

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Turkey & Cheese Sub	
					Celery Sticks	
					Pickle/ Chips	
					Fruit / Juice	
					Milk	
	4	5	6	7	8	9
	PB&J	Cheese Burger	Muffin	Corndogs	Turkey & Cheese Sub	
	Cheese Stick	Chips	Yogurt / Cheese	Baby Carrots	Broccoli W/Ranch	
	Chips	Fruit	Chips	Chips	Cookie	
	Fruit/ Juice	Juice	Juice / Fruit	Fruit / Juice	Fruit / Juice	
	Milk	Milk	Milk	Milk	Milk	
10	11	12	13	14	15	16
	Hamburger	Muffin	Hotdog	PB&J	Chicken Nuggets	
	Pickle	Yogurt / Cheese	Raw Veggies	Cheese stick / Veggies	Veggies	
	Chips	Broccoli / Chips	Cookie	Chips	Chips /Fruit	
	Fruit / Juice	Juice / Fruit	Fruit / Juice	Juice / Fruit	Juice	
	Milk	Milk	Milk	Milk	Milk	
17	18	19	20	21	22	23
		Cheese Burger	PB&J	Baked Chicken	Turkey & Cheese Sub	
		Pickle / Veggies	Cheese Stick	Veggies	Pickle/ Chips	
	Holiday	Chips	Veggies/ Chips	Chips	Veggies	
		Fruit / Juice	Fruit / Juice	Fruit / Juice	Juice / Fruit	
		Milk	Milk	Milk	Milk	
24	25	26	27	28	29	30
	Muffin	Corndogs	Turkey & Cheese Sub	Chicken Nuggets	PB&J	
	Yogurt / Cheese	Baby Carrots	Veggies / Pickle	Veggies	Cheese Stick	
	Veggies / Chips	Chips	Chips	Chips	Chips	
	Fruit / Juice	Fruit / Juice	Fruit / Juice	Fruit / Juice	Fruit / Juice	
	Milk	Milk	Milk	Milk	Milk	
31				MENU IS SUBJECT TO CHANGE		