

# West Region Throws Pent Championships 2015

Mesa, AZ

4/25/2015

## Hammer Throw

M40	Mark Landa	52.67
	Eric Cole	51.94
	Hondo Salgado	48.40
M45	Louis Chisari	53.34
	John Wirtz	50.97
	David Bickel	45.20
M50	Greg Retzer	45.06
	Jim Biondolillo	33.46
M55	Jeff Crothers	34.25
M60	Richard Watson	38.95
	Jim Lewis	24.25
M70	Bob Osterhoudt	36.57
M80	Dave Douglas	30.55
W15	Alexandra Collins	43.57
W45	Nancy Medrano	25.57
W55	Kathleen Biondolillo	26.21

## Throws Pentathlon

Age	Name	Total	Place	Hammer	HT Points	Shot Put	SP Points	Discus	DT Points	Javelin	JT Points	Weight	WT Points
M42	Mark Landa	3978	1	51.28	804.00	14.71	875.00	44.38	847	46.27	592	15.77	860
M44	Eric Cole	3804	2	51.94	817.00	13.39	784.00	45.32	869	37.49	453	16.10	881
M40	Hondo Salgado	3428	3	47.63	736.00	12.66	734.00	41.91	791	38.46	468	13.19	699
M45	John Wirtz	4333	1	50.97	896.00	14.65	951.00	47.92	1033	38.80	522	15.74	931
M48	David Bickel	3087	2	45.20	777.00	9.99	607.00	29.61	577	27.90	337	13.63	789
M50	Greg Retzer	2789	1	43.44	702.00	9.48	553.00	31.70	512	19.89	222	15.38	800
M54	Jim Biondolillo	1831	2	33.41	506.00	9.94	585.00	25.07	379	27.98	361	F	0
M56	Jeff Crothers	2519	1	34.25	594.00	9.72	628.00	23.91	397	18.07	218	12.55	682
M62	Richard Watson	3242	1	38.18	675.00	10.78	695.00	33.83	583	37.04	624	13.21	665
M62	Jim Lewis	2971	2	24.25	378.00	9.63	608.00	39.97	715	45.30	799	9.92	471
M72	Bob Osterhoudt	3406	1	36.57	764.00	10.20	712.00	32.72	701	25.05	472	13.49	757
M83	Dave Douglas	3273	1	30.55	813.00	8.62	714.00	23.97	652	17.19	385	11.15	709
W45	Nancy Medrano	3168	1	25.57	547.00	12.01	817.00	35.46	708	21.88	426	9.95	670
W55	Kathleen Biondolillo	2165	1	25.00	601.00	7.10	512.00	13.38	265	13.50	281	7.91	506