



White

CAPS

The Newsletter for WAVES National

Still Something Special

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AUGUST 2014

Howard to Receive History-Making 4th Star

by David Larter, Navy Times



Vice Admiral Michelle Howard pinned on her history-making fourth star in a ceremony at Arlington National Cemetery. (MC2 Chris R. Williamson / Navy)

For the first time in the Navy’s 236-year history, a woman will be pinned with a fourth star.

Vice Adm. Michelle Howard was promoted at Arlington National Cemetery, and is now the vice chief of naval operations, the service’s No. 2 officer.

A 1982 Naval Academy graduate, Howard has achieved many firsts in her career. She was the first black woman to command a ship — the amphibious dock landing ship *Rushmore* in 1999 — and went on to command Amphibious Squadron 7 and later Expeditionary Strike Group 2.

Many of the barriers she faced and surmounted don’t exist anymore, or at least not to the same degree they did at the outset of her career, Howard said in a Monday interview.

“My perspective is that it’s the opportunities that exist for [women] that is the biggest change [from when I joined],” she said. “Now I think about it all these years later, the combat exclusion law was repealed and women can serve on all classes of ships, all types of aircraft. And then the last couple of years, opening up the submarines to women — it’s significant.”

Howard, who most recently served as the deputy CNO for operations, plans and strategy, said she’ll be focusing on “culture” issues as VCNO, especially in the areas of cyber and information security in an age of social media and online gaming.

Howard relieved Adm. Mark Ferguson, who takes over as commander of Naval Forces Europe-Africa and Allied Joint Forces Command in Naples, Italy.

In this issue...

From the Bridge	2
FOAM off the WAVES	10
Silver Taps	13
National Officers and Executive Committee Members	14
Ship’s Store	15
Address Change/Renewal Form	16

ARTICLES

Joint Women’s Leadership Symposium.....	4
Mother, Daughter Vets Receive Home Makeover	5
2014 WN Scholarship Recipient	6
I’d Like to Support WAVES National	7
A History of Women in the U.S. Military....	8
ATTA-WAVE AWARD	9
Pillows for Patriots	12
Marines Open Experimental Combat Unit to Women	13

The President’s Message



Greetings Shipmates:

This will be my last article as your WAVES National President and I would like to express my sincere thanks for the support from my officers and the board of directors (BOD). I

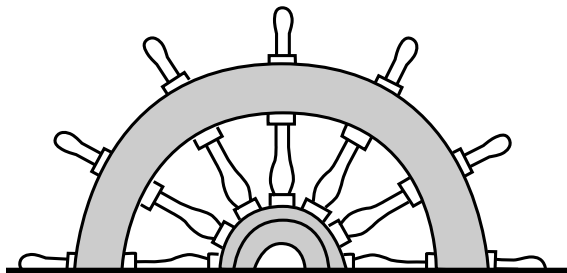
know there were several glitches during my two years and changes of several officers, however I appreciate the members who stepped forward to help. I know we have lost many units and are now down to 45 but what you have to consider is what our members provide supporting veterans within their community. I know we have to come up with changes within because of our great loss in membership but we are not the only ones as this is a problem with all veteran organizations. Just remember, no matter

what happens we will always be WAVES and pass our history on to all our veterans that have no knowledge of what WAVES stood for.

The new board of directors (BOD) for WN will have a large job with the many changes we are trying to implement and, since we have so many younger members who will be part of the BOD, I know we will thrive as a Women Veterans Organization.

All unit officers, regional representatives, state directors and national officers, both elected and appointed, please remember to update and send a copy of your reports to our Recording Secretary and to the appropriate BOD member. My goal during my two years as President was to work with homeless women veterans. I can state we established a working relationship with

(Continued on page 4)



FROM THE BRIDGE

FIRST VICE PRESIDENT

Betsy Waddell



This is my final article for White Caps and I wish to use my space to thank everyone for all the kindnesses and cheerful attitudes that all have evidenced to me. You have all been fantastic. Pat yourselves on the back for me. I have enjoyed my time working for all of you as 2nd and 1st Vice President. I have done my best and enjoyed all my work and meeting so many of you.

Now, I would like to give a big "atta" person to Barb Sebring for putting her name in the hat for 1st Vice President. Ladies, may I say that Barb is the cream of the crop and will do such a super job in her new position. Barb truly has a can do attitude and welcoming attitude towards new ideas and thoughts. She is the person that will take our organization forward. Please, welcome her into her new position and show her your "can do" attitude. Again, thank you for letting me work for you and our marvelous organization.

TREASURER

Monica O'Hara



I departed mid-July on my annual trip to the Midwest to visit family. From Minnesota, I continued my drive to Fort Lauderdale and as you receive this issue of White Caps I am on the Allure of the Seas.

Unit Financial Reports and the annual "Letter of Authorization" are due by September 1st. Unit Treasurers, remember that the reporting year is August 1st to July 31st. Please refer to the Procedures Manual for the format. This is an IRS requirement. You may send the report by email or regular mail, whichever is easier for you.

Donations to the General Fund were received from Loretha Hoyer (MAL), Irmgard LaForge (MAL), Norma Merrill (Mississippi Mates, Unit 150), Geraldine Rivera (Tidewater Tidal WAVES, Unit 152), Helen Sadowski (NW Florida WAVES, Unit 52), Rosemary Stewart (MAL) and the WN Ship's Store.

Memphis Belles, Unit 151 sent a donation to the Stained Glass Window Fund in memory of Maria Tally.

Thank you for your very generous donations!

BYLAWS CHAIRMAN

Cathy Gerolimos



It's likely that as you're reading this edition of White Caps, WAVES National is either fully engaged in its Convention aboard the Allure of the Seas or the Convention attendees are on their way home. I know those of you who were unable to attend (we missed you) want to know the status of the proposed changes to the Bylaws. I am confident the word will filter down to you very soon through the WN network of shipmates, Regional Representatives, State Directors and your Unit Officers. Should even one bylaw be changed, the Bylaws will be brought up-to-date and distributed to national, regional, and state officers as well as unit presidents. As soon as I get home, I will be getting the new Bylaws reprinted and distributed as quickly as possible.

On a different note, I'm hopeful that those who were able to attend the Convention will share with you both their cruising experience and fun stories along with bringing you up-to-date with the business side of the Convention.

You know where to find my e-mail address and telephone number, I am available to answer your questions.

SHIP'S STORE

Linda Coffield



By the time you read this article, our fate has been decided about the name change and our new leaders have been chosen. I wish to thank all of our past WN officers for the support and understanding you have shown. To our newest elected officers; welcome aboard and the Ship's Store is standing by to assist.

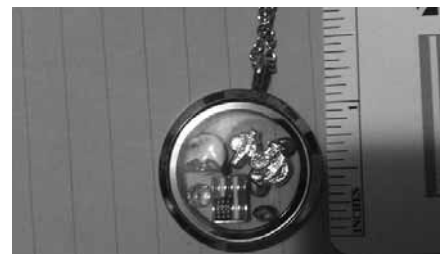
HOT DEALS from our crafty ladies:

Lori Franks makes custom wood pens, Lori will make them with anything you want on them and your choice of colors, see

her website: <https://www.etsy.com/shop/SilverEaglesWood> or call: (210)325-4446.



Donna Butts is doing necklaces that are unique, this one is mine. For every one ordered, Ship's Store will donate a tiny "anchor & prop" charm that fits in the locket (**FREE**). Please contact Donna at cpodlbutts@gmail.com or (901)451-3172; plus she will donate 1/2 her commission to our general fund.



WN Ship's Store FINE PRINT SPECIAL: Get your free historical WN item, we are giving away a FREE WN sewing kit with each order of \$10.00 or more (excludes shipping). Limit one free WN sewing kit per customer. Orders MUST: 1) Total \$10 BEFORE shipping is added; 2) Specify "Hot time in the summer" on the Aug 2014 order form for your free WN sewing kit; & 3) **MUST** be received by 30 September 2014.

PLEASE NOTE: Use the **MOST RECENT** White Caps order form. Your order may be delayed if the correct payment and/or shipping are not included.

VA MEDICAL/HEALTH

Ruth Storck



For everyone on the cruise - hope you have a wonderful; safe journey. I wish I could have joined you on this trip.

It is very important as we get older to see an eye doctor yearly. Ocular hypertension (high eye pressure) and glaucoma

can occur in people of all ages; but is most common in people over the age of 40; African Americans; Hispanic/Latino descent; family history of glaucoma; nearsightedness; thin cornea's and those with diabetes are at an even higher risk for eye hypertension and glaucoma.

Both these conditions can lead to optic nerve damage; partial vision issues or full blindness. Ocular hypertension has no symptoms. Your vision will stay normal until the damage is done. Glaucoma symptoms begin once the optic nerve becomes damaged. That is why it becomes important to see your doctor.

If you are found to have either problem; your doctor will then advise you that he will want to check your eyes 3-4 times a year. There are 3 ways to lower eye pressure - medicine (eye drops or pills); laser treatment and surgery. The earlier the doctor can detect an issue with your eyes, the better your chances are of avoiding optic nerve damage. Care for your eyes as you would the rest of your body - wear sun glasses when needed; use natural tear eye drops when they are dry and scratchy, rest them and call your doctor if problems occur.

VOLUNTEER HOURS



Jennifer Baun

Thank you to those who sent in their volunteer hours! All the numbers haven't been tallied yet, and the results are... Well there is no other way to say it, than directly. Our Volunteer Hours are dismal. At least the hours that have been reported. It looks like we are down about 40% or more. So, I am challenging every member of WAVES National to keep their hours for June 2014 through May 2015 and will expect every unit to turn something in. The sad thing is that I know how much many of you do in the community that just isn't being recorded. Make this an important part of the mission next year, please.

I've said this before and will keep saying it until we all understand... Every one of us volunteers in some way. You may not realize what qualifies as volunteer hours. Other than the obvious time at the VA centers and groups across the country, many other simple kindnesses also count. If you have ever visited with someone, driven them for appointments or groceries, written a note/card - that time counts. All the time you give at your church, animal shelter, library, theatre, or any other number of places is community time. If you cook, sew, knit, crochet, fill boxes - it all counts.

Even the time you meet with your unit is included as hours. If you have volunteered somewhere and family or a close personal friend has helped, you may count their time and add it to yours.

Our organization, by charter, is required to track the number of hours that our membership performs in volunteer work every year. We are a Veteran Service Organization, so keep track of those hour's ladies!

HEARTSPRING PROJECT



Jeanne Hooper

Ladies, thank you for holding on to your Box tops while we continue renovating our house after the floods in April. Progress is very slow, but I'm afraid if I don't start taking Box tops again, I'll never catch up! Please feel free to send them in. In March, over 900 Box tops were sent to Heartspring, giving us a total of 2600 Box tops and 120 Bonus Box tops during the last year, thanks to your efforts! My favorite part of this job is the wonderful notes sent from so many of you along with your collections. Though I have fallen hopelessly behind in my "Thank you's", please know that I appreciate every note received! Have a wonderful summer, and stay cool!

PUBLIC RELATIONS



Barb Sebring

This will be my last report as your Public Relations Chairman. I have enjoyed working with all the board members and other members that have volunteered to assist me with the various tasks and assignments that were given to us over the last six years. I also want to thank the general membership for supporting the various fund raisers that we have used to boost our treasury. While we have not raised a lot of money we have tried hard to think of items you could use and yet not spend a lot on inventory or shipping. I look forward to continuing to serve in WAVES National and hope to see many of you on the cruise.

EXECUTIVE SECRETARY



Barb Turner

For the first time since inception, WAVES National (WN) membership numbers have fallen below 2,000 with 1,023 unit members and 856

members-at-large. 203 members did not renew their dues for 2014.

I sent the regional rosters out on the 14th of June (via e-mail) to each regional representative and elected national officer. I also sent unit rosters to the unit treasurers for those that I had confirmation for. If you are a unit treasurer and are reading this article, but did not receive the unit roster, please send me an e-mail so that I can send it to you. If you have not completed the Unit Officer Elected Transmittal, please do so ASAP so that the database can be updated, even if elections were not held, in order to ensure that the database is correct.

This WAVES National Convention 2014 will be the first convention that I have not attended since my first convention in Hawaii in 1998. I hope that everyone who will be on the cruise has a fabulous time!

WHITE CAPS EDITOR



Judy Faries

It's been a really busy summer for me and I want to thank everyone for their inputs for the White Caps. I was on the road and could only work on the White Caps when I could get internet connections at the hotels. We have accomplished a big item on our bucket list and that is to see all 50 of our wonderful states. Not all in one trip of course but we put about 8,000 miles on our car on this trip alone. So a big THANK YOU to you wonderful ladies and especially to Barb Turner who has helped me put this together.

By the time you get this issue of the White Caps we will be on our cruise. I am sorry that more ladies could not attend. I know that we will have a wonderful time and will get a lot accomplished.

Remember that the next cut-off for input for the Oct Issue will be **1 Sep 2014**.



Joint Women's Leadership Symposium

Excerpts from The Flagship, Navy Public Affairs Support Element East



Women's Leadership Symposium, Master Chief Petty Officer of the Navy (MCPON) Mike Stevens gives his collar device to Hospitalman Megan Fuller, to encourage her to fulfill her aspiration of becoming the first female MCPON. This year's theme "Why Do You Serve?" offered opportunities for personal and professional development with a focus on the issues of retention, professional growth, and reasons behind why women continue to serve in the military. (U.S. Navy photo by Mass Communication Specialist 3rd Class Laura Hoover/Released)

More than 400 women and men from the Navy, Marine Corps, Air Force, Coast Guard and foreign militaries filled the Norfolk Ballroom at the Waterside Marriott in Norfolk during the 27th annual Sea Services Leadership Association (SSLA) Joint Women's Leadership Symposium (JWLS), June 12-13.

This year's theme, "Why Do You Serve," offered opportunities for personal and professional development with a focus on the issues of retention, professional growth, and reasons behind why women continue to serve in the military.

Speakers included: Vice Adm. Bill Moran, Chief of Naval Personnel; Vice Adm. Michelle Howard, Deputy CNO for Operations, Plans and Strategy; Rear Adm. Cari B. Thomas, commander, 14th Coast Guard District; retired Rear Adm. Mary

E. Landry, U.S. Coast Guard Director of Incident Management and Preparedness Policy; Virginia Governor Terry McAuliffe; and Master Chief Petty Officer of the Navy (SW/AW) Mike Stevens.

The opening remarks were words of wisdom from 34-year veteran Thomas.

"I want you to do something that you probably don't do and that's invest in yourself. We're very strict about investing in our time at work. We're good at investing time in our significant others. For those of you who are moms, you make sure to invest time with your kids. But we have a very hard time investing in ourselves so that is really my challenge to you for the next couple of days. Many of us have this gene that is the 'can't say no gene' and I want you to learn how to take some time for yourself," said Thomas. "It is in our nature to be caregivers and want to help in every way. You have to find a good work-life balance. When I take off this uniform at the end of my career, I still want to be married and I still want to be a mom. I have an alarm clock on my desk set for 5:30 p.m. I have to have a really good reason to stay beyond that time."

The full day of mentorship continued with more uplifting words of empowerment from Landry. The 31-year veteran challenged attendees to respect each other's diversity; respect what they all bring to the forum and share it with each other, as well as, save a few women at the symposium who were thinking of leaving the military. She challenged the women to not allow themselves to continue to be typecast.

Vice Adm. Michelle Howard, Deputy Chief of Navy Operations for Operations, Plans, and Strategy, was the Navy keynote speaker on the first day of the conference. Howard spoke of isolation and how to overcome it in order to be a successful leader.

"Pioneering women [like Capt. Dorothy Stratton, organizer of the Coast Guard Women's Reserve; Maj. Megan McClung, the first female Marine Corps officer killed in Iraq in 2006; and Capt. Joy Bright Hancock, leader of WAVES] have already figured this out," she said. "You've got to commit to the journey; you've got to travel light; you better have stamina; you better have a sense of humor; and you better stay connected."

President's Message *(Continued from page 1)*

OMP in D.C. which helped with finding jobs for our homeless and finding help in our communities to single parents who needed help with their families.

We will be updating our website once we have our new name in place (if approved during the WN Convention) and a new webmaster. So it will be just one of the changes forthcoming to WAVES National and we can make it happen.

As you are aware we again have lost many of our WW II members and some younger women who were very

active in WN. I wish to send my condolences and prayers to their families.

I'm sorry that more of our members are not going to be able to attend our Convention as I know we will have a great time and you will be missed one and all. I would like to congratulate all of our new officers and may God be with you and help guide you in your new job.

Until we meet again stay safe and keep our troops in your prayers.

While the name of the symposium could infer that it's meant for women only, there were a handful of male Sailors in attendance. For one male attendee, he related the importance of males attending symposiums to gain a better understanding of the women who work beside him each and every day.

"I think the symposium is very important because not only are women a huge contributor to the Navy, they are a force who are going to continue to grow. I aspire to be a great leader one day, so getting more perspectives that hold diversity of thought is very important to achieving that," said Ensign Pete Fovargue, an officer at the Norfolk Naval Shipyard Naval Facilities Engineering Command.

He stated that the symposium was "an awesome opportunity to put myself out there to see things from the women's perspective of what it's like to be in the Navy."

One of the key topics at the symposium is a daily key topic throughout the Navy – retention. With enlisted retention always on the forefront, Moran took time during three breakout sessions to focus on retention of enlisted Sailors, junior officers (O2-O4) and senior officers (O5-O6), and answer questions Sailors wanted to address.

"The roles of women have expanded in the Navy. We don't have enough women to fill the roles, especially at the chief petty officer level," said Moran. "We want to bring in a lot more women, but we need to work to keep the women that we recruit."

"The Navy leadership recognizes that we need to be able to accommodate more senior enlisted females at sea," said Fleet Master Chief April D. Beldo. "We are working to ensure we can safely and accurately accommodate more of them on ships.

Once we get there, and we will get there, we will begin to see more and more senior enlisted females filling those positive leadership roles on the waterfront."

One highlight of the conference was the Mentorship Meet Up Session. During the session, Marine Sgt. Jennifer E. Rivera, an intelligence specialist at Fort Meade, Md., said she attended the symposium to get a fresh perspective on how to help other females overcome some stereotypes that exist and possibly give her male counterparts a new perspective on the women they serve next to each and every day.



Dassa Carvey, Vee Charles, Martha Kastler and Cathy Schweitzer (Maggie Cobb also assisted but was busy having her photo taken with the Governor of Virginia, Terry McAuliff) attended the JWLS in Norfolk recently and recruited 16 new members for WAVES National

Mother, Daughter Veterans Receive Home Makeover

By Courtenay Edelhart, The Bakersfield Californian

A week after the Wounded Heroes Fund presented a brand new home to a former Marine who lost both legs to an improvised explosive device in Afghanistan, two more local veterans got housing assistance from volunteers wanting to show their gratitude to those who have served their nation. This time it was a mother and daughter whose Taft home got \$5,000 worth of improvements, not counting the donated labor.

Virginia Walton, 70, served as a truck driver for the U.S. Army in the 1970s before going back to school to study nursing. She worked as an emergency trauma nurse before retiring. Walton lives with daughter Veronica Cawelti, 47, a former U.S. Navy hospital corpsman who served during the Persian Gulf War, then followed her mother into nursing. Both women have disabilities. Walton had to leave the Army

after a leg injury and Cawelti is temporarily off work with a back problem.

On Saturday, a team of 15 volunteers – 14 Home Depot employees and contractor Gary Howard – replaced all the kitchen cabinets, two leaky, wobbly toilets, a bathroom sink and a front door. "It really wasn't a front door at all," said Home Depot Team Captain Amanda Riley. "It was a side door, and it didn't have a door handle." The volunteers gave the veterans a proper door with a handle, and also installed a white, metal screen door for added security.

The 1,000-square-foot, three-bedroom, two-bathroom house was built in the 1990s, but "this was a manufactured home," Walton said. "They tend to fall apart real fast." Cawelti nodded. "We've been improvising for years, so this is just incredible," she said.

As busy men and women swarmed

the house doing installations and repairs, Walton did her best to restrain a champagne-colored poodle named Peanutt (yes, with two Ts), who pulled at his leash, curious about all the activity. "He's wondering who all these people are," Walton said, smiling. There allegedly was an elderly orange cat named Sundance in residence, too, but he was nowhere to be found, alarmed by the unrelenting hammering.

Walton said she was relieved to see the improvements taking shape. "I never could have done this on my own," she said.

Volunteer Dink Hart, 62, said he felt good about donating his Saturday to the cause and has helped out on several other volunteer projects for veterans and the needy over the past year. "It's a nice thing to do for people who have given some of their life to serving our country," Dink said. "Now it's their turn to be served."

2014 WAVES National Scholarship Recipient and Essay

WAVES National wishes Cassandra much success in all of her future endeavors.



2014 Scholarship Winner:
Cassandra Basham



Sponsor: Betty Kelley

Bridging the Gap: The Role of Women Marines on the Front Lines

By: Cassandra Basham

Women Marines have been fighting a battle for quite a while but not the kind of fighting found over in the Middle East today. Since 1918, when the first Marine Female was accepted into the Marine Corps Reserve, women have been pursuing to reach the front lines with their fellow male soldiers and to be treated as an equal member in whatever position in which they were qualified. World War I became the first big step into paving the way for women, referred to as Mariettes, by giving them a chance to become involved as recruiters and medical help. Not until 1948 were Women able to be sworn in as a regular Marine; making this a long battle for what rights women soldiers believed they should have. Although they were considered marines, these women served in non-combat roles – most in clerical positions, although some were, mechanics, radio operators, and welders; jobs that put them far from the infantry and front lines of battle. Even with the obstacles facing them, with each passing year, women have pushed their way into the rankings of Sergeants,

Colonels and Generals but still face the opinion that women cannot qualify for combat intensive situations. Today, women make up about 7 percent of the marine population making up about 13,800 members of the 197,800 enlisted.

When people think of women fighting for freedom, the words of “unqualified” or “too weak” might be brought up. It has put a bad taste in the mouths of Americans to speak of putting a woman in the front lines or in any type of infantry to potentially die or be wounded. Physically, the carrying the weight of gear, armor, and machinery over long distances can be thought to be too much for them all while dodging incoming fire. Not only have women been put down as weak but also a distraction. These challenges have been faced by many women in the U.S. forces but the Marines have been working to break down the mental and physical barrier holding them back from integrated women into more combat associated positions.

As of 2012, women were able to be put to the test in the infantry training program; a three- month long program in

which they must dreg through grueling tasks such as carrying heavy machinery, evacuating a casualty, and performing a 20 kilometer march carrying about 70 pounds on their person. In 2013 female members were able to complete this training. But these women were merely test subjects in a pilot program, a part of the Pentagon-wide study exploring how to integrate women into combat roles by 2016. Though this was a milestone for women alike, the physical evidence in treating women as equals to men in the fitness tests has proven to be a challenge. The inability of half of the women in the Marine Corps boot camp to perform three consecutive pull-ups created a setback in the process but it was agreed that the standards should not be lowered. Rep. Loretta Sanchez quotes, “Not every woman makes a good soldier, but not every man makes a good soldier. So woman will compete.”

Though the male Marines could excel in the physical aspect of Marine ability, the female Marines have been found to be more important in other ways in our battle in Afghanistan. In

2011, the Afghanistan and Iraq war has proven to show that women can be of help in the homes of the Afghan women. It became a calling for women marines to step up and join the men at the front lines, not so much in combat, but as an experiment to win over the wives and children; something male soldiers were forbidden to do. Men were restricted from entering the houses but with the help of the women Marines, they were able to talk to the local women, share stories, pictures and lessons. The goal of these missions were to listen to their concerns and bond as women in hopes that they could make connection to help them root out insurgents and build for the future. The women participating in this experiment went further to create a midwife training program for the young mothers. Sadly, Afghanistan maternal mortality rate was one of the highest in the world at the time. The patrol of women was able to meet with a village doctor who agreed to teach young girls in classrooms and train them. Soon they

found that this would not be possible; afraid that these girls would be threatened by insurgents. Young boys, let along girls, were not yet accepted as students and the girls were eventually asked to leave the school. Even though they could not complete this particular mission, women are working their way into finding where they can be of service and are fighting to support their country through anyway they can.

Over the last two decades, women were already near the frontlines in combat serving support but the turning points were the missions in Iraq and Afghanistan. They demonstrated courageousness and heroism through the battles that were not so much on the frontlines. Even in the 1990's women were flying aircrafts in combat service support positions. Some women, chosen by ability and training were involved as supply clerks, mechanic and engineers from the 1st Marine Expeditionary Force. These Engagement Teams were able to get close to the front lines as sup-

port teams. The training included combat marksmanship and cultural awareness to properly prepare them for the support they would be giving through cultural sensitivities they would be facing with the Muslim women over in Afghanistan and Iraq. The Marine Corps are looking into opening many more positions to be filled by qualified woman Marines including artillery, tank, assault amphibian, combat engineer, combat assault and low-altitude air defense, but women will still be kept from the Infantry Battalions. This is still a step closer to what these soldiers are fighting to accomplish. Though women Marines face cases of discrimination, judgment, and some cases of sexual harassment, they continue to fight on in the war on perception of female Marines on the front line.

Essays are printed as written and have not been edited by White Caps Editor.

Cut along dotted line 



I'D LIKE TO SUPPORT WAVES NATIONAL

As a proud member of WAVES National (WN) I want to show my support for my fellow sea service women of the Navy, Marines and Coast Guard, who have served or are currently serving in the sea services today. Please add my gift of \$ _____ to the fund designated below.

_____ WN Scholarship _____ WN Stained Glass Window _____ WN General Fund

NAME (PLEASE PRINT): _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

Thank you!

Please return this form with your tax deductible check or money order made out to:
WAVES National and mail to:

MONICA O'HARA
WAVES NATIONAL TREASURER
6383 KIMMY CT.
SAN DIEGO, CA 92114-5631

A History of Women in the U.S. Military

Source: U.S. Department of Defense, U.S. Army, U.S. Navy, U.S. Marine Corps, U.S. Coast Guard, militarywoman.org by Jennie Wood

From Continental Army Soldier Deborah Samson to Army Sergeant Leigh Ann Hester, American women have been serving in the U.S. Military for hundreds of years.

Women have been a part of the war effort since the Revolutionary War, but in the early days of our nation they had to cloak themselves in disguise to serve alongside men. When they were accepted into the military, women were given auxiliary roles. As the weapons and methods of warfare changed in the late 20th century, however, the Pentagon began to realize that gender matters less on the battlefield.

The First Female U.S. Soldiers

During the Revolutionary, Civil and Mexican Wars, a small number of women were involved in combat, but they had to disguise themselves as men and enlist under aliases. Deborah Samson Gannett, from Plymouth, Massachusetts, was one of the first American woman soldiers. In 1782, she enlisted under the name of her deceased brother, Robert Shurtleff Samson. For 17 months, Samson served in the Continental Army during the Revolutionary War. She was wounded twice. She cut a musket ball out of her own thigh so a doctor wouldn't find out she was a woman. Years later, in 1804, Samson was awarded a pension for her service. Also during the Revolution War, in 1776, Margaret Corbin fought alongside her husband and 600 American soldiers as they defended Fort Mifflin, New York.

In the Mexican War, Elizabeth C. Newcome dressed in male attire and joined the military at Fort Leavenworth, Kansas. In 1847, she battled Native Americans in Dodge City. Ten months later, she was discharged when her gender was discovered. In July 1848, however, Congress paid her the land and money she was owed for her service.

In the Civil War, several women disguised themselves as men to enlist and fight for the Union. Sarah Rosetta Wakeman enlisted as Private Lyons Wakeman. She died during the war in New Orleans at the Marine General Hospital. At the time of her death, her true gender was not known. In fact, her headstone reads Lyons Wakeman.

U.S. Women in the World Wars

During World War I, the U.S. Navy and Marine Corps allowed women to enlist. More

than 12,000 enlisted and about 400 died during the war. Women also worked for the American Red Cross and the United Service Organizations, as well as in factory, office, transportation, and other jobs vacated by men who were off at war. By the end of World War I, women made up 24% of aviation plant workers.

In World War II, a total of 350,000 women served in the U.S. military. More than 60,000 women served as Army nurses and over 14,000 served as Navy nurses. Even though they were far from combat, 67 Army nurses were captured in the Philippines by the Japanese in 1942. They were held as POWs for almost three years. Over a dozen Navy nurses were also captured by the Japanese during the war. Also in 1942, the Army created the Women's Army Auxiliary Corps (WAAC). These women served overseas in North Africa. A year later, the WAAC became the Women's Army Corps (WAC), in which more than 150,000 women served. For the rest of the War, WACs were present in England, France, Australia, New Guinea, and the Philippines.

During World War II, the Navy, Marines and Coast Guard also established reserves for women. The Navy began Women Accepted for Volunteer Emergency Service (WAVES) in 1942. More than 84,000 WAVES worked in administrative, medical, and communication jobs. The Coast Guard set up a women's reserve, in 1942, called SPARS, meaning Semper Paratus / Always Ready. A year later, the Marine Corps Women's Reserve began. Most Marine women served stateside and by the end of the war, 85% of the personnel at the U.S. Marine Corps Headquarters were women. These reserves were created so that more men could go fight overseas. Also in 1943, the Air Force created Women Air Force Service Pilots (WASP). WASPs were civilians who flew stateside while male pilots served overseas. American aviator Jacqueline Cochran was instrumental in the creation of WASP. She wrote letters to various military leaders, suggesting that women pilots fly non-combat missions. She became the WASP director.



World War I U.S. Navy poster used to recruit women, 1917



U.S. Army Sergeant Leigh Ann Hester receiving the Silver Star, June 16, 2005

She received the Distinguished Flying Cross and Distinguished Service Medal. In addition to these reserves, almost three million women worked to support the war effort at various factory, office and aviation jobs in the United States. During this time, Rosie the Riveter became a cultural icon, representing all the American women who worked for the war effort on the home front.

Women's Role in War Changes in Late 20th Century

Women continued to break new ground in the U.S. military after WWII. Part of the reason for this was necessity. The way wars were fought changed over the 20th century. Due to modern weapons of warfare, such as scud missiles and roadside bombs, front lines were blurred and every soldier was at risk. Over 40,000 women served in the 1991 Gulf War and engaged with enemy forces on an unprecedented level. On September 5, 1990, the U.S.S. Acadia left San Diego for the Persian Gulf. Of the 1,260 on board, 360 were women. It was the first time American men and women shipped out together in wartime conditions. The 1991 Gulf War was also the first war where women served with men in integrated units within a warzone. However, women in the military suffered a setback in 1994

when Defense Secretary Les Aspin implemented a rule that prohibited women from serving in units "whose primary mission is to engage in direct ground combat."

Despite the 1994 rule, women continued to play more active roles in the wars in Iraq and Afghanistan. In 2005, Leigh Ann Hester became the first female soldier to receive the Silver Star for exceptional valor in close-quarters combat. Serving in Iraq, Hester led her team in a 25-minute firefight. She used hand grenades and an M203 grenade launcher while maneuvering her team to cut off the enemy. In 2008, Monica Lin Brown also received the Silver Star. After a roadside bomb was detonated in Afghanistan, Brown protected wounded soldiers with her own body and ran through gunfire to save their lives.

Women in the U.S. Military Today

As of 2012, women make up 14% of the U.S. military. More than 165,000 women are enlisted and active in the armed services with over 35,000 additional women serving as officers.

In February 2012, after a yearlong review, the Pentagon announced women would be permanently assigned to battalions. In these ground units, women would be assigned to such critical jobs as radio

operators, medics, and tank mechanics. However, many women have already served in those jobs, in temporary status, due to demand in Iraq and Afghanistan. The Pentagon's new ruling only made these job assignments official and still upheld the ban on women serving in combat tank units, Special Operations commando units and the infantry. Regarding the policy shift, Anu Bhagwati, Service Women's Action Network director, urged, "It's time military leadership establish the same level playing field to qualified women to enter the infantry, special forces, and other all-male units."

The playing field was in fact leveled in January 2013, when Defense Secretary Leon Panetta announced that the ban on women serving in combat roles would be lifted. In a Jan. 9 letter to Panetta urging the change Joint Chiefs of Staff Chairman Gen. Martin Dempsey said, "The time has come to rescind the direct combat exclusion rule for women and to eliminate all unnecessary gender-based barriers to service." The move reverses the 1994 rule that prohibited women from serving in combat. The change will be gradual; some positions will be available to women immediately but each branch of the military has until 2016 to request exceptions to the new rule.

☆☆

ATTA-WAVE AWARD



The National Center for Simulation, Orlando, FL recently inducted into their Hall of Fame **Priscilla (Pat Morrison) Getchell**, former CSpec.T for being an operator of the Link Trainer simulator. She accepted this award on behalf of all WW II Link operators. (If there are any more around, she would love you to know of this. Her e-mail address is momgetch@aol.com). *Congratulations Priscilla Getchell.*

Harriet Dalton, Life Member of WAVES National was awarded a Certificate for 10,000 hours of volunteer service at the VAMC (FL/GA) awards dinner which was held at the Gainesville (FL) Hilton on 30 March 2014. Harriet had reached 25 years of volunteer service with the VAMC Gainesville and Ocala VA Clinic in September 2013. *Congratulations, Harriet; job well done!*



Bravo Zulu to **April Reid** for being nominated for the 2014 MCPO Faurie Leadership Award. This year, 15 Coast Guard members were nominated for this prestigious leadership award. Each nominee demonstrated by inspirational, innovative, and imaginative leadership and mentorship while making significant contributions to improve the U. S. Coast Guard. April Reid is a WAVES National member and has been a unit president and vice president. She is currently at the Recruit Training Command Cape May, NJ, pushing Coast Guard recruits.

FOAM OFF THE WAVES

GATEWAY WAVES

Unit #5 (MO) – Gateway WAVES continue to be represented in area veteran activities including Inter-Veteran Memorial Day Ceremony at Jefferson Barracks National Cemetery; members also volunteer, visit, donate money, food and supplies to Jefferson Barracks Food pantry, and other veteran groups. A shout out to say HELLO to our three members living at Missouri Veterans Home/St. Louis – Dorothy Wood, Mary McFerron and Joan Pavlovic .

For meeting information please contact Shirley Walz, 314-822-4249 or email at sjwalz59@gmail.com.

KEYSTONE WAVES

Unit #6 (PA) – We've had a busy summer so far. We attended a luncheon/concert at Philadelphia Country Club featuring a classical pianist. We also attended a concert at a local church in which our chaplain, Gladys Martin, was guest pianist.

We participated in a Memorial Day parade and ceremony afterward. Gladys Martin was honored to lead the audience in the invocation, followed by Governor Corbett as guest speaker. Jeanne Lemasters again participated in a wreath-laying ceremony at Coast Guard Station with Fleet Reserve Association and Sea Scouts. She also attended the Remembrance Ceremony at Chapel of Four Chaplains at Philadelphia Navy Base.

Seven of us traveled to Pittsburgh for the second Women Veteran's Symposium. Great workshop sessions were offered, including one on the plight of women veterans who are homeless and/or drug and alcohol dependent. Sandra Miller of Coatesville VA discussed the Mary E. Walker House, which our unit helps to support.



Pictured in back left to right; Louise Manz, Billie Taddei, Dorothy Holland, Jeanne Lemasters. Front row left to right; Elizabeth Robinson, Ruthie Severino, and Gladys Martin.

Elections were held at our June meeting and the following were elected: Ruthie Severino, President; Harriet Stulmaker, VP; Jeanne Lemasters, Secretary; and Jane McCann, Treasurer. Gladys Felice, who has been our Keynotes editor for many years, resigned, and Jeanne Lemasters agreed to step up and do our newsletter, along with continuing to be our Regional Representative. Gladys Martin will continue as Chaplain and Sunshine person.

For meeting information please contact Ruthie Severino @ 610-356-8956.

HEART OF AMERICA

Unit #9 (KS) – We had the pleasure of having Sharon Woods, candidate for WN President, at our June meeting. Sharon recently moved to Kansas (just next door). She was a real asset to our meeting and we hope to have her at future meetings.



Pictured left to right: L. Kemper, S. Woods, D. Miella, M. Batliner, L. Hardeman, P. Rosales, B. Heath, and K. Magee. Seated is B. Seney and R. Kolterman.

Our very own SKC Nellie Croke (retired), participated in the Gladstone (MO) Memorial Day parade honoring veterans. It didn't take long to get the group "squared away".

Our next meeting will be August 23rd at American Legion Post 370.

For meeting information please contact Michele Batliner at 816-315-9229 or mbatliner@att.net

NORTH COAST WAVES

Unit #21 (OH) - It's summer and Unit 21 is going all different directions. Mainly because our members are busy with summer vacations, travel, and of course the usual unit and veteran events.

Many were involved in Memorial Day and Fourth of July events and parades throughout the several counties we represent. Now, summer is really upon us, and we are preparing for the convention, fairs, and have kicked off our annual fundraiser with the July meeting and induction of officers.

For meeting information please contact Jennifer Baun at Jennifer.baun@att.net or at (314) 803-8643.

THREE RIVERS UNIT

Unit #28 (PA) - Our unit has had an eventful few months. We were delighted to welcome a transfer, Berenice George, from Suncoast WAVES, but were devastated by the death of Sheila Conley, a member who played a large role in our unit. We are very proud of member Shirley Thens, who received the prestigious Jefferson Award for her volunteer service to the Southwestern PA Veteran's Home.



Shirley Thens proudly displays her Thomas Jefferson Award medal, America's highest honor for volunteer service.

We joined Shirley as we hosted our annual "Christmas in July" at the home. Several members attended a Women's Veteran's Symposium, here in Pittsburgh.

SAN DIEGO STARS & STRIPES

Unit #36 (CA) - Unit 36 held their May meeting at Coco's Restaurant in Kearney Mesa. There were about 18 ladies and one gentleman present.

Elections for Officers was conducted as follows:

- President - Monica O'Hara
- 1st Vice President - Roxanne Jones
- 2nd Vice President - Kay Poindexter
- Secretary (2) - Shirley Ferrill and Evelyn Coy
- Treasurer - Carol Weiss
- Chaplain - Donna Owens
- CA State Director - Carolyn Agabon
- Region Rep - Lynne Pine.

Installation will be held at the Sept birthday festivities.

Carolyn talked briefly about taking on the position of CA State Director and her life in the San Fernando area. She hopes to make more trips to San Diego.

For meeting information please contact Roxanne Jones at (619)545-6546 or email: roxanne.jones@score.com (note the new email address).

NORTHWEST FLORIDA WAVES

Unit #52 (FL) - We held our last meeting of the year with about a dozen members in attendance. Normally June would be our new officer installation month but due

FOAM OFF THE WAVES

to other circumstances, elections have been postponed until September.

Several unit members were affected by the April floods in Pensacola, and are in various stages of repair, from "finished" to "in progress." Unit 52 President Jeanne Hooper attended the annual Memorial Day service at Barrancas National Cemetery. **Meetings for next year will resume at Geno's on Davis Highway at 0930 on 13 September.**

TAMPA BAY WAVES

Unit #55 (FL) – WAVES National was represented by Gulf Coast Dolphins Unit #56, Pasco WAVES Unit #104, and Tampa Bay WAVES Unit #55 at Congressman Gus Bilirakis 8th Annual Veterans' Resource Fair Saturday, May 17, 2014 at East Lake High School, Tarpon Springs, FL. Representing Gulf Coast Dolphins was Linda Bauer and Andrea Cadieux. Representing Pasco WAVES was Linda Roth. Representing Tampa Bay WAVES was Barbara J. McGuire, Jouay Koppari and Cathy Gerolimatos.



Pictured: Jouay Koppari of Tampa Bay WAVES #55



Pictured left to right: Linda Bauer, Andrea Cadieux, Jouay Koppari, and Linda Roth

For meeting information please contact Barb McGuire at bdogwood@tamabay.rr.com or (813) 571-2098.

COLUMBIA RIVER RIPPLES

Unit #70 (OR) and **CASCADE SEAFARERS Unit #138 (OR)** - Our annual combined lunch in Salem on June 14 celebrated Unit 70's 25th anniversary. Unit #70 from Portland had

nine members and Unit #138 from mid-Willamette Valley had five members in attendance. Eight ladies are from WW II, five from Viet Nam and one honorary member. After our lunch several of the ladies visited the new WWII memorial on the Capitol grounds. Esther Leslie of Unit #70 will be 100 in September (go girl).



Pictured, back row: Adele Lieberfarb, Nicky Jones, Merrily Hewett, Eugena Cort & Kathryn Lussier; middle row: Marcia Leslie, Mary Yeamans, Micky Kalinauskas, Lois Fish, Kim Clark & Carrol Donahue; front row: Clara Moomey, Esther Leslie & Virginia Match.

For meeting information please contact Kathryn Lussier at 503-252-0829 or email: crr1pdx1@yahoo.com.

FLATWATER WAVES

Unit #98 (NE) - Our unit met on Saturday, 21st of June, at Legacy Estates in Lincoln where WW II veteran Marjorie Neill resides. Margaret Nehring, VP, conducted the meeting, five members and three guests were present. Marjorie's grandson, Pat McLaughlin gave a slide show presentation on his Mission Trip to Thailand where the group installed a Water Purification plant for a village with no well, he also went to Australia to visit relatives. The August 16th meeting will be at Gambino's Pizza in Fremont and John McNally, Deputy Director, Nebraska Department of Veterans affairs will attend. Nebraska is now adding "Veteran" to the Driver's License, if requested.

For meeting information contact Pat Hunsche at 402-426-2013 or phunsche@abbnebraska.com.

OCEAN STATE

Unit #118 (RI) – On June 19, the Unit 118 held its annual Rhode Island Woman of the Year Banquet at the Officers' Club on Naval Station Newport. Master at Arms First Class Alicia Rodriguez was honored as Rhode Island Military Woman of the Year. This award is presented annually by Unit 118 to an active duty female service member in Rhode Island based on superior performance, leadership and community service. In addition to the WAVES and members of her command, the ceremony was attended by base Commanding Officer

Captain Douglas Mikatarian and base Command Master Chief Shannon Howe. MA1 Rodriguez was presented with citations from three state representatives and remarks were made by several members of her chain of command. Captain Mikatarian thanked the WAVES for their continued support of the Navy.

Following the banquet, new officers were installed into their two-year positions: State Director Luisa White, President Carol Rotkin, Vice President Shirley Hill, Treasurer/Secretary GinaMarie Doherty, Chaplain Lois Lepak, Editor Meg Smith, and Historian Dottie Collins. This was the final WAVES meeting before breaking for the summer. **Ginny Hanson will host a barbecue on August 21 and the next unit meeting will be held on September 20 at Gregg's Restaurant in North Kingstown.**



Officers for Ocean State WAVES Unit 118 are sworn in for the 2014-2016 term at the June 19 banquet.

MEMPHIS BELLES

Unit #151 (TN) – The photo below was taken during our monthly social, every other month we have a social instead of a business meeting so we can have a little fun, cause "Girls Just Wanna Have Fun". During the meeting we had a potluck full of good food and appetizers and sat around and chatted for a little while. Prior to closing for the afternoon, we turned over a check of \$250 that was raised during our annual garage sale to help support the future of the West Tennessee Veterans Home.



June Social Event at Tipton County Vet Council – Turning over check of \$250 to go toward the potential future of the West Tennessee Veterans Home.

For meeting information please contact Marie Bates, Unit Secretary, via email at marie.salvato@park.edu.

FOAM OFF THE WAVES

TIDEWATER TIDAL WAVES

Unit #152 (VA) – We recently held elections and voted in officers. Outgoing President, Arlene Rios, has been transferred and departed for NAS LeMoore, CA, in early July.



Outgoing President Arlene Rios (far left) swears in (l-r) Martha Kastler, Treasurer; April Maletz, Vice President; Angela Waters, Secretary; and, Venetta Charles, President.



TTW member MAC(SW/AW) Sandi Tollet escorted Medal of Honor recipients (l) Alfred Rascon, US Army, 2nd LT (Ret.), and Thomas Kelley, U.S. Navy, Capt. (Ret.), when they visited Naval Support Activity, Naples, Italy, recently.

Members attended the Joint Women's Leadership Symposium, 12-13 June, in Norfolk, (VA) signing up 16 new members. This was an awesome event, talking to younger women of all services and relaying some of our experiences while in service in "the good ol' days!" Highlight was meeting the Master Chief Petty Officer of the Navy (MCPON) Mike Stevens and his EA Chief Jackey Smith, Bronze Star recipient.



Members gathered at Olive Garden to wish Arlene Rios, outgoing President, Fair Winds and Following Seas: (back row, l-r) April Maletz, Martha Kastler, Betty Hand Venetta Charles, Louise Jones, Libby Morrison, and Bobbie Waldren. Second row (l-r): Sheila Jessen, Dassa Carvey, Pat Brown, Jo-Anne Teel, Cathy Schweitzer. Arlene and her Mom, Maria Avila, are seated.

For meeting information, contact Dassa Carvey, 757-363-3059 or dassa_2@verizon.net.

Pillows for Patriots

By Barb Turner, WAVES National Executive Secretary



Pictured left to right are: Ruth Covalt, Hope Donnelly, Liz Usborne, Donna Owen, Evelyn Coy and Barbara Ellis, Project Chairman.

The Pillows for Patriots project got its WAVES National (WN) start in January 2011 at the USO inside the Dallas/Ft. Worth (DFW) airport. Our Army son was returning to Afghanistan after a two week R & R and my husband and I were escorting him to his departure gate. That

is when we discovered the neck pillows that were so popular with the military personnel who travelled through the DFW Airport. I learned that some 40,000 pillows had already been made and given away by two USO volunteers that began for them in 2009! Partnering

WAVES National members with this project is one of the most rewarding projects that I have had the pleasure of being involved with.

When the flights through the DFW Airport ended, so did the Pillows for Patriots; or so I thought. I had encouraged unit members and members-at-large to continue making the pillows for their own areas and I am pleased to report that there are several WN members and entire units who still make and contribute these pillows. Those pictured above are members of the Stars & Stripes WAVES Unit 36 in California who continue to get together to sew these pillows for the military personnel in the San Diego, CA area. Barbara Ellis is the project chairman and is pictured above with Unit 36 members as they toured the new USO at the San Diego Airport. A big contributor to the sewing side of the project is Deborah Quiet (Hope Donnelly's daughter). Deb brings her mother and two other ladies to the unit meetings.

Thank you Stars & Stripes Unit 36 for a job well done!

Please send all WN member/former member Silver Taps information to Executive Secretary, Barb Turner (address on page 14)

WN MEMBERS

Florence E. Witt* (McNair)	USN	009/CO	Frances L. Carty (Drennon)	USN	103/CA
Ruth B. Harden (Blake)	USN	010/DE	Jacqueline L. Letchak (Neitz)	USN	104/FL
Frances D. Waugh (Debrowski)	USN	010/DE	Lillie L. Stanley (Crocker)	USN	144/NC
Freida S. Solomon (Strauss)	USN	010/DE	Maria Cruz (Tally)	USN	151/TN
Arlene M. Kern (Moeller)	USCG	021/OH	Louise H. Glende (Maynard)	USN	155/AZ
Lillian S. Hawley (Krizo)	USN	021/OH	Trudie E. Baird (Otto)	USN	155/AZ
Vera L. Marshall (Young)	USN	026/NY	Esther I. Clark* (Holt)	USN	MAL/CO
Muriel E. Campbell (Crane)	USN	036/CA	Doris M. Elzey* (Sauter)	USN	MAL/CA
Catherine E. Halpin (Walsh)	USN	056/FL	Dorothea E. Washburn (Dittrich)	USN	MAL/ME
Arlene O. Lawless (O'Brien)	USN	080/NY	Pearl L. Simons (Neff)	USCG	MAL/MI
Betsy Eatherly	USN	094/TN	Edith M. Burnett (Coulter)	USN	MAL/TX

* WAVES National Charter Member

Gone, but not forgotten!

Marines Open Experimental Combat Unit to Women

By Michael Hoffman and Richard Sisk



The Marine Corps will open a state-side combat unit to women to collect data for the military's overall effort to integrate them into combat roles by 2016.

Females will make up a quarter of the 460-Marine unit and be placed in infantry squads, artillery gun sections, and tank crews, officials said. A male Marine will serve as the commander and a female Marine will be placed as the task force sergeant major.

The unit will be called the Ground Combat Element Experimental Task Force. Its purpose will be to "evaluate the physical performance of individual Marine volunteers in the execution of individual and collective tasks in an operational environment," according to a release from the Corps.

Capt. Maureen Krebs, a spokeswoman for the service, said all Marines will be receiving informational material and volunteers will be requested later this

spring. The unit was expected to be formed in the fall at Camp Lejeune, N.C., Krebs said.

Former Defense Secretary Leon Panetta announced in 2013 the Pentagon's plan to open combat roles to women by 2016. Since then, the Marine Corps has taken a lead in collecting research and testing women in jobs previously limited to men.

In November 2013, the three female Marines became the first women to graduate from the Marine's enlisted infantry training course. So far, 40 female Marines have completed it. The Marine Infantry Officer Course was also opened to women, though of the 14 women to try, none have yet graduated.

A year earlier, the Corps assigned active-duty female company officers, gunnery sergeants and staff sergeants in non-combat military occupation specialties to 20 previously all-male battalion-sized units.

This time, women will be serving in combat roles to test if they can withstand the physical rigors of the jobs. After the Task Force takes effect, leaders will assess the female Marines' performance through the summer of 2015.

Men and women will have to meet the same physical standard within the

Task Force. The exact specifications of that standard have yet to be decided.

Much of the debate over women entering combat roles has revolved around physical standards.

This week, the Army tested 89 male soldiers and 58 female soldiers at Fort Stewart, Ga., in a variety of typical combat tasks to figure out what the standards should be. The soldiers carried ammunition cans, dragged wounded comrades, and loaded 65-pound anti-tank missiles among other combat activities.

Military brass has made a point to emphasize that physical standards will not be lowered to accommodate women and those requirements remain a challenge for both genders.

The Marines will need the cooperation of the Army in setting up the Task Force, Krebs said.

Women volunteers who lack training in the military occupational specialty for which they apply will have to go to the training school for the MOS before joining the Task Force. In the case of artillery and tanks, that would mean an Army school.

"We're working extremely closely with the Army on this," Krebs said. "We're building this from the ground up."

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Miscellaneous Information:

1. **Conventions are biennial.**
2. WHITE CAPS is published six times a year: Feb., Apr., June, Aug., Oct., and Dec. **Items for publication must be received by the 1st of the month before publication.**
3. **National Dues: \$25.00 for the calendar year - 1 January to 31 December, submitted to the National Treasurer. Unit members submit to Unit Treasurer; Members-at-Large, submit directly to the National Treasurer.**
4. When dues have been paid by new members, membership cards will be issued to each new member directly with a copy to unit treasurers for those unit members. Regular members will not be issued another membership card but Life members will be issued a permanent Life Membership card.
5. All changes of address must be forwarded to the Exec. Secretary sixty days before moving, if possible. There will be no re-mailing of WHITE CAPS unless the member forwards \$7.50 to Monica O'Hara, Treasurer.
6. You may submit your White Caps articles via e-mail to Judy Faries at, Mizjudy97@gmail.com with a copy to Jo Adamson at hmcadamson7@gmail.com.

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1 Mar 2015	Apr 2015	Apr
1 May 2015	Jun 2015	Jun
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Name Badge w/WN Logo \$15 Brushed Gold Plastic w/Bold, Black Letters, Double Clutch back (Magnet back On Request) Name on Badge: _____ (Nickname/Maiden/Other Info) _____ USN USCG USMC Years/From: _____ To: _____ WN Unit Name & Number: _____	Outgoing Officer Pin w/WN Logo \$12 Brushed Gold Plastic w/Bold, Black Letters, pin type back Name on Badge: _____ Office Held: _____ Years in Office: From _____ To _____ WN Unit Number: _____
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Sister Warrior Pin \$5 Round, Quarter Size Clutch Back	Travel Alarm Clock \$6 Pop-Open, Digital w/lighted face & WN logo on Blue Case 2 1/4" x 2 3/4" x 1" Closed	Wrist Watch \$28 2-tone (gold & silver) w/second hand White face w/WN logo & 12 numbers; Black leather band (7 5/8"); Gold gift box	Jacket Navy Blue w/WN Logo \$35 Zipper Close: SM only \$25 Snap Close: SM - 4X
Golf Shirt \$25 Navy or White w/WN Logo SM-MED-LG-XL-2X	Sweatshirt \$20 Navy w/WN Logo SM, MED, LG, XL, 2XL	Apron \$10 Bib-style, Navy w/White Logo Adjustable neck-One Size	T-Shirt \$10 Navy w/White screened Logo SM-MED-LG-2X-3X
Anchor Lapel Pin \$4 Original Hat Pin Style, 1/2" with single pin clutch back	Necktie \$12 Women's USN - Black w/Velcro closure-One Size	Waist Bag \$10 "Fanny-style"; cotton canvas w/ Embroider logo; 2 zips; adj 30"/4	Ballcap \$12 Navy w/Embroidered Logo Soft style - Adjustable
Small Patch \$4 SPECIFY: WN Logo <u>OR</u> Service (Navy, Marines; Coast Guard, Army, Air Force) Size vary 2 1/2"-3"	Anchor Patch \$5 WAVES Anchor & Prop Embroidered in Blue & Grey on White background; 4 1/2" diameter	Large Patch \$10 WN Logo; May be sewn or ironed on back of jacket or vest. Size 8 1/2" diameter	Teddy Bear \$7 W/Service Patch on Belly SPECIFY: Which Service
"Original" Hat Pin \$10 WAVES w/Anchor & Prop	USN Hat Pin \$4 Spread eagle w/USN	WN Logo Charm \$7 Round, Enamel WN Logo (1/2")	Anchor Charm \$7 Original Hat Pin Style (3/4")
USN- Patriotic Ribbon Pin \$4	WOMEN Vets Patch \$5 "It's time to honor & support them"	WAVES Sun Visor \$12 Yellow w/ embr logo, adjustable	WN Logo Bottle Cap \$7 Earrings – stars or hearts
WN Logo Lapel Pin \$4 Round, Enamel WN Logo	Service Logo Lapel Pin \$4 SPECIFY: Navy, USMC, USCG, ARMY, AF	Magnet \$1 Flat, 2 1/2" Circle; White w/WN Logo	Luggage Tag \$2 Blue plastic w/WN Logo
Anchor Earrings \$14 Pierced, Original Hat Pin Style (3/4") (Clip-on Available on Request)	WN Logo Earrings \$12 Pierced, 1/2" Round Enamel WN Logo (Clip-on Available on Request)	Songbook \$8 SPECIFY: "Songs WAVES Sing" <u>OR</u> "Bainbridge Bootcamp Songs"	Notes Cards \$8 10 Single-fold notes w/envelopes NEW DESIGN
Dogtag Lapel Pin \$5 Dog-tag shape, 3/4", silver-color pin w/ chain says: Women Proudly Served	Gold T-Shirt \$12 Gold w/Blue screened logo on back and small logo on upper left front. S/M-LG-XL-2XL-3XL-4XL	License Frame \$2 Top: WAVES National Bottom: Women of the Sea Services	Decal \$1 WN Logo for cars, etc SPECIFY: Blue/White <u>OR</u> Blue/Yellow
Patriotic Key Chain \$6 Stars or Stripes in Red, White and Blue Canvas material	Pencils 2/ \$1 One pencil with web address printed in white and one stars and stripes pencil combo	Sewing Kit \$2 Blue Case w/WN Logo & WEB address printed in white; 2"x3 1/4"x1 1/4" Needles/threader/scissors/pins, etc.	WN Bumper Sticker \$1 Two-tone blue WN emblem and dark blue letters on white; glossy paper; Approx 3" x 10

Garrison Cap \$22 Ladies' Style, Dark Blue, lined w/WN Logo Patch provided 55% Poly/45% Wool; DRY CLEAN ONLY Sizes 21, 22, 23, 24 & 25 (Measure Circumference of your head; Add 1 & ROUND UP for Size)	Coin ^{OR} Keychain \$10 Front: WN logo in gold, silver & blue Back: three raised images; Coin has gold, diamond cut edge; Medallion (on blue ribbon) & Keychain w/ring have smooth silver edge ~ Approx 1 1/2" diameter CALL for Quantity Discount Info
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