

Appendices

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Clinical Procedures Manual for remote and rural practice, 3rd ed (2014), updated 30-Sept-2014.
Note: Online versions of the manuals are the most up-to-date.

Mnemonics

Mnemonic	Meaning
A M P L E (taking a history) (p34)	Allergies, Medications or current illness, Past history, Last time they ate or drank, Event (cause)
A P G A R (newborn assessment) (p451)	Appearance, Pulse, Grimace, Activity, Respiration
A V P U (level of consciousness) (p32, p54)	Alert, Voice, Pain, Unresponsive
B U R P (intubation) (p45)	Backward, Upward, Rightward Pressure
C A R E (at accident sites) (p26)	Caution, Carry, Care, Animals, Road traffic management, Environment
C L O S E (social history) (p118)	Close relationships, Living arrangements, Occupation, Supports/strengths, Education
De M I S T (secondary survey) (p33)	Description of incident or illness, Mechanism of injury, Injuries sustained, Signs and Symptoms, any Treatment
D R S A B C D E (primary survey) (p27)	Danger, Response, Send for help, Airway and cervical spine, Breathing, Circulation and control bleeding, Disability, Expose and Examine
H A R M (avoid for 48 hours) (soft tissue injuries) (p225)	Heat, Alcohol/Aspirin/Anti-inflammatories, Running/strong exercise, Massage
I S B A R (phone consultation) (p9)	Identity, Situation, Background, Assessment, Request
O L D C A R T S (presenting complaint) (p117, p286)	Onset, Location, Duration, Characteristics, Aggravation factors, Relieving factors, Treatments, (other) Signs and Symptoms
Ps (compartment syndrome) (p225)	Pain gets worse, Passive movements, Parasthesia and progressive paralysis, Poor circulation, (do not wait for) loss of Peripheral pulses
P Q R S T (symptoms) (p34)	Position, Quality, Radiation, Severity, Timing
R I C E (soft tissue injuries) (p226)	Rest, Ice, Compression, Elevation (use in first 48 hours)
S N A P E (current health status) (p118)	Smoking, Nutrition, Alcohol and drugs, Physical activity, Emotional wellbeing
S O O D A F (writing in notes) (p134)	Story of presenting problem, Ongoing health problem, Observations and clinical examination, Diagnosis, Action/management plan, Follow up

Abbreviations

%	percent	COPD	chronic obstructive pulmonary disease
ABC	airway, breathing, circulation	CPM	<i>Clinical Procedures Manual</i>
ABFO	American Board of Forensic Odontology	CPR	cardiopulmonary resuscitation
ACR	albumin creatinine ratio	CRP	c-reactive protein
ACTH	adrenocorticotrophic hormone	CSF	cerebrospinal fluid
AFB	acid fast bacilli	CSOM	chronic suppurative otitis media
AHW	Aboriginal health worker	CVC	central venous catheter
AMH	<i>Australian Medicines Handbook</i>	Depo	medroxyprogesterone depot injection
APTT	activated partial thromboplastin time	DNA	deoxyribonucleic acid
ATSIHP	Aboriginal and Torres Strait Islander health practitioner	DVD	digital versatile disc
BCG	Bacille Calmette–Guérin	DVT	deep vein thrombosis
BGL	blood glucose level	EBV	Epstein-Barr virus
BIG	bone injection gun	ECG	electrocardiogram
BMI	body mass index	EDTA	ethylenediaminetetraacetic acid
BP	blood pressure	eg	exempli gratia – for example
BV	bacterial vaginosis	eGFR	estimated glomerular filtration rate
Ca	calcium	ENT	ear, nose and throat
CAA	Civil Aviation Authority	EPG	electrophoresis
CAPD	continuous ambulatory peritoneal dialysis	EPIRB	emergency positioning infra-red beacon
CARPA	Central Australian Rural Practitioners Association	ESR	erythrocyte sedimentation rate
CARPA STM	<i>CARPA Standard Treatment Manual</i>	ETA	estimated time of arrival
CASA	Civil Aviation Safety Authority	ETD	estimated time of departure
CB	citizen band	ETT	endotracheal tube
CDC	Centre for Disease Control, Communicable Disease Control Branch, Communicable Disease Control Directorate	FBE	full blood examination
CK	creatinine kinase	FEV1	forced expiratory volume in 1 second
cm	centimetres	FOBT	faecal occult blood test
CMV	cytomegalovirus	FTA	fast technology for analysis of nucleic acids
CO	corneal opacity	FVC	forced vital capacity
CO₂	carbon dioxide	FVC6	forced vital capacity in 6 seconds
		G	gauge
		g	gram

GBS	Group B Streptococcus	mm	millimetre
GP	general practice	mmHg	millimetre of mercury
Hb	haemoglobin	MMS	multimedia messaging service
HbA1c	glycated haemoglobin	MSU	midstream urine
HBsAg	hepatitis B surface antigen	Na	sodium
HF	high frequency	NAAT	nucleic acid amplification test
HIV	human immunodeficiency virus	NGT	nasogastric tube
HPV	human papillomavirus	NLP	no light perception
hr	hour	no.	number
HRT	hormone replacement therapy	NPA	nasopharyngeal aspirate
HVS	high vaginal swab	O₂	oxygen
IATA	International Air Transport Association	O₂ sats	oxygen saturation
ICC	intercostal catheter	OCP	ova, cysts and parasites
id	internal diameter	OGTT	oral glucose tolerance test
IM	intramuscular (in the muscle)	ORS	oral rehydration solutions
INR	international normalised ratio	PBS	Pharmaceutical Benefits Scheme
IO	intraosseous (in the bone)	PCEHR	personally controlled electronic health record
IPP	intermittent positive pressure	PCR	polymerase chain reaction
IV	intravenous (in the vein)	PE	pulmonary embolus
kg	kilogram	PEA	pulseless electrical activity
L	litre	PEP	positive expiratory pressure
LA	local anaesthetic	pH	potential hydrogen
LD	lactate dehydrogenase	PHC	primary health care
LFT	liver function test	Phos	phosphate
LMA	laryngeal mask airway	PHU	Public Health Unit
LP	light perception	physio	physiotherapist
LVS	low vaginal swab	PID	pelvic inflammatory disease
M&C	microscopy and culture	POP	plaster of Paris
MBA	multiple biochemical analysis	PPE	personal protective equipment
MC&S	microscopy, culture and sensitivity	PSA	prostate specific antigen
mcg	microgram	PSGN	post-streptococcal glomerulonephritis
MDI	metered dose inhaler	PT	prothrombin time
mg	milligram	PTH	parathyroid hormone
min	minute	qid	quarter in die – 4 times a day
ml	millilitre		

RAPD	relative afferent pupil defect
RFDS	Royal Flying Doctor Service
RHD	rheumatic heart disease
RNA	ribonucleic acid
RPM	revolutions per minute
RR	respiratory rate
RSV	respiratory syncytial virus
RUM	return of unwanted medicines
SARS	severe acute respiratory syndrome
SST	serum separated test
STI	sexually transmitted infection
SubCut	subcutaneous (under the skin)
T	temperature
TB	tuberculosis
temp	temperature
TF	trachomatous inflammation – follicular
TFT	thyroid function test
TGA	Therapeutic Goods Administration
TI	trachomatous inflammation – intense
TS	trachomatous scarring
TT	trachomatous trichiasis
TV	television
U/A	urinalysis (with dipstick)
UEC	urea, electrolytes, creatinine
UHF	ultra high frequency
v	volume
VF	ventricular fibrillation
VT	ventricular tachycardia
VTM	viral transport medium
w	weight
WBC	white blood count
WBM	<i>Women's Business Manual</i>

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