PRESIDENT’S MESSAGE

We are planning to have our July social and our August meeting in person, with social distancing observed. We hope to see any of you that feel safe attending at these events – many of us are missing seeing everyone in person!

I spent the end of last week at board orientation – we commented quite a few times that President Diane Mike probably was not envisioning the craziness of this year when she chose “Dawn of a New Era” for her theme. Our national office is hard at work to put on a virtual Annual Conference in half the time the companies that create such things say is needed! I am sure if anyone can pull it off, it is the amazing women of our association. Be on the lookout for information in the near future.

Have a safe and happy July!

Respectfully submitted,
Raven Hoffman
Chapter President

SUMMER SOCIAL:
July 14th @ 5:30pm
Tull Hill Park Lower Picnic Shelter

JULY BOARD MEETING:
July 21st @ 11:30am
Meeting Location Details TBA

NAWIC’S CORE PURPOSE
To enhance the success of women in the construction industry.
2019-2020 BOARD

CHAPTER #237 MEMBER ROSTER

<table>
<thead>
<tr>
<th>Member Name</th>
<th>Company/Position</th>
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</thead>
<tbody>
<tr>
<td>Gin Aguinaga</td>
<td>Graybar Electric</td>
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<tr>
<td>Lisa Christenson</td>
<td>Custom Touch Homes</td>
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<tr>
<td>Amy Christoffels</td>
<td>Sunkota Construction, Inc.</td>
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<tr>
<td>Brooke Cosand</td>
<td>Henry Carlson Company</td>
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<tr>
<td>Cindy Cosand</td>
<td>Egger Steel</td>
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<tr>
<td>Regan Duvall</td>
<td>Jans Corporation</td>
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<tr>
<td>Leah Engesser</td>
<td>Aerotek</td>
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<td>Stacy Fisher</td>
<td>Syverson Tile &amp; Stone, Inc.</td>
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<tr>
<td>Kelly Frederick</td>
<td>Edward Jones</td>
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<tr>
<td>Cierra Haffner</td>
<td>Fully Promoted</td>
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<td>Julie Hahn</td>
<td>Sands Drywall, Inc.</td>
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<tr>
<td>Ann Hill</td>
<td>Gage Brothers Concrete Products</td>
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<tr>
<td>Raven Hoffman</td>
<td>Syverson Tile &amp; Stone, Inc.</td>
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<tr>
<td>Michelle Hunt</td>
<td>Thompson Electric</td>
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<tr>
<td>Tracy Kerkhove</td>
<td>G &amp; R Controls, Inc.</td>
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<tr>
<td>Ashley Kimmel-Miller</td>
<td>Tull Companies</td>
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<tr>
<td>Shelby Knutson</td>
<td>Hegg Construction</td>
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<tr>
<td>Katie Krantz</td>
<td>VanDeWalle Architects, LLC</td>
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<tr>
<td>Karen Krietlow</td>
<td>Muth Electric Inc.</td>
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<tr>
<td>Jamie Lambertz</td>
<td>AGC of South Dakota Building Chapter</td>
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<tr>
<td>Carole Lee</td>
<td>Retired, Honorary Member</td>
</tr>
<tr>
<td>Erica Locke</td>
<td>Articulate</td>
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<tr>
<td>Nancy Matt, NCIDQ</td>
<td>Showplace Kitchens</td>
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<tr>
<td>Sandra Meylor</td>
<td>Vast Broadband</td>
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<tr>
<td>Sara Misterek</td>
<td>Starmark Cabinetry</td>
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<tr>
<td>Teri McKenny</td>
<td>Kenney Acoustical Tile, LLC</td>
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<tr>
<td>Olivia Niggeling</td>
<td>Pella Gateway</td>
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<tr>
<td>Amy Olson-Miller</td>
<td>McKinney Olsen Insurance</td>
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<td>Amanda Painter</td>
<td>Henry Carlson Construction</td>
</tr>
<tr>
<td>Anna Schutte</td>
<td>Lloyd Construction</td>
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<tr>
<td>Melissa Schmidt</td>
<td>Minnehaha County Highway Dept.</td>
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<tr>
<td>Gaila Schreurs</td>
<td>O’Connor Company</td>
</tr>
<tr>
<td>Leah Simmons</td>
<td>Johnstone Supply</td>
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<tr>
<td>Amy Sorlien-Lee</td>
<td>Sorlien Electric, Inc.</td>
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<tr>
<td>Sadie Steen</td>
<td>American Trust Insurance</td>
</tr>
<tr>
<td>Charlene Swanson</td>
<td>Border States</td>
</tr>
<tr>
<td>Michelle Tull</td>
<td>Tull Companies, LLC</td>
</tr>
<tr>
<td>Stephanie VerHey</td>
<td>Howalt-McDowell Insurance, a Marsh and McLennan Agency</td>
</tr>
<tr>
<td>Amy Wollman</td>
<td>Syverson Tile</td>
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</tbody>
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Everyone Can Help Recruit and Grow Our Chapter!
We are always looking to invite new people to our meetings and recruit new members. Don’t be afraid to invite a friend!
COMMITTEES FOR THE GREATER SIOUX FALLS CHAPTER OF NAWIC

Below are brief descriptions of our various committees. Committees and chairperson are established when the fiscal year begins in October. Information on the type of help a committee needs will be found throughout the year in the chapter’s monthly newsletter. But, if you see something you are interested in or would like more information on, contact the chairperson listed on the following page.

50/50 Raffle
Sells tickets at monthly meetings. 50% given to winning ticket holder, 50% contributed to Chapter funds.

Audit
Audits the books kept by the Treasurer. Done each October for the previous fiscal year. Requires three members. At least one must be a Board member.

Block Kids
Conducts a building contest for the purpose of educating elementary school children and promoting interest in construction related careers.

Budget
Develops budget for upcoming fiscal year. Held by Chapter Incoming President, Outgoing President, Incoming Treasurer and Incoming Vice President.

Bylaws
Presents bylaw amendments to the chapter when the National Board or the chapter makes a change.

Finance/Ways & Means
Held by Chapter President, Vice President and Treasurer.

Golf Outing
Plans the golf tournament, which raises funds for the chapter.

Historian/Scrapbook
Maintains the scrapbook and chapter history.

Industry Appreciation/WIC Week
Plans annual appreciation recognition to thank employers of our members for their support during the past year. Plans activities to celebrate Women in Construction Week (held in March)

Membership
Devises ways to increase and maintain membership.

Newsletter
Compiles information for the chapter’s monthly newsletter and distributes it to the members.

Nominating Committee
Recruits members to run for Board and Officer positions.

PDE - Professional Development and Education
Develops monthly programs that are directed toward professionalism, construction and self-improvement.

Public Relations
Writes and submits news releases on chapter meetings and activities to the news media.

Roster
Maintains and updates the chapter roster book.

Safety & OSHA
Provides members an awareness of safety and health issues as they pertain to the construction industry.

Scholarship
Maintains contact list for distribution of applications to the area schools and past participants, distributes application information to said list, promotes both Chapter and NFSF scholarships.

Social Media
Keeps the chapter’s website and Facebook page content current. Check’s Chapter email.

Social Committee (including Winter and Summer Social)
Plans monthly social events as well as the December and July meetings, which are casual social events.
Committee volunteers welcome and appreciated!
Contact committee chairs or Raven Hoffman at Syverson Tile for more information.

**Membership:**
Chair - Karen Krietlow, Members: Gaila Schreurs, Gin Aguinaga

**Roster Book:**
Tracy Kerkhove

**Public Relations/Marketing:**
Co-Chairs - Karen Krietlow, Leah Simmons

**Historian/Scrapbook:**
Chair - Brooke Cosand

**WIC Week/Industry Appreciation:**
Co-Chairs - Karen Krietlow/Michelle Tull, Members: Gin Aguinaga, Stacy Fisher, Brooke Cosand, Sara Misterek

**Newsletter:**
Chair - Leah Simmons

**Social Media (Website/Facebook/Email):**
Chair - Karen Krietlow, Members: Stacy Fisher

**Bylaws:**
Chair/VP - Michelle Tull

**Nominating Committee:**
Chair - TBD, Members: Brooke Cosand, Gaila Schreurs, Gin Aguinaga

**Finance/Ways & Means:**
Chair - Gin Aguinaga/Chapter Treasurer, Members: 
Raven Hoffman, Chapter President 2019-2020 
Michelle Tull, Chapter Vice President 2019-2020

**Audit 2020:**
Chair – Gaila Schreurs, Members: Brooke Cosand, Sandra Meylor

**Budget:**
Chair - Raven Hoffman, Incoming Chapter President
Gin Aguinaga, Incoming Treasurer
Michelle Tull, Incoming Vice President
Leiah Engesser, Outgoing Treasurer

**Golf Tournament/2020 Fundraising:**
Co-Chairs - Karen Krietlow/Gin Aguinaga, Members: Teri McKenney, 
Lisa Christenson, Stacy Fisher, Sara Misterek, Stephanie VerHey, Tracy Kerkhove

**50/50 Raffle:**
Co-Chairs - Gaila Schreurs, Amy Christoffels

**Professional Education/Construction Industry:**
Chair - Karen Krietlow, Members: Michelle Tull, Sara Misterek, Stephanie VerHey

**Safety/OSHA:**
Co-Chairs - Regan Duvall, Amy Sorlien-Lee

**Scholarship:**
Chair - Open, Members: Cindy Cosand

**Block Kids 2019:**
Co-Chairs -Karen Krietlow, Stacy Fisher, Members: Stephanie Verhey, 
Amy Sorlien-Lee, Michelle Tull, Sara Misterek, Brooke Cosand, Sally Bonrud

**Block Kids 2020:**
Chair - Karen Krietlow, Members: Michelle Tull, Stacy Fisher, Amy Christoffels, 
Leah Simmons, Sara Misterek

**Social Committee:**
Chair - Brooke Cosand, Member: Michelle Tull, Leah Simmons, Gin Aguinaga, 
Cindy Cosand, Leiah Engesser

**Sponsorship:**
Co-Chairs: Michelle Tull, Gin Aguinaga, Stacy Fisher
NAWIC’s Code of Professionalism

WHEREAS, the NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION, hereinafter referred to as NAWIC, is an international association dedicated to the advancement of women in the construction industry, and

WHEREAS, integrity, professionalism, respect and courtesy are all fundamental values of NAWIC, and

WHEREAS, NAWIC’s officers, directors, staff and members represent the Association to others within and outside of the construction industry, and

WHEREAS, NAWIC and its members wish to set out in writing the code of professionalism by which they strive to implement their fundamental values in all their actions, for both internal and external activities,

NOW, THEREFORE, the following is adopted as the CODE OF PROFESSIONALISM of the National Association of Women in Construction:

NAWIC members will act at all times in conformance with the following Association Policy NAWIC is self-governing, non-profit, non-partisan and non-sectarian.

NAWIC members will use their best efforts to ensure that the statements made and positions taken fairly represent the view of the entire group on behalf of which they are authorized to speak.

NAWIC members, when representing members of the Association, will take steps to hear and consider the views of all their constituents and make those members feel that their views are important, even if the position taken is in disagreement with any member’s particular views.

NAWIC members, when representing the Association, its Committees, Regions, Councils or Chapters shall give those positions their full support.

NAWIC members shall treat as confidential any information to which they are given access by virtue of being an officer or director, candidate for office, or director-elect.

NAWIC members shall conduct themselves professionally in the course of any activities affecting the Association, including campaigning for office.
**JULY BIRTHDAYS**
Teri McKenny, July 11
Stacy Fisher, July 17

**JULY ANNIVERSARIES**
Jamie Lambertz, 6 Years
Amy Olson-Miller, 8 Years

**WELCOME NEW MEMBER!**
Michelle Hunt, Thompson Electric

**NEWSLETTER ITEMS WANTED**
Submit your information to Leah Simmons (email to leah.simmons@johnstonesupply.com) by the second to last Friday of the month. We are looking for the following information:

- Promotions
- Good News
- Help Wanted
- Congrats!
- New Baby
- Marriages
- Company News
- Retirements
- Movers & Shakers

**MEETING/EVENT RSVP REMINDER**
Just a reminder that RSVP’s for our monthly meetings are due by noon on the Friday previous to the meeting. If you have changes to your RSVP after noon on that Friday, please only contact your person directly.

The calling committee will take care of notifying the correct people of the changes. Also, please take the time to respond to the Correspondence Committee when they send out the Meeting/RSVP notice. It will help in the amount of extra time spent if they can get responses the first time around. Thank you much for your cooperation!

**STANDING RULE #12:** Reservations for dinner meetings are made through the Corresponding Secretary. Please let us know as soon as a “yes” RSVP has to be changed to a “No”. The Chapter and/or board cannot guarantee dinner to anyone who does not make a reservation for dinner, but does attend.”

*Thanks for your cooperation on this!*
CHAPTER CALENDAR OF EVENTS

SUMMER SOCIAL:
July 14th @ 5:30pm
Tull Hill Park Lower Picnic Shelter

JULY BOARD MEETING:
July 21st @ 11:30am
Meeting Location Details TBA

August Education/Meeting
August 4th @ 5:30pm - 7:00pm
Associated General Contractors of SD Building Chapter, 7501 Arrowhead Parkway, Sioux Falls

25TH Annual Golf Outing
August 26th @ 9:00 am
Willow Run Golf Course

2020 EVENTS CALENDAR

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Topic</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>July</td>
<td>7/14/20</td>
<td>Summer Social</td>
<td>Tuthill Park</td>
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<tr>
<td>August</td>
<td>8/4/20</td>
<td>Mental Health and the Construction Industry</td>
<td>AGC of SD Office</td>
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<tr>
<td>September</td>
<td>9/8/20</td>
<td>Equipment Rodeo</td>
<td>TBD</td>
</tr>
<tr>
<td>October</td>
<td>10/6/20</td>
<td>Networking/Board Reception/Member of the Year</td>
<td>Cherry Creek</td>
</tr>
<tr>
<td>November</td>
<td>11/10/20</td>
<td>DIY workshop</td>
<td>Jans Corporation</td>
</tr>
<tr>
<td>December</td>
<td>tbd</td>
<td>Winter Social</td>
<td>TBD</td>
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</table>
Welcome Little Claire!
Our congratulations go out to Leah and Matt Engesser on the birth of baby Claire Sandra on May 27th!

Congratulations Mr. & Mrs. Knutson
Wishing Shelby and her husband, Nathan, a heartfelt congratulation on their recent wedding! Best wishes!

Congratulations Scholarship Winners!
Josh Schmidt and Esther Susa, both Construction Management students at SDSU!

Welcome to our Newest Member!
We can’t wait to get to meet you in person: welcome aboard Michelle Hunt from Thompson Electric!

Way to Go!
Congratulations to Amanda Painter on your promotion to Controller at Henry Carlson Construction!
How long have you worked there?
One year.

What is your title and what are your duties?
Cost Accountant

What are your personal interests?
I’m a wedding and family photographer on the side and LOVE capturing people through their life adventures. I also have played the piano for over 15 years!

Tell us about special people in your life:
Two men in my life: my boyfriend, Josh & my mini golden doodle, Charlie!

How were you introduced to NAWIC?
I worked with Karen Krietlow at Muth Electric while I was still in college and was originally introduced to NAWIC there but decided to dive headfirst when I began my full-time career at Lloyd Construction.

What is your favorite memory, committee, or area of interest in NAWIC?
My favorite memory from NAWIC in my short time here was putting together a promotional video that empowered the women of construction. It also helped me get to know more individuals better!

Anything else you can share?
You may not be seeing me around much anymore 😊 I will be moving to Marshall, MN in July to begin my career in public accounting at Hoffman & Brobst. I’m hoping to stay connected to my construction roots through various audits & tax returns that Hoffman & Brobst does for local contractors. However, I look forward to seeing how NAWIC changes and grows virtually from afar! Everyone at NAWIC has been so nice! I can’t wait until we can all get together in person again.
HEAT-RELATED ILLNESSES

Heat-related illnesses can quickly progress from heat exhaustion to heat stroke and even result in death. Learn the symptoms, how to help, and how to prevent.

<table>
<thead>
<tr>
<th>Heat Exhaustion</th>
<th>Heat Stroke</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Signs and Symptoms:</strong></td>
<td><strong>Signs and Symptoms:</strong></td>
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<tr>
<td>• Muscle cramps</td>
<td>• Hot, dry skin</td>
</tr>
<tr>
<td>• Heavy sweating</td>
<td>• Loss of consciousness</td>
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<tr>
<td>• Cold, pale, moist skin</td>
<td>• Very high body temperature</td>
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<tr>
<td>• Fatigue, weakness</td>
<td>• Throbbing headache</td>
</tr>
<tr>
<td>• Intense thirst</td>
<td>• Confusion, difficulty speaking</td>
</tr>
<tr>
<td>• Nausea, headache</td>
<td>• Hallucinations, strange behavior</td>
</tr>
<tr>
<td>• Confusion, dizziness</td>
<td>• Seizures</td>
</tr>
<tr>
<td>• Fast, shallow breathing</td>
<td>• Nausea, vomiting</td>
</tr>
</tbody>
</table>

**Call 9-1-1 immediately; this is a medical emergency**

- **Stay** with the victim until help arrives
- **Move** to a cooler, shaded location
- **Remove** as much clothing as possible (socks and shoes too)
- **Wet** the victim’s skin and clothing with cool water
- **Apply** cold, wet cloths or ice packs to head, face, neck, armpits, and groin
- **Offer** sips of water but do not force the victim to drink

**Take Action:**

- **Move** to a cooler, shaded location
- **Remove** as much clothing as possible (socks and shoes too)
- **Cool down** by applying wet cloths or ice packs to head, face, neck; spray with cool water
- **Drink** water, clear juice, or sports drink (avoid caffeine)
- **Get medical aid** if the person doesn’t improve
- **Stay** with the person until they feel better or help arrives

**Prevention:**

- Drink lots of water or Gatorade; avoid caffeine. Even if you don’t feel thirsty, take a drink every 15 minutes.
- Wear lightly colored, loose fitting clothing.
- Take more frequent breaks (in the shade) in extreme heat or if you are new to outdoor work, elderly, or have suffered from heat-related illnesses previously.
- Watch out for each other and immediately report to your supervisor if you noticed any of the signs and symptoms of heat illness.