

The Fjellheim Flammen



Fjellheim Lodge 6-107

Sons of Norway

1045 Ford Street, Colorado Springs, CO 80915

719 574-3717

www.sonsofnorwaycs.com

February 2021

Volume 48 Issue #02

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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Monthly heritage meetings are held the second Wednesday of every month (except July).

7:00 pm

Viking Hall, 1045 Ford Street

Send Articles to :

**Kerry Hefta
khefta@comcast.net**

Deadline for the March issue is February 20th

Attention: February Cancellations

Most lodge meetings and events for Fjellheim Lodge are cancelled until the end of February 2021.

*However, the Fjellheim board will meet **Feb 3rd at 2 pm**. All members are welcome to attend. Masks and social distancing are required.*

We will start the monthly lodge heritage meetings and special events again when it is deemed safe to do so. At that time we will announce the change via this newsletter, on Facebook and emails.

President's Corner

Happy February! Hope it finds you well and hanging in there. We are making our way through winter and I, for one, am looking forward to Spring. Although we are not currently meeting, the board is continuing to meet to keep up with the current situation and restrictions. We continue to look forward to the time we can all meet safely again. Please reach out if you have any questions or just want to chat.

Hang in there Vikings!

Fraternally Becky



Funny Norwegian Expressions



*Å leve på luft
og kjærlighet*

TRANSLATION:

Living on air and love.

MEANING:

Be so madly in love that you don't think about anything else.

theintrepidguide.com

Desperately Still Needed! Fjellheim Lodge Vice-President and Secretary Positions are still VACANT!

Want to help out the Lodge and become an officer? Fjellheim lodge is still missing members to fill the 2021 Vice President and Secretary positions. Interested? Here's a quick job description. The Vice-President backs up the President and is in charge of Lodge membership recruitment. The Secretary maintains the meeting notes and paper work and generally keeps us moving. Please consider volunteering! Contact any board member, or just call the search committee aka Karen Ravnaas.

WE NEED YOU! (plus it's a fun way to getting to know our lodge and members)



Sunshine Report – February 2021



Happy Birthday and Happy Anniversary to all who are celebrating these special occasions during February 2021.
Happy Valentine's Day to all you sweethearts out there!

Brad Johnson – Update: Ginny and Jerry Johnson report that Brad has been transferred to rehab and is undergoing physical therapy to get his strength back. He will be released next week and will be staying at Mom and Dad's to continue recovering. Please keep him in your thoughts and prayers.

June Peterson, 87, died Sunday, January 17, 2021. Laurie reports that June died from COVID shortly after she was both tested and then got the shot, at which time they did not know the test results were positive. An obit will be in the paper and we will have a memory page for her in the next Flammen. Our sincerest condolences go out to June's family and friends. Cards can be mailed to 13320 Tahosa Lane, Colorado Springs, CO 80908.

Ingrid Grove was reported in December's Lodge Activity Report as having died at the age of 81. We have been notified by HQ that she passed on November 18, 2020. Please keep Ingrid's family in your thoughts and prayers.

Quote for the month: "Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." - John Boswell

Fraternally, Karen Ravnaas, Sunshine Director 719-390-0621



A New Years Message from our Sons Of Norway District 6 President



Dear District Six Members,

Happy 2021!! This year is going to be fantastic. We are moving forward to a wonderful and productive year when we can meet and share good times together. I look forward to seeing you all either on ZOOM or at your lodge

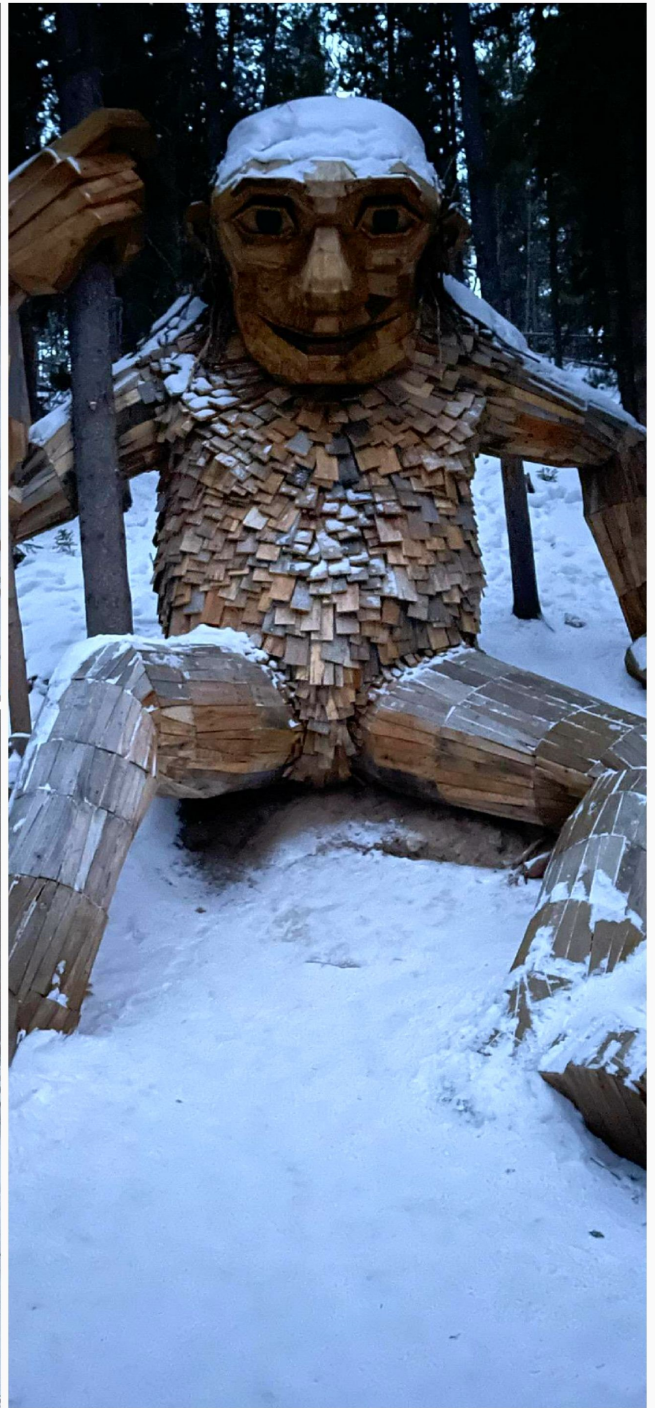
Fraternally, Luella



Luella Grangaard
President District Six
Sons of Norway



More Selfies with Isak Heartstone featured in the January issue.



Pictures and comments from Maria Zakrzewski

"I Got newsletter today. My son/law and grandson, (Tami Roman) just happened to be in Breckenridge this week. Told them to check it out. They did!"

Alan, (top) Kyle (bottom)

This thing is gigantic!

The Search for Enderud (part 2)

By Jean Hagen Luce

[This a continuation of the article of the same name from the January Flammen]

[Transition: On my husband Michael's and my visit to Norway in 2018 we set out to find the Jean Hagen family farm, Enderud, if it still existed. On the way we visited several stave churches. We have just reached the road that might take us to Enderud.]

We reached the small road upon which Enderud was supposed to be and turned east. I knew it was the right road because there was the airport parallel to the Numendahl river. This road was only one or two miles long. We drove up and down that road a few times looking for a structure that resembled the drawing. No luck. New plan.

We stopped at a hotel on that short road. I went in and showed the people inside the drawing and asked them if they had any information about that farm. They sure did because we're related. The family living there had that same genealogy book as well as an updated one. These relatives were Ole and Kirsten Halland, and their daughter, Randi Halland.

(Photo #1) We are approximately tenth cousins.

Randi called up the current owner of Enderud to see if we could visit. It turns out that Enderud sits to the east past a private road sign we did not cross. The owner, Alice Enderud, was out an about but would be home in an hour and sure we could visit. That gave Michael and me more time to visit. While I was talking to the family Michael had a long, involved political conversation with Randi's friend Bjarne. Bjarne complained jokingly that his portion of a medical bill for a serious hand injury was a whopping six dollars. Okay, we get the point.



PHOTO #1—Jean's tenth (or so) cousins, Ole, Kirsten, Randi and Randi's friend Bjarne.



Off to Enderud. As with many old Norwegian homes the original part had been expanded on. The main part was there but it had two or more additions, changing the profile. (Photo #2) The staircase was in the original spot.

Photo #2—Enderud with Jean in front



That's where we met Alice Enderud. (Photo #3)

Photo #3—Jean on the Enderud front porch with Alice Enderud and Randi Halland.

The Search for Enderud (part 2) —continued from page 4

As happens sometimes in Norwegian culture, Alice had adopted the name Enderud for her last name. Similarly, Gustav Vigeland, né Adolf Gustav Thorsen, the famous sculptor, adopted the name Vigeland after the region in southwester Norway where he lived for some time.



Photo #4 -

The "new" church in Dagali. It is located on that same short road as Enderud, near the Numendahl river. Construction started in 1850. Not so far to travel now.

We visited with Alice for a while. We are related also, but farther away than tenth cousins, I think. Alice explained the new construction on the farmhouse and a little bit about its history. After visiting with Alice and Randi we stopped by the "new" Dagali church, which is on the same little road as Enderud and the hotel. (Photo #4 The journey for baptisms and weddings and such was finally not so brutal.

It was a combination of research and fortuitous intervention that made my quest successful. How grand is it to visit an old place where parts of my DNA existed. And my relatives were all so nice.

Time to head back to Oslo. We had plenty of light. We took a different road south (Hwy 7) that took us by our last stave church, Torpo. The return to Oslo was uneventful until reaching Oslo. If anyone says to me "you can't miss it," I will not find the place. Looking for the *centralstasjon* (train station) to return the rental car, we travelled around Oslo on the ring roads, several times crossing zone barriers, paying several repeated tolls. Oof da. Good thing I didn't rely on anyone to direct me to Enderud because you can miss it! *The end!*

Tusen Takk Jean for this article! We are always looking for more! Feel free to send the editor your submissions.

Do You Want to Visit Norway? How About Virtually!!

Many museums in Norway are doing virtual tours.

Museum of Oslo (you can select the language!)

[The National Museum is Norway's largest collection of art, architecture and design – Nasjonalmuseet](https://www.nasjonalmuseet.no/en)

<https://www.nasjonalmuset.no/en>

2022 the largest art museum in the Nordic countries will open in Oslo. Here you can experience older and modern art, contemporary art, architecture and design all under one roof and in completely new ways.

Other Oslo museums

[Digital museum visits in Oslo](https://www.visitoslo.com/en) can be found at url <https://www.visitoslo.com/en> (search for museums)

Is Iowa far enough east? Try the Vesterheim museum

Vesterheim is also doing all sorts of crafting (including making a "Norwegian" cocktail)

[Folk Art School | Vesterheim Norwegian-American](https://folkartschool.vesterheim.org/classes/folk-art-online)

<https://folkartschool.vesterheim.org/classes/folk-art-online>

If you receive "The Flammen" via email these links will be included in the email body. Hope you enjoy them!



In Loving Memory

Ingrid Grove

September 13, 1939 - November 18, 2020

Ingrid Grove was born in Norway and emigrated to this country as an adult. She worked at the Broadmoor Hotel and was married to Bill Grove. Together, they were actively involved in our fledgling Lodge. (Excerpted from Bill Grove obituary and provided by Ole Bakken)

He and Ingrid played very important roles in the early days and years of our Lodge. It was Ingrid who suggested the name, "Fjellheim". Bill organized and conducted the first ski trip of our Lodge. No one who attended will forget the 1974 Syttende Mai at the Ute Pass Community Center in Green Mountain Falls. It was a memorale event. Check out the picture and description of that event below..

For two years Bill and Ingrid arranged with Chef Johnson to cook lutefisk at the hotel and deliver it to the dinner site in electric steam cabinets wheeled into a long horse trailer. When we obtained use of Benet Hill, they arranged to have Chef Johnson train us on the equipment in that great kitchen and we have continued that activity there for 28 years.

Hans and Vivi Bjornen added the following remarks: "We remember so well the big 17th of May in 1977, when Bill and Ingrid, who at the time managed a hotel in Vail and were instrumental in bringing all the Colorado lodges together for a wonderful and exciting event, which became front page news in the Vail newspaper." On a more personal note, Bill and Ingrid had a lot to do with the wedding of Hans and Vivi that took place in October of the same year where Bill was Best Man and Ingrid was the Matron of Honor. Ingrid, an accomplished seamstress, made Vivi's wedding bunad.

Eventually, their work took them out of town. Ingrid moved back to the Springs some years ago and ill health prevented active participation in the Lodge. She played an important part in the formation and the development of our Lodge and is well remembered by the old timers.



Photo at Left

1974 Syttende Mai at the Ute Pass Community Center in Green Mountain Falls. Inger Pappas was the Social Director and Bill and Ingrid Grove contributed mightily to the event. Bill and helpers put up a false ceiling in the great hall; special lighting was brought in; a giant seashell became the background for a mountain of boiled shrimp; the salmon and salmon mousse were works of art; the foods and tables were tastefully decorated; men wore coats and ties and the ladies, long dresses; and it cost \$4.00. It was elegant! Forty-six years later we are still talking about it.

February Birthdays

Kris J Barney	1
David Allan Haugen	7
Vivi L Bjornen	8
Richard Mark Fisher	8
Lillian May Hermanson	9
Beverly R Broin	11
Karen A Swartley	11
Tanya M Anderson	12
Jennifer Bostow	13
Jessica Bostow	13
Clarence Versluys	15
Sean K Meier	18
Lyne Mann Lundquist	19
David O Haukom	20
Kerry Ann Hefta	22
Maddison Maddox	23
A Laurance Moe	23
Celeste N Osburnsen	23
Paul R Wiig	25
Elaine Hellem	27



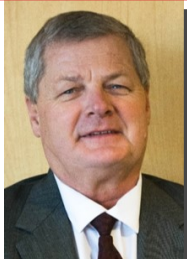
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Colorful Norwegian Phrases

Vivid idioms make language learning fun and memorable.
Try working these into everyday conversation.

Ta for god fisk - Take for a good fish
Meaning:
Accepting someone's words at face value



Kendall Kjerstad

*Financial
Benefits
Counselor*



FJELLHEIM - 2021 OFFICERS

Board of Directors

President	Becky Tamblyn	271-3631
Vice-President	Vacant	
Counselor	Kerry Hefta	266-9429
Secretary	Vacant	
Treasurer/Finance	Terry Mapstone	351-5644
Membership	Kathie Godsil	266-9592

Program Directors

Sunshine	Karen Ravnaas	390-0621
Cultural Coordinator	Jean Luce-Hagen	661-7667
Social Coordinator	Kathie Godsill	266-9592

Support Officers

Greeters	Lois Halvorson Cleo Allgood	632-6003 598-1982
Marshall	Leonard Beasley David Haugen	471-1801 599-0810
Editor	Kerry Hefta	266-9429
Web Page & Facebook	Randy Johnson	260-7028
Musician	Sonja Gund	473-9588
Publicity	Eunice Bluhm Randy Johnson	351-3554 260-7028
Librarian	Sonja Gund	473-9588
Viking Sisters	TBD	

Committees/Special Activities

Auditors	Dean Tollefson Ole Bakken Sara Berge	473-1110 632-3892 495-2134
Financial Benefits	Kendall Kjerstad	605 939-1714 or 970-697-1114

Fjellheim Management Corporation (FMC)

Directors	Karen Ravnaas Jeff Calvin Paul Wiig Jerry Maines John Larson	390-0621 331-8575 596-6159 282-0253 570-0043
Trustees	Terry Mapstone Jerry Johnson	351-5644 495-0253

Colorado Zone 8 Director Beverly Moe 720-746-9755
bevm259@comcast.net

District 6 President Luella Grangaard 760-363-7704
morongo2@verizon.net

Sons of Norway Board Mary Beth Ingvaldstad 707-987-2404
mbingvaldst@aol.com

Sons of Norway

Monthly Newsletter

Kerry Hefta, Editor

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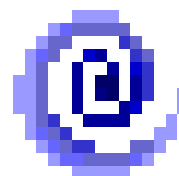
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Caren Alvestad R.M.T., C.N.M.T



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