

ASHLEY LUTZ

Professional Fastpitch Pitching Instructor

314-303-4654

ashleylutz14@yahoo.com



Ashley graduated from Missouri Southern State University in Joplin, Mo. where she played her final two years of softball. Throughout her softball career, she has collected five years of instructing and coaching experience. Ashley was the starting pitcher all four years at St. Dominic High school in O'Fallon, Mo, holding the season strikeout record and being named 1st Team All-District Pitcher of the year along with 1st Team All-Conference Pitcher of the year. Ashley started her collegiate playing years at Central Methodist University, 2012-2013 where she pitched on the Varsity team for one year. Ashley was then the starting pitcher at St. Charles Community College (2013-2014) and for Missouri Southern State University from 2014-2016. She broke the strikeout record her senior year at MSSU, was voted team MVP, and earned All-Conference Honorable Mention honors.

HIGH SCHOOL/COLLEGE EXPERIENCE

Missouri Southern State University (Starting Pitcher): 2012-2013

- Strikeout Record Senior Year
- Team MVP Senior Year
- All-Conference Honorable Mention

St. Charles Community College (Starting Pitcher): 2013-2014

Central Methodist University (Starting Pitcher): 2012-2013

- Varsity Starting Pitcher

St. Dominic High School - Mo (starting pitcher): 2008-2012

- 4-year Varsity starter
- 1st Team All-District Pitcher of the year
- 1st Team All-Conference Pitcher of the year.

COACHING EXPERIENCE:

- Head Coach, 16U Lady Sluggers (2019)
- Pitching Instructor (2014-present)
- Head Coach, 14U Lady Aces (2018)

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