

Offside

- Offensive Player starts in a position between the last defender and the goalie (or Vice Versa), and makes a play on the ball (player does NOT need to touch the ball) = OFFSIDE
- And IFK is taken from the location of where the player became involved in the play
 - IFK can now be in the infringing player's half of the field
- A player CANNOT be offside on a THROW-IN, CK, or GK

Penalty Kick

- Foul occurs inside the penalty area (18 yard box)
- PK is official ONLY when the referee blows his whistle
 - If ball is struck before the whistle (MAKE OR MISS) the kick is to be re-taken
- Players CANNOT enter the penalty area prior to the ball being kicked

Goal Scored

- Goal is allowed once the ENTIRE ball crosses the ENTIRE Goal Line
 - If any part of the ball is on the line, but DOES NOT fully crossover = NO GOAL

Hand Ball

- Player deliberately uses their hand to manipulate play = HAND BALL-DFK
- If ball is struck into an opposing player's arm, arm is against or in a natural position then THERE IS NO HAND BALL FREE KICK
 - Girls/Co-Rec Divisions
 - Females can protect themselves, However...
 - CANNOT extend arms towards the ball = HAND BALL-DFK
 - CANNOT run around with arms against chest and receive the ball in the area = HAND BALL-DFK

Throw-In

- Ball must be thrown in with both hands over the head in a FULL FRONT TO BACK motion while BOTH FEET are completely on the ground
 - NOT AROUND THE HEAD or BASKETBALL SHOT motion
- A player CANNOT score directly on a throw-in (AGAINST AN OPPONENT OR AGAINST THEIR OWN TEAM), it must be touched by a 2nd player

Substitutions

- Have Substitutes ready to enter the field of play at the HALFWAY LINE
 - DO NOT YELL SUB AND PUT PLAYERS ONTO THE FIELD
 - Ref will let coach/coaches know when the sub can occur
- On an injury, if injured player's team is subbing for player the opposing team can sub 1 player on as well (1-for-1 sub)

Heading of the Ball

- Purposeful headers (having intent to header the ball) ARE ALLOWED for 5th-8th Grade levels
 - Purposeful Headers are NOT allowed for Kindergarten through 4th Grade
- Purposeful Headers inside one's penalty area will result in a IFK (NOT A PK)
- If a ball is struck into a player's head area and player is unknowing that will happen, then there is NO FOUL on the play

Dissent or Language

- If a player or a Coach swears or uses foul language (ON-OR-OFF THE FIELD OF PLAY) there will be a yellow card issued
 - Continuous (REPEAT) or 2nd Offense a 2nd yellow card is given = RED CARD
- More Severe Offenses (Physical Contact or Threats) will result in a direct RED CARD

Abbreviation Key

CK- Corner Kick

DFK- Direct Free Kick (Player CAN score by oneself)

GK- Goal Kick

IFK- Indirect Free Kick (Player NEEDS a 2nd touch by same or Opponent in order to score the goal)

PK- Penalty Kick

FOULS		AND / OR		MISCONDUCT
WHILE BALL IS IN PLAY		WHEN		ANYTIME - BEFORE/DURING/AFTER
Occurs in playing field confines (where players are typically competing for the ball)		WHERE		
BY A PLAYER, SUBSTITUTE, OR TEAM OFFICIAL		WHO		ANYWHERE - FIELD / BENCH / STANDS / PARKING LOT PLAYER, SUBSTITUTE, OR TEAM OFFICIAL
DIRECT	INDIRECT			
REQUIRED (ALL BUT #10) REQUIRED (1 TROUGH 7)	AGAINST an Opponent, Substitute Team Official, or Game Official CARELESS, RECKLESS EXCESSIVE FORCE	MAY, BUT NOT NECESSARILY MAY, BUT NOT NECESSARILY		
<u>11 DFK FOULS</u>	<u>1FK FOULS/INFRACTIONS</u>	<u>7 CAUTIONS (YC)</u> "SPIRIT OF THE GAME" "BRINGING GAME INTO DISREPUTE" "FOUL TO STOP PLAY"	<u>7 SEND OFFS (RC)</u> "LOSS OF SELF CONTROL BY PLAYER" DENIES GOAL BY HANDLING OFFENSE "FOUL TO INJURE A PLAYER"	
1. KICKS/ATTEMPTS TO... 2. TRIPS/ATTEMPTS TO TRIP 3. JUMPS AT 4. CHARGES 5. STRIKES/ATTEMPTS TO... 6. PUSHES 7. TACKLES ***** 8. HOLDS 9. SPITS AT 10. HANDLES BALL DELIBERATELY (EXCEPT KEEPER IN OWN PENALTY AREA) 11. IMPEDING WITH CONTACT	1. PLAYS IN A DANGEROUS MANNER 2. IMPEDES THE PROGRESS OF AN OPPONENT 3. PREVENTS THE KEEPER FROM RELEASING BALL FROM HANDS 4. IF PLAY IS STOPPED TO CAUTION OR SEND OFF A PLAYER FOR AN OFFENSE NOT OTHERWISE MENTIONED IN LAW 5. GOALKEEPER IN OWN PENALTY AREA - RELEASE BALL FROM HANDS 6. REGAINS HAND CONTROL PRIOR TO TOUCH BY ANOTHER PLAYER 7. TOUCHES BALL WITH HANDS WHEN KICKED BY TEAMMATE 8. TOUCHES BALL WITH HANDS FROM THROW IN BY TEAMMATE	<u>7 CAUTIONABLE OFFENSES</u> 1. UNSPORTING BEHAVIOR..... (UB) 2. SHOWS DISSENT BY WORD OR ACTION..... (DT) 3. PERSISTENTLY INFRINGES THE LAWS OF THE GAME..... (PI) 4. DELAYS THE RESTART OF PLAY..... (DR) 5. FAILS TO RESPECT THE REQUIRED DISTANCE..... (FRD) 6. ENTERS OR RE-ENTERS THE FIELD W/O REFEREE'S PERMISSION..... (E) 7. LEAVES THE FIELD W/O REFEREE'S PERMISSION..... (L) SUBSTITUTES CAN BE CAUTIONED BY THE REFEREE	<u>7 SEND-OFF OFFENSES</u> 1. SERIOUS FOUL PLAY..... (SFP) 2. VIOLENT CONDUCT..... (YC) 3. SPITS AT OPPONENT OR ANY OTHER PERSON..... (S) 4. DENIES "OGSO" BY HANDLING THE BALL..... (DGH) 5. DENIES "OGSO" TO OPPONENT MOVING TOWARD THE GOAL WITH A FOUL..... (DGF) 6. USES OFFENSIVE, INSULTING OR ABUSIVE LANGUAGE OR GESTURES..... (AL) 7. RECEIVES A 2nd CAUTION IN THE SAME MATCH..... (2CT) *OGSO=OBVIOUS GOAL-SCORING OPPORTUNITY	MOST DANGEROUS TIMES FOR REFEREE • ALL OFFICIALS MUST BE ESPECIALLY ALERT AT THESE TIMES! • WHEN BALL IS OUT OF PLAY! • WHEN FOUL OCCURS IN FRONT OF BENCH AREA • READING THE GAME • TRACKING TEAM TACTICS - JUDGING PLAYERS' SKILLS • KEEPING "SCORE" BETWEEN PLAYERS • READING THE PLAY • ANTICIPATING ACTION - EXPERTISE/LOGICAL MOVES • STARTING MOVEMENT TOWARD NEXT AREA OF PLAY
JUDGEMENT OF ACTION:	"TECHNICAL" 1FK'S			
EYES				
UNUSUAL ACTIONS				
UNUSUAL BODY MOVEMENTS				
TACKLE:				
AN ATTEMPT TO GAIN POSSESSION OF THE BALL WITH FOOT (STANDING/RUNNING/SLIDING)				
CHARGE : DELIBERATE PHYSICAL CONTACT WITH OPPONENT				

(OVER for Start and Re-Start Chart)

START/RE-START CHART

Revised 12/2016

8.6 COMMON ELEMENTS OF THE EIGHT METHODS OF RESTARTING PLAY

RESTART	KICK OFF	THROW IN	GOAL KICK	CORNER KICK	INDIRECT FREE KICK	DIRECT FREE KICK	PENALTY KICK	DROPPED BALL
Reason for ball being out of play	Start of game; Start of 2nd half; Goal scored	Ball passed completely over touch line	Ball passed completely over goal line and not a goal and last touched by: Attacking team	Defending team	IFK Foul, misconduct, offside, and certain technical offenses	DFK offense except when a penalty kick	DFK offense committed by defending team inside offender's penalty area	Any temporary stoppage of the game by the referee
Where is restart taken?	Center of the field	Within 1 meter of the point where the ball crossed the touch line	From anywhere in the goal area	Corner arc at nearest corner flag	Where offense occurred (see special circumstances in Law 8)	Where foul occurred, with exception of penalty area (see spec. circs. in Law 8)	Penalty Mark	Where ball was when play was stopped (see special circs. in Law 8)
Restrictions on opponents	10 Yards	2 meters/yards; may not interfere	Outside penalty area		10 Yards, with exception of quick kick	Where offense occurred (see special circumstances in Law 8)	10 yards from ball, outside penalty area and behind penalty mark	No restrictions or limitations
When ball is in play	When ball is kicked and clearly moves in any direction	When ball breaks plane of touchline and leaves hands	When ball leaves penalty area and enters field					
Can player who receives ball directly be declared offside?	No! Treat as violation of Law 8	No	No	No	Yes	Yes	No! Treat as violation of Law 14	No (applies only to player taking drop)
Can a goal be scored directly?	Yes, but only against the opponent	No	Yes, but only against the opponent	Yes, but only against the opponent	No	Yes, but only against the opponent	Yes	No, must be touched by another player

(Over for Fouls and Misconduct Chart)

*Indicates clarification by ISRC