two weeks of 8 and 9 week programs and during the first week of 6 week programs. In order to obtain a refund, a form must be completed at the Rec Centre main office during regular office hours. No refunds will be issued for 2 week programs

## Goulds Recreation Facebook Page

In the event of inclement weather or unforeseen circumstances that may interfere with particular programs, an announcement will be made on the facebook page – Goulds Recreation Association. These announcements will be made at least a half hour prior to program start time. The facebook page will be updated daily with regards to particular camp events, sports, Kids at Play, Youth VLP and Special Event Fridays. Please try our facebook option first and if your questions are not answered, then try our main office

## Goulds Rec Rental Information

Rental of the Rec Centre is an hourly rate. For 1 hour: \$45+tax; for 2 hours: \$90+tax. Every additional hour will be a \$40/hour+tax fee. All rentals will be subject to a \$50 damage/time deposit. This will be used in the event of any damages to our facilities, equipment, as well as for any rental that goes over the time booked or if our staff have to stay longer than scheduled time to clean the facilities after the rental. All rental fees MUST be paid at least two weeks before rental date. It is mandatory that all rental fees and damage/time deposits be paid before rental date. If payments are not received within the time frame noted above, Goulds Rec has the right to cancel the booking. Bookings should be made at least one month in advance. Goulds Rec cannot guarantee availability of staff or facilities with less than a month's notice. Refunds will only be issued 2 or more weeks prior to rental date. All refunds will be subject to a \$15 administration fee. Please remember that we are a smoke-free, alcohol-free, Peanut/nut aware and scent aware facility. The rental includes the use of the gymnasium space and kitchen area. **Bookings and payments for rentals can only be made during office hours.**

## Goulds Rec Office Hours

Monday-Friday 9am-5:30pm

Saturday and Sunday CLOSED

***Extra hours the 1<sup>st</sup> week of summer registration***

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### Summer Office Hours

(effective July 3rd-August 24)

Mondays 8am-5:30pm

Tues, Wed, Thurs 9am-5:30pm

Fridays 8am-5:30pm

Saturdays and Sundays CLOSED

***The Office is closed for all regular holidays!***

## Goulds Rec Directory

**Main Office:** 745-7575

[gouldsrecinfo@gmail.com](mailto:gouldsrecinfo@gmail.com)

**Rec Coordinator:** 745-7504

[gouldsrecreation@gmail.com](mailto:gouldsrecreation@gmail.com)

**Library/Internet Site:** 745-7454

**Fax #:** 745-2727

**Facebook Page:** Goulds Recreation Association  
Goulds Library

**Website:** [www.gouldsrecreation.com](http://www.gouldsrecreation.com)