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From Mentor City Council



Mentor City Council

FRONT (left to right): Janet A. Dowling – Councilperson-at-Large; Bruce R. Landeg - President of Council, Councilperson, Ward 3; Scott J. Marn – Councilperson -at-Large

REAR (left to right): Matthew E. Donovan - Vice-President of Council, Councilperson, Ward 2; Ray Kirchner – Councilperson-at-Large; Sean P. Blake – Councilperson, Ward 1; John A. Krueger – Councilperson, Ward 4

NO PARKING DURING SNOW EMERGENCY

A Snow Emergency is defined as that time when there has been an accumulation of snow, sleet, hail, or ice on any streets or roads. No parking is permitted on any city street during a Snow Emergency. Snow Emergency alerts are posted on City of Mentor Facebook, Twitter, as well as through the Mentor App.

Summer camp registration is underway at Mentor Recreation

Registration for summer camps February 1st for residents and February 4th for nonresidents.

With more than 100 camps for children ages 4 – 14, you can visit www.cityofmentor.com/play to view our online Parks & Recreation Guide and get all you need to know about Mentor's summer camp lineup.

FREE online registration is available at www.cityofmentor.com/play. It's fast, easy, convenient and secure. However you must first call our office to set up a new account. Just call our office at (440) 974-5720, Monday – Friday, 8 a.m. – 5 p.m. We'll verify your address and provide you with everything you need to get started. Please have your email address, name, address, and phone, and the birth dates of each family member available when you call. It's that easy!

For further information, call (440) 974-5720.

Mentor Recreation Department: Summer Job Opportunities

The City of Mentor Recreation Department is currently hiring summer lifeguards. To apply, individuals must be at least 15 years old and have current American Red Cross Lifeguard Certifications. Lifeguards work a minimum of 16 hours a week, weekdays and weekends, mornings, afternoons and evenings.

Camp counselor applications

are also being accepted. Energetic and enthusiastic college students and graduates in the fields of education or recreation with an interest in helping the Recreation Department create fantastic camp experiences for our campers, are preferred.

The Recreation Department is also seeking an Intern for the summer. Energetic and enthusiastic college students

and graduates in the fields of education or recreation with an interest in helping the Recreation Department implement programs and events for the community, are preferred.

Positions are limited.

Qualified candidates can apply online at www.cityofmentor.com or in person at Mentor City Hall in the HR Department, Monday – Friday, 8 am -5 pm.

Mentor Rolls: Public Art Project - Call for Artists

Mentor already rocks, but soon it will be rolling too. The city is hosting the Mentor Rolls art contest that will showcase local artists and create unique art.

Lake County artists can apply to decorate, paint, or otherwise adorn one of four aluminum bike racks – transforming each into a distinctive work of art. Selected artists will receive a \$600.00

honorarium and a showcase for their talent at the Mentor Civic Center Complex.

“Mentor Rolls encapsulates so much of what's important to us. It supports local artists, it's creative, and it also encourages upcycling and reimagining public spaces. Anything can be art,” said Commission President, Jacqueline Sajewski.

Mentor Rolls is sponsored

by the Mentor Community Arts Commission, a group of volunteers who support and promote art in the city.

Those who wish to apply can get more information at www.mentorrolls.com or by calling Wildwood Cultural Center at (440) 974-5735.

All artist entries must be received by February 12, 2021.

Mentor Public Library - Children & Teen Programs

Mentor Public Library Children & Teen Programs for February

Fun for the whole family! All of these programs are being offered online. Some will be hosted live via Zoom and require registration. You can sign up by calling the library or at www.mentorpl.org. Others will be broadcast on the library's:

- Facebook page: www.facebook.com/mentorpubliclibrary
- YouTube channel: www.youtube.com/mentorpubliclib
- And website: www.mentorpl.org.

Bookmark Drawing Challenge

All Month

Kids in kindergarten through sixth grade can draw a bookmark for the library's contest. Winners will have their bookmarks printed for everyone to take at the library. The theme for the bookmark must be based on books, reading, or a favorite character. Visit the children's department in the Main

Branch to pick up a template for your bookmark.

All entries must be submitted by Feb. 28. One winner will be chosen from each grade by Kent State University art students.

February Reading Challenge

All Month

Kids can win prizes for reading or being read to! Visit the Children's Department at Mentor Public Library's Main Branch for a reading log. For children, newborn to 12.

Grab & Go Crafts

Families can pick up supplies for crafts that they can make at home from MPL's Main, Lake and Headlands Branches. Get different crafts throughout the month. Call branches for details.

Online Family Story Time

Mondays at 10 a.m.

Enjoy pre-recorded story times at your convenience on the library's website (www.mentorpl.org), Facebook page, and YouTube

channel. Each story time will have a different theme and will be filled with stories, songs, and rhymes. No registration required and perfect for kids from birth to six years old.

Interactive Family Story Time Room on Zoom

Tuesdays at 10 a.m.

Children of all ages and their families can spend some time together while enjoying stories and songs in our online story time room. The story time will be a live Zoom event. Registration is required. Sign up at www.mentorpl.org

Artpocalypse

Tuesdays at 12 p.m.

Get fun and colorful craft ideas with Mr. Josh from Mentor Public Library's Headlands Branch. Can be viewed on the library's Facebook page, YouTube channel, or at www.mentorpl.org/artpocalypse.

Continued on page 2

In Rosey's Words....



Rosey Gamiere
Guest Writer

A local hero

Today I'd like to honor another hero of our community that has passed on, Mr. Thomas Walsh, only 69 years old. He was a remarkable man and one of our own.

Tom retired as Chief Investigator of the Lake County Prosecutor's office after 16 years of service. He also worked as 'special agent' for the Cuyahoga Sheriff's Department and our Mentor Police Department.

I hired him as a chauffeur for my limousine company part time. I found him personable, but somewhat reserved, honest, reliable and clean cut.

As his obituary stated, he as 'a loving man who loved a good prank, dry humor included.' He could win an Academy Award for a straight face while pulling off an 'I got you' joke.

I'd say he was close to another good friend, comedian Tim Conway, in his ability to pull off the funniest stunts- as I can explain.

A local major corporation CEO called me to pick up a group of Asian clients at Cleveland Hopkins Airport. This CEO was from Texas with that typical drawl (if you will) and was friendly and professional.

I called Tom Walsh to do the limousine run and he promptly responded.

I gave him a poster board sign with the Asian company's name on it to hold at the gate when the guests arrived. I explained that there would be an interpreter to assist in the trip back to Lake County.

Tom phoned me from the limousine to tell me he let them out at Chuck E. Cheese by Great Lakes Mall to have some fun. I went ballistic and he tried to explain that they insisted.

I told Tom to retrieve them and get them to the corporation immediately, as there were no

plans to stop. He further explained that they planned to stop at McDonald's for something to eat.

By now I was going into cardiac arrest (I thought) when he said the interpreter couldn't come.

I asked Tom to call me when he got to the company to smooth over this debacle with Mr. Texas CEO.

An hour later I got the call, 'This is Tom. I think you need to come down here and speak to the CEO in person.'

'What happened, Tom?' I asked. 'Well, I guess I picked up the wrong people,' Tom said.

You could have knocked me over with a feather.

Trying to be composed, I asked Tom how this happened and he proceeded to tell me that since there wasn't an interpreter, he waved over a bunch of non-English speaking Asians who nodded yes, yes, yes to him as he escorted them to the limousine.

'They kept pointing to the Asian company's name on the sign,' Tom said.

I took a shot of whiskey, jumped into my car and right to the company.

You see, this never happened before and I was very conscientious and detailed in my operation to ensure perfection at all costs. This was unacceptable.

My 'Visine' in one hand and my 'Secret' stick deodorant in the other, along with a wad of Trident in my mouth, I gingerly made it to the company.

Greeted by the tall Texan CEO with a beautiful tan Stetson cowboy hat on, I was somewhat relieved when I saw his smiling face and big, bright white teeth.

Tom stood beside him, straight-faced and solemn.

After I stretched out my hand for a shake, the two men began laughing hysterically.

Yep, they got me. True story. Apparently Tom and the CEO conspired this 'prank' on me!!!

And the succeeded!

I think I aged 20 years into the future that day, one I'll never forget. Lovingly executed by both men.

After a group hug I was somewhat functional and we all enjoyed a good laugh and a great lunch.

This would truly become one of my fondest memories of Tom Walsh and his remarkable ability to follow through with a straight face in his irresistible desire to enjoy a good prank.

He was so fun, brave, loyal, lovable and respected by everyone who knew him.

A wonderful husband, father, grandfather, son and dedicated officer of our entire community, he will be greatly missed and remembered always.

I share this memory to honor our local hero, Thomas P. Walsh, may he rest in peace.

For his family and in our hearts always!

Love, Rosey

MPL Programs

Continued from page 1

Storytime Stars on Zoom

Thursdays at 10 a.m.

Children and their families can enjoy an interactive online story time with Ms. Lisa from the library's Mentor-on-the-Lake Branch. She'll share a half hour filled with stories, songs and fun. The story time will be a live Zoom event. Registration is required. Sign up at www.mentorpl.org.

Jewelry Workshop for Teens & Tweens

Wednesday, Feb. 3, at 6:30 p.m.

Teens and tweens (ages 11 to 18) can enjoy a night of jewelry making and online trivia. RSVP

and pick up your jewelry kit from the library's Main Branch. Then join us on Zoom. You can craft unique jewelry and win prizes during the trivia challenges. This program will be a live Zoom event and registration is required.

Yoga Kids! Zoom Edition

Thursday, Feb. 4, at 11 a.m.

Children (ages three to six) can join an online yoga session with special guest, Darlene Kelbach. Ms. Darlene is a certified yoga instructor who will lead little ones and their grown-up through exercises in breathing and movement, all put together with a story and music that you can enjoy from the comforts of your

own home. Don't forget your yoga mat or towel. This program will be a live Zoom event. Registration is required.

Zoom Your Child to the Library

Saturday, Feb. 6, at 2 p.m.

Kids can enjoy stories, activities, and discover what's new from the Children's Department at Mentor Public Library during this live Zoom event. Registration is required. Sign up at www.mentorpl.org. You can pick up your activity packet for the program after you RSVP.

Virtual Vittles

Monday, Feb. 8, at 4 p.m.

Kids (ages seven to 12) can learn

how to make tasty no-bake treats during the library's Virtual Vittles program. MPL's Chef Robin will show children how to follow a recipe via Zoom. The library will even provide all the ingredients that kids need to participate. Registration is required. Families can sign up online at www.mentorpl.org or by calling the library at (440) 255-8811 ext. 220.

Virtual Valentine's Bingo

Wednesday, Feb. 10, at 4 p.m.

Players can win prizes during a Valentine-themed game of online bingo. For kids, ages seven to 12. Sign up required at www.mentorpl.org.

Continued on page 16

The Mentor Monitor

A Lake Community News Publication

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The Mentor Monitor is a monthly publication and is distributed to residents in the City of Mentor. Views expressed in the articles of this publication do not necessarily reflect the opinion of Lake Community News, Published by Lake Community News, in cooperation with the City of Mentor. Submissions can be sent to P.O. Box 814, Mantua, OH 44255. Telephone number is (440) 946-2577. Send emails to lakecommnews@aol.com. Deadlines are the 10th of each month. Lake Community News reserves the right to refuse any ad or article. Lake Community News ©1987 All rights reserved.

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High School Students Take Advantage of CCP Program to Save Thousands on College Education

Students in grades 7-12 have the opportunity to earn free college credit from Lakeland Community College while earning high school credits for the same classes by enrolling in the College Credit Plus (CCP) program.

The CCP program is free for high school students and they do not pay for tuition or textbooks. They can complete classes on their high school campus or at Lakeland, earning high school and college credit at the same time. Many students take the

first few semesters of a four-year degree while still in high school, saving thousands of dollars on a college education!

Students who wish to begin focusing on an information technology & computer science

or health care program, can start on a dedicated pathway within the CCP program.

Upon high school graduation, CCP students can continue to complete an associate degree or certificate at Lakeland or transfer directly to any Ohio four-year college, including four-year partner programs available through Lakeland's Holden University Center.

Admission into the program is open to students who have clearly demonstrated the ability to handle college-level coursework. Successful CCP students typically have

good self-management skills, excellent class attendance and no disciplinary problems.

- High school students must declare their intent to participate by May 1. Visit lakelandcc.edu/ccp for more information.

- Students must meet college-ready scores on a state identified assessment exam. Test prep resources are at lakelandcc.edu/web/about/test-prep.

Interested students should check with their high schools for details. Those ready to start may apply at lakelandcc.edu/apply.

Watch the video at <http://lakelandcc.edu/web/about/info-sessions-ccp>.

Now is the time to jump start your college degree.

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The College Credit Plus (CCP) program enables high school students to enroll at Lakeland on a part-time or full-time basis and earn college credit which may also be used to fulfill their high school graduation requirements.

Interested students should check with their high school guidance office for details on their school's CCP information night.

Intent to participate must be declared by May 1. Visit lakelandcc.edu/ccp for more information.

Lakeland
COMMUNITY COLLEGE

Mentor Baseball League 2021



Registration Now Open!

Register now through March 26, 2021

Register online at www.Mentorbaseball.com

LEAGUES:

- T-ball (co-ed, ages 4-5)
- Midget 6 (Coach Pitch)
- Midget 7 (Coach Pitch)
- Mitey- Mite 8 (A hybrid mix of kid and coach pitch)
- Minor 9-10 (All kid pitch)
- Major 11-12
- Pony 13-14
- Colt 15-17
- Senior 18+

* AGE CUTOFF FOR EACH LEAGUE - MAY 1

FEES:

- T-Ball: \$90
- M6- Majors: \$110
- Pony 13/14: \$120
- Colt 15/16 17/18: \$135
- Seniors 18+: \$135

For sponsorship opportunities please call (440) 463-3913 or email elly0220@hotmail.com

Go to www.mentorbaseball.com & click on the "REGISTER NOW" Baseball.

- **Create New Account** (All users must create an account, if you have an account from a prior year then you do not need to create a new account.)
- **Complete the registration process**- You will receive an email confirming that you have registered (Keep that email.)

QUESTIONS?

Jeff Elly
(440) 749-8355
Elly0220@hotmail.com

Lou Kraska
(440) 622-0502
kraskamb1@gmail.com

Please visit Mentorbaseball.com for more information.

Bankruptcy 101:

The Miracle of Bankruptcy

Bankruptcy is the most affordable, fastest working, constitutionally backed legal mechanism available for Americans in financial trouble. Most importantly, bankruptcy offers powerful protections to people that cannot be had in any other way. Some of those protections are as follows:

1.) Protection of Assets: Once a bankruptcy is filed the Court protects many assets from being taken. It also prevents garnishment of wages. In almost all cases we are able to keep a person in their home, keep their cars, and all of their personal belongings to name just a few of the benefits.

2.) Protection from Creditors: Once your bankruptcy is filed, you receive a legal protection called an Automatic Stay. This "stay" prevents creditors and debt collectors from making contact with or trying to collect money from you. The automatic stay will stop foreclosure, lawsuits, wage garnishments, vehicle repossession, utility shut off, license suspensions for uninsured accident damage

to another motor vehicle and more.

3.) Discharge of Debt: Upon completion of the bankruptcy your debt is eliminated and does not ever have to be paid back.

4.) Time to catch up on Payment: In many cases bankruptcy filers get a chance to catch up on payments that are overdue on your home, car, or other assets.

5.) Re-build Your Credit: Bankruptcy clears up and resolves your debt, judgments, delinquencies, foreclosure and other bad marks on your credit rating and gives you a "fresh slate" upon which to re-build your credit. It also prevents creditors from coming after you years down the line for debts that are labeled "write offs" or "charge offs" by the bank on your credit report but that, unknown to most, are still collectible.

6.) It Works Fast: We are able to stop creditor harassment, lawsuits, foreclosures, garnishments, repossessions and a whole lot of other problems FAST with

bankruptcy. Bankruptcy is not like applying for a bank loan. It moves fast. The protections discussed can be used the same day we file. Some of these protections like stopping harassing phone calls are available immediately upon giving us money down for representation.

Bankruptcy is about having peace of mind and relief now but it is also about financial planning for the future. It is about re-establishing credit, keeping the lion's share of your property and resolving all of your current debt and bad marks on your record so that you will be in good financial standing in a few years. It is about a fresh start in life. Everyone deserves

a fresh start.

Even though a bankruptcy is technically public record, the fact that you are filing bankruptcy will only be known by a few people who you probably will never even come in contact with- let alone know. It is not published in the local newspapers. The truth is that no one really cares whether you file bankruptcy anyway. They are too concerned with their own problems.

I have often stated that bankruptcy is an act of love to yourself and your family. You do not need to live in fear of debt collectors, lawsuits, losing your home or any of the other dreaded consequences of

financial problems. You do not have to deal with the unbearable anxiety of financial stress. We cannot cure your cancer but we can cure your debt problems. We can help you regain your peace of mind. It is important to remind yourself that financial problems are temporary. They come and they go. Your health is permanent. Do not allow yourself to lose your permanent health over your temporary financial problems.

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Your materials selections are hands-on, not from pictures out of brochures and once all your selections have been made, we order any products that are not in stock.

After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience as stress-

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A+ RATING

Laketrans Retrofits Dial-a-Ride Bus to Serve as Mobile Food Pantry

A new Mobile Food Pantry will be visiting communities throughout Lake County each week to provide fresh produce to seniors in need of food.

A retrofitted Laketrans Dial-a-Ride bus, re-branded as the Lake County Mobile Food Pantry

with vehicle graphics donated by Avery Dennison, will visit two locations each week on Tuesdays and Thursdays to distribute 60 boxes of fresh produce to senior participants.

Lake County seniors, 60 years and older, may register for one

pick-up per month by calling Lifeline at 2-1-1 or Lake County Council on Aging at 440-205-8111.

Offering a completely contactless pick up process, Laketrans employees and volunteers from RSVP of Lake

County will place groceries in the trunk of seniors' cars as they arrive. Volunteers are equipped with PPE to ensure all participants' safety.

Similar to Laketrans' produce pick-up program organized last summer with Lake County Commissioners Senior Services, RSVP of Lake County, Council on Aging and Lifeline, the agencies worked together to secure food donations from the Greater Cleveland Food Bank and each play a role in taking reservations, sorting donations and distributing the food.

The Greater Cleveland Food Bank donations are purchased through the Ohio Association of Food Banks or supplied by the USDA funded Farm to Families Food Box program that purchases farm surplus and distributes it to those in need during the pandemic.

Each month, 480 households

will receive over 14,000 pounds of fresh, healthy produce.

"Food assistance remains a top need among seniors during the coronavirus pandemic and while there are 40 food pantries throughout Lake County, this program is unique because it provides fresh produce," shared Laketrans CEO Ben Capelle. "We're excited to be able to repurpose a bus to meet this community need. We have donations secured through March, but anticipate the program will continue with the support of the Cleveland Food Bank."

Locations and dates for the Lake County Mobile Food Pantry are:

- Eastlake Transit Center at Captains Stadium, 35300 Vine St.: Feb. 9 and March 9 at 10 a.m.

- Wickliffe Senior Center, 900 Worden St.: Feb. 11 and March 11 at 10 a.m.

- Madison Senior Center, 2938 Hubbard Rd.: Feb. 16 and March 16 at 10 a.m.

- Perry Senior Center, 2800 Perry Park Rd.: Feb. 18 and March 18 at 10 a.m.

- Lake County Central YMCA, 933 Mentor Ave.: Feb. 23 and March 23 at 10 a.m.

- Concord Community Center, 7671 Auburn Rd.: Feb. 25 and March 25 at 10 a.m.

- Lakeland Community College, 7700 Clocktower Dr.: Feb. 2, March 2 and March 30 at 10 a.m.

- Mentor Park-n-Ride, 8650 Market St.: Feb. 4 and March 4 at 10 a.m.

Future distribution dates are listed at www.laketrans.com.

LAKE COUNTY MOBILE FOOD PANTRY

AVAILABLE TO LAKE COUNTY SENIORS 60 AND OVER. SENIORS CAN REGISTER FOR ONE PICK-UP PER MONTH. PRE-REGISTRATION IS REQUIRED AND IS LIMITED TO 60 SPOTS AT EACH LOCATION.

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THE LAKE COUNTY MOBILE FOOD PANTRY WILL PROVIDE FRESH PRODUCE AT TWO LOCATIONS IN LAKE COUNTY EACH WEEK.

FEBRUARY DATES:

FEBRUARY 2 | 10 A.M. | LAKELAND COMMUNITY COLLEGE | 7700 CLOCKTOWER DR.

FEBRUARY 4 | 10:00 A.M. | MENTOR PARK-N-RIDE | 8650 MARKET ST.

FEB. 9 | 10 A.M. | EASTLAKE TRANSIT CENTER | 35300 VINE ST./CAPTAINS STADIUM

FEBRUARY 11 | 10 A.M. | WICKLIFFE SENIOR CENTER | 900 WORDEN RD.

FEBRUARY 16 | 10 A.M. | MADISON SENIOR CENTER | 2938 HUBBARD RD.

FEBRUARY 18 | 10 A.M. | PERRY SENIOR CENTER | 2800 PERRY PARK RD.

FEBRUARY 23 | 10 A.M. | CENTRAL YMCA | 933 MENTOR AVE.

FEBRUARY 25 | 10 A.M. | CONCORD COMMUNITY CENTER | 7671 AUBURN RD.

Visit www.laketrans.com for dates/locations of future distributions.

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I perform your job along with two other people, which is why I can promise you what I say, I will do! We're not some big company that offers all kinds of trades other than painting. We are all trained professionals at just painting... and with that comes a professional finish!

Our business is based on problem solving. Finding the reason why previous coatings have failed, correcting the problem through proper preparation, and using only top of the line products like Sherwin Williams, Behr, and Benjamin Moore Paints; and I only use their highest quality products. This guarantees a fine finish, great adhesion properties. Therefore, a long lasting paint job that you can simply wash to restore to its' original beauty...and not have to paint for many years to come unless you just want to change the color! Not to mention the great

sub-base that will be under your next paint job that these quality products provide.

This is your home. Your investment. Never try to save money on product or professional installation...it just guarantees future problems.

MDM Painting offers senior discounts as well as military discounts. We're proud that we

hold an A+ rating with the Better Business Bureau because I answer the phone and quickly address any problems that may occur. When I show up for an estimate, I have extensive testimonials as well as before and after pictures of recent and past work successfully completed in your community so you can make a more confident decision about my credibility and your selection to move forward

with your job.

I'm insured and bonded and will have my insurance company send you a document insuring "YOUR HOME" while we are there to paint, if you wish.

I have learned that becoming a reputable company requires honesty, fairness, and an extra helping of punctuality. Let's face it...as long as you do excellent work and maintain a clean work

site and keep a respectable image... people will want you back for future work and will tell others about your company.

Bottom line...do it right, use the best available materials and take pride in your trade...the rest just falls into place!

To reach Michael D. MacGillis Sr. at MDM Painting call (440) 392-0101 or (440) 477-3927.

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Original Medicare pays for much of the cost for covered health care services and supplies. But those who are new to Medicare are often surprised to learn Medicare coverage amounts to only about 80% of your Part B expenses. You will be responsible for the remaining 20%.

The solution? Medicare Supplement Insurance can help reduce your out-of-pocket Medicare expenses.

A Medicare Supplement (sometimes referred to as a Medigap Plan) is extra health insurance sold by private

companies that picks up many health care costs including coinsurance, copayments, or deductibles not covered by Medicare. Unlike many other types of health insurance plans, there are no networks to limit you so you can see any doctor who accepts Medicare patients.

The Best Time to Enroll

You can enroll in a plan at any time of the year. You do not have to wait until fall to enroll in a Medicare Supplement plan.

The best time to select a plan is when you first turn 65 or sign up for

Medicare Part B, whichever comes later. At that time, you get a ONE-TIME window when you can buy a Medicare Supplement during which the insurance company cannot turn you down for health reasons. After the six-month open enrollment window ends, you can still apply for a Supplement or change to a different Supplement plan. However, you will now have to pass the insurance company's underwriting to be accepted.

Your approval is not guaranteed

once you are outside your open enrollment window.

That is why it is important for you to carefully evaluate the plan and the company you choose. We at Mutsko Insurance Services can help you with this decision.

If you have questions or are curious to learn more about Medicare Supplements and how they work, give us a call. I can be reached at 440-255-5700 or Lmutsko@mutskoinsurance.com.

Laura Mutsko is a licensed insurance broker offering a

complete line of health and life insurance products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio 44060. Laura can be reached at 440-255-5700 or through email at Lmutsko@mutskoinsurance.com. For more information, visit www.mutskoinsurance.com.

Puppy Socialization During the COVID-19 Pandemic

Socialization means introducing a pup to new situations and making them safe, positive, confidence-building experiences.

Many pet owners believed that getting a puppy during the pandemic would be ideal timing. The family is working from home and everyone has lots of time to spend with the puppy. Sounds great, right?

The home, however, is only part of a puppy's world. There are experiences that a puppy needs to have when being out and about: New and different sounds such as vehicles, construction equipment, and sirens; Meeting other non-family animals and lots of new people; Walking over, around and through different surfaces and objects. This exposure to different sounds, people, animals

and objects will help build a pup's confidence.

Experts believe that the period for socialization ends at approximately 20 weeks of age. In today's world of social distancing and limited mobility there are still options for socializing your pup. Group puppy classes can help introduce your pet to the outside world while maintaining a safe environment for all involved. Puppy-only playgroups by trainers can also facilitate the socialization process. Do your puppy a favor and help him/her to grow up to be a confident, well-adjusted pet.

For more info on puppy socialization, contact: Digging Dogs Training & Pet Care www.diggingdogs.biz (440) 255-3500.

PLANNING YOUR RETIREMENT HEALTH CARE?

Get the FACTS on Medicare Health Insurance and Rx Plans.

Attend my **"GETTING STARTED WITH MEDICARE"** class on-line or in your area:

Laura Mutsko is an independent insurance broker. She will compare rates and coverage from many of the nation's most respected insurance companies to get the plan that's right for you.

IF YOU ARE TURNING 65 ... DON'T MISS THIS CLASS!

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440-255-5700
www.mutskoinsurance.com
for more classes in your area!

Monday, Feb. 8
6:30-8:00pm
Willoughby-Eastlake Library
ZOOM ONLY
440-942-7880 to register

Wednesday, March 24
6-7:30pm
Concord Community Center
440-639-4650 to register

These events are for educational purposes only and no plan specific benefits or details will be proposed. Limited seating. Pre-registration required. Some nominal fees may apply.

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Mentor Company Takes the Thinking Out of Parking Your Car

The first time Dave Berrow went to park his car in the garage of his new home, it didn't feel right. The Mentor resident remembers wondering whether he had pulled in far enough or too far? He started thinking about how others effectively park their cars in the right spot every time.

He'd seen tennis balls hanging from a string, but tennis balls won't stop a car. He thought about using traffic cones he could nose his car up to, and even messed around with wood blocks that his

tires would hit. Nothing was ideal, and he knew he had to come up with something better.

What he came up with is **Stops-It**, a simple, unobtrusive device that sits on the ground and will stop an idling vehicle. There are no tools needed for set-up, and it requires no thinking to install it or use it. Simply pull into your garage, take your foot off the gas, and **Stops-It** will make sure your car is parked accurately and consistently in the same spot, every time. It's that simple.

It's made of a high-quality, durable rubber that's designed to last a lifetime of use. It requires no maintenance, and it will outlast any tennis ball. It's a versatile, "set it and forget it" solution to the parking problems that every family has.

To learn more about **Stops-It** or watch a video on how this amazing new product works, visit www.stops-it.com or CALL 440-754-2205. Act now and take advantage of free delivery to Lake and surrounding counties.

There's More to Mold Than Just the Spore!

Mold can emit a fungal gas! When particular molds colonize and they progress through their life cycle they emit a gas (musty smell). As the reservoir of fungus grows to several billion spores in the colony, our noses detect the smell of these fungal gases.

When a closed indoor environment continues to fill with the mycotoxic gases, they can become a health risk. The affect it has on the human body is dependent on three variables. Our individual immune systems, the type of spore and the volume of fungal gas, determines the impact on our bodies.

Additionally, the longer the exposure to these gases, the greater the likely hood we will develop a sensitivity. Much like

other environmental allergens we are exposed to, the longer the exposure, the greater the chance our bodies will have an adverse reaction.

Some health effects include, headaches, shortness of breath, dizziness, lethargy, fever, and digestive problems. More severe reactions are hypersensitivity, and asthma symptoms. Although rare, certain Aspergillus species release aflatoxins that are carcinogenic.

There are many things in life we cannot control, but exposure to fungal gases is not one of

them. With a little effort, we can reduce or eliminate this health hazard by using a disinfectant or removing the affected material. In some instances, it may be necessary to seek a professional opinion or get professional help.

Gregory L. Drenik (Certified Indoor Environmentalist) Mr. Drenik is the president of Monarch Group, LLC. He has performed thousands of mold tests over the last 20 years & completed over 3,000 mold remediation projects (440) 537-4024.

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Skin Services at Cosmetic Laser Medi-Spa Feature New Eyebrow Lamination

Are you concerned about dry, dull skin? Do you want to look younger? We need to give our largest organ some self-care. I am Margarita Pacheco, licensed Esthetician. Let me help you

find your glowing, luscious skin so you can put your best face forward!

You should be faithfully using the appropriate cleanser and moisturizer for your skin

type. However, if you're not addressing normal buildup of dead skin cells the best results won't be achieved. That's when exfoliation, the mechanical or chemical process of removing the oldest skin cells from the outer skin layer, comes in. As we age those dead skin cells take longer to shed away which prevents full absorption of products. By using an exfoliation method that's correct for your skin type once or twice a week you will soon see more healthy, youthful looking skin! Monthly facials keep that youthful glowing look.

I offer a new sleek treatment called Eyebrow Lamination. This is a non invasive alternative to Microblading. This 3 part treatment takes about 45 minutes and straightens the hair so you can style your eyebrows to be sleek,

straight and pinpoint or you can wear them fluffy the next day. They are shaped and trimmed as well. Brow laminations are great for filling gaps, adding definition, and giving the illusion of more hair to sparse brows. Cost is \$65 and last 8 weeks.

I offer a custom blend facial that pampers you with deep cleaning, exfoliation and scalp/head/neck and lower leg/foot massage. Or if you're short on time, I have a Fast Results Facial that gets you in and out in 30 minutes and is still personalized to your skin needs. For skin in need of serious attention I also have facial peels that use chemical or facial enhancers that break down the top layer and helps diminish fine wrinkles, uneven tones, and improves the texture

of your face. The inevitable scaly texture of dry legs is common this time of year and can be addressed with my body polish service, an exfoliation treatment coupled with relaxation massage that leaves your skin hydrated. Other services include Eyelash Extensions, Relaxation Massages, and Microdermabrasion.

Treatments range from \$90 to \$110 and are available at our Mentor and Chardon locations. Come see me for a complimentary consultation and schedule a facial treatment which includes aromatherapy and a relaxation massage.

Call Maragrita at 440-231-6671 and leave a message or visit <http://www.takeawayhair.com> for office and location.

Lake County Genealogical Society Meeting - February 25th

The Lake County Genealogical Society (LCGS) meeting will be held on February 25 from 10:00 am to noon.

Our meetings are typically held on the last Thursday of the month. The LCGS has been meeting on Zoom due to Covid-19. Please

join us to hear our speaker Cari Taplin talk about "Organizing Your Research: Making Molehills out of Mountains."

Visit our website at www.lcgsohio.org and email us for an invitation to the Zoom presentation. You can also go to our web site to

learn more about our organization.

If you have any questions you can call Bonnie at 440-428-3783 or Cynthia at 440-951-0914.

Stay healthy for when we meet again to find "Our Roots," and interesting information about our ancestors.

WHAT STORY IS YOUR Skin Telling?

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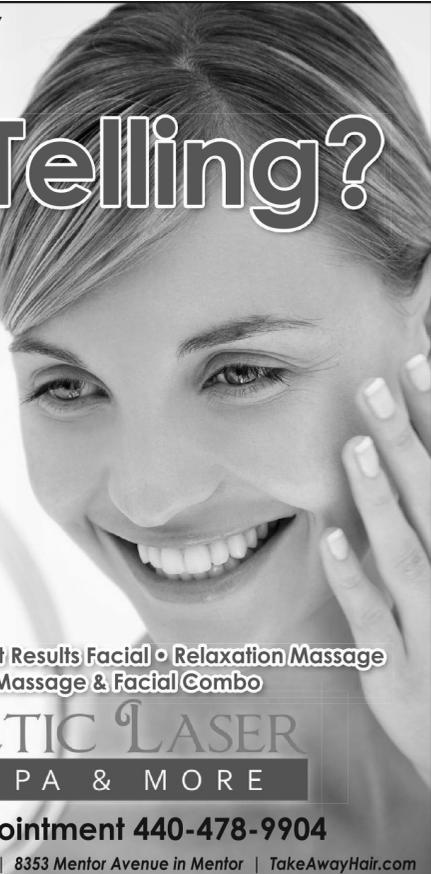
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We coordinate all these services to provide seamless service for you and there is always someone available to speak with when you need questions answered.

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a chain or a franchise. We are a locally owned and operated agency located in Willoughby, backed by the experience of a paramedical professional with over 10 years experience in both the paramedical sector and the home care industry, as well as over 20 years direct care experience. Our staff is an exceptional team of home care professionals who are bonded, insured and backed by real-world experience, education and skills.

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Furnace units. With summer winding down and colder weather approaching, now is the time to have us perform a Heating Preventative Maintenance Safety Check for the low price of only \$69.95 (Regular price \$95.95). The gas furnace tune-up and safety

- check includes:
1. Clean burners
 2. Clean, light pilot
 3. Check Heat Exchanger
 4. Check main gas valve
 5. Adjust burner & pilot
 6. Adjust blower belt
 7. Check & adjust furnace controls

8. Check safety pilot operation
 9. Oil blower.
- Even though those hot & humid days have faded away, you still may want to take advantage of Hoernig Heating and Air Conditioning's Central Air Conditioning Tune-Up Special for only \$69.95 (Regular price \$95.95). This cooling preventative maintenance safety check includes:

1. Check refrigerant charge
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For those of you looking to save even more, take advantage of a package deal! Have us service both systems at the same time for only \$98!!

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Mobile Computer Solutions is a mobile computer repair service that comes to your home or business. I have over 20 years experience. I pride myself on building my business on reliability, honesty and finding multiple solutions for each client's personal budget.

I specialize in virus removal, networking (wired and wireless), upgrades, security, data recovery, data transfer and printer installation and much more.

Mobile Computer Solutions is your best source for onsite computer, repair and upgrades. We sell new and refurbished towers and laptops. We also can help you with mobile device solutions such as adding your device to your network, data syncing, security, printing options and more. MCS was established to provide fast affordable onsite service to anyone in need. We provide the fastest service in the industry and are available 7 days a week!

My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

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| 2. Clean, light pilot | 7. Check & adjust furnace controls |
| 3. Check heat exchanger | 8. Check safety pilot operation |
| 4. Check main gas valve | 9. Oil blower |
| 5. Adjust burner & pilot | |



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Lake County Title Bureau Open by Appointment Only on Saturdays

Effective Monday, January 25, 2021, the two branches of the Lake County Title Bureau will be open to the public by appointment only on Saturdays between the hours of 8AM and 11:45AM. The first Saturday available for appointments will be Saturday, January 30, 2021. Appointments are being accepted

Need Help? Dial 211

If you or a loved one are facing challenges like job loss, loss of health insurance, foreclosure or other problems, Lifeline may be able to help. They are Lake County's designated Community Action Agency and their mission is to connect those in our community who need help with the appropriate providers.

Lifeline assists qualifying Lake County residents obtain counseling, healthcare, housing, education and training, energy assistance and much more.

Their healthcare programs help residents who are uninsured or underinsured and increase access to healthcare services including prescription medications and diabetic testing supplies. Lifeline helps residents secure safe and affordable housing, as well as the homeless in our County transition back into stable housing. Their education and training programs include financial literacy training, asset building assistance, employment training, nutrition education, and tax clinics. And, for those struggling with the most basic of needs, Lifeline offers several utility related emergency services through the federal Home Energy Assistance Program (HEAP).

Visit lifeline.org to access their interactive database or dial 211 to speak with a representative about available programs. Representatives can be reached 24/7. This service is free and confidential.

If you or a loved one can use some help, you owe to yourself to learn more about programs which already exist in our community.

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This includes all water, sewer,

at this time.

Effective Monday, February 1, 2021, the Lake County Title offices will be accepting appointments for assisting in the renewal and issuance of new passports Monday through Friday between the hours of 8AM and 11:30AM. We will begin scheduling appointments for passport services on Monday, January 25, 2021.

Commissioner guidelines for

heating, and cooling work performed by the trusted factory trained technicians in the blue and yellow trucks of Benjamin Franklin Plumbing® and DeBord's One Hour Heating®.

WE do not like fine print either so here are the rules in plain English unlike Uncle Sam uses

entering the county building should be followed while accessing title services. Please observe distancing in all areas. Title services can still be procured via mail and our secure drop boxes at both locations.

“Due to the increased demand from the public and due to the challenges working families face with finding time during the week to stop by the offices,

in his documents.

• This incentive cannot be combined with any other offer and does not apply to service call fee. Offer must be presented at time of service.

• Total payment due upon completion of work (financed thru DeBord's approved lenders

I am happy to announce that we will be reopening the title offices on Saturdays. This will offer an additional option for the public to handle their titling issues in person quickly and efficiently. I am also happy to announce the reopening of passport services, as we are all looking forward to traveling again for both business and pleasure.” – Faith Andrews, Lake County Clerk of Common Pleas Court

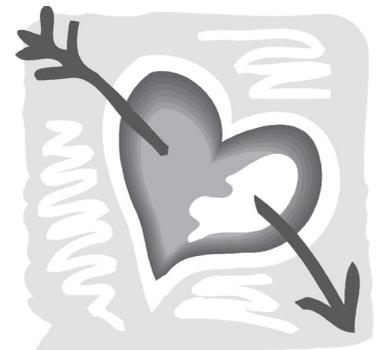
qualifies as payment).

CALL US TODAY at (440) 285-9125 to schedule your appointment.

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Don't forget to ask about our signing bonus!

Mentor Window Earns Yet Another Angie's List Super Service Award - 8 Years Straight!

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award for the 8th year in a row. This award reflects exemplary years of service provided to customers

Irruptive Birds are in Audubon's Sights

Certain bird species are spending this winter in Northeast Ohio in especially high numbers. Blackbrook Audubon Society encourages everyone to connect with these rare visitors and record them, as well as resident birds, for the Great Backyard Bird Count February 12-15.

Common Redpolls and Evening Grosbeaks have flown here from Canadian latitudes. They are part of a group known as irruptive species. Both of these finches visit feeders and are easy to spot. Participants in the GBBC are invited to count all bird species and individuals for at least 15 minutes on one or more days that weekend, regardless of age or birding skill level. Instructions, apps and bird ID tips are available at www.birdcount.org.

Blackbrook Audubon lists popular birding spots and links on the resources page of their website, blackbrookaudubon.org. Follow Blackbrook's Facebook page for current sightings. Contribute to this international count by adding the irruptive species to your list before they head back north and before the annual spring migration begins. Blackbrook wants participants to bird safely following the current Covid-19 guidelines.

Whether counters record birds at their feeder, in a park, or any other location, submitting these numbers will enhance the snapshot of bird distribution and abundance. This will help scientists answer questions on migration patterns, spread of diseases and the effects of weather and climate change. When the Cornell Lab of Ornithology and National Audubon Society launched GBBC in 1998, they created the first online citizen-science project to collect data on wild birds and display the results in near real-time. Birds Canada joined the effort in 2009. Birds observed locally can be compared to other reports in the region with maps on the project website during and after the count.

Last February, participants in almost 200 countries counted more than 6,900 species of birds on over 260,000 checklists. Make sure the birds in your favorite spot aren't overlooked!

throughout Northeast Ohio, along with honest, fair prices.

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to

hear any buy 1 get 1 free nonsense. They want a fair, honest price up front without all the gimmicks you see out there in advertising. We treat each and every one of our customers like family."

"Only about 5% of the Home Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award," said Angie (founder of Angie's List.) "It's a really high standard."

Angie's List Super Service Award 2018 winners have met strict eligibility requirements,

which include an "A" rating in overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List. Companies are graded on an A to F scale in areas ranging from price to professionalism to punctuality.

Mentor Window offers a full range of home improvements, including Energy Star Tilt-In double hung windows, slider

styles, bay windows, casement windows, patio doors, fiberglass and steel entry doors, vinyl siding in over 50 colors & styles, cedar shake style siding, seamless gutter systems, gutter covers, blown in insulation, and a complete line of backyard storage buildings.

Interest free financing is available and most major credit cards are accepted.

Call today or stop in for a free, no obligation estimate (440) 209-1617. We are located at 7731 Lakeshore Blvd., Mentor, Ohio 44060., www.mentorwindow.com.



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American Home & Energy Products: A Warm Place to Visit!

At this time of year, we all want to come home to a warm house. Fortunately for people that live in northeast Ohio, we have the solution! You can expect style, warmth and great customer service from the people at American Home and Energy Products, Inc. in Painesville. With a multitude of heating options available, we make it a comfortable experience choosing which is best for your home.

We encourage you to stop in and learn about all the alternatives for warm, beautiful fireplaces, inserts and stoves such

as gas, wood, and pellet fueled units. Radiant electric heaters and fireplaces are also available. We offer some of the best names in the industry such as Regency-Fireplace products International. Their products have the closest clearances in the industry and backed up by one of the best warranties available. Other companies represented include Napoleon, Wolf Steel, Vantage Hearth, Monessen, Empire, Thermo-Rite Doors, as well as Biosmart, Edenpure and Dimplex just to name a few.

We specialize in assisting

customers with the decision process and educating customers about all the various choices. Whether it's determining a single room's heating needs or if it's sizing a unit for the whole house, we have the tools and experience to be able to help determine which is the best unit for any area. Design ideas are also available. We can help incorporate a completely new unit into a new space. Or if you have a fireplace and want a completely new look, we can make all the changes necessary to help you fall in love with your fireplace again.

Our showroom is filled with displays including several burning units so you can feel the warmth! We also carry a full line of mantels and mantel shelves to customize your fireplace. Hearth accessories such as tool sets, steamers, wood racks and fire starters are just a few of the additional items available. We also offer fuel such as pellets, firewood and EZ Bricks (a great alternative to firewood.)

Although this is the heating season, our other departments are also still open including the Pond Shop for all your water garden

and farm pond needs. The Stone & Brick Yard is stocked with pavers and retaining wall blocks as well as several natural stone varieties. Our Outdoor Kitchen has grills, smokers, charcoal, rubs and accessories for your outdoor cooking needs.

We are located across from the Lake County Fairgrounds in Painesville on Mentor Avenue at 1270 Mentor Avenue. Our phone is (440) 358-5858. Winter hours are Monday through Friday 10:00 am to 5:30 pm and Saturday 9:00 am to 4:00 pm. We look forward to seeing you!

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Heating Assistance Available- Application Deadline: May 31, 2021

The Ohio Development Services Agency and the Lake County Council on Aging want to remind Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175 percent of the federal poverty guidelines pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Ohioans can visit www.energyhelp.ohio.gov to apply online, download

a copy of the application or find contact information for a local Energy Assistance Provider (EAP). The Lake County Council on Aging is able to assist individuals over the phone to complete their application for HEAP benefits. If preferred, an individual can drop off their application and verifications using the agency's secure drop box for an Information & Assistance Specialist to review the application to ensure it is complete and submit on the individual's behalf. When applying, individuals need to have

copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after

January 1st. **Applications for the HEAP program must be received by May 31, 2021.**

This is not an emergency program. Low-income households that have been disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, have 25% (or less) of bulk fuel supply remaining, or have a household member who was diagnosed with COVID-19 in 2020 may also be eligible for the HEAP Winter Crisis Program, which

started on November 1, 2020. If you need immediate assistance with your energy bills, please contact your local EAP. A list of providers can be found at www.energyhelp.ohio.gov.

Applications for the HEAP Winter Crisis Program must be received by March 31, 2021. For more information on HEAP, visit www.energyhelp.ohio.gov or call (800) 282-0880. Hearing-impaired customers can dial 711 for assistance.

Electing Kitchen Remodels & Home Repairs Over a Night Out

What does this mean, you might ask?

Customers all over Mentor are staying in because the reality is that no one wants to go out and eat in a plastic igloo or surrounded by clear shower

curtains. If Mentor residents are voting with their dollars, they would rather put that money into their own homes. Why not? You are in your home so much more now.

Top items people in Mentor

are having done right now:

- 1) Smart Doorbell Installs/ Camera Installs
- 2) Bathroom Remodels
- 3) Kitchen Remodels
- 4) Painting Service

Who are they calling?

They are calling Monthly Upkeep...Mentor's premiere handyman and remodeling service.

Why are they calling?

Not only is the work of

the highest quality, but their communication is also the best.

Call Monthly Upkeep Handyman Service Today at 440-363-6400.

Connect to Your Community! Volunteer with Hospice of the Western Reserve

Volunteering to support the members of your community is a great way to connect with others while remaining safely distanced. Our Hospice and Western Reserve Navigator programs provide support to individuals who are facing a life limiting or terminal

illness wherever they consider home.

Volunteers are an essential part of the clinical team. Now, more than ever, volunteers are needed to safely welcome families at David Simpson Hospice House in Cleveland and through phone

calls and virtual visits to other families.

Virtual volunteer training begins on: February 1- afternoons, or February 16- evenings. To join our team, please visit hospicewr.org/volunteer or call 216-255-9090.

MPL Programs

Continued from page 2

Virtual Chips & Chapters

Tuesday, Feb. 16, at 4 p.m.

Kids (kindergarten through second grade) can enjoy a snack and a story with Ms. Lisa from Mentor Public Library. Ms. Lisa will read from a chapter book while the children enjoy some chips and follow along. The library even provides the treat. Families can pick up their chips from the library after they register for the read-along.

Zoom Firehouse Friends

Thursday, Feb. 18, at 10:30 a.m.

Families with kids of all ages can join fireman Jerry from the Mentor Fire Department for a half hour of stories and fire safety tips. The story time will be a live Zoom event. Registration is required. Sign up at www.mentorpl.org.

Tie-Dye Mask Making

Thursday, Feb. 18, at 4 p.m.

The library will guide kids (ages six to 12) through how to tie-dye their own facemasks. The program will be broadcast via Zoom but the library will provide all the supplies. First, families register for the program. They can sign up online at www.mentorpl.org or by

calling (440) 255-8811 ext. 220. Then they can pick up supplies from the Children's Department at MPL's Main Branch or its drive-thru.

Egg Drop

Starting Monday, Feb. 22, kids (ages six to 12) who register can pick up an Egg Drop Kit from the Children's Department at Mentor Public Library's Main Branch.

Then, they can take the kit home and build their best contraption to keep an egg safe during a fall. Return your contraption along with an egg - you'll need to provide your own egg - to the Children's Department by March. Once the builds are returned, they will be tested. The drops will be filmed and share on the library's Facebook and YouTube pages.

Golden Crust Bakery

Hello Everyone!

Hope you all had a peaceful and safe holiday season. Time is already flying by...it's hard to believe that Easter is right around the corner. Until then - we have some celebrating to do.

It's been really hard on couples trying to get married- canceling wedding plans and rescheduling. Valentine's Day is the perfect day to do something special for each other. Make a candlelight dinner with their favorite meal, add some flowers and nice music- you don't even have to go out! We will have some special goodies for a nice touch.

We've all had to make changes and compromises- it can be fun

to try things that are different. Sometimes it's all in how you look at it!

We will STILL do our traditional Fat Tuesday Paczskis on February 16th- place your orders by Thursday, February 11th.

Lent starts February 17th with Ash Wednesday and ends Easter Sunday. We will have our hot cross buns during that time.

Let's all try to stay safe and respect each other. Winter is a hard time for many people, especially the elderly. A simple gesture like getting their mail or shoveling their walkway is much appreciated. It also makes you feel good too!

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* Holiday Cakes

Valentine's Day

Sunday, February 14th

Hours: Tue-Fri 7am-6pm • Sat 7am-3pm

Closed Sunday & Monday

440-205-0601

8893 Mentor Ave. Mentor, Ohio 44060

Find us on Facebook

Mentor Public Library - Adult Programs for February

All of these programs are being offered online. Most will be hosted live via Zoom and require registration. You can sign up by calling the library or at www.mentorpl.org. A few will be broadcast on the library's:

- Facebook page: www.facebook.com/mentorpubliclibrary
- YouTube channel: www.youtube.com/mentorpubliclib
- And website: www.mentorpl.org.

Take & Make Crafts

Teens and adults can get craft kits from Mentor Public Library's Main Branch. Each kit comes with supplies and directions to make a fun and artsy craft at home. The library will offer different crafts throughout the month. Call (440) 255-8811 ext. 247 for details.

Blind Date with a Book

Win a gift card by reading and reviewing one of Mentor Public Library's "Blind Date" books between now and Feb. 14. The more you read, the better your chance of winning. Visit the library's Main Branch for details.

It's a Mystery Book Club

Tuesday, Feb. 2, at 6:30 p.m.
This monthly book club reads crime-related genres such as thriller, suspense, true crime and mystery/detective. In February, they will discuss "Someone

Knows" by Lisa Scottoline.

All Booked Up with Cailey & Meg

Saturdays, Feb. 6 and 20, at 12 p.m.

Every other week, MPL's librarians Cailey and Meg recommend and discuss books on a specific theme. They rotate their suggestions between teen and adult books. All Booked Up can be viewed on the library's website, www.mentorpl.org, as well as its Facebook page and YouTube channel.

Leaders & Legacies of the Civil War: The Life of Frederick Douglass

Wednesday, Feb. 10, at noon

In commemoration of Black History Month, revisit the life of Frederick Douglass. Douglass escaped enslavement in Maryland to become the most famous African-American in the country and a forceful voice for equality in the United States. Learn about his life and lasting impact. Speaker will be Todd Arrington of the James A. Garfield National Historic Site. This program will be hosted online via Zoom. Registration is required.

Vincent Van Gogh: Through the Eyes of the Artist

Thursday, Feb. 11 at 6:30 p.m.
Learn the true story of the

passions and obsessions of artist Vincent van Gogh. Art historian Felicia Zavarella Stadelman will also dispel some of the common rumors surrounding van Gogh's life. This program will be hosted online via Zoom. Registration is required.

Men's Book Club

Monday, Feb. 15 at 7 p.m.

This month's book is "The Watchmaker of Filigree Street" by Natasha Pulley. Copies of the book are available at the reference desk at MPL's Main Branch. Hosted online via Zoom. Registration required to attend.

Foot & Ankle Problems: Lake Health Talk

Tuesday, Feb. 16, at 2 p.m.

Lake Health Podiatrist Andy Orta will share information and treatment options for foot and ankle problems.

Astrology for Beginners

Wednesday, Feb. 17, at 6:30 p.m.

Want to know more about astrology?

Learn how an astrology birth chart is constructed from Angie Agnoni of the Lake County Astrological Association. She'll also explain the unique traits of each sun sign and how learning astrology can be helpful in one's everyday life.

Repetitive Questions: Dementia

Monday, Feb. 22, at 2 p.m.

When people have dementia, they often ask the same questions over and over... and over again. Chera Inhat from Kemper House – an assisted living facility that specializes in helping people with Alzheimer's Disease and other forms of dementia – will share the best tactics for helping people who often repeat questions because of dementia. This session will also help caregivers understand why people who have dementia often repeat themselves. This program will be hosted online via Zoom. Registration is required.

Monday Night Book Club

Monday, Feb. 22, at 6:30 p.m.

Join librarian Cailey for a discussion of bestsellers, popular reads and books of interest. This month the book club will discuss "Lillian Boxfish Takes a Walk" by Kathleen Rooney. Copies are available at the Reference Desk for pickup. Book club will be hosted online via Zoom. Registration is required to attend.

Holistic Wellness & Yoga

Wednesday, Feb. 24, at 2 p.m.

This hour-long class includes a relaxing yoga session and tips on holistic therapies for a restful sleep. Darlene Kelbach is the

yoga instructor. Hosted online via Zoom. Registration required to attend.

Green Book: The Black Travelers Guide to Jim Crow America

Wednesday, Feb. 24, at 6:30 p.m.

Discover the story behind the Green Book, which provided a rundown of hotels, guest houses, service stations, drug stores, taverns, barbershops and restaurants that were known to be safe ports of call for African-American travelers. This program will be hosted online via Zoom. Registration is required.

No More Cable: Save Money & Switch from Traditional Cable

Thursday, Feb. 25, at 6:30 p.m.

There are more streaming services than ever to choose from: Netflix, Disney+, Apple+, Peacock, HBO Max, Hulu, Amazon Prime, and more. With cable prices skyrocketing, which streaming services are best for you and your family? Learn about streaming movies and shows over the Internet, the many different services out there, and even some free services your library provides. This program will be led over Zoom. Registration is required to attend.

Mentor Family Restaurant Goes Above & Beyond for the Safety of Patrons and Staff

Looking for a safe dining out experience? Mentor Family Restaurant making dining out safe.

Mentor Family Restaurant goes above and beyond for client safety! Dave Pruty, owner of Mentor Family Foods, 6888 Center St., Mentor, went above and beyond

with their disinfection measures for their restaurants patrons and staff by partnering with PropiShield LLC, an Electrostatic Disinfection Company.

PropiShield's disinfecting spraying method provides an atomized cleaning application via an electronically charged

spray. The innovative equipment and technology dispenses a positively charged even spray, delivering thorough coverage. The disinfectant which attracts negatively charged pollutants, wraps itself 360° around an entire object, immediately clinging to the surface. The process is applied to a variety of surfaces including

tables, bars, door handles, bathrooms, equipment and more, which as a result removes 99% of all germs, bacteria, and viruses. Additionally, surfaces that have been sprayed and cleaned continue to repel the negative charged particles found in pathogens for up to 90 days.

Mentor Family Restaurant is

part of PropiShield's Advantage Program which includes: monthly disinfection service with quarterly Reactive Biostatic Barrier Protection applied to high touch surfaces.

A PropiShield Certification of Service Certificate is provided to display at their location as well as window clings and dated table tents to notify their patrons and staff of the disinfection services completed.. Best of all, Mentor Family Restaurant is recognized as a Certified Location on the PropiShield website along with other PropiShield certified locations. PropiShield's sanitizing products and protocols meet the established guidelines directed by the CDC, OSHA, FDA, and EPA.

For information on the PropiShield Advantage Program and to learn more about their Safe. Effective. Affordable. business model visit www.PropiShield.com. PropiShield also offers discounted services upon confirming a positive COVID case in a home or business.

Remember to dine safer at Mentor Family Restaurant!

Dine Safer at Mentor Family Restaurant!



Hours

Sunday: 6 A.M. to 8 P.M. • Monday: 6 A.M. to 2 P.M.
Tuesday - Saturday 6 A.M. to 9 P.M.

6888 Center St. Mentor, OH 44060
Located in Front of the New Giant Eagle on 615

(440) 255-8810



PropiShield

* PropiShield's Sanitizing Products & Protocols
Meet the Established Guidelines Directed by the
CDC, OSHA, FDA and EPA.

For more information:

www.PropiShield.com
(440)796-3718

Cyber Smarts for Older Adults

SOURCE:
OHIO ATTORNEY GENERAL'S OFFICE

Many older adults are vulnerable to scams when using computers, tablets and smartphones. Whether using technology in public or at home, you can help protect yourself and loved ones from fraud or financial exploitation.

Here are some tips from the Ohio Attorney General's Office to help keep you safe.

Internet Tips

- Install and use a pop-up blocker. Pop-up blockers are often available free, including within some internet browsers.

- Use a secure website whenever you purchase items online. Secure web addresses begin with "https" rather than "http."

- When conducting internet searches, remember that the top search results may not always be from legitimate companies or agencies.

- To reduce security and privacy risks, log out of websites when you're finished. Wireless/Wi-Fi tips

- Verify the specific network name with the network owner before connecting to Wi-Fi.

- Never disclose personal information – passwords and credit card numbers included – when using a public WiFi connection.

- Assume that everyone can see what you're doing when you use a public network.

- Do not set your devices to automatically connect to any public Wi-Fi networks.

Email Tips

- Never respond to unexpected requests for your personal information, even if the sender appears to have some details about you or your account. Scammers may pretend to be your bank, your credit card company or a government agency and may ask you to confirm your account by submitting your account number, password and/or Social Security number.

- Do not click on links, open attachments or download

anything from a suspicious message, even when they appear to be from a friend or trusted source.

Social Media Tips

- When on social media, change privacy settings to meet your needs. Understand that when you leave your account "public," anyone can see information about you, including your pictures and names of your family members and friends.

- Watch out for scammers who may impersonate your social-media friends or who may tell you that they need money or unexpectedly have money to give to you.

- Imagine this: Imagine a scammer finds your social-media page. Could he or she pretend to know more about you to make a scam seem real? For instance, could the scammer pretend to know your grandchild's name is "Timmy"? Would that make a call from a scammer claiming to be "Timmy" seem more real?

Computer Maintenance Tips

- Install and maintain an anti-virus and anti-spyware program. Set the program to update automatically or check regularly for updates because new viruses are launched all the time. Do not buy protection software and services based on telephone calls, pop-up advertisements, unexpected virus warnings or email messages claiming that your device has a virus. They are probably scams.

- Visit www.staysafeonline.org for a list of free security products that scan for and detect malware.

Warning Signs of Fraud or Financial Exploitation

- Requests to send money via wire transfer, gift card or prepaid money card.

- Pressure to act immediately.

- Guarantees to make money quickly.

- Requests to keep conversations or relationships a secret.

- Anti-virus scan results indicate the presence of malware or other threats on your device.

- Unexplained withdrawals from your bank account, charges to your credit card or missing cash.

- Calls regarding unpaid bills.

Common Risk Factors

- Older adults who are socially or physically isolated.

- Older adults who rely on others to handle their finances.

- Older adults who have recently lost a loved one, especially if that person handled the older adult's finances.

- Older adults who suffer from the ailments of aging, a physical or mental impairment, memory issues or other disabilities.

To Avoid Potential Financial Fraud or Exploitation Online

- Be leery of those who contact you unexpectedly, even if they say they are from a trusted organization or the government, and even if the message appears to be legitimate.

- Never give out personal information such as your Social Security number or bank account number to someone over the internet unless it's a transaction you've initiated.

- Never allow remote access to your computer from an

outside source.

- Use a complex, unique password or passphrase for each of your online accounts.

- Limit the amount and type of information you post on social media.

- Read websites and emails carefully – if there are grammar mistakes, it's often the red flag of a scam.

- Always remember: If it sounds too good to be true, it probably is!

To Report Fraud or Financial Exploitation

- Contact your local police department.

- Contact your local Adult Protective Services office.

- Contact the Ohio Attorney General's Office.

Ohio services and resources

- Ohio Attorney General's Office: To learn more about the Elder Justice Unit, to request a cybersecurity presentation

or to file a complaint, call 1-800-282-0515 or visit OhioAttorneyGeneral.gov.

- Adult Protective Services: For services that help vulnerable adults ages 60 and older who are in danger of harm, are unable to protect themselves and may have no one to help them, call 1-855-OHIO-APS (1-855-6446-277) or visit http://jfs.ohio.gov/county/County_Directory.pdf

- The Ohio Department of Aging: To learn more about the Long-Term Care Ombudsman Program and/or advocate for older adults receiving home care, assisted living care and nursing home care, call 1-800-282-1206 or visit aging.ohio.gov.

- ProSeniors: For free legal assistance for adults ages 60 and older, call 1-800-488-6070 or visit proseniors.org

For more information or assistance, visit www.OhioAttorneyGeneral.gov or call 800-282-0515.





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WIC CAN HELP IN TIMES OF NEED

During these challenging times, more people than ever are eligible for supplemental food benefits through Lake-Geauga WIC (Women, Infants, and Children).

Anyone who receives Medicaid, food assistance, or Ohio Works First automatically qualifies, no matter the income. Foster parents, custodial grandparents, and other legal guardians may also receive benefits for qualified children younger than 5, according to WIC's guidelines, which are equal to 185% of the U.S. Department of Health and Human Services poverty income guidelines.

Visit www.lcghd.org/WIC

to see if you qualify. The WIC application is available under "WIC" on the Ohio Department of Health website, www.odh.ohio.gov.

Lake-Geauga WIC are following all COVID-19 guidelines per the Ohio Department of Health. WIC has five locations in Lake and Geauga counties.

Please contact the closest clinic for more information:

WIC Painesville- 440-350-2552

WIC Wickliffe - 440-833-6007

WIC Madison - 440-428-2003

WIC Huntsburg- 440-636-5331

WIC Middlefield- 440-251-6522.

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Burroughs Nature Club Hosting Free, Virtual Programs in February & March

Burroughs Nature Club was founded in 1916 and named after John Burroughs (1837-1921), the famous Hudson River Valley author whose popular books inspired many a turn-of-the-century naturalist.

The Burroughs Nature Club of Willoughby was founded by outstanding Cleveland area men (scientists, scholars, naturalists, and photographers) who shared a common love of hiking, wildlife watching, and other investigations of the natural world. They also enjoyed a good hike together in the "wilds" of Lake County. Their Burroughs Nature Club remains one of the oldest such nature clubs in the nation.

As we celebrate our 105th year in 2020-2021, Burroughs Nature Club continues to extend an invitation to all who share a common interest in the study and enjoyment of nature and the conservation of natural resources.

The club will host free, virtual programs on Friday, February 19 and March 19, via Zoom, both beginning at 7:00 pm.

The February meeting is

titled: "Good Plants Gone Bad: An Overview of Invasive Plants in Ohio," presented by Jennifer Windus, President, Ohio Invasive Plants Council.

The March program, presented by Denise Ellsworth, concerns "Pollinators in Your Ohio Backyard" -why pollinators matter, who they are, and how to protect them."

One in every three bites of food we take can be traced back to animal pollinators. Who are these vital creatures, what exactly do they do, and how are they threatened across the globe? This program emphasizes the identification and role of bees as vital pollinators and highlights steps we can all take to help pollinators.

Denise is the Program Director of Pollinator Education, Department of Education/Entomology, The Ohio State University.

To register to attend either of these programs via Zoom or for further information, please email secretary@burroughsnatureclub.org.

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- E- file
- Direct Deposit

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 - City Return
 - E- file
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