

KASL

Under 8 & Under 10 Soccer Game Play and Conduct Rules & Guidelines

- The U8 game is broken down into two 28 - minute halves. Teams change ends at halftime.
- There are 5 players plus a Keeper on each side for U8. (6V6)
- There are 6 players plus a Keeper on each side for U10. (7V7)
- Prior to the game the **referee will** call the team over to check their shin guards and cleats. The referee will then call for Coaches who will call a coin toss or similar to determine possession preferences or side preferences.
- **Uniforms**-shirts should be tucked into their shorts, socks OVER shin guards and soccer cleats or tennis shoes (soccer cleats are not mandatory). **Also NO hooded shirts to be worn during play.**
- NO jewelry (earrings, necklaces, bracelets...), metal or plastic hair clips are allowed on the playing field. Band-aids or tape to cover earrings is not allowed.
- The **game starts with a kickoff** in the center of the field. Team with possession must kick the ball. Opposing team must stay out of the center circle until the ball is kicked.
- **Out of bounds-**
 - SIDE: The team that did not kick the ball out re-enters the ball with a throw-in (see other side for proper throw-in).
 - END: When the defensive team kicks the ball out of their own end, the offensive team re-enters the ball with a corner kick kicked from one of the corners (where the flag is – if present). If the offensive team kicks it out the opposition's end, the defensive team re-enters the ball with a goal kick that is placed inside the goal box (6 yd box). Either a defender or a Keeper may take the kick.
- **When a goal is scored**, the game is re-started with a kick off by the non-scoring team from the center of the field in the same process as the starting kick-off.
- **At half time** ball possession changes teams and teams change sides of the field.
- **After the Keeper has made a save**, from inside the 18 yard box, she/he may re-enter the ball by either throwing or dribbling/passing the ball. **(No punting or drop kicking)**
- **Substitutions** may be made on either team's throw-in, goal kick or any re-start kick off (half time or after a goal). Referee must be told if a Keeper is being changed.
- **Throw-ins** – Players are not allowed a second throw in if they violate on the first one. Throw in for the other team.
- There are **NO direct free kicks** in U8 soccer. This includes penalty kicks. All penalties (hand ball, push, trip, etc.) result in a free **indirect** kick (must touch another player before entering the goal to be counted as a goal). If the infraction occurred within the penalty area, the ball should be brought back to the line and an indirect free kick awarded. There are **no** direct penalty kicks. Opposing players must stay back 5 yards when an indirect kick is awarded.
- **Offsides** – Offside will be enforced and will only be called after the build out line (BOL) has been passed.
- **Slide Tackling** is NOT allowed. If a slide tackles it will be an indirect free kick for the opposing team at the spot of the foul. If the foul occurs inside the goal box bring to the nearest spot outside the goal box for an indirect free kick. Keep players on their feet.
- **Intentional Heading** is NOT allowed. If a player intentional heads the ball it will be an indirect free kick for the opposing team at the spot of the foul. If the foul occurs inside the goal box bring to the nearest spot outside the goal box for an indirect free kick.
- **Goalkeeper punting or drop kicking** is NOT allowed. If a goalkeeper punts/drop kicks the ball it will be an indirect free kick for the opposing team at the spot of the foul. If the foul occurs inside the goal box bring to the nearest spot outside the goal box for an indirect free kick.
- **Build Out Lines (BOL)** – BOL are painted in yellow and are used to promote playing the ball out of the back in an unpressured setting. When the goalkeeper has possession of the ball or there is a goal kick, the opposing team must move behind the build out line. Once the opposing team is behind the BOL, the goalkeeper can pass, throw or roll the ball to a teammate or on goal kick pass the ball. After the ball is put into play, (ie received by goalkeeper/player teammate), the opposing team can the cross the BOL and play can resume as normal.
- **In the case of an injury** the child sits, the referee pauses the game and then the coach may enter the field. Each team may sub one player on an injury. The ball is restarted with a drop-ball where the referee drops the ball between two opposing players who then may kick the ball only after it has landed on the ground.
- **Safety** is the number one concern when dealing with this age group. Referees should not be afraid to stop play at anytime if they see a dangerous situation developing.
- Referees should be BLOWING THEIR WHISTLES LOUD. These kids have a great deal of energy and the only way to get them to stop is with a loud, long whistle.

COACH CONDUCT RULES & GUIDELINES

- The game is to be played for the enjoyment and safety of the PLAYERS. **Under 8 rec soccer is recreational and instructional ONLY.**
- It is expected that coaches, parents and players respect every individual at the field.
- It is expected that there be NO yelling at players, referees or coaches. Positive comments only.
- Coaches and parents must stay off the field during the game unless a child is injured, then the COACH may enter the field.
- Teaching the kids sportsmanship at this age will build the foundation for their future soccer experience. Players and coaches should always shake hands at the end of the game. Players and coaches should always thank the referee after the game.
- Please email Referee Director Rich Valvo at lvchichi@aol.com and copy Nick Malvai at iavlam@aol.com and Juan Jeri juancjeri@verizon.net if you have an issue with the ref, concern about a call or if the ref did a great job.
- In the case of inclement weather the league will indicate if the game is cancelled on <http://www.cancellations.com>.