

PRESENTER - Tony Cotraccia, LCSW



Tony is a licensed clinical social worker practicing in Ithaca, NY. He is a certified EMDR therapist and Approved EMDR International Association consultant.

Training Location:

Individual & Family Choices

2214 N Atherton St #4,

State College, PA 16803

Presented by



(607)-703-0510

www.ClearpathTrainingCenter.com

Cancellation Policy

This policy applies to Workshops, Retreats, Seminars Teleconferences and Trainings offered by ClearPath Healing Arts Center. If ClearPath Healing Arts Center cancels a course, participants will be offered a full refund, or may choose to apply their registration fee to another scheduled course. If the participant cancels at least 30 days* before the first course meeting, ClearPath Healing Arts Center will provide a full refund less a \$20 processing fee*. If the participant cancels less than 30 days* before the first course meeting, ClearPath Healing Arts Center will provide a full refund less a \$20 processing fee, as long as the participant's slot in the course is filled. There will be 50% refund of the registration fee if the slot is not filled less a \$20 processing fee. Substitutions may be made (i.e., the participant may send another otherwise eligible participant in his/her place) for a \$20 processing fee. No refund if the participant no-shows or cancels/withdraws on or after the day of the first course meeting. If a participant cancels due to medical emergencies or other special circumstances a written explanation of these circumstances in writing (e-mail is ok) requesting special consideration ClearPath Healing Arts Center may, at its sole discretion, offer special arrangements.

EMDR TRAINING

THE COMPLETE COURSE

FOR THERAPISTS WORKING

WITH ALL AGES

TONY COTRACCIA, LCSW

TRAINER

At STATE COLLEGE, PA

ENROLLMENT IS LIMITED TO

10 PARTICIPANTS

Six full days of Training

March 5-6,

April 2-3,

May 7-8,

June 12, 2020

9:00am - 5:00pm

EMDR BASIC TRAINING

Eye movement desensitization and reprocessing (EMDR) is an effective and efficient method of treating traumatic memories and related problems. This program has no "parts" or "levels" - this is the complete EMDR training as defined by the EMDR International Association (EMDRIA). This is a **hands-on clinical skills training** for using EMDR and integrating it with your psychotherapy approach. This program is designed to help participants learn when and how to use EMDR, and to gain competency with EMDR over a period of several months.

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, including practice with other participants.

COURSE OBJECTIVES:

Day 1

1. name four phases of a trauma-informed approach.
2. describe an expanded definition of "trauma".
3. practice delivery of a case formulation.

Day 2

1. describe the difference between EMD and EMDR
2. name the three parts of the preparation phase.
3. practice resource development.

Day 3

1. summarize caution in treating clients with medical issues.
2. name the eight phases of the EMDR protocol.
3. state the three levels of the EMDR processing continuum.

Day 4

1. describe closure of an incomplete trauma processing session.
2. name the major addition to the EMDR protocol with recent events.
3. practice EMDR as therapist and client.

Day 5

1. describe the EMDR three-pronged approach.
2. summarize the EMDR trauma-informed approach to anxiety and panic.
3. explain the purpose of the cognitive interweave.

Day 6

1. describe Joan Lovett's story telling technique with children.
2. describe the difference between Popky's and Miller's approaches to addiction.
3. explain the RUG-C acronym when working with ego states.

AGENDA:

Days 1-6:

9:00-10:30	Didactic/videos
10:30-10:45	Break
10:45-12:45	Practice
12:45-1:45	Lunch
1:45 - 3:15	Didactic videos/ demonstrations
3:15- 3:30	Break
3:30 - 5:00	Practice/closure

Day 7: Group Consultation Day

9:00 - 12:00	Video consultations
1:00 - 4:00	Video consultations

PROGRAM FEATURES:

- Approved by the EMDR International Association (EMDRIA).
- 49 contact hours over several months to support mastery.
- Starts with a 2-day focus on trauma treatment approach and interventions.
- Small group size (max of 10).
- Text book and other materials included.
- Follow-up group consultation sessions included (10 hours)
- Competitive cost.
- Can proceed to Full EMDR certification.

Registration - EMDR Basic Training State College, PA Spring 2020

Name: _____

License Title (EG: LPC, Psy.D etc)_____

License Number: _____

Address:_____

Phone (most reachable) _____

E-mail: _____

Online registration and payment, Links to Details (directions, hotels, etc.) and our Cancellation Policy can be found on our website at

www.clearpathtrainingcenter.com/Events

Register online or Mail completed registration form, with payment, to

ClearPath Healing Arts Center
3835 North Falls Road
Burdett, NY 14818

Contact the office at (607) 703-0510 or info@clearpathhealingarts.com

WHO MAY ATTEND: EMDR training is open to mental health professionals licensed (or certified or registered) by their state for independent practice. The training is also open to advance graduate students, interns, and other mental health professionals on a licensure track, **who must provide an explanation of their status and a letter of support, for participation, from their supervisor.**

The training facility complies with the Americans with Disabilities Act. For special needs, contact the ClearPath office at: 607-703-0510

Workshop Fees:

\$1,595 for Private Practitioners

\$1,435 for employees of
Non-Profit Organizations with proof of
employment.

**EARLY BIRD BONUS \$100 off fees prior
to January 1, 2020**

Full payment due by first day of training

Amount Enclosed: \$_____

Make checks payable to ClearPath Healing Arts

Continuing Education Credit

R. Cassidy Seminars, the workshop co-sponsor, offers up to 49 hours of continuing education credits. Credits can be purchased directly from them,

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For further inquiries, or to ask about our Payment Plan, contact:

Info@clearpathhealingarts.com

To view an EMDRIA explanation of EMDR, visit the website at EMDRIA.org