## Boot Hockey Rules <br> Cozzie's Tavern \& Grill

## Personnel

- All players must be 18 years of age or older.
- Each team will have 4 players ( 3 'skaters' and 1 'goalie') on the ice at a time.


## Penalties (One Minute Penalties Minor)

- General penalty rules will be enforced. i.e. Tripping, slashing, elbowing, high-sticking, butt ending, spearing body checking, cross-checking etc.
- Failure to drop broken stick
- Throwing or leaving stick
- Holding of the ball
- Interference
- There will be NO checking, and NO fighting. Anyone who fights will be kicked out of the remainder of the game and possibly the remainder of season.
- Any infraction will result in that offending player serving 1 minutes off the ice, and the team will play shorthanded. (These 1 minute penalties will be rounded time figures, and the player will be able to remain on the team bench - not in the penalty box
- Any major penalties will result in, but not be limited to, a game misconduct. These penalties are at the referee's/supervisor's discretion.


## Five-Minute Major Penalties (Misconduct)

- Abusive language/gestures toward players or referees
- Disrespect of officials
- Inciting, taunting, or baiting an opponent
- Under the referee's discretion, any minor penalties with the intent to cause harm.


## General Rules

- No Icing or Off-Sides will be enforced.
- If there is a stoppage of play (goal, goalie stoppage, ball out of play), all offensive players must retreat to the neutral zone before they can continue fore-checking.
- A chilled tennis ball will be used during play.
- Teams will change on the fly. Changing players must be within 10 feet of the bench when changing. The game clock will be set at 20 minutes (each game will be two twenty minute period with a five minute intermission), and games will start at 6:30, 7:30, or 8:30pm. A quick warm-up/stretching period will be allowed 10 minutes prior to game or immediately after previous game.
- Any players that are intoxicated will not be allowed on ice. No food or beverage allowed on ice.
- Full goalie equipment is recommended but not required.
- The goalie can only cover the ball within the designated crease area
- Face-offs at the center ice will be used at the start of the game and after all stoppages of play.
- Substitutions will be allowed on the Fly.
- If a stick breaks, it must be dropped immediately, if not it will result in a 1-minute penalty.
- No playing the ball with a stick higher than the height of the boards.
- No offensive players will be allowed in the crease unless the ball is in the crease.
- No Metal on boots or shoes.

