

SWVRRC 2015 Race Results

Date	Race	Runner	Time	Placement
12-24	Frosty 5K	Donna Akers	34:25	
		Randy Lester	23:43	2nd - Male 61+
		Desi McClung	33:09	
		Anne Sergeant	34:49	
		Gary Sergeant	34:49	
12-6	Bluefield Holiday of Lights 5K	Scott Catron	24:45	1st - Male 50-59
		Randy Lester	23:30	1st - Male 60+
		Desi McClung	32:04	
		Erin O'Sullivan	20:15	1st Overall Female
		Ireland O'Sullivan	21:52	3rd Overall Female
		Terri Scott	27:45	
		Crisandra Tephabock	32:49	2nd - Female 60+; Best Dressed
		Randy Tephabock	25:00	Couple
		Ty Tyson	27:18	2nd - Male 60+; Best Dressed
		Nick Whited	18:25	Couple
			2nd Overall Male	
11-26	Huntington Turkey Trot 5K	Terri Scott	28:26	6th - Female 50-59
11-26	39th Annual YMCA Thanksgiving Day Run - 5 Miles	Missy Burleson	40:42 (41:21.2)	2nd - Female 35-39
		Terry Hoskins	38:47 (39:27.6)	2nd - Male 40-44
		Randy Lester	37:34 (38:13.2)	1st - Male 60-98
		Desi McClung	53:43 (54:21.8)	
		Crisandra Tephabock	53:26 (54:08.7)	1st - Female 60-98
		Randy Tephabock	PR	5th - Male 60-98
		Lee Scruggs	43:09 (43:48.6)	
Ronnie Shuck	42:17 (42:56.0)	4th - Male 60-98		
			41:58 (42:28.8)	
11-21	Star City Half Marathon	Kristy French	1:46:15	3rd - Female 35-39
		Anita Wagner	2:19	
		Mark Wagner	1:39	3rd - Male 50-54
11-14	Canary in the Cave 25k	Missy Burleson	4:16:34	32/90; 16/20 Female 30-39
		Ronnie Shuck	3:28:25.6	8th - Male 50-99

[Complete Results \(Due to a discrepancy from runners & Tri State both times are posted.\)](#)

11-14	Thunder Road Marathon	Anita Wagner Mark Wagner	4:25 4:39	3rd - Female 55-59
11-14	Richmond Marathon	Rachel Erb-Jones Erica Morgan Crisandra Tephabock Randy Tephabock	4:12:58 3:56:20 6:36:00 (PR) 6:35:59	
	Richmond Half Marathon	Katie Roberts	2:09:54 (PR)	
	Richmond 8k	Tom Kaylor	34:56	1st - Male 55-59
11-08	Shawsville Cross Country 5k	Erin O'Sullivan Ireland O'Sullivan Sean O'Sullivan	21:28* 23:21 27:02	Overall Winner - *Set New Course Record 2nd Overall Female 1st - Male 35-39
11-07	C&D Canal Half Marathon	Missy Burleson	1:59:49	11/53 Female 30-39
11-01	NY Marathon	Lee Scruggs	4:33	24,817/49,465
11-01	Marshall University/ St Marys Half Marathon	Missy Burleson Terri Scott	1:58:42 2:10:27	13/104 Female 35-39; 209/1012 8/57 Female 50-54
	Marshall University/St Marys Marathon	Terry Hoskins Paul Pennington Ronnie Shuck Anita Wagner Mark Wagner	4:27:24 3:44:46 4:24:15 5:22:17 4:10:25	210/395 7/37 Male 45-49; 81/395 5/14 Male 65-69; 197/395 339/395 161/395
10-31	Haunted Half Marathon (TN)	Mike Jones	1:26:58 (PR)	1st - Male 35-39; 8/551
10-24	Run United Half Marathon	Ronnie Shuck	1:56:53.7	1st - Male 60-69
10-24	Coollest Small Town In America	Ronnie Shucks	1:56:53.7	17/42

**Lewisburg Run United
13.1**

10-24	38th Pumpkin Run 10K	Sally Howard	57:16	1st - Female 50-54
		Danny Keatley	52:41	1st - MNale 65-69
		Randy Lester	49:36	1st - Male 60-64
		Missy Lusk	87:59	3rd - Female 50-54
		Paul Pennington	48:11	1st - Male 45-49
		Terri Scott	58:54	2nd - Female 50-54
		Lee Scruggs	57:51	1st - Male 55-59
		Anne Sergent	70:21	1st - Female 35-39
		Anita Wagner	56:55	1st - Female 55-59
	38th Pumpkin Run 5K	Eddie Adams	20:45	1st Overall Male
		Max Adkins	32:57	
		Mike Adkins	29:01	
		Anthony Bisaha	41:16	
		Duane Browning	28:19	
		Hailey Browning	48:00	
		Missy Burluson	26:34	1st - Female 35-39
		Hank Burnley	28:11	3rd - Male 60-64
		Scott Catron	25:44	1st - Male 55-59
		Desi McClung	33:22	2nd - Male 55-59
		Mark Morgan	27:02	1st - Male 50-54
		Erin O'Sullivan	21:24	1st Overall Female
		Ireland O'Sullivan	22:30	2nd Overall Female
		Katie Roberts	27:41	2nd - Female 35-39
		Gary Sergent	35:00	
		Crisandra Tephabock	33:01	1st - Female 60-64
		Randy Tephabock	25:40	1st - Male 60-64
	385h Pumpkin Fun Run	Conor O'Sullivan	4:04	7th Place
		Michael O'Sullivan	3:11	1st Place
		Corran Sergent	3:31	2nd Place
10-18	Crawlin Crab Half Marathon	Crisandra Tephabock	2:33:50 (PR)	11/18 Female 60-64; 856/1162
		Randy Tephabock	1:56:04	5/16 Male 69-64; 287/1162
10-17	Crawlin Crab 5K	Crisandra Tephabock	30:56	3rd - Female 60-64; 347/930
		Randy Tephabock	24:16	2nd - Male 60-64; 71/930
10-15	New River Trail 25K	Erica Morgan	2:15	2nd Female Overall

10-10	Jack Rollins 5K	Terri Scott	26:12	
10-10	Sticks & Stones 15k	Missy Burleson Terry Hoskins Sally Howard Ronnie Shucks	1:41:29 1:25:15 1:46:46 1:34:25	48/119 22/119 2nd - Female 50-59 2nd - Male 60-69
10-10	Tour de Bland 5k Run	Eddie Adams	21:26	Overall winner
10-10	Soaring for an Eagle 5K	Mark Morgan	28:55	2nd - a8 and over; 3rd Overall
10-05	Lumberjack 5K	Terri Scott	28:29	4th Female
10-04	Johnstown Marathon (PA)	Danny Keatley	4:37:00	1st - Male 65+; 28/40
10-03	Louisville Ironman Triathlon	Mark Wagner	13:31:00	
10-03	Highnob Hellbender 10K	Nick Whited	50:04	Overall Winner; Set Course Record
10-03	Beckley Rocket Run 5K	Missy Burleson Mark Morgan	23:36 (PR) 26:16 (PR)	3rd Female Overall 1st - Male 50-54; 8th Overall
	Beckley Rocket Run 10K	Bruce Blankenship	53:55.2	1st - Male 60+; 5h Overall
9-26	Saints & Sinners Half Marathon	Anne Sergent	2:42:28	
9-26	Barnum Rail Trail Marathon (WV)	Danny Keatley	5:15:50	
9-25	GAP Rail Trail Marathon (MD)	Danny Keatley	5:45:12	
9-24	GAP Trestle Rail Trail Marathon (PA)	Danny Keatley	7:12:51	

9-20	Morgantown Marathon	Ronnie Shuck	4:29:57	3rd - Male 60-99
9-20	Hokie Half Marathon	Donna Akers	2:40:36	
		Hank Burnley	2:15:23	
		Michael Canterbury	1:42:14	
		Scott Catron	2:26:03	
		Rachel Jones	1:54:49	
		Kathy Kirk	2:19	
		Randy Lester	1:47:44	2nd - Male 60-64
		Erica Morgan	1:49	
		Sean O'Sullivan	1:57:16	
		Katie Roberts	2:15:37 (PR)	
		Crisandra Tephabock	2:38:44	9/10 Female 60-64
		Randy Tephabock	1:55:00 (PR)	4/10 Male 60-64
		Anita Wagner	2:23	
		Vonda Wilson	2:01:07	
	Hokie 5K	Erin O'Sullivan	20:15	4th Overall Female; 1st age group
9-19	Craigsville WV Fall Festival 5K	Mark Morgan	27:16	1st - Male 50-59
9-19	Air Force Marathon	Paul Pennington	3:55:56	270/2156
9-19	Beckley Half Marathon	Missy Burleson	2:00:00	1st Female Overall; 23/62
		Terry Hoskins	1:51:40	1st - Male 40-49; 10/62
		Lee Scruggs	1:57:57	20/62
	Beckley Marathon	Danny Keatley	5:17	19/21
9-19	7th Annual Jason Elswick Scholarship Challenge 5K	Eddie Adams	20:39	2nd Overall
		Tom Kaylor	21:29	1st - Male 55-59
		Erica Morgan	21:29	2nd - Female Overall
		Crisandra Tephabock	32:04	1st - Female 60-64
		Randy Tephabock	24:04	1st - Male 60-64
9-12	Great Smoky Mountains Half Marathon	Ronnie Shuck	1:54:19.4	1st - Male 65-69

9-12	WBAWL Hike for Hounds 5K	Kristy French	23:35	Overall Winner
9-12	OAR Trail Marathon (VA)	Danny Keatley	6:40:20	
9-5	Charleston Distance Run 15 Miler	Bruce Blankenship	2:22:43	
		Danny Keatley	2:19:55.5	
		Paul Pennington	2:04:34.7	
		Lee Scruggs	2:27:28.7	
		Ronnie Shuck	2:19:17.8	3rd - Male 65-69
		Crisandra Tephabock	3:36:46.0	
		Randy Tephabock	2:33:49.7	
8-29	SEWV Shoebox Shuffle 5K	Eddie Adams	21:22	Overall Winner
		Randy Lester	24:22	1st - Male 60+
		Wyatt Lilly	22:00	1st - Male 40-49; 4th Overall
		Erin O'Sullivan	NA	1st Overall Female
		Ireland O'Sullivan	NA	2nd Overall Female
8-29	Thin Mint Sprint 5K	Danny Keatley	24:06	14/113; 1st - Male 60+
		Lee Scruggs	23:44	13/113; 1st - Male 50-59
8-22	New River Gorgeous	Ronald Shuck	2:20:09	2nd - Male 60-98
8-22	Wytheville Glow Run	Kristy French	23:58	2nd Female Overall
8-22	Wintergreen Super Spartan	Missy Burleson	7:07	
		Terry Hoskins	7:07	
8-15	Parkersburg Half Marathon	Lee Scruggs	1:56	221/743
8-15	Raleigh County 4-H 5K	Jennifer Alvarez	32:37	2nd - Female 40-49
		Chasidy Burleson	43:58	1st - Female 15-19
		Terry Hoskins	22:58	4th - Male 40-49
		Wyatt Lilly	22:22	2nd - Male 40-49
		Mark Morgan	27:08	3rd - Male 50-59
		Erin O'Sullivan	20:44	1st Overall Female
		Ireland O'Sullivan	22:58	2nd Overall Female
		Sean O'Sullivan	23:27	1st - Male 30-39
		Terry Scott	25:32	1st - Female 50-59

Ronnie Shuck	23:43	2nd - Male 60-69
Crisandra Tephabock	31:36	1st - Female 31:36
Randy Tephabock	23:22	1st - Male 60-69

Raleigh County 4-H Walk	Xander Alvarez	1st
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8-15	Fab Cross Country 5K	Kristy French	23:23	2nd - Female 35-39; 103/282
		Danny Keatley	23:16	1st - Male 65-69; 98/282
		Jason Weitzel	16:36	1st - Male 18-22; 5/282

8-08	Pinnacle 5K (Bristol TN)	Kristy French	23:27	Overall Female Winner
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8-08	5th Annual Kanawha Trace Trail 50 K Run	Ronnie Shuck	8:07:15	1st - Super-Masters
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8-08	Giles County Wellness Center 5K	Donna Akers	31:48	1st - Female 65+
		Bruce Blankenship	25:03	2nd - Male 60-64
		Missy Burlison	24:52	1st - Female 35-39
		Hank Burnley	25:13	3rd - Male 60-64
		Scott Catron	23:53	3rd - Male 55-59
		Nancy Hodges	36:04	2nd - Female 65+
		Paul Hodges	40:02	3rd - Male 65+
		Tom Kaylor	20:49	1st - Male 55-59
		Danny Keatley	22:58	1st - Male 65+
		Randy Lester	22:10	1st - Male 60-64
		Scott Catron	23:53	3rd - Male 55-59
		Mark Morgan	26:48 (PR)	2nd - Male 50-54
		Erin O'Sullivan	21:19	1st Overall Female
		Ireland O'Sullivan	23:00	2nd Overall Female
		Micahel O'Sullivan	26:17 (PR)	
		Sean O'Sullivan	26:18	1st - Male 35-39
		Paul Pennington	21:45	1st - Male 40-44
		Lee Scruggs	23:12	2nd - Male 55-59
		Anne Sergent	30:44	2nd - Female 35-39
		Jason Weitzel	17:12	1st Place Overall Male
		Jordan Weitzel	17:4	1st - Male 20-24

8-07	Draper Mile	Donna Akers Erin O'Sullivan Ireland O'Sullivan Crisandra Tephabock Randy Tephabock	9:02 5:25 (PR) 6:00 (PR) 8:45 (PR) 6:29 (PR)	2nd - Female 60-69 1st in age group 3rd in age group 1st - Female 60-69 3rd - Male 55-59
8-01	Cherry River 10K	Bruce Blankenship Danny Keatley	53:12 48:40	8/14; 3/3 Male 60+ 4/14; 1/3 Male 60+
7-25	Family Fun Day 5K	Bruce Blankenship Danny Keatley	28:01 24:41	3/20 1/20
7-18	Short 5K at Cabell Midland High School	Erin O'Sullivan	22:07	2nd Overall Female
7-18	Commonwealth Games of Virginia 5K Championship	Crisandra Tephabock Randy Tephabock	32:29 23:54	2nd - Male 55-59
7-17	Tazewell Green Dog 5K	Tom Kaylor	22:07	2nd Overall
7-11	Grandfather Mountain Marathon (NC)	Danny Keatley	4:44:56	163/308; 12/37 60+
7-11	Crazy 8's	Donna Akers Lee Scruggs Anne Sergent	55:42 43:13 53:52	3rd - Female 65-69 632/2467
7-11	Rattlesnake Trail 50K	Ronnie Shuck	7:15	
7-11	32nd Annual Bear Hole 5K	Mark Morgan Erin O'Sullivan Ireland O'Sullivan Sean O'Sullivan Lee Scruggs Crisandra Tephabock Randy Telphabock	26:50 (PR) 20:37 24:00 23:07 25:08 30:57 23:06 (PR)	2nd Overall Female 1st - Female (?) 1st - Male 35-39 1st - Female 60-64 2nd - Male 50-59
	32nd Annual Bear Hole 10K	Missy Burleson Missy Lusk Terri Scott	52:42 (PR) 1:24 56:26	Overall Female Winner

	32nd Annual Bear Hole Fun Run	Conor O'Sullivan Michael O'Sullivan	7:29 8:25	Overall Winner 3rd Place
7-4	Bellmore 4 Mile Run	Katie Roberts	38:14	9th - Female 35-39
7-4	Tazewell Young Life Heritage 10K	Randy Lester Erica Morgan Terri Scott Vonda Wilson	48:08 47:54 55:54 50:13	3rd Overall; 1st Male Overall Female Winner
	Tazewell Young Life Heritage 5K	Hank Burnley Scott Catron	28:12 25:30	2nd - Male 60+; 6th Overall 2nd Overall Winner
7-4	In God We Trust 10K	Rachel Erb-Jones Anita Wagner Mark Wagner	50:36 59:20 47:34	Overall Female Winner 1st - Female 55-59 Overall Winner
	In God We Trust 5K	Eddie Adams Mike Jones	20:44 18:41 (PR)	3rd Overall 2nd Overall Winner
7-4	Big Butt 50K (SC)	Danny Keatley	7:05:31	3/10
7-4	Mountain State Centers for Independent Living Run 5K	Missy Burluson	24:47	1st - Female 35-39
7-3	Snack N' Packs 5K	Danny Keatley Crisandra Tephabock Randy Tephabock	23:24 30:59 24:11	1st - Male 60-69; 14/70 1st - Female 60-69; 49/81 1st - Male 50-59; 17/81
7-4	White Lightning Half Marathon	Lenora Hagerman	NA	
6-29	Greenbrier Classic 5K	Scott Catron	23:00 (PR)	1st - Male 50-59
6-27	Jackson River Trail Half Marathon	Danny Keatley	1:53:16	7/30; 1st - Male 65-69
6-27	Chautauqua 5K	Hank Burnley Scott Catron Kristy French	26:05 24:05 23:00	2nd - Male 58-63 3rd - Male 52-57 1st - Female 34-39

		Randy Lester	22:30	1st - Male 58-63
		Anita Wagner	26:50	2nd - Female 52-57
		Mark Wagner	21:13	2nd - Male 52-57
6-24	Sunset Spectacular 5K (Outer Banks NC)	Kristy French	25:08	1st - Female 35-39; 23/233
		Mike Jones	21:34	1st - Male 35-39; 5/233
		Rachel Erb-Jones	26:45	2nd - Female 35-39; 36/233
6-21	Downton Sundown 5K	Eli Lilly	26:04	80th
		Wyatt Lilly	22:03	34th
		Erica Morgan	21:15	1st - Female 30-34; 7th female & 28th overall
6-20	Fast & Furriest 5K	Bruce Blankenship	26:15	1st - Male 60+
		Missy Burleson	25:34	1st - Female 35-39
		Terry Hoskins	24:08	2nd - Male 40-44
		Missy Lusk	41:33	
		Mark Morgan	29:09	3rd - Male 50-59
6-20	Hoofbeats for Heroes 5K	Terri Scott	28:15	3rd Female
6-12	Varmint Half Marathon			3rd - Male 60-64
		Bruce Blankenship	2:02:51	
		Missy Burleson	2:04:07	2nd - Male 60-64; 4th Grandmasters
		Kristy French	2:08:35	1st - Male 55-59; 2nd Grandmasters
		Randy Lester	1:52:16	1st - Female 30-34
		Todd Matson	1:42:47	
		Erica Morgan	1:56:36	
		Paul Pennington	1:51:42	
		Lee Scruggs	2:07:28	
		Ronnie Shuck	1:59:21	2nd - Male 65-69
		Crisandra Tephabock	2:50:32	8/9 Female 55-59; 238/258
		RandyTephabock	1:59:15 (PR)	Overall 5/16 Male 55-59; 61/258 Overall
	Varmint 5K	Hannah Catron	29:54	1st - 14 and under
		Scott Catron	25:56	1st - Male 55-59; 8th Overall
		Tom Kaylor	21:53	Overall Winner
		Angie Neal	29:09	1st - Female 30-34
		Tim Powell	26:25	2nd - Male 45-49

6-12	Hatfield & McCoy Marathon	Danny Keatley	5:11:47	4th - Male 65-69
	Hatfield & McCoy Second Half Marathon	Hank Burnley	2:18:32	2nd - Male 60-64; 45/283
6-13	Marmet 5K for WV Kids of Cancer Crusaders (WVKCC)	Missy Lusk Terri Scott	41:04 26:03	3rd - Women's
6-12	Yellowstone Half Marathon	Lenora Hagerman	NA	
6-06	Downhill@Dawn Half Marathon	Anita Wagner	1:57:51 (PR)	146/436; 3rd Female 55-59
6-06	FCC Hoofin' It for Honduras 5K	Missy Burleson Ronnie Shuck	24:15 (PR) 24:47	3rd Overall Female; 1st Female 30-39 1st - Male 60+
6-06	Bluefield Blue Trail 5K	Gary Akers Danny Keatley Terri Scott Vonda Wilson	38:29 27:30 30:35 27:20	7/22 1st Overall Female; 6/22
6-06	Asheville Half Marathon	Kristy French	1:55:23	206/1,036; 13th Female 35-39
5-31	Indoor Insanity Marathon (NC)	Danny Keatley	4:50:54	14/28 (300th Marathon)
5-30	Hospice of Southern WV 5K	Missy Lusk Mark Morgan Terri Scott	38:31 27:08 26:30	26th Overall 3rd - Female 50-59
5-29 to 5-31	Patriot Running Festival 5K	Donna Akers Anne Sergent Crisandra Tephabock Randy Tephabock	34:27 33:22 34:15 29:19	27/73 - Female 35-39 2/14 - Female 55-59 5/14 - Male 55-59
	Patriot Running Festival 8K	Donna Akers Anne Sergent	1:01 1:01:16	73/120 - Female 35-39

		Gary Sergent	1:01:17	80/89 - Male 35-39
		Lee Scruggs	44:01	226/1322
		Crisandra Tephabock	56:22	10/49 - Female 55-59
		Randy Tephabock	44:45	14/43 - Male 55-59
	Patriot Running Festival Half Marathon	Donna Akers	2:58:55	
		Anne Sergent	2:52:46	95/122 - Female 35-39
		Lee Scruggs	2:10	416/1306
		Crisandra Tephabock	2:46:50	13/26 - Female 55-59; 973/1320
		Randy Tephabock	2:04:23 (PR)	9/28 - Male 55-59; 289/1320
	Warrior Challenge	Anne Sergent	4:27:24	
		Crisandra Tephabock	4:17:28	120/206 Women Overall
		Randy Tephabock	3:18:28	77/197 Men Overall
5-28	Run for Your Life	Tom Kaylor	21:31	Overall Winner
		Randy Lester	23:40	2nd Overall
		Desi McClung	NA	NA
5-23	May Madness 50K (NC)	Danny Keatley	5:37:21; 10/24	
5-23	ACE Wonderland Mountain Challenge 10K	Missy Burlison	1:08:07	2nd - Female 30-39; 6th Overall Female
	ACE Wonderland Mountain Challenge Half Marathon	Ronnie Shuck	2:16:49	12th Overall; 1st - Male 60+
5-16	Alleghany Highlands YMCA	Ronnie Shuck	2:08:08	1st - Male Masters
5-16	Run for Hope 5K	Mike Adkins	28:28	2nd - Male 40-44
		Hank Burnley	27:19	1st - Male 60-64
		Hannah Catron	29:00	4th Overall Female; 1st - 19 and under
		Scott Catron	24:46	
		Lenora Hagerman	54:05	1st - Male 55-59
		Tom Kaylor	21:08 45:23	2nd - Female 45-49
		Lily Powell	32:16	3rd Overall
		Mary Powell	22:50	
		Dean Tricarico, Sr.	35:55	2nd - Female 19 and under
		Janie Farmer Tricarico		1st - Male 50-54 1st - Female 55-60

	Run for Hope 10K	Bruce Blankenship	53:14	2nd - Male 60-64
		Missy Burleson	53:23	4th - Overall Female; 1st - Female 35-39
		Sally Howard	57:24	1st - Female 50-54
		Randy Lester	49:10	4th Overall; 1st - Male 60-64
		Wyatt Lilly	48:20	2nd Overall
		Missy Lusk	1:16:48	3rd - Female 50-54
		Erica Morgan	49:39	1st Overall Female
		Angie Neal	59:29	1st - Female 30-34rd Overall
		Paul Pennington	48:38	3rd Place Overall; 2nd - Male 45-49
		Tim Powell	54:41	2nd - Male 45-49
		Terri Scott	58:26	2nd - Female 50-54
		Lee Scruggs	53:59	1st - Male 55-59
5-14	Twilight Thursday 5K	Danny Keatley	23:58	2nd Overall Male
		Wyatt Lilly	23:32	2nd Overall; 1st Overall Male
	RB Running Buddy	Erica Morgan	36:36	1st Female 23-34
		Erin O'Sullivan	21:55	1st Overall Female
		Ireland O'Sullivan	24:22	2nd Overall Female
		Sean O'Sullivan	25:20	3rd Overall Male
		Lily Powell	38:50	
		Mary Powell	31:46	3rd Overall Female
		Tim Powell (RB)	38:52	2nd _ male 45-54
5-09	Grundy Kiwanis 5K	Tom Kaylor	21:01	2nd Overall
5-9	St. Luke Lutheran Church Sweetheart/Mother's Day 5K	Mike Adkins	30:27	1st - Male 40-44
		Bruce Blankenship	NA	
		Missy Burleson	26:16	2nd Female Overall; 1st Female 35-39
		Randy Lester	24:40	3rd Overall
		Mark Morgan	29:35	1st - Male 50-54
		Crisandra Tephabock	34:33	1st - Female 55-59
		Randy Tephabock	26:39	1st - Male 55-59; 6th Overall
5-03	Pittsburgh Marathon	Brian Smith	5:50:59	
	Pittsburgh Half Marathon	Katie Roberts	2:16 (PR)	
5-03	Flying Pig Half Marathon	Kathy Kirk	2:37	
		Dean Tricarico, Sr.	1:43	
		Anita Wagner	2:20	

	Flying Pig Marathon	Mark Wagner	3:39	
5-02	New River Marathon (NC)	Danny Keatley	4:44:05	95/157
5-02	40th Annual Road & River Relay	Ronnie Shuck	1:54:10	
5-02	UPMC 5K	Brian Smith	30:38	
5-02	WV Dance Co 5K Run for Arts	Missy Lusk Mark Morgan Terri Scott	42:10 31:19 30:23	1st - Male 50-59
5-01	Sam White Memorial 5K	Eddie Adams Missy Burlison Hank Burnley Scott Catron Hannah Catron Tom Kaylor Randy Lester Wyatt Lilly Desi McClung Erica Morgan Angie Neal Erin O'Sullivan Ireland O'Sullivan Mary Powell Tim Powell Dean Tricarico, Sr. Janie Farmer Tricarico	20:14 24:36 25:12 24:14 28:46 20:31 22:37 21:42 30:57 21:15 26:39 20:00 21:28 29:14 23:58 22:01 35:30	3rd Overall Male; 1st - Male 36-40 5th Overall Female; 1st Female 35-40 1st - Male 61-65 3rd - Male 51-55 3rd - Female 1- 15 4th Overall Male; 1st - Male 56-60 2nd - Male 56-60 12th Overall; 1st - Male 41-45 3rd - Male 56-60 2nd Female Overall 2nd - Female 31-25 Overall Female Winner 3rd Overall Female 1st - Male 46-50 2nd - Male 50-54 2ND - Female 55-60
4-28	David Roth Memorial 5K	Bruce Blankenship Hank Burnley Scott Catron Nancy Hodges Sally Howard Danny Keatley Kathy Kirk	25:39 27:25 25:37 39:29 28:55 24:14 29:21	3rd - Male 60-69 4th - Male 60-69 2nd - Male 50-59 1st - Female 60+ 2nd - Female 50-59; 1st Female CU Faculty 4th Overall; 1st - Male 60-69

		Randy Lester	24:38	1st - Female 40-49
		Wyatt Lilly	22:37	2nd - Male 60-69
		Desi McClung	36:59	3rd Overall
		Jessica Pennington	55:32	3rd - Male 50-59
		Paul Pennington	22:00	
		Crisandra Tephabock	33:07	2nd Overall
		Randy Tephabock	24:47	4th - Female 55-59 1st - Male 50-59
4-25	Earth Day 10K	Missy Lusk	1:18	
		Terri Scott	56:48	
4-25	Great Greenbrier River Race	Ronnie Shuck	1:47:19	1st - Male Overall Senior Masters
4-25	Pocahontas Indian Run 5K	Tom Kaylor	22:05	Overall Winner
		Randy Lester	23:40	2nd Place Overall
4-25	Kentucky Derby Festival Marathon	Mike Jones	3:02:06	
	Kentucky Derby Festival mini Marathon	Lee Scruggs	1:49:57	
		Crisandra Tephabock	2:46:20	
		Randy Tephabock	2:46:20	
4-18	Foot Levelers Blue Ridge Marathon	Danny Keatley	5:03:26	1st - Male 65-69
		Nick Whited	3:44:23	3rd - Male 35-39
	Foot Levelers Blue Ridge Half Marathon	Kristy French	2:10:44	
		Anita Wagner	2:45:21	
4-18	Gristmill Grinder Half Marthon	Missy Burleson	3:02:44	
		Ronnie Shuck	2:25:51	2nd - Male 60+
4-18	Jerolee White 5K	Hank Burnley	26:42	2nd - Male 60-64
		Scott Catron	25:56	1st - Male 55-59; 8th Overall
		Tom Kaylor	21:28	1st Overall Male
		Randy Lester	23:59	3rd Overall Male
		Roy Matney	24:56	1st - Male 60-64
		Desi McClung	31:10	2nd - Male 55-59
		Erin O'Sullivan	21:14	Overall Winner

		Ireland O'Sullivan	24:29	3rd Overall Female; 6th Overall
		Paul Pennington	21:58	2nd Overall Male
4-11	Credit Union Cherry Blossom 10 Mile Run	Sean O'Sullivan	1:21:28	4,556/17,887
		Lee Scruggs	1:18:42	3,585/17,887
4-11	Run for the River Triathlon	Ronnie Shuck	1:41:18.8	1st - Male 60-98
4-11	REACHH 3rd Annual Dam Run 5K	Missy Borleson	24:14	3rd - Female Overall
		Sally Campbell	26:33	1st - Female 50 and over
		Wyatt Lilly	21:28	1st - Male 40-49
		Mark Morgan	26:37	1st - Male 50 and over/ 11th overall
		Erin O'Sullivan	21:21	1st Overall
		Ireland O'Sullivan	23:27	2nd Female Overall
4-11	Chocolate Chase 10K	Bruce Blankenship	52:40.3	3rd - Male 60-64; 45/181
		Danny Keatley	51:44.9	1st - Male 65-69; 40/181
		Randy Lester	47:30.0	1st - Male 60-64; 17/181
		Roy Matney	49:59.7	2nd - Male 60-64; 29/181
		Desi McClung	30:56	4th - Male 50 and over
		Crisandra Tephabock	1:11:16	4th - Female 55-59; 130/181
		Randy Tephabock	53:52.6	2nd - Male 55-59; 52/181
4-4	Charlottesville Half Marathon	Randy Lester	1:51:44	1st - Male 60-64
	Charlottesville 8K	Alison Lester	43:49	3rd - Female 21-24
	Charlottesville Marathon	Danny Keatley	4:32:09	185/290; 1st Male 65-69
4-4	3rd Annual Terence Nabors Memorial 5K	Aaron Wilford	28:40	1st - Male 30-34
4-4	5th Annual Wolf 5K	Eddie Adams	20:17	1st - Male 40-49
		Bruce Blankenship	25:11	1st - Male 60-69
		Hannah Kaylor	25:02	2nd Overall Female
		Tom Kaylor	20:56	2nd - Male 50-59
		Tim Powell	24:06	3rd - Male 40-49
		Anita Wagner	26:50	1st - Female 50-59

3-29	Coventant Health Knoxville Half Marathon	Missy Lusk Terri Scott	3:08 2:32	
3-28	Pilot Mt Payback Trail Marathon	Danny Keatley	5:40:54	22/23
3-28	Run the Bluegrass Half Marathon (KY)	Crisandra Tephabock Randy Tephabock	2:55:06 2:55:06	
3-28	Mountain Lake Hell Climb - 6.5 Miles	Donna Akers	1:40	
3-28	Macy Whittaker SIDS 5K	Eddie Adams Bruce Blankenship Hank Burnley Tom Kaylor Kathy Kirk Randy Lester Desi McClung Erica Morgan Paul Pennington Janie Farmer Tricarico	21:34 26:59 27:24 22:04 29:49 24:35 33:02 22:51 22:59 38:44	Overall Winner 2nd - Male 60-64 3rd - Male 60-64 2nd Overall 2nd - Female 45-49 1st - Male 60-64 3rd - Male 55-59 1st Female 3rd Overall 1st - Female 55-60
3-28	WCC Sprint for Scholarships	Mike Jones Brian Smith Anita Wagner Mark Wagner	19:30 28:28 28:58 22:20	Overall Winner 2nd - Male Male 40-44 1st - Female 55-59 3rd Overall Male
3-22	Wrightsville Beach Marathon	Ronnie Shuck	4:28:11	2nd - Male 65-70
3-21	Shamrock Marathon	Mark Wagner	3:58	
	Shamrock Half Marathon	Anita Wagner	2:08	
3-21	Charlottesville 10-Miler	Tom Kaylor	73:14	137/2300
3-21	University of Charleston Half Marathon	Lee Scruggs	1:57	

3-21	Instant Classic Trail Marathon (VA)	Danny Keatley	5:10:01	38/57; 2nd Male 60-69
3-21	Kevin O'Sullivan Classic 5K	Lesley Ashford	30:00	
		Jackson Ball	26:03	3rd - Male 14 and under
		Martha Ball	34:39	3rd - Female 15-19
		Bruce Blankenship	26:36	2nd - Male 60-69
		Missy Burluson	25:09	1st - Female 30-39
		Hank Burnley	27:00	3rd - Male 60-69
		Scott Catron	25:29	1st - Male 50-59
		Gage Damewood	21:30	1st - Male 14 and under
		Kristy French	23:04	3rd - Overall Female
		Kathleen Harris	41:36	
		Isaac Harrison	29:55	2nd - Male 15-19
		Nancy Hodges	38:22	1st - Female 60-69
		Terry Hoskins	23:43	2nd - Male 40-49
		Sally Howard	28:14	1st - Female 50-59
		Kathy Kirk	28:54	2nd - Female 40-49
		Randy Lester	23:36	1st - Male 60-69
		Melissa Lusk	38:03	
		Desi McClung	30:45	
		Angie Neal	27:44	
		Erin O'Sullivan	21:37	1st - Overall Female
		Ireland O'Sullivan	22:43	2nd - Overall Female
		Michael O'Sullivan	30:00	
		Paul Pennington	22:42	1st - Male 40-49
		Tim Powell	25:25	
		Victoria Santiago	32:51	
		Terri Scott	28:25	2nd - Male 50-59
		Crisandra Tephabock	33:44	
		Randy Tephabock	25:40	2nd - Male 50-59
	Walkers	Kathy Ball	48:55	
		Phillip Ball	48:54	
		Lenora Hagerman	53.4	
		Paul Hodges	42.23	2nd Place Overall
3-14	Ellerbe Marathon (NC)	Danny Keatley	5:17:50	1st - Male 60-69; 4274

3-14	Running Wild for WV Children 5K Supporting Mercer County Teen Court	Eddie Adams	21:26	2nd Overall Male
		Jennifer Alvarez	33:18	1st - Female 40-44
		Xander Alvarez	40:32	3rd - 14 and under
		Missy Burleson	24:37	3rd Overall Female
		Hank Burnley	25:38	2nd - Male 60-64
		Colin Cline	26:33	1st - Male 50-54
		Gage Damewood	21:45	1st - 14 and under
		Tom Gordon	30:36	3rd - Male 60-64
		Nancy Hodges	37:11	1st - Female 65-69
		Terry Hoskins	23:09	2nd - Male 40-44
		Kathy Kirk	28:38	1st - Female 45-49
		Randy Lester	23:00	1st - Male 60-64
		Wyatt Lilly	21:37	3rd Overall Male
		Desi McClung	30:47	1st - Male 55-59
		Angie Neal	26:52	1st - Female 30-34
		Erin O'Sullivan	21:04	1st Overall Female
		Ireland O'Sullivan	23:00	2nd Overall Female
		Sean O'Sullivan	23:39	1st - Male 35-39
		Paul Pennington	21:50	1st - Male 40-44
		Victoria Santiago	NA	2nd - Female 40-44
		Terri Scott	27:10	1st - Male 50-54
	Walkers	Paul Hodges		2nd Place
	Fun Run	Michael O'Sullivan		2nd Place
3-14	Shamrock 5K Trail Run	Ronnie Shuck	26:31	1st - Male 60 and over
3-14	Celtic Knot 5K	Mark Morgan	30:13	1st - Male 50-59
3-13	Shamrock 4 Miler	Kristy French	30:05	2nd - Female 35-39
		Anita Wagner	39:28	2nd - Female 55-59
3-01	Roanoke 13.1	Anita Wagner	2:15	2nd - Female 55-59
2-28	Surgoinsville 10 Miler	Mike Jones	1:04:55	6th Overall; 2nd Male 30-34
2-14	Myrtle Beach Marathon	Jennifer Alvarez	5:28:29	
		Missy Burleson	4:58:05	
		Ronnie Shuck	4:32:25	
		Jeannie Weitzel	5:28:28	
		Nick Whited	2:50:01	

	Myrtle Beach Half Marathon	Lesley Ashford Hank Burnley Tom Gordon Vonda Wilson	1:57:30 2:02:19 2:23:25 1:57:05	
2-14	Blacksburg Classic 10 Miler	Donna Akers Kristy French Randy Lester Robert Pettrey Katie Roberts Anita Wagner Mark Wagner	2:00:36 1:22:45 1:30:08 1:31:20 1:44:43 1:36:42 1:16:10	1st - Female 65-69 3rd - Male 60-64 3rd - Female 55-59 2nd - Male 50-54
	Blacksburg Classic 5K	Crisandra Tephabock Randy Tephabock Desi McClung	33:07 25:40 32:09	2nd Female 55-59 - Best Dressed Cupid 1st Male 55-59 - Best Dressed Cupid
2-07	Hilton Head Island Marathon	Mark Wagner	4:06	
	Hilton Head Island Half Marathon	Anita Wagner	2:12	
2-07	15 Mile Louisville's Lovin' the Hills	Ronnie Shuck	3:14:34	
1-17	Sandman Extreme Half Marathon	Donna Akers Missy Burleson Kristy French Robert Pettry Anita Wagner Nick Whited	2:51:44 2:13:10 2:09:17 2:12:38 2:18:54 1:26:54	3rd Overall
1-11	Run to Read Half Marathon	Lee Scruggs	2:00	116/286