

# Clarity Chronicle

DEBTOR'S ANONYMOUS OF MINNESOTA, NEBRASKA & IOWA

Notes  
from the  
chair

Vol. 2, Edition 4, Fall 2017

Ah, the spiritual power of service! Though I'm not an expert on spirituality, there are times I can simply feel it in the moment. Such was my first DA World Service Conference in 2011. Over 100 people from all across the United States, and the World, convened in Detroit, Michigan for five days of business.

You might ask how a five day business meeting in Detroit could ever be spiritual. Let me tell you, I don't quite understand that myself. But when you have over 100 people in a room, all fully present and keenly focused on a common cause, all in the name of service, a very real spiritual energy arises. From the moment the delegates arrive, through committee meetings, and on to the final day of convocation, magic happens. And amid all the heated debates, beauty and poetry happen. Our fellowship is strengthened and recovery is enhanced. Such time and place remain forever sacred. Detroit was the best experience of my life, bar none.

So I'm thrilled knowing that Minneapolis-St. Paul will host the 2018 DA World Service Conference next August. The conference offers innumerable service opportunities, large and small, for all Minnesotans in DA. Truly we know that we strengthen our recovery through service to others. I plan to partake in this yearlong planning process, through the actual conference and beyond. I wouldn't miss it for the world!

Tom K.  
MN DA Intergroup Chair

Earning in DA - the Principles



Wed., October 25

**2018 Intergroup Planning  
Session  
Sat., November 11**

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Information.](#)

## MEMBERS SHARE

With this edition of the Clarity Chronicle, my service as Newsletter Coordinator ends. It was a pleasure serving the DA community.

Chris S.

[Click here](#) to read my story.



### Service:

"We perform service at every level: personal, meeting, Intergroup, and World Service. Service is vital to our recovery. Only through service can we give to others what so generously has been given to us."

### Open Intergroup Service Positions:

- Vice Chair
- Secretary
- Archivist
- Public Information Coordinator

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### Tool 9: Awareness

We maintain awareness of the danger of compulsive debt by taking note of bank, loan company and credit card advertising and their effects on us. We also remain aware of our personal finances in order to avoid vagueness, which can lead to compulsive debting and spending.

by Julie K.

The first thought that comes to mind when I read this tool is: EASY. As in, how easy it is, and was for many years, to NOT maintain awareness. It seemed so easy

to just open that credit card advertising letter and see what kind of limit they were going to offer me. That was going to be part of my working capital. And while we're at it, why not just NOT pay attention to that working capital, (i.e bank balances, utility bills, and credit card statements). Because to pay attention would be hard, and it was so much easier to anesthetize myself. Life was already painful enough, and when I got some money, real or virtual, my best bet was to spend it ASAP. As an under earner, I rarely knew when more was coming anyway.

The other week in a PRG a fellow member shared the thought, "when I don't take the easy path I create a space for my Higher Power to enter". When I started keeping track of my spending it was hard at first. As it became more automatic it got easier, but never EASY. And that's ok because being a productive member of society (I still rebel against saying grown-up) takes work. And with that work come the calm and peace of mind that I originally wanted when I anesthetized. The calm looks a little different now maybe because it came to me the honest way. And in working this tool I let in HP and get a daily reprieve from my compulsion to debt. One day is all I need, and so continues the healthy spiral up to prosperity.

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