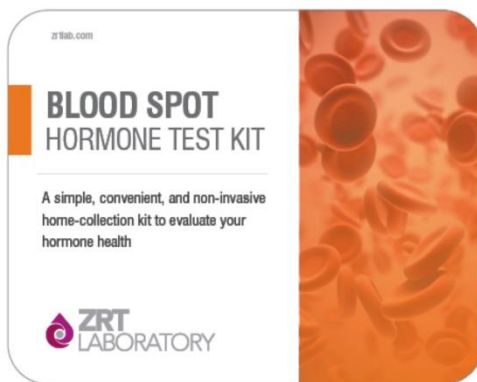


Get a Complete Picture of Your Cardiovascular and Metabolic Health with ZRT Home Lab Tests

Heart disease is the leading cause of death in both men and women in the United States.

Many of the risk factor for developing cardiovascular disease can be avoided or reduced. Obesity, insulin resistance and type 2 diabetes are leading contributors to heart disease.

CardioMetabolic Testing



Are you concerned about your heart health and metabolic function?

Do you want to take proactive steps to manage your health and reduce your risk of chronic diseases like diabetes and heart disease? Look no further than ZRT home lab tests.

ZRT home lab tests provide a comprehensive look at your cardiovascular and metabolic health, including:

- ZRT Cardio Metabolic Home Test: Measures key markers related to cholesterol, lipid metabolism, blood sugar, and inflammation to assess your risk of developing cardiovascular disease, Metabolic Syndrome, and Insulin Resistance

By using ZRT home lab tests, you can:

- ✓ Get a comprehensive look at your cardiovascular and metabolic health
- ✓ Monitor your risk of developing chronic diseases like diabetes and metabolic syndrome and take proactive steps to manage your health.
- ✓ Get accurate and reliable results from the comfort of your own home.
- ✓ Save time and money by avoiding doctor's appointments and lab visits.

How to get started?

Schedule a virtual or in office appointment with Dr. Sonya. After taking your health history and evaluation, she will recommend the right lab for you to ensure accurate diagnoses and an effective treatment plan. You will be supplied with a ZRT home kit. ZRT hormone testing kits are easy to use and include everything you need to collect a sample from the comfort of your own home. Simply follow the instructions provided, collect your sample, and send it back to the lab in the prepaid envelope.

Once your sample is received and analyzed, Dr. Sonya will give you your results in the follow up visit and provide you with a personalized report that includes easy-to-understand explanations of your results and actionable recommendations to improve your health.

Don't wait until it's too late to take control of your health. Order ZRT home lab tests today and start monitoring your cardiovascular and metabolic health from the comfort of your own home.