September/October 2020 At a glance Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Online Worship 11:00 Communion	7	8 Gratitude Team 7pm	9 Leading Out of the Crisis	10 Craft/Study resumes online	11	12
13 Online Worship 11:15 Open Hearts	14	15 LSC Council 7pm	16 Leading Out of the Crisis	17 Craft/Study	18	19
20 Online Worship 11:15	21	22	23 Leading Out of the Crisis	24 Craft/Study	25 Film & Faith	26
Online Worship 11:15 Post worship Tea	28	29	30 Leading Out of the Crisis	Craft/Study Faith Formation 7pm	2	3

PLEASE NOTE: lots of programming at Eastside has been suspended or has moved online during this COVID-19. If you are unsure if a program you attend is suspended, contact the program organizer or email eastsideunited@sasktel.net to check.

In-Person Worship: Consistent with the recommendations of the Living Spirit Centre Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold.



ANNOUNCEMENTS



September 6, 2020



306-761-0556 eastsideunited@sasktel.net Like us on Facebook (Eastside United Church) Follow us on Twitter @Eastside_united www.eastsideunited.ca

Velcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Ken Powers Pianist: Michelle Dickie

Scripture Reading: Russell Mitchell-Walker

Tech Support: Amanda Benesh

Last week's attendance: 30 Offering: \$1610

(not incl. PAR)

Weekly budget: \$1463

Worship will be happening online via Zoom <u>HERE</u>. You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268.

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email Harvey at eastsideunited@sasktel.net.

Harvey's Hours: Tuesday, Wednesday, Thursdays.

Russell's Hours: Russell is away for medical leave. If you are in need of pastoral care, or have questions or concerns, please contact the Eastside Office. eastsideunited@sasktel.net or 306.761.0556. Russell is presently easing back to work, attending meetings, and facilitating the Leading out of the Crisis group and Craft/Study. Ken Powers continues to lead us in Worship and offer Pastoral Care.

We still need your support as our ministry continues! Making your offering online (http://www.eastsideunited.ca/donate2.html) couldn't be easier. Additionally, offerings can be mailed to Eastside at: Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1 Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

Hello Neighbour Card Reminder: there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

Cloth Masks: It is important to wear masks when we are out in public, especially indoors. If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Glady Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

Leading Out of the Crisis: This resource is offered by the Missional Commons which have offered a number of webinars reflecting on our experience of ministry during the Pandemic and our learnings in our community. They have created this resource to help congregations discern how to move out of this pandemic time, into the mission and ministry we are being called to. You are invited to join in this program of discerning and direction for our future. If you are interested in this program, please email Harvey before September 8th to register. The program starts September 9th online at 7pm for four weeks

Film & Faith resumes Sept 25. Stay tuned for details.

RACIAL JUSTICE WORKSHOP: An LSC wide event to learn about racism, white supremacy, and white privilege and how we can be Anti-Racist. Facilitated by Nancy Yee, St. Philip and Brian Mitchell-Walker, Eastside Dates in the fall, TBD

Yoga Resuming September: yoga classes with Connie will be held online. Classes are available in September. Visit www.bigfishyoga.ca for more information and to register.

Fall Programming Surveys: In the latest issue of Horizons, there are two surveys about potential fall programming to start this September. We

would like feedback on this programming! Please fill out the surveys for: House Church and Multi-Generational Connections.

Fall Meditation Schedule: The fall season will begin on Monday, September 14th. The meditation group will continue to meet via Zoom for now. If you have any questions, please contact Shauna Powers.

Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact or Doug Scheurwater.

Food Donations: Alex Pelletier is making lunches for the homeless and is accepting donations of juice boxes, granola bars and fruit, he could use more than what he has been receiving. If you are able to, donations can go in the blue bin outside the office doors by Friday. Harvey will be at the Living Spirit Center on Thursdays from 10 am – 11 am if you want to drop off your donation then (mask wearing encouraged!). If someone is able to volunteer to deliver donations to Alex, let Harvey know. Alex is continuing lunches until the end of September.

LBC Open House: https://www.facebook.com/events/946401049176374

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.

Did you know that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, or Brian Abrahamson.

Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at

www.eastsideunited.ca under the What's New heading!

Suspended/Moved Programming as of September 2nd:

- TOPS is suspended until further notice
- Eastside Community Dinner is suspended until further notice
- Craft/Study is returning in September online
- Eastside Choir has canceled rehearsals until further notice
- Messy Church is suspended until further notice. We are creating
 a box of activities for children. Let the office know if
 you would like one for your family.
- Women's Breakfast is suspended until further notice
- AA is suspended in-person
- Forever... in Motion is suspended until further notice.

