

MANFREDO'S GYM & STRIKING BEAUTIES

PETER MANFREDO, SR 401.641.6973

1375 PARK AVE, CRANSTON, RI

HOME OF "ROCK STEADY BOXING BEAUTIES & BEASTS"

FALL/WINTER 2018 SCHEDULE

MONDAY

5:00 PM	CO-ED KIDS	BOXING	PETER
6:00 PM	STRIKING BEAUTIES ALL-WOMEN		DENA

TUESDAY

6:00 PM	CO-ED	BOXING	PETER
---------	-------	--------	-------

WEDNESDAY

4:00 PM	ROCK STEADY BOXING/ PRIVATE CLASS		
5:30 PM	CO-ED KIDS	BOXING	PETER

THURSDAY

6:00 PM	CO-ED	BOXING	PETER
---------	-------	--------	-------

FRIDAY

CALL FOR OPEN GYM

SATURDAY

9AM	CO-ED	BOXING	PETER
11AM	ROCK STEADY BOXING/ PRIVATE CLASS		