# **Cosmetic Tattooing Home care Instruction**

It is quite normal if you feel slight tenderness, dryness in the area. You will need to purchase a small tube of **Bepanthen Cream**. This is an Antiseptic Cream contains Almond oil and Vitamin B5 which assists in the skins natural healing process. Do not use any other product on the treated area for 5 days or the colour can change. Immediately after the procedure, the area treated will look much darker and much more defined colour than the final results, colour will lighten and soften in 3 to 14days.

No soap or cleansers on the treated area for one day, clean area with warm water and cotton wool cloth, then apply smear of Bapanthen cream or Vaseline with a cotton tip. The area where the Tattoo has been applied **MUST KEPT MOIST** for successful healing to avoid scabbing which causes the loss of too much colour.

You will need to use Bepanthen cream to hydrate and soothes the Tattooed area, not apply excessive amount of cream. It prevents infections and scabbing. We recommend make-up not be applied over the healing tattoo. This can lead to infection. However if you must use it, use brand new make-up to minimize infection especially important with mascara.

### **Protection is vital**

If you are going out into the sun apply **sunscreen** to protect the area. Exposure to the sun over time can cause fading and colour change. Cover the area with Vaseline when swimming, chlorine water to avoid bleaching effect.

Also avoid using **teeth whitening** tooth paste. Chemical of any kind could interfere with the healing and colour. Any **Glycolic Acid** or **Peels** must keep completely away from the Tattoo as it seems to lighten the colour with constant continuous use.

Don't sit in a Jacuzzi, sauna or swim for at least 2 weeks. Steam will open pores and make the colour bleed out. Don't scrub the treated area, crusting will fall off naturally please don't force it. If you are having laser hair removal or resurfacing, please inform the operator of your cosmetic tattoo procedure.

No make-up is to be applied on the treated area at least 48 hours.

Do not wax, pluck or bleach the hair for at least 3 weeks after the treatment.

Do not use prescription Retin-A or Racuutane for at least 2 weeks prior to treatment and 4weeks after the treatment

### Eyeliner

Expect the eye to be slightly tender 1-3 days, swelling is minimal with most clients it will subside within 24hours, it is not necessary to apply any after care cream. If needed apply a small amount of Vaseline, less is better. Cold pads can be applied to minimize swelling. Do not use mascara, eyelash curler for 3 days.

### Eyebrows

Brows will slightly tender for 1-2 days. They will turn dark for 5-6 days. After 5-6 days they will dramatically soften, normally over 50%-60%. Immediately after and for next 24 hours continue to wipe the eyebrows. They will weep a clear fluid (this is normal) Wipe them gently to remove the fluid otherwise a crusting or scab will build up which is not what we want. As the eyebrow skin heals, the area can often form a slight crusting which will be flaking off naturally. Apply the cream minimum of three times a day for the first week. Then twice a day for the following two weeks until the skin healed and smooth.

For maximum results cream must be applied every 2-3 hours for the first day and about every 4 hours for the next 5 days.

## Lips

This area will take the longest to heal. The colour will be extremely bright for 7-8 days. It will then fade to no colour and re-appears after 3-6 weeks. The cream must be applied constantly as your lips will be very dry. Keep moist with Bepanthen cream, if you suffer cold sore use cold sore cream(Zovirax cream) with Bepanthen cream