

Anthony Dissen, MA, RDN
101 Campbell Blvd. Unit 8302, Manahawkin, NJ 08050 (856) 371-8916
AnthonyDissenRD@Gmail.com

EDUCATION

- 2016-Present **Master of Public Health**, Public Health Nutrition Concentration
University of Massachusetts-Amherst, Amherst, MA
Capstone Title: Public Health Consequences of Conflicts of Interest within the Academy of Nutrition and Dietetics
Anticipated Graduation: December 2018
- 2012-2014 **Master of Arts**, Holistic Health Studies
Georgian Court University, Lakewood, NJ
Thesis: Effectiveness of Qigong as a Means of Increasing Feelings of Self-Empowerment: A Qualitative Study
- 2008-2009 **Post-Baccalaureate Certificate**, Dietetic Internship
University of Medicine and Dentistry of New Jersey, Scotch Plains, NJ
- 2004-2008 **Bachelor of Science (Cum Laude)**, Nutritional Sciences – Dietetics Option
Rutgers, The State University of New Jersey, New Brunswick, NJ

TEACHING AND RESEARCH INTERESTS

- Impact of Interprofessional Education and Collaboration on Undergraduate Student Learning
- Implementation of Plant-Based Nutrition and Culinary Medicine on Disease Prevention
- Understanding What Motivates Behavior Changes in Nutrition and Eating Habits
- Integrative & Holistic Approaches to Wellness Promotion & Disease Management

CURRENT ACADEMIC APPOINTMENT

- 2014 - Present **Instructor of Health Science** (2017-Present), Stockton University – Galloway, NJ
Visiting Instructor (2016-2017)
Adjunct Instructor (2014-2016)
Courses Taught to Date:
- The Politics of Food (GIS 3406) – Undergraduate Level
 - The Medical Humanities (GIS 4626) – Undergraduate Level
 - Introduction to Health Sciences (HLTH 1101) – Undergraduate Level
 - Teamwork & Collaboration in Healthcare (HLTH 2501) – Undergraduate Level
 - Eastern Approach to Nutrition & Movement (HLTH 3412) – Undergraduate Level
 - Basic & Therapeutic Nutrition (HLTH 3413) – Undergraduate Level

PREVIOUS ACADEMIC APPOINTMENTS

- 2014 - 2016 **Adjunct Faculty Member**, Georgian Court University – Lakewood, NJ
Courses Taught to Date:
- Research Methods (HH 530) – Graduate Level
 - Eastern Approach to Nutrition & Movement (HE 220) – Undergraduate Level
 - Qigong – The Art of Self-Healing (HH 570) – Graduate Level
- 2014 **Part-Time Lecturer**, Rutgers University – New Brunswick Campus
Courses Taught to Date:
- Nutrition Communications (11:709:442) – Undergraduate Level
 - Nutrition Counseling (11:709:499) – Undergraduate Level

- 2012-13 **Community Instructor**, Stockton University – Galloway, NJ
Adult Continuing Education
Class Topics Presented:
- Sustainable Agriculture and “Green” Eating
 - Science and Superfoods
 - Breads and Culture
 - Herbs, Spices, and Health
- 2010-2011 **Community Instructor**, Middlesex County College – Edison, NJ
Adult Continuing Education
Class Topics Presented:
- Food as Medicine
 - Sustainable Weight Loss
 - Eating Green, Eating for Type 2 Diabetes
 - Vegetarian Nutrition

PUBLICATIONS

- 2017 Dissen, A. (2017). VN Students – Success as a Vegan RDN. *Vegetarian Nutrition Update*. Volume XXIV, Number 4.
- 2017 Dissen, A., & Saliski, T. (2017). Healthy eating & weight management intervention: A case study with centrastate healthcare system. *Wellness Council of America*.
- 2011 Dissen, A, Policastro, P, Quick, V., & Byrd-Bredbenner, C. (2011). Interrelationships among nutrition knowledge, attitudes, behaviors, and body satisfaction. *Health Education, 111:4, 283-295*.
- 2008 Mackesy, C., Bennett, L., Dissen, A., Kim, M., & Kardan, N. (2008). Male and female college students’ perspective on nutrition fact labels. *JADA, 108(9), A100*
- 2007 Miller, C., Bethmann, K., Dissen, A., & Kardan, N. (2007). College wellness program effective in increasing students’ physical activity, wellness awareness, and nutrition knowledge. *JADA, 107(8), A96*

SCHOLARSHIP ACTIVITIES

- 2018-Present Data Collection for research study: Assessing Undergraduate College Students’ Ability to Evaluate the Quality of Web-Based Sources of Health Information
- 2018-Present Data Collection for research study: “Impact of the Film ‘Forks Over Knives’ on student food behaviors, stage of change, & locus of control”
- 2018-Present Clinical Dietitian Researcher for study on plant-based diets and type 2 diabetes through Louisiana State University-Shreveport
- 2017-Present Nutrition Core Curriculum Design & Pilot Group Data Collection for Cardiac Prevention Program Study

MENTORSHIP

- 2018 Advisor to Samantha Fallick for Independent Study on Nutrition Research
- 2018 Advisor to Laura Bylone on LIBA Capstone Experience in Holistic Health

- 2017-2018 Advisor to Flor Cruz-Morillo, recipient of BOT Fellowship for Distinguished Student Award
Research Project Title – New Jersey Education Opportunity Fund (EOF) and College Pursuit
- 2017-2018 Advisor to Jodie Davis, recipient of BOT Fellowship for Distinguished Student Award,
Research Project Title – Low Graduation Rate and Food Insecurity in New Jersey
- 2017-Present Future Career in Dietetics Mentor to BSHS Alumni Ryan Galan

INVITED PROFESSIONAL PRESENTATIONS & POSTERS

- 2018 Civic Learning and Democratic Engagement Annual Meeting
Presentation Title: Utilizing Alumni Affairs to Support Service-Learning
- Courses
- 2018 Stockton Center on Successful Aging
Presentation Title: Anti-Inflammatory Foods
- 2018 Hackensack Meridian Health Southern Ocean Medical Center
Presentation Title: The Impact and Role of Nutrition in the Management of Multiple Myeloma
- 2018 Stockton University Manahawkin Instructional Site
Presentation Title: Eating for a Healthy Heart
- 2018 Stockton University Manahawkin Instructional Site
Presentation Title: Sustainable Lifestyle Change: How to Keep Your New Year's Resolution
- 2017 New Jersey Society for Public Health Education 2017 Annual Program, Credentialing in Health Education: Professional Development Throughout Your Career.
Poster Title: Mapping the Relationship Between Low Graduation Rates and Food Insecurity
- 2017 New Jersey Department of Human Services Nutrition Conference
Presentation Title: Integrative Medicine and Dietetics: Holistic Methods for Patient & Client Empowerment
- 2017 Ocean Monmouth Health Alliance – Surviving the Cancer Challenge Body, Mind, and Spirit
Presentation Title: Nutritional Medicine: The Power in Our Plates
- 2017 Holistic/Integrative Care for People Experiencing Cancer: Speaker/Panel Member – Georgian Court University
- 2017 New Jersey Dietetic Association 85th Annual Meeting
Presentation Title: Integrative Medicine & Dietetics: Holistic Methods for Patient & Client Empowerment
- 2017 Biology Seminar Invited Lecturer – Stockton University
Presentation Title: Diet and Divinity: The Role of Nutrition and Spirituality in Medicine and Healthcare

- 2016 American College of Sports Medicine – Greater New York Area Annual Conference
Abstract Presented: Effectiveness of Qigong as a Means of Increasing Feelings of Self-Empowerment: A Qualitative Study
- 2016 Stockton University Manahawkin Instructional Site
Presentation Title: Diet, Lifestyle, and Prostate Health
- 2016 Kushi Institute Macrobiotic Summer Conference
Presentation Title: Humans as Microcosms of the Environment: Saving Ourselves to Save the Planet
Presentation Title: Plant-Based Nutrition Cooking Demonstrations
- 2016 Stockton University Manahawkin Instructional Site
Presentation Title: Cool Cooking: Stove-Free Summer Meals
- 2016 Robert Wood Johnson 2nd Annual Nutrition Symposium
Presentation Title: The Role of Holistic Health in Nutrition & Dietetics: Traditional Practices with Modern Applications
- 2016 Stockton University Manahawkin Instructional Site
Presentation Title: Digestion & Health: The Powerful Role of the Microbiome
- 2015 Kushi Institute Macrobiotic Summer Conference
Presentation Title: Yoga – Healing Theory & Spiritual Practice
Presentation Title: Plant-Based Nutrition Cooking Demonstration
- 2015 New Jersey Association for Food Protection
Presentation Title: GMO's – What's In Our Food?
- 2014 Kushi Institute Macrobiotic Summer Conference
Presentation Title: Plant-Based Nutrition Cooking Demonstration
Presentation Title: Healing with the 5 Elements of Classical Chinese Medicine
Presentation Title: Igniting Your Immune System
- 2010 Food and Nutrition Conference & Exposition, Boston, MA
Poster Presentation: Young Adults' Nutrition Knowledge, Healthy Eating Attitudes, Dietary Intake and Body Image Satisfaction

PROFESSIONAL CONFERENCES ATTENDED

- 2018 Food and Nutrition Conference & Exposition, Washington, DC
- 2018 International Conference on Nutrition in Medicine, Washington, DC
- 2018 Civic Learning and Democratic Engagement Meeting, Anaheim, CA
- 2017 Food and Nutrition Conference & Exposition, Chicago, IL
- 2017 New Jersey Dietetic Association Annual Meeting, Morristown, NJ
- 2016 Food and Nutrition Conference & Exposition, Boston, MA
- 2016 New Jersey Dietetic Association Annual Meeting, Long Branch, NJ
- 2014 New Jersey Dietetic Association Annual Meeting, Somerset, NJ
- 2009 New Jersey Dietetic Association Annual Meeting, New Brunswick, NJ
- 2007 Food and Nutrition Conference & Exposition, Philadelphia, PA

PROFESSIONAL MEMBERSHIPS

- 2018-Present New Jersey Society for Public Health Education
- 2018-Present New Jersey Public Health Association

2016-Present	Professional Team Member, American College of Lifestyle Medicine
2010-2011, 2016-2018	Dietitians in Integrative and Functional Medicine Dietetics Practice Group
2008-2011, 2013-Present	Vegetarian Nutrition Dietetics Practice Group
2005-2011, 2013-Present	Academy of Nutrition and Dietetics

PROFESSIONAL FIELD EXPERIENCE

2018-Present	Vice President of Nutrition , WellStart Health, Santa Monica, CA
2013-Present	Integrative Dietitian & Community Health Educator , CentraState Medical Center: Health Awareness Center & Employee Wellness, Freehold, NJ
2011-2013	Lead Health Educator & Plant-Based Chef , Whole Foods Market Wellness Club, Princeton, NJ
2010-Present	Culinary Instructor & Nutritional Health Educator , Breast Cancer Resource Center of New Jersey, Princeton, NJ
2009-2011	Outpatient & Community Education Dietitian , University Medical Center of Princeton at Plainsboro, Plainsboro, NJ

PROFESSIONAL TRAINING

2018	Certificate of Training , Developing Your Role as a Leader, Academy of Nutrition and Dietetics, Chicago, IL
2015	Training & Professional Development Certificate , Plant-Based Nutrition Cornell University, Ithaca, NY

SERVICE TO PROFESSION

2018-Present	Chair, Vegetarian Nutrition Dietetics Practice Group
2017-Present	Core Team Member, Cardiac Prevention Program, AtlantiCare
2017-2018	Chair Elect, Vegetarian Nutrition Dietetics Practice Group
2016-Present	Research Committee Member, American College of Sports Medicine – Greater New York Region Chapter
2015-2017	Appointed Officer, Student Member Coordinator, Vegetarian Nutrition Dietetics Practice Group
2014-Present	Georgian Court University Holistic Health Planning Committee
2010-2018	Rutgers University-SHP Dietetic Internship Admissions Committee

SERVICE TO STOCKTON UNIVERSITY

Faculty Advisor to Student Clubs

Fall 2017-Present	Collaborative Learning Advocates of Wellness at Stockton
Spring 2017-Spring 2018	Arts and Crafts for Children
Spring 2017-Present	Stockton University College Diabetes Network Club
Fall 2016-Present	Stockton Vegan and Vegetarian Student Group

Committee Membership

Fall 2017-Present	ADP/IDHE Campus Climate Assessment Coalition Member
Fall 2017-Present	Academy Honesty Appeals Board – School of Health Sciences Representative
Fall 2017-Present	Curriculum Committee Member for BSBS Program
Fall 2017-Present	Advising Council Member
Spring 2017-Present	Health Advisory Board (Wellness Committee)

Fall 2016-Present	Stockton University Interprofessional Education Committee, Holistic Health Representative
Fall 2016-Present	Holistic Health Minor Committee

Other Service

Summer 2018	Organizer for Bone Marrow Donor Drive at National Night Out
Spring 2018	School of Health Science Banner Carrier – Spring 2018 Undergraduate Commencement Ceremony
Spring 2018	Day in the Life – BS in Health Science Faculty Representative
Spring 2017	Day in the Life – BS in Health Science Faculty Representative
Spring 2017	Team Leader – MLK Day of Service
Fall 2016	Team Leader – New Student Day of Service
Spring 2016	Team Leader – MLK Day of Service

HONORS & AWARDS

2016	CBIZ Employee Services Organization Great Beginnings Self-Leadership Award
2016	American Heart Association Fit-Friendly Worksite Innovation Award
2014	NJ Dietetic Association Recognized Young Dietitian of the Year Award
2014	Laurie Nichols Memorial Award for Student of Excellent Character
2008	George H. Cook Honors Scholar
2006-2008	Kappa Omicron Nu Honors Society

PROFESSIONAL INTERVIEWS

2015	Podcast: Modernity and Absurdity – Episode 5: Food with Anthony Dissen, MA, RDN, Released December 19 th
2015	Podcast: Plant Yourself Podcast – Episode 131: Anthony Dissen, RD, on Empowering vs Preaching, Released December 1 st

ADDITIONAL TRAININGS AND CERTIFICATIONS

- Certified Hatha Yoga Teacher
- Certified Level I Five Animal Frolics Qigong
- Ongoing Training in Plant-Based Nutrition, Medical Qigong, Mindfulness, and Contemporary Meditation and Contemplative Practices