

XC UPDATES FOR THE WEEK OF AUGUST 31

Hi Team! Please read the following XC updates for the upcoming week. There is a lot of information and some deadlines to consider, so please read all the way to the end. Thank you!

FROM THE COACHES:

We are very excited about our home meet this coming weekend! Thank you to all who have signed up so far to volunteer! Our volunteers make this meet possible, which is especially important this year as so many meets have been cancelled. Our meet is completely full with entered teams and we have a waiting list since we have had to limit the number of entries. It looks to be a great weekend with lots of competition.

Attached is a schedule for our Sept. 5 home meet so you can plan for your volunteer spot. Also, if you are not familiar with GA Milesplit, it is a great website that has all of the upcoming meets, with schedules and details as they become available. Check it out at: <https://ga.milesplit.com/calendar>

*****URGENT VOLUNTEER NEEDS***AT&T PANTHER XC INVITATIONAL:**

Our FIRST HOME MEET is coming up soon on **Saturday, September 5th!** Fully staffing this meet with volunteers is critical to making it a success. We are only at about 65% staffed, so PLEASE take a minute to find an area where you can help. Use the link below to sign up. If you have any questions, contact our volunteer coordinator, Brooke Clem (brookeclem@gmail.com).

The September 5th meet volunteer link is: [Sept 5 Home Meet Volunteer Sign-Up](#)

PRE-MEET TEAM DINNER:

To kick off the weekend, we get to have our first team dinner **this Friday, September 4!** The team dinner will not look like it has in the past, but we are grateful that we get to (distantly) socialize together and hear what our invited athlete Drew Hunter has to say to our team.

Please take a moment to read the following:

1. Please arrive at 6:30pm.
2. Enter and exit on the bus loop side of the building. We will have at least one person in the bus loop by the gym that can show you where to go if you are unsure. Students that are driving themselves, please use the student parking lot and not the bus loop to park.
3. Pick up time will be 8:15-8:30pm.
4. Be sure to bring and wear your mask. We will follow the same protocol they do during school and wear masks except while eating. We will be sitting in our running groups and will socially distance as well.
5. Just a reminder that this dinner is for the athletes and coaches only. If you did not RSVP, you can email jdbombek@gmail.com and we can put you on the list to attend; however, you missed the deadline to order and pay for a meal.

PRACTICE SCHEDULE FOR THIS WEEK:

Practice times remain the same this week:

Monday - Thursday (6am-7:30am) at SMHS Track

Friday - (4pm-5:15pm) at SMHS Track

Saturday - HOME meet! at ONE Church

UPDATED SEPTEMBER MEET SCHEDULE:

We have had to make some adjustments with our meet schedule based on cancelled meets. The most current schedule (for Sept) is below:

Sept. 5 - ONE Church (home meet)

Sept. 12- Carrollton Invitational (top 14 runners) - will be notified at beginning of week

Sept. 26 - KONAS Ice Trinity Meet - all runners that did not run on Sept 12

All of our Oct. meets are currently still on schedule as planned. We will keep you updated on any changes as they occur.

XC FACE MASKS:

Our masks came in this week and look great and we can't wait to see them at the meet next week. **We are still able to take orders.** If interested please turn in order form (**attached**) and \$10 cash or check (payable to FLBC). If your order is turned in Monday it will be in by the meet on Saturday.

Have a great week everyone!!

*Sent for the FLBC by
Kelly Anderson*