

## The Acmar Soul Miner

Searching for wisdom
As for hidden treasures...
For the Lord gives wisdom



#### Work is Good / Rest is Holy

Thus the heavens and the earth, and all the host of them, were finished.

And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work.

Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made. (Genesis 2:1-3)

God worked for six days and then rested. God chose to include humans in work.

The LORD God planted a garden eastward in Eden, and there He put the man whom He had formed. (Genesis 2:8)

The LORD God took the man and put him in the garden of Eden to tend and keep it.

In his book, <u>24/6 a prescription for a healthier</u>, <u>happier life</u>, Dr. Matthew Sleeth writes, "Genesis opens with the Lord speaking the universe into existence. After each day, the Lord said, "Good." When you and I were formed, the Lord said, "Very good." Yet when the Sabbath was created, the Lord whispered, "Holy." <sup>1</sup>

God's work was good. God's rest was holy. Our work can be good. Our rest can be holy.

Work which is good is honest work which is done to fulfill a need and make the world a better place. Rest which is holy is stopping work to be thankful, spend time with God and refresh one's body, soul and spirit.

<sup>1</sup> Sleeth, Matthew, M.D. Carol Stream, IL: Tyndale House Publishers, 2012, page xiv.

God led the Israelites out of slavery in Egypt and gave them commandments to live by which would make their lives healthier and happier. The fourth commandment was "Remember the Sabbath day, to keep it holy."

Sabbath means "cease from work." Labor six days and rest. The fourth commandment applies equally to men and women. It is made to protect those who believe and those who do not. It is to be followed by humanity, and it is observed by God.

God does not get weary so God was not tired from work but chose to rest and bless the day. Taking a "holy" day of rest will happen when we choose to remember. We will be blessed.

If you would like to learn more about Sabbath rest and how it can change your life, Acmar invites you to a DVD Bible Study.

Acmar United Methodist Church 4107 Old Acton Road Moody, AL 35004

invites you to a DVD Bible Study 24/6 a prescription for a healthier, happier life by Dr. Matthew Sleeth

Tuesday, Sept. 12 & Tuesday, Sept. 26 Tuesday, October 10 & Wed., Oct. 25 from 10:30 - 11:30 am at Acmar UMC

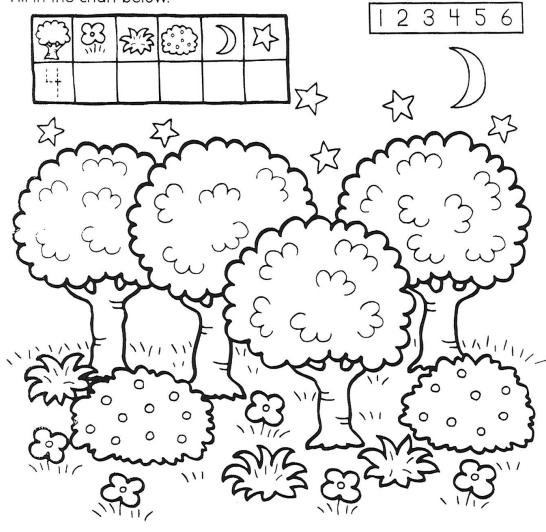
For details on an evening study call the church at (205) 640-4325

The Soul Miner via E-mail/Acmar Website To receive "The Acmar Soul Miner" via e-mail, e-mail Donna Turner at <a href="mailto:mscturner@aol.com">mscturner@aol.com</a>. You may also view the Soul Miner at our website <a href="mailto:www.acmarumc.org">www.acmarumc.org</a>. If you wished to be removed from the postal or e-mail list, please e-mail Donna Turner.

# Children's Camp

Count all the different kinds of things God created. Fill in the chart below.





The wisdom of God.

We see it in verses but sometimes we have to dig to uncover the meaning.

#### Look Here:

Our Bible says, "God saw everything" that He had made, and indeed it was very good... God ended His work and rested from all His work." (Genesis 1:31; 2:2)

#### Digging In:

God made the world and everything in it. —God saw that what He made was very good. God rested from His work.
God blessed the day of rest.

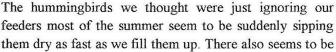
God made people and gave us work to do. We can do work which is very good. We rest from our work. God blesses us.

## The Acmar Community Quilt

SURPRISE! No, it's not a party - it's September.



As August melts away into September, we begin to see and feel some subtle changes around Acmar.





an assortment of sizes. Are the tiny ones youngsters? Or are they just different varieties as they all begin their long migration south. Some feeders that sat seemingly unnoticed most of the summer are now literally humming with visitors intent on claiming their share as they zoom in with the speed and accuracy of flying pilots from a Star Wars movie.

Driving along, you might begin to notice a variety of white Morning Glory vines blooming as they hang from bushes, limbs, or even wires for the power poles on the roadside. They might be called other names like greater bindweed, old man's nightcap, wild morning glory, bride's gown, white witch's hat, and belle of the ball.

Another perennial favorite sometimes confuses people because they are called by so many different names. The white, star-shaped cluster of blooms of what is commonly considered a form of wild clematis can also be known also known as old man's beard, devil's darning needles, devil's hair, love vine, traveler's joy, virgin's bower, wild hops, and woodbine. It is surprising to learn they are relatives in the buttercup family. Honeybees are attracted to the faint scent of the wild clematis blossoms, and the wild clematis also provides seeds and safe nesting places for many of our favorite backyard birds through the winter.

So, wondering where the surprise is? Toward middle and late September, some of us are pleasantly surprised when we step outside one morning to find that the surprise lilies seem to have magically appeared in the yard overnight as we slept! There was no indication of leaves, buds, or stems the day before, and most of us probably forget from year to year just exactly where the lilies were in the past. This is another favorite from old home places shared by friends and family and is also known by so many different names that people might think they are talking about different plants. Surprise lily, spider lily, magic lily, resurrection lily, pink flamingo flower, hurricane lily, and even naked lily are all talking about the showy blooms atop that tall stem over a foot tall! The surprise lilies remind us that cooler mornings are ahead.



We may be seeing more of the end of summer surprises this year since abundant rainfall has helped ease some of the loss after last year's drought. And you don't need a field guide or Google to learn the names to just go outside and enjoy September surprises here in Acmar or just remembering some of these late summer surprises from your past.



### September 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ſ	Cultury	Monday	lucsuay	Veullesday	Thursday		
	Gudrun's Art Work on Exhibit  Month of September: 2 <sup>nd</sup> Floor of St. Vincent's East Trussville  September 9 / Leeds Arts Council / Reception 6-8 pm  September 10 / Leeds Arts Council / Reception 1:30-3:00 pm					1	2
	CHURCH 9 am Nora Howard	4 IIIIIII U.S.A. LABOR DAY	5	MCA 3-5 pm White's Chapel	7	8	9 Gudrun's Art Exhibit Leeds Arts Council 6-8 pm
	10 CHURCH 9 am Gudrun's Art Exhibit Leeds Arts 1:30-3:00 p	11  Paul Goodner	Bible Study Church 10:30 am Byers Home 6:30 pm	13 CHURCH SUPPER 6:30 pm Kristi Wolfe Belinda	<b>14</b>	15	16
	17 CHURCH 9 am U Joshua Byers Gwen Bosworth	18	BINGO Moody 10:30 am	MCA 3-5 Blue Grass Moody 6pm Max Lowery	21	FIRST DAY OF AUTUMN  Michele Cash	23  Brandon Howard
	CHURCH 9 am  John Bosworth	25 Stan Siegrest	26 Bible Study Church 10:30 am Byers Home 6:30 pm	27	BINGO Leeds 10 am	29	30
	Acmar United Methodist Church						

#### Soul Food for September

Fri., September 1 Isaiah 42:9-16
Sat., September 2 Philippians 4:6-7

Mon., September 4
Tue., September 5
Wed., September 6
Thur., September 7
Fri., September 8
Sat., September 9

Exodus 12:1-14
Psalm 149
Romans 13:8-14
Matthew 18:15-20
1 Thessalonians 5:12-23
Ephesians 6:10-18

Mon., September 11
Tue., September 12
Wed., September 13
Thur., September 14
Tri., September 15
Sat., September 16

Exodus 14:19-31
Exodus 15:1b-11, 20-21
Romans 14:1-12
Matthew 18:21-35
James 1:1-12
Haggai 1:7-9; 2:4-5

Acmar United Methodist Church
P.O. Box 85 / 4107 Old Acton Road / Moody 35004
Moody Crossroads / Intersection Hwy. 411/Cty. 10
Take Cty. 10 W. (Park Ave.) toward Trussville;
Travel 1 mile; Right onto Acmar Rd; Travel 2 mi.
Left onto Old Acton Road. Phone: 640-4325

Mon., September 18
Tue., September 19
Wed., September 20
Thur., September 21
Fri., September 22
Sat., September 23

Exodus 16:2-15
Psalm 105:1-6, 37-45
Philippians 1:21-30
Matthew 20:1-16
1 Kings 17:8-24
Psalm 139:13-18

Mon., September 25 Exodus 17:1-7
Tue., September 26 Psalm 78:1-4, 12-16
Wed., September 27 Philippians 2:1-13
Thur., September 28 Matthew 21:23-32
Fri., September 29 Psalm 27:1-3, 13-14
Sat., September 30 Luke 7:11-15