

Kalaheo Elementary 5<sup>th</sup> grade students will be offered the F.L.A.S.H, grade 4-6, Puberty and Reproductive System lessons (Lessons 9, 10 & 11). The curriculum can be accessed on the F.L.A.S.H website. Powerpoint presentations will be utilized that were derived from information in these lessons plans and are available to preview in their entirety upon request. To do so please contact your child's teacher or the fifth grade counselor, Mrs. Davidson.

F.L.A.S.H website: <http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/grades456.aspx>.

Student learning objectives for lessons 9, 10 & 11 include:

Student will be able to:

1. Describe the physical, emotional and social changes of puberty
2. Explain that puberty is triggered by the endocrine system, specifically the pituitary gland.
3. Distinguish among definitions of erection, menstruation, nocturnal emission, ovum, puberty and sperm.
4. Explain the purposes of bras, athletic supporters and menstrual hygiene products.
5. Distinguish puberty facts from myths
6. Anticipate puberty with positive feelings, recognizing that the timing of change is individual.
7. Identify the medical terms, locations, and functions of at least 7 of the structures in and near the male and female reproductive system.