

BodyMind



Jiki da Hankali suna bukatar kulawa

Jikin mutum da hankali suna bukatar kulawa. Jiki yana bukatar iskar numfashi, ruwan sha, abinci da za a ci, tufafin kariya, amintaccen tsari, motsa jiki. Hankali yana bukatar karfafawa, sadarwa.

Lardi da Shire suna ba da jagorori da ayyuka don samar da wannan ga al'ummominta. Ilimi da lafiya sune tushe. Al'ummar lafiya masu ilimi suna da kayan aiki da kyau don magance kalubalen sauyin yanayi, bala'o'i, kazanta, cututtuka,...

An samu ilimi! Ana samunsa ta hanyar koyo, koyarwa, abubuwan rayuwa. Ana amfani da ilimin da aka samu don rayuwa da rayuwa.

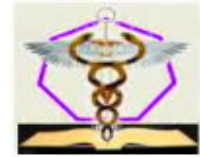
Gwamnatin Lardi da Majalisar Shire suna ba da 'Ilimi da lafiya kyauta' tun daga wadanda ba a haifa ba har har da tsofaffi. Ba a tallafa wa ilimi da kiwon lafiya da ba na gwamnati ba. Koyon karatu ya maye gurbin koleji (Uni) digiri.

SmeC 'Shire Medical Education Complex'.

PHEC 'Rukunin Ilimin Asibitin Lardi'.

PDEC 'Cibiyar Ba da Agajin Gaggawa ta Lardi' .

CE 'Sabis na Gaggawa na Al'umma'.



Ilimi hadin gwiwa ne tsakanin iyaye, malamai da likitoci. Ya kunshi ilimi kyauta, kiwon lafiya kyauta da horarwa. Babu ilimin da ba na gwamnati ba, babu Jami'o'i, babu lafiya mai zaman kansa.

UCG1 ilimi ya taimaka '**Koyi sannan Koyarwa** Hanyar karatu da ilimin jama'a kyauta. An bayar a Shire (**SmeC**) da Lardi (**PHeC, PDEC, CE**) sabis na kiwon lafiya da ilimi tun daga ba a haifa ba har zuwa konewa. **Koyi Sannan Koyarwa, 1st koyi (fahimta, fahimta), sannan ku koyar (wasu abin da kuka koya).**

Ba a haifa ba



Ilimi (**koyi, koyarwa**) kuma lafiya ta fara ne da wanda ba a haifa ba. Wanda ba a haifa ba **koya** don gane sauti. Iyayen **koyar** ta hanyar magana, karatu, ihu, rera waka, yin kida, dariya, gabatar da sautin dabbobi, fallasa surutun waje, sauran mutane, ...

Tashin hankali yana farawa da wanda ba a haifa ba. Haihuwa tayi tabar mum, baba na zagin juna. Koyi cewa ba daidai ba ne a yi zagi kuma za a yi haka nan gaba a rayuwa. Mahaifiyar da ba a haifa ba ta fuskanci shan giya, shan taba ta amfani da abubuwa masu canza tunani. Wannan sabon haihuwa zai sami al'amurran kiwon lafiya kuma yana iya zama mai shan taba.

Makonni 7 kafin haihuwar ciki tana zuwa kwana 6 a mako a 'SmeC'. Wanda ba a haifa ba yana jin wasu manya da yara suna haifar da zamantakewar al'umma ta wata dabara ta kungiya. Tana koyo da zamantakewa.

A kula! 1 ALLAH tsara mutane a matsayin zamantakewa halittu. Neman zamantakewa, shiga cikin rukuni.

Iyaye mata suna halarta, 'SmeC' Karbar kwana 6 a mako, **1 wmw**. Bayan shekaru 3, kammala akalla awanni 280 a **SmeC**, koyo da koyarwa suna samun '**Takaddun Kasuwancin Lafiya da Nazari**' (duba Shire SmeC). Ubannin da ke halarta, PHEC' kwana 1 a mako suna karbar, 1/7 wmw (duba PHEC lardin). Iyayen da ba su halarta ba ba a biya su.

Jariri

Jariri yana koyon numfashi, yin sauti (kuka), ciyarwa (nono shine mafi kyau), murmushi, gane fuskoki. Yi rigakafi (wajib)! Sabuwar uwa ta ci gaba da halartar SmeC.

SmeC 'Shire Medical Education Complex' (duba shirin shire)

Shire yana ba da magani kyauta daga haihuwa zuwa mutuwa ga kowa da kowa da kuma ilimi kyauta ga yara da tsofaffi. Yana ba da wadannan ayyukan al'umma ta hanyar SmeC. SmeC kuma hanya ce ta aiki don SHE kawai!



Free likita da hakori (sai dai hanyoyin asibiti) ga kowa da kowa (ba caged rehabilitators). Binciken shekara-shekara don kowa! Ilimi kyauta ga yara maza (har zuwa shekaru 9), 'yan mata (har zuwa shekaru 17), manya. Iyaye mata* kuma yara suna zuwa kwanaki 6 a mako daga awa 1 bayan fitowar alfijir zuwa awa 1 kafin faduwar rana. Ana ba su kayan rufe baki, takalma, abinci, abin sha, kayan ilimi. Iya shawa. Lokacin tafiya, uwaye da yara suna canzawa. Duk abin da aka bayar yana tsayawa. Babu aikin gida**.

* (samun hutun awa 3 kuma biya 1 x wmw) ** (wannan yana koyar da raba karatu, aiki daga lokacin hutu, lokacin gida)



Yaron da aka fallasa mama yana fama da jiki da uba. Ita daga baya a rayuwa zata jure cin zarafi ta jiki da SHI. Zai yi tunanin ba daidai ba ne ya cutar da ita. Iyaye suna sha'awar tashin hankali (wasanni tuntubar, nunin talbijin) mashahuran masu gabatar da su

kamar yadda Roll model. Wannan yana karfafa yara su zama masu zalunci.

Kowanne **SmeC** yana da a **Taro** !

Samari, 'yan mata har zuwa shekaru 9 suna halarta azaman SmeC. 'Yan mata 10-17 suna zama a SmeC. Barka da a, '**Diploma College Family**'. Yaran 10 sun halarci, 'PHeC'.

Lardi yana ba da sabis na asibiti kyauta da sabis na gaggawa. Daga daukar ciki zuwa konawa ga kowa da kowa. Ilimi kyauta ga manya da sana'o'i. Yana ba da wadannan ayyukan al'umma ta hanyar PHeC, PDEc da CE.

PHEC 'Rukunin Ilimin Asibitin Lardi'

Na yaro (**malamai**) shekaru 10-14 suna halartar kwana 6 a mako PHEC, 'Makarantar Yaro kawai'. A cikin rukuni na 14 suna koyo ta hanyar kallo, saurare, gwadawa, fahimta, koyarwa (**wuta**). Bayan kammala karba, '**Diploma School Boy**'!



Ana horar da iyaye a rana 1 a mako kuma suna aiki azaman taimakon malamai. Karba, 1/7 wmw. **Iyayen da ba su halarta ba su tafi zuwa gyaran kwana 7!**

Yara HE mai shekaru 15-18 ya fara samun lada mai shekaru 3 (**1 x wmw**) Koyarwa a PHeC, Kolejın Koyarwa. A cikin rukuni na masu koyo 14, koya ta hanyar, wltut. Shekara ta 1 suna zuwa Kwaleji kwana 3, suna aiki a kwanaki 3 na CRON. Shekara ta 2 ta halarci Kwalejin kwana 2, aiki kwanaki 4. Shekara 3 halartar Kwalejin 1 rana, aiki kwanaki 5. Bayan kammala karbar, 'PHeC Takaddun Kasuwanci'.

Babban mai shekara 62 yana koyarwa: Yana ba da gogewar rayuwa ga tsararraki masu zuwa a Kwalejin Koyan Koyarwa (**sakamakon 3 x wmw**).

Ana samun karin ilimi a 'Kwalejin Fasaha'. Kwas din Supervisor na tsawon wata 1. Wannan awa 1 ce bayan fitowar rana zuwa awa 1 kafin faduwar rana 6-kwanaki mako 4 kwas. Ayyukan yau da kullun: addu'o'i, motsa jiki, ilimin halin dan Adam, sadarwa, wakilai, jagoranci, kwamitoci, .. A nasara kammalawa, karba '**Mai kulawa-Takaddun shaida**'.



Ana samun karin ilimi a:

- | | |
|------------------------------|------------------------------------|
| PHEC: Kwalejin Fasaha | > Takaddun Takaddun Kulawa, 4x wmw |
| PDEc: Kwalejin Jagoranci | > Diploma Jagora, 5x wmw |
| Kwalejin Jagoranci | > Diploma Manager, 6x wmw |
| CE: Sansanin Horon Jagoranci | > Mai gudanarwa, 7x wmw |

PDEc (Cibiyar Tsaro ta Gaggawa)

PDEc 'Kwalejin Jagoranci' yana ba da kwasa-kwasan kwana 1 na wata 2, 'Leader Diploma', 'Diploma Manager'. Tsarin jagoranci na yau da kullun yana kama da kwas din kulawa + wajiban sabis na gaggawa. Bayan kammala karba, '**Diploma Jagora**'. Darasi mai sarrafa ya kunshi kafa, farawa a, '**CRON**'. Bayan aikata wannan, samun riba, '**Diploma Manager**'.



PDEc 'Sansanin Jagoranci' yana ba da kwas din gudanarwa na tsawon watanni 2 cikakken rana. Course saita a, '**CRON**'. Ma'amala da gaggawa. Kammala riba, '**Digiri na Gudanarwa**'.

Cibiyar Ba da Agajin Gaggawa ta Lardi (Provincial Defence Center) **PDEc** Marshals ne ke sarrafa shi, yana ba da taimako, jagora da kariya a cikin gaggawa ga Lardin da 'Shires (Al'ummai). PDEc, CE ta kaddamar da 'Yarjejeniyar Matrimony Mai Tsarki', tana ba da horon 'sansanin jagoranci' ga masu gudanarwa. Shekara 1 na tilasta 'Gaggawar Al'umma (CE)' hidima ta 'yar shekara 17 SHE da mai shekara 18 HE.

PDEc ba da taimako a cikin gaggawa. Ayyukan gaggawa suna ba da labari, gargadin jama'a, ajiyewa, kula da jama'a, yin gyare-gyaren gaggawa na gine-gine, kayan aiki, jirgin kasa, hanya, ma'aikatan jirgin kasa da na Reservist. Ana hade duk sabis na gaggawa a cikin kowane PDEc. Kira mai tanadi kamar yadda ake bukata.

PDEc ba da kariya. Suna aiki a matsayin kungiyar agaji. Yi amfani da horo na 'yan sanda ba tare da tashin hankali ba. Ba su horar da zalunci, kama ba kisa, tambaya ba azabtarwa ba, masu ladabi ne ba masu girman kai ba.

PDEc yana kare al'umma daga cututtuka: alluran rigakafi, magani da kebewa. **Killace masu cuta**, PDEc tana gudanar da mahadi don kare al'umma daga barazanar: yaduwa, tawayar hankali, tawayar jima'i (mai lalata da yara, rudewar jinsi, jinsi iri daya). Ba da kariya ta hanyar taka tsantsan, rigakafi da shiga tsakani.

CE yana aiki da sabis na 'Gaggawa na Al'umma' na shekara 1 ta 'yar shekara 17 SHE da mai shekara 18 HE. CE tana kula da kariyar iyaka, tashin hankalin jama'a, 'Masifu' (mutum & na halitta), jagorar hanyar aiki, zabin abokin aure.

Kowanne (ya hada da masu nakasa) SHE mai shekara 17 da SHI mai shekara 18 an tantance su yadda za su kasance masu amfani ga al'umma da su kansu. Ana zaɓar hanyar aiki bisa ga halaye na mutum

da bukarar al'umma. Hakanan ana zaɓar ma'aurata, don shiga yarjejeniyar 'Tsarki Mai Tsarki'.

A lokacin CE kowane matashi ita da SHI ana tantance su (hakika, tunani, jiki) akan iya aurensu. 'CE' yana yanke shawara akan wasu masu canji' waɗanda suka dace don shigar da kwantiragin 'Tsarki Mai Tsarki' (HMC). Sauye-sauye: A hankali, hankali da kuma dacewa; Bambancin lardi; Mutuncin launin fata.



SHE, SHI wanda a zahiri ya kasa girma ya zama iyaye Reno. Suna shiga kwangilar 'Tsarki Mai Tsarki'. CE tana ba yara.

Duk HE da ya kammala 'CE' ya zama mai ajiya a tsaye, har zuwa shekaru 49. Ita bayan ta kammala HMC ta zama ma'aikaciyar ajiya a tsaye, har zuwa shekaru 49.

Aqidar ilimi

Ilimin da ba na Gwamnati ba (Babu Go) shi ne elist, anti social, anti al'umma. Gwamnatin da ke ba da kudin jama'a ga No Go's tana satar ilimin Jama'a. Gwamnatin da ta saci kudin jama'a ta yi laifi, an musanya rashawa, an gurfanar da ita a gaban kuliya. **MS R6.**



Jami'o'i a Elitist short yanke zuwa Manyan matsayi. Rashin kwarewar aiki ya sa ba su dace da manyan ayyuka ba. Wannan Kare! Dole ne a sami babban aikin da ake biyan kudi ta hanyar Jirgin Koyarwa Mai Kula da Kulawa:

Koyarwa> Kwarewar aiki> karin karatu> habaka ta girma> kwarewar aiki> karin karatu> habaka ta...

Ilimin gida yana tsoma baki tare da kimantawa, manufofin ilimin Jama'a. Ilimin jama'a wajibi ne. Iyaye suna da alhakin ba da izini.

Hakkin mallaka cin riba ne na son kai, Dukiyar Hankali (IP). Duk 'IP' na Al'umma ne don kowa ya yi amfani da shi kyauta. Hakkin mallaka ya kare! Hakkin mallaka na sata daga al'umma, **MS R6.**

Yi plagiarize don ginawa da habaka sabbin ra'ayoyi. Me yasa sake rubuta wani abu da aka rubuta da kyau. Maimakon yin amfani da shi kuma ku fadada shi. Plagiarizing kyakkyawan ilimi ne, kyakkyawan kwarewar rubutu !!!

Aikin gida shine mafi girman rashin gaskiya da rashin amfani na koyo ko koyarwa. Wani malami yana fuskantar matsin lamba daga shagaltuwa, abokai, iyaye, jahilci, layin lokaci. Galibin aikin gida ba malami ne da ake tantancewa da maki ba. Aikin gida saboda rashin gaskiya

ba shi da amfani kuma mai rufi don kimantawa. Iyaye da Malamai masu goyan bayan aikin gida, suna goyan bayan zamba.

Malamai suna da al'amuran dabi'a lokacin yin alama. Suna zargin cewa malamin bai yi aikin ba. Saboda wannan rashin tabbas duk wani alamar da aka bayar ana amfani da shi.



Kadan. Ayyukan gida a matsayin kayan aiki na kimanta fahimta yaudara ne. Aikin gida bata lokaci ne, albarkatu. Ka ce **A'A** ku **AIKIN GIDA** !



Ana raba aikin aji daidai gwargwado, karatu da ayyuka. Tsawon karatun shine mintuna 90. Minti 45 nazarin batu Minti 45 yana kammala ayyuka. Yayin aikin Assignment, lokacin da ake bukata malami yana taimakawa ta wurin ba da misalai. Malamai masu sauri suna taimakon malami tare da masu hankali. Ayyukan da ba a gama ba a lokacin aji ana kammala su a makaranta a lokacin nishadi.

Malaman da suka kasance suna da ayyukan da ba a gama ba ana canza su zuwa aji mai jinkirin. Ajin 'Slow Scholar' malami ne ke koyar da shi + taimakon iyaye. Babu wani masani da zai iya ci gaba zuwa maudu'in jigo na gaba ba tare da samun izinin 70% don tsarin jigo na yanzu ba. Kashi 70% wucewa yana nufin ka fahimta kuma ka fahimta, zaka iya nema da koyar da wasu. Kadan shine gazawa! Kasa yana nufin maimaita(s) na batun module (ba duka shekara ba) har zuwa 70% pass rate.

Kimantawa

Malami: Wuce ko kasa. Adadin wucewa shine 70% fahimta. Malami: Adadin Pass Class na akalla 90%. Kadan, an sake horar da malami. Shugaban makaranta: Adadin fahimtar daliban makaranta kashi 80%. Kadan, Shugaban makaranta ganye.

1 ALLAH yana jiran ya ji daga gare ku!

Ilimi Addu'a

Bikin Ranar Nishadi 6.1.7. NATm

Masoyi 1 ALLAH Mahaliccin mafi kyawun sararin samaniya Mai kula da amincinka mafi kaskantar da kai (sunan farko) Yayi alkawarin nema, samun, amfani da Ilimi tsawon rayuwa Don Koyi da Koyarwa ta Ilimin Kyauta Don tallafawa Ilimin Kyauta na Jama'a Gabatar da Kwarewar Rayuwa zuwa tsara na gaba Domin daukarar 1 ALLAH da Kyawun Dan Adam Ana amfani da wannan addu'a a cikin aji da kuma ranar ilimi.

