



## Build-Out Line.

A Build-Out Line is a line across the width of the field of play mid-way between the top of the penalty area and the half-way line. They should be equidistant between the penalty area line and the halfway line.

- When the goalkeeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play.

- Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punts and drop kicks are not allowed).

- After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.

