

2017 Sand Dollar/Whitlow Invitational

Final Schedule

This is the final schedule for the 2017 Sand Dollar/Whitlow Invitational. Please check the web site (www.egoboosters.org) prior to leaving for Orlando for the final session start times. Requests to change sessions at this point cannot be honored. We will have 6 gyms running simultaneously. Gyms A, B, C, D (Saturday only) will run in the HP Field House and Gym E & F in the Jostens Center. Gym B will be utilized for men's competition. Gyms A, C, D, E & F will hold Women's Competition. Be sure to check for your club in all six gyms! Individual awards follow each session.

Friday, January 20, 2017

HP Field House

Gym B - Modified Traditional

Session 1 – Men's Level 6

8:00 AM: General Stretch

8:20 AM: Timed Warm/Competition

11:15 AM: Awards

Participating Gyms:

Air Force	Harbor City
Apollo - FL	High Performance
Apollo - VA	LaFleur's
EVO	Orlando Metro
G. USA	Southern Starz
Gold Coast	Twisters

Session 2 – Men's Level 6

11:30 AM: General Stretch

11:50 AM: Timed Warm/Competition

2:30 PM: Awards

Participating Gyms:

Capital	
First Coast	MGA
Gallagher's	North FL - OP
Genie's	Oldsmar
Gym Force	South Florida
Gym Etc. - FL	Trousdell's
Islands	Twistars USA

Level 6 Team Awards

Session 3 – Men's Level 5

3:00 PM: General Stretch

3:15 PM: Timed Warm/Competition

6:30 PM: Awards

Participating Gyms:

Apollo - VA	Islands
Capital	LaFleur's
Countryside	MGA
First Coast	North FL - OP
Genie's	Oldsmar
Gym Force	Trousdell's
Gym Etc. - FL	Twistars USA
High Performance	

Session 4 – Men's Level 5

6:30 PM: General Stretch

6:45 PM: Timed Warm/Competition

10:00 PM: Awards

Participating Gyms:

Angel's	North FL – JAX
EVO	Orlando Metro
G. USA	Precision - GA
Gallagher's	South Florida
Giguere's	South Miami
Gold Coast	TGR
Gym Nest	Twisters
Harbor City	Universal

Level 5 Team Awards

Gym C – Modified Capital Cup

Session 1-Women's Level 9

8:00 AM: General Stretch

8:20 AM: Timed Warm/Competition

11:30 AM: Awards

Participating Gyms:

Docksiders	Roswell
JamJev	Starlight
North Stars	TumbleBees-Jupiter
Premier	Vision

Session 2 – Women's Level 9

11:30 AM: General Stretch

11:50 PM: Timed Warm/Competition

3:00 PM: Awards

Participating Gyms:

Bay Valley	JAG
Campia	Jam Hops
Central VA	Mountain West
Chattanooga	Olympia
EVO	Rebound - AZ
Florida Elite	TAG USA
G. USA	Triad
GTC - MI	Ultimate - IL
Gym Force	West Broward

Session 3 – Women's Level 9

3:00 PM: General Stretch

3:20 PM: Timed Warm/Competition

6:30 PM: Awards

Participating Gyms:

360	Morgan's
Aerials - CO	Next Dimension
AIM	Paragon
Carolina	Twin City Twisters
ESGA All Stars	Victory
Head Over Heels	VIGS
Lakewood Ranch	WISC
Mid-Michigan	

Level 9 Team Awards

Session 4- Women's Level 10/Open

6:30 PM: General Stretch

6:50 PM: Timed Warm/Competition

10:00 PM: Awards

Participating Gyms:

AIM	Meadowview
All American	Morgan's
Campia	Mountain West
Carolina	New Bern
Chattanooga	Palm Coast
Countryside	Paragon
ESGA All Stars	Port City
Gym Like This	Premier
Gym Nest	Roswell
Head Over Heels	TAG USA
JAG	Twin City Twisters

2017 Sand Dollar/Whitlow Invitational

Final Schedule

Saturday, January 21, 2017

HP Field House

Gym B-Modified Traditional Session 5 – Men's Level 8/JD

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
12:00 PM: Awards

Participating Gyms:

Air Force	Harbor City
Apollo - FL	High Performance
Apollo - VA	LaFleur's
Capital	MGA
EVO	Oldsmar
G. USA	Oregon
Gallagher's	Orlando Metro
Genie's	Queen City
Gravity Forged	Sandhills
Gym Force	TGR

Level 8 Team Awards

Session 6 – Men's Level 9

12:00 PM: General Stretch
12:30 PM: Timed Warm/Competition
4:00 PM: Awards

Participating Gyms:

Apollo - FL	Mid-Michigan
First Coast	North FL - OP
G. USA	Oregon
Gallagher's	Orlando Metro
Giguere's	Prestige - FL
Gold Coast	Queen City
Gym Nest	Sandhills
Gym Force	Twistars USA
High Performance	Universal
LaFleur's	

Level 9 Team Awards

Session 7–Men's Level 10/E

4:30 PM: General Stretch
5:00 PM: Timed Warm/Competition
9:30 PM: Awards

Participating Gyms:

Apollo - FL	Nishida's
Capital	Oldsmar
Countryside	Oregon
EVO	Orlando Metro
G. USA	Prestige - FL
Gravity Forged	Queen City
Gym Force	Sandhills
Harbor City	Trousdell's
High Performance	
LaFleur's	Twistars USA
Mid-Michigan	Universal

Level 10 Team Awards

Gym C-Modified Capital Cup Session 5 –Women's Level 10/Open

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:30 AM: Awards

Participating Gyms:

C & C	Mid-Michigan
Docksiders	North Stars (7)
Force	Olympia
Girl's Co-Op	Precision - GA
Golden City	Starlight
Hocking Valley	Sun Country
Intensity	Triad
JamJev	VIGS

Session 6 –Women's Level 10/Open

11:30 AM: General Stretch
11:50 PM: Timed Warm/Competition
3:00 PM: Awards

Participating Gyms:

EVO	North Stars (6)
GAA	Orlando Metro(4)
GTC - MI	Perfect Balance-NC
High Point	Sonshine (3)
Metroplex (10)	Summit - GA
Michigan Acad.	Tumblebees

Session 7– Women's Level 10/Open

3:00 PM: General Stretch
3:20 PM: Timed Warm/Competition
6:30 PM: Awards

Participating Gyms:

Aerials – CO (4)	LaFleur's
American Twisters(7)	Lakewood Ranch(7)
Bart Conner	North Wind
Bay Valley	Orlando Metro(8)
Coast Elite (2)	Southeastern(2)
Florida Elite	Twistars USA(4)
G. USA	WISC
GK Vitkovice	

Session 8 –Premier Level 10/Open

6:30 PM: General Stretch
6:50 PM: Timed Warm/Competition
10:00 PM: Awards

Participating Gyms:

Aerials – CO(8)	North Stars (6)
American Twisters(8)	Orlando Metro(2)
Coast Elite(4)	Sonshline(8)
Lakewood Ranch(4)	Southeastern (8)
Metroplex(8)	Twistars USA(8)

Level 10 Team Awards

Gym D–Modified Traditional Session 1 – Women's Level 6

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:30 AM: Awards

Participating Gyms:

Bart Conner
Carolina
GAA
Lakewood Ranch (10)
Morgan's
Next Dimension
North Wind (13)

Session 2 – Women's Level 6

11:30 AM: General Stretch
11:50 AM: Timed Warm/Competition
3:00 PM: Awards

Participating Gyms:

G. USA
Hocking Valley
JAG
Jam Hops
Lakewood Ranch (10)
Nishida's
Triumph
VIGS
WISC

Session 3 – Women's Level 6

3:00 PM: General Stretch
3:20 PM: Timed Warm/Competition
6:30 PM: Awards

Participating Gyms:

AIM
All American
All Around
Gym Nest
Panastics
Perfect Balance- NC
Perfect Balance - OH
Sun Country

Session 4 – Women's Level 6

6:30 PM: General Stretch
6:50 PM: Timed Warm/Competition
10:00 PM: Awards

Participating Gyms:

Aerials - Canada
DGA
EVO
Golden City
IGG
North Wind (12)
Palm Coast
Rebound - NJ
Summit - GA

Level 6 Team Awards

2017 Sand Dollar/Whitlow Invitational

Final Schedule
Sunday, January 22, 2017
HP Field House

Gym B – Modified Traditional

Session 8 – Men's Level 7

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:15 AM: Awards

Participating Gyms:

Angel's	Mid-Michigan
Apollo - FL	North FL - JAX
Capital	North FL - OP
First Coast	Oregon
G. USA	Prestige - FL
Gallagher's	Queen City
Gravity Forged	Trousdell's
Gym Force	Twistars USA
LaFleur's	Universal
MGA	

Level 7 Team Awards

Session 9 – Men's Level 4

11:45 AM: General Stretch
12:00 PM: Timed Warm/Competition
3:00 PM: Awards

Participating Gyms:

Air Force	High Performance
Capital	Islands
EVO	Mid- Michigan
Gallagher's	Precision - GA
Genie's	Prestige - FL
Gold Coast	South Florida
Gym Force	South Miami
Gym Nest	TGR
	World Class - FL

Session 10 – Men's Level 4

3:00 PM: General Stretch
3:15 PM: Timed Warm/Competition
6:15 PM: Awards

Participating Gyms:

Angel's	MGA
Brown's Gym Orbit	Nishida's
First Coast	North FL - JAX
G. USA	North FL - OP
Gym Etc. - FL	Oldsmar
Harbor City	Orlando Metro
LaFleur's	Southern Starz

Level 4 Team Awards



Gym C - Modified Capital Cup

Session 9 – Women's Level 9

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:30 AM: Awards

Participating Gyms:

All American	Metroplex
Force	Michigan Acad.
GAA	New Bern
Giguere's	North Wind
Hershey Aerials	Palm Coast
High Point	Southern Starz
Intensity	

Session 10 – Women's Level 9

11:30 AM: General Stretch
11:20 PM: Timed Warm/Competition
3:00 PM: Awards

Participating Gyms:

Bart Conner	Precision - GA
C & C	Precision - TX
Coast Elite	Rebound - NJ
Gym Like This	Southeastern
IGG	Summit - GA
LaFleur's	TumbleBees
Palm Beach	Tumbleweeds - GA

Session 11 – Women's Level 9

3:00 PM: General Stretch
3:20 PM: Timed Warm/Competition
6:00 PM: Awards

Participating Gyms:

GK Vitkovice
Golden City
Orlando
Orlando Metro
Perfect Balance – NC
Sonshine
Sun Country
Twistars USA

Level 9 Team Awards

