



Clinics are Back!

Saturday, April 17th

\$15 per clinic

What are clinics? Students participate in clinics to spend a full hour practicing specific skills that they may struggle with, but need to advance in levels **OR** To learn new skills that they don't regularly get to do during regular practice.

Name of Clinic

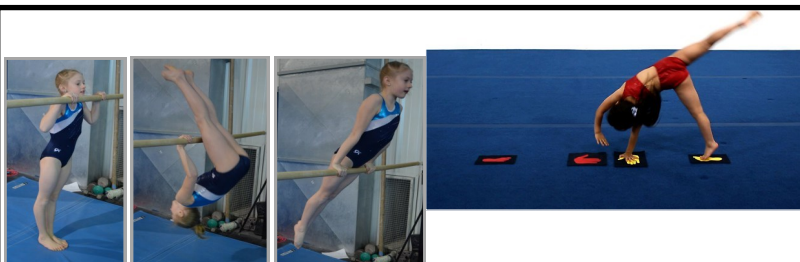
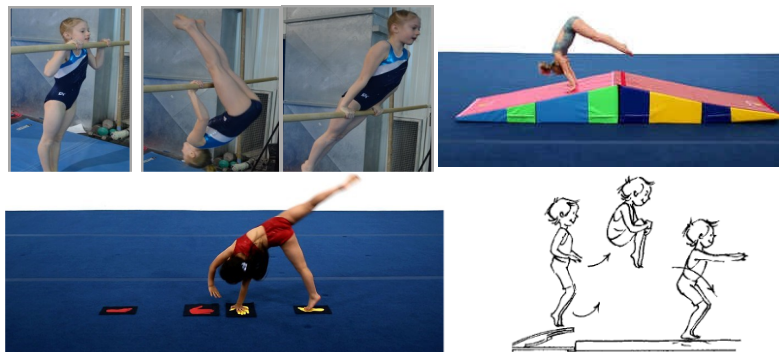
Head Start Clinic .

Spend an hour trying new things. Pullover on the bars. Cartwheels. Jumps on the Balance Beam. Dive rolls on Vault.

Who can participate?

Super Stars
(Ages 3 & 4)

1:45-2:45 pm



Name of Clinic

Pullover & Cartwheel
Combo Clinic

Who can participate?

Jr. Gym, Level 1 & Level 2 Gymnastics,
Boys Gymnastics & Ninja Students

1:40-2:40 pm

Name of Clinic

Back Hip Circles & Handstands.

Back hip circles are a required skill in Levels 3 & 4.
Students in all levels must continue working handstands because it is needed on every gymnastics event and in many skills.

Who can participate?

Level 3, 4 & 5
Gymnastics
1:15-2:15 pm

