

Seniors 4 Seniors

04/12/16



**April 19, 21, 26, 28 May 3, 5, 10
Tuesdays and Thursdays (7 sessions)**

CURRICULUM

Date	Day	Time	Topic	Speaker
Apr 19	Tue	10:00-11:15	Introductions, Curriculum Overview, Program Expectations	Team
		11:15-12:00	Bergen County Survey/History	Lita Talbot
Apr 19	Tue	12:00-1:00	<i>Lunch will be provided</i>	
Apr 19	Tue	1:00-3:00	Advocates as Change Agents	Pat Schuber
OUTCOME: <i>Enthusiastic, energized and committed participants</i>				

Apr 21	Thu	10:00-12:00	Opportunities for Advocacy: Economic Insecurities Facing Seniors	Grace Egan
Apr 21	Thu	12:00-1:00	<i>Lunch will be provided</i>	
Apr 21	Thu	1:00-3:00	Senior Benefits & Entitlements: Health, SS, VA, Transportation, Homestead Rebate, others	Linda Cross
OUTCOME: <i>Identification of Advocacy Issues and Key Topics</i>				

Apr 26	Tue	10:00-12:00	Housing	Lynn Bartlett
Apr 26	Tue	12:00-1:00	<i>Lunch will be provided</i>	
Apr 26	Tue	1:00-2:15	Communication Skills for Advocates	Ria Sklar Team
		2:15-3:00	Group Project Template	
OUTCOME: <i>Knowledge of Housing Issues and Communication Techniques</i>				

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Date	Day	Time	Topic	Speaker
Apr 28	Thu	10:00-11:00	Engaging State Legislators	Joe Doria
		11:00-12:00	Federal/State Legislative Overview	Loretta Weinberg
Apr 28	Thu	12:00-1:00	<i>Lunch will be provided</i>	
Apr 28	Thu	1:00-3:00	Work Session: Team Building, Research tools, Group formation	Team
OUTCOME: State Legislative Perspective; Team Building Skills				

May 3	Tue	10:00-12:00	County/Municipal Overview	Maura Di Nicola John Birkner
May 3	Tue	12:00-1:00	<i>Lunch will be provided</i>	
May 3	Tue	1:00-3:00	Age Friendly Communities	Julia Stoumbos Renie Carniol
OUTCOME: Identification of Advocacy Issues at the County/ Municipal Level & Age Friendly Communities				

May 5	Thu	10:00-11:00	State Legislative Overview	Don Winant
		11:00-11:30	Seniors as Caregivers	Eleanor Frankel
		11:30-12:00	Home Care Accreditation	Don Winant
May 5	Thu	12:00-1:00	<i>Lunch will be provided</i>	
May 5	Thu	1:00-3:00	Evaluations, Next Steps	Team
OUTCOME: Explore the role of a caregiver and services available; Identification of Advocacy Issues at the State Level				

May 10	Tue	10:00-12:00	Group Presentations	Participants
May 10	Tue	12:00-3:00	Lunch, Graduation Guest Speaker	Team Helen Hamlin