

**SPORT: TRACK & FIELD**

LEVEL (Varsity, JV, Sophomore, Freshman): ALL LEVELS

| SCHOOL YEAR:       | 2023-2024  |   |                                       |                |                 |                 |                |
|--------------------|--|---|---------------------------------------|----------------|-----------------|-----------------|----------------|
| Practice Begins:   |  | # of Contests:                                  |                                       |                |                 |                 |                |
| Athletic Director: | Derek Rusk   |   | Start Time:                           | 3:00 PM        |                 |                 |                |
| Head Coach:        | Nate Sommars (B), Michele Burns (G)                                    |   |                                       |                |                 |                 |                |
| Asst. Coach:       | David Vallejo, Sarah Pinkstaff, Jeff McKeown, Jalen Burns, Mike Easter |   |                                       |                |                 |                 |                |
| DAY OF WEEK        | DATE   | OPPONENT<br>NAME OF HIGH SCHOOL<br>OR LOCATION  | ADDRESS AND CITY                      | CONTEST TIME   | PRJ TIME        | BUS TIME        | RTN TIME       |
| Tuesday            | TBA  | Parent Mtg                                      | Cafeteria                             | 6:00 PM        | -               | -               | -              |
| Saturday           | 2/17/24  | Westlake Distance                               | Westlake HS                           | 8:00 AM        | -               | 6:15 AM         | 1:00 PM        |
| Wednesday          | 2/21/24  | Westlake, Moorpark                              | Westlake HS                           | 3:00 PM        | 12:15 PM        | 12:30 PM        | 8:30 PM        |
| Saturday           | 2/24/24  | Malibu Invitational                             | Malibu HS                             | 9:00 AM        | -               | 6:15 AM         | 4:00 PM        |
| Friday             | 3/1/24   | Don Green Distance                              | MPHS: 4500 Tierra Rejada Rd, Moorpark | 3:30 PM        | 12:15 PM        | 12:30 PM        | 9:00 PM        |
| Saturday           | 3/2/24   | Don Green Track Meet                            | MPHS: 4500 Tierra Rejada Rd, Moorpark | 9:00 AM        | 6:45 AM         | 7:00 AM         | 5:00 PM        |
| Friday             | 3/8/24   | Ventura Distance Carnival                       | 2 N Catalina, Ventura                 | TBA            | TBA             | TBA             | TBA            |
| Saturday           | 3/9/24   | Spartan Relays                                  | Rio Mesa HS                           | 8:00 AM        | TBA             | TBA             | TBA            |
| <b>Wednesday</b>   | <b>3/13/24</b>   | <b>Channel: Oxnard, Buena, San Marcos*</b>      | <b>Oxnard HS</b>                      | <b>3:00 PM</b> | <b>12:15 PM</b> | <b>12:30 PM</b> | <b>8:00 PM</b> |
| <b>Wednesday</b>   | <b>3/20/24</b>   | <b>Channel: Dos Pueblos, Buena, Pacifica*</b>   | <b>Buena HS</b>                       | <b>3:00 PM</b> |                 |                 |                |
| Friday             | 3/22/24  | Simi Valley Invite**                            | 5400 Cochran St, Simi Valley, CA 9    | 9:00 AM        | TBA             | TBA             | TBA            |
| Saturday           | 3/23/24  | Simi Valley Invite**                            | 5400 Cochran St, Simi Valley, CA 9    | 9:00 AM        | TBA             | TBA             | TBA            |
| Saturday           | TBA  | Meet of Champions**                             | Azusa: 901 E Alosta Ave, Azusa        | TBA            | TBA             | TBA             | TBA            |
| <b>THURSDAY</b>    | <b>3/28/24</b>   | <b>Channel: Ventura, Buena *</b>                | <b>Ventura</b>                        | <b>3:00 PM</b> | <b>12:15 PM</b> | <b>12:30 PM</b> | <b>8:00 PM</b> |
| Friday             | 4/5/24   | Arcadia Invite**                                | 180 Campus Dr., Arcadia               | TBA            | TBA             | TBA             | TBA            |
| Saturday           | 4/6/24   | Arcadia Invite**                                | 181 Campus Dr., Arcadia               | TBA            | TBA             | TBA             | TBA            |
| <b>Wednesday</b>   | <b>4/10/24</b>   | <b>Channel: Santa Barbara, Rio Mesa, Buena*</b> | <b>HOME</b>                           | <b>3:00 PM</b> | -               | -               | -              |
| Friday             | 4/12/24  | Ventura County Meet**                           | MHS: 4500 Tierra Rejada Rd            | 2:45 PM        | 11:00 AM        | 11:15 AM        | 10:00 PM       |
| Saturday           | 4/20/24  | Gordon Stewart F/S Invite                       | <b>HOME</b>                           | 8:00 AM        | -               | -               | -              |
| <b>Thursday</b>    | <b>4/25/24</b>   | <b>League Finals**</b>                          | <b>Rio Mesa?</b>                      | <b>2:00 PM</b> | <b>11:45 AM</b> | <b>12:00 PM</b> | <b>7:00 PM</b> |
| Saturday           | 5/4/2024   | CIF Div 3 Prelims**                             | Yorba Linda High School               |                |                 |                 |                |
| Saturday           | 5/11/2024  | CIF Finals**                                    | MHS: 4500 Tierra Rejada Rd            |                |                 |                 |                |
| Saturday           | 5/18/2024  | Masters Meet**                                  | MHS: 4500 Tierra Rejada Rd            |                |                 |                 |                |
| Friday             | 5/24/2024  | State Meet**                                    | Buchanan HS, Clovis                   |                |                 |                 |                |
| Saturday           | 5/25/2024  | State Meet**                                    | Buchanan HS, Clovis                   |                |                 |                 |                |

\* Channel League contest (in Bold)

\*\* Athletes must qualify Coach will notify student athlete if competing

PRJ TIME: The time students need to be at school to board the bus for their destination

BUS TIME: The time the bus will leave school for its destination

RTN TIME: The time the bus will return students to Buena or Ventura High School