The Official Magazine of the **South Australian** Dressage Clubs and Dressage SA

Doving ISSUE 122 Aug/Sep 2019 **EDREADED**

Nicole Berry riding Cheryl Hatswell's Ponderosa Stud Royal Finale

Competing at the 2019 RoseHip Vital Australian Youth Dressage Championships in Sydney in July where they were crowned Preliminary and Novice Champions

Photo Credit: Cheryl Hatswell



SA Dressage Clubs

Adelaide Hills Dressage Club Sally Wells0429 190 653
Dressage Club of SA
Peter Oborn0429 825 638
Eyre Peninsula Dressage Club
Margot McDonald0429 825 638
Mid South East Dressage Club
Kristy Boord
Mt Crawford Dressage Club
Veronica Hannam
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Robyn Parkerau seda7@live.com.au
Southern Vales Dressage Club
Jo Taylor 0403 063 296
Southern Flinders Dressage Club
Louisa Berndt southernflindersdc@hotmail.com.au
Clare Valley Dressage Club
Emily Riggs0433 716 509

Dressage SA ~ Dressage Working Party

- Brigitte Drinkwater dressage@equestriansa.com.au
- Prue Copping
- Hannah Moores (AOR Leaderboard)
- Ruth Schneeberger (Annual Awards)
- Mary Nitschke (Squads)
- Julia Weir

Queries about Dressage sport administration can be sent by email to the ESA Office: (<u>manager@equestriansa.com.au</u>) or Brigitte Drinkwater (<u>dressage@equestriansa.com.au</u>) and will be attended to. Alternatively contact Board member Stuart Platt directly: <u>longvalley5255@gmail.com</u>

DSA Judges Sub-Committee

The DSA Judges Sub-Committee remains a temporary Sub-Committee of the ESA Board, until a new SA Dressage Committee is ratified. We will continue working to ensure that Dressage Judge education commitments are carried out

The Judges Sub-Committee comprises Liz Duncan (Chair), Prue Foletta, Verity Hayman, Fiona Heysen and Lizzie Richards

Queries about rules or seminars/events can be directed to members of the Judges' Subcommittee (Chair - Liz Duncan <u>e.duncan@bigpond.net.au</u> and other Committee membership above).

Correspondence to Moving Forward Editor:

Sally Wells PO Box 1406 NAIRNE SA 5252 **Email:** wellsy1964@bigpond.com

Moving Forward is available as a free PDF download through Adelaide Hills Dressage Club's website, most other SA Dressage Clubs' websites and the Equestrian South Australia website.

Cover: Nicole Berry on Ponderosa Stud Royal Finale Photography: Cheryl Hatswell Cover Design: DW Studio / Lorraine Wohling

Disclaimer

Views expressed in this publication are not necessarily those of Equestrian South Australia, its constituent clubs, or the Editor of Moving Forward.

Equestrian South Australia Branch

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NEXT ISSUE CLOSING DATE

24 September 2019

CONTENTS

T

Clinic Calendar	3	Southern Flinders Dressage Club	20
Competition Calendar	4	Adelaide Hills Dressage Club	22
Dressage Judge Activities Update	5	Mid South East Dressage Club	25
Dressage SA Working Party Update	6	Mt Crawford Dressage Club	33
ESAAGM	7	Southern Vales Dressage Club	36
Lindy Wright Memorial Foundation		Clare Valley Dressage Club	37
2019 Award	10	Dressage Club of South Australia	41
High Performance Program	12		
Medication Control	13		
Australian Youth Dressage Champs	14		

AUGU	ST	
3 - 4	Manolo Mendez Dressage and Training Clinic	8 am to 4 pm McLaren Park Equestrian Centre Auditors welcome (please pay \$25 at the door) Enquiries: Melanie Griffiths <u>mels.pilates@optusnet.com.au</u>
5 - 6	Ron Patterson	Ron is a Level 3 Coach, Coach Educator, "A" Level Dressage Judge and FEI Eventing Judge Karin Edwards: 0417 717 698 or Helen Whittle: 0414 881 606
SEPTE	MBER	
1 - 2	Ron Patterson	Ron is a Level 3 Coach, Coach Educator, "A" Level Dressage Judge and FEI Eventing Judge
14 - 15	Chantelle Matthews Dressage and Training Clinic	Karin Edwards 0417 717 698 or Helen Whittle: 0414 881 606 8 am - 3 pm McLaren Park Equestrian Centre Auditors welcome (please pay \$20 at the door) Enquiries: Melanie Griffiths <u>mels.pilates@optusnet.com.au</u>
ОСТОВ	BER	
8 - 10	Manuela McLean ESI Head Coach	Kersbrook Equestrian Centre Enquiries: Nicki Stuart 8389 3028

2019 COMPETITION CALENDAR

AUGL	IST		
4 11 11 TBC 11 18 18 22 - 25 25	South Australian Dressage Association South Eastern Dressage Association Adelaide Hills Dressage Club Dressage Champs – Darwin Clare Valley Dressage Club Southern Flinders Dressage Club Southern Vales Dressage Club NSW Dressage Championships Mid South East Dressage Club	Closed Unrestricted / Freestyle Closed Unrestricted, Clinic Competitive / Participant / Closed Unrestricted + PARA Northern Territory Round 3 Winter Series Competitive / Participant: Winter Series Round 3 Competitive / Participant / Closed Unrestricted Australian Equine and Livestock Events Centre, Tamworth Activity Day	NEC Indoor Arena, Penfield Mount Gambier Strathalbyn Interstate Competition Clare Murray Town Aldinga Interstate Competition Naracoorte
SEPT	EMBER		
1 8 8 14 15 15 21 - 22 29	Judges' Seminar South Australian Dressage Association Clare Valley Dressage Club Adelaide Hills Dressage Club South Eastern Dressage Association Mt Crawford Dressage Club Southern Flinders Dressage Club Southern Vales Dressage Club Mid South East Dressage Club Dressage Club of South Australia	E / F / G levels Closed Unrestricted with coaching Closed Unrestricted Closed Unrestricted / Golden Oldies Closed Unrestricted Closed Unrestricted Closed Unrestricted Competitive / Participant / FEI / Closed Unrestricted SA Country Dressage Champs Competitive / FEI / YR / Interschool / Pony / YR TBA Competitive / FEI TBC	AM: ESA Office, Mt Barker PM: Tilling Hill Equestrian Centre Trinity Grounds, Evanston Sth Clare Strathalbyn Mt Gambier Mt Crawford Murray Town Aldinga *** HOTY Naracoorte ***HOTY TBC
осто	BER		
6 7 12 12 - 13 13 17 - 20 20 20 20 20 26 27	South Australian Dressage Association Kingston Show Mil-Lel Ag Show Adelaide Hills Dressage Club Clare Valley Dressage Club Australian National Dressage Champs Southern Vales Dressage Club Southern Flinders Dressage Club Naracoorte Show Mt Crawford Dressage Club Dressage Club of South Australia	Closed Unrestricted Dressage Classes Dressage Classes Spring Festival Competitive / FEI / Young Horse TBA CDIW - SIEC Closed Unrestricted Club Championships Closed Unrestricted Club Championships Dressage classes Competitive / Closed Unrestricted / AOR Competitive / Participant / FEI	Trinity Grounds, Evanston Sth Kingston, SE Mil-Lel Strathalbyn ***HOTY Clare Interstate Competition ***HOTY Aldinga Murray Town Naracoorte Mt Crawford Oakbank
NOVE	MBER		
3 8 - 9 9 10 10 10 10 10 10 10 14 - 17 23 24 24 24	South Australian Dressage Association Millicent Show Society Mt Crawford Dressage Club Judges' Seminar Protocol Day Adelaide Hills Dressage Club Clare Valley Dressage Club South Eastern Dressage Association Southern Flinders Dressage Club Australian International 3 Day Event Mt Crawford Dressage Club Dressage Club of South Australia Southern Vales Dressage Club Mid South East Dressage Club	Club day with coaching Competitive / Participant Closed Unrestricted C / D with Susie Hoevenaars With Susie Hoevenaars Closed Unrestricted TBA Club Day / Clinic Closed Unrestricted FEI Competitive / Participant / FEI / Young Horse Round 3 Triple Crown Competitive / Participant / FEI / Young Horse Closed Unrestricted Activity Day	Trinity Grounds, Evanston Sth Millicent Mt Crawford TBC TBC Strathalbyn Mount Gambier Murray Town Adelaide Mt Crawford ***HOTY Oakbank ***HOTY Aldinga Naracoorte
	MBER		
1 1 7 8 8 8 8 12 - 15 15	South Australian Dressage Association Mid South East Dressage Club Mt Crawford Dressage Club South Eastern Dressage Association Adelaide Hills Dressage Club Southern Flinders Dressage Club Victorian Dressage Festival Southern Vales Dressage Club	Closed Restricted – Club Championships Christmas Party Closed Unrestricted Club Day Competitive / Participant / Closed Unrestricted Closed Unrestricted Victoria Competitive / Participant / Closed Unrestricted / Young Horse	Trinity Grounds, Evanston Sth Naracoorte Mt Crawford Mount Gambier Strathalbyn Murray Town Interstate Competition Aldinga

Contact for Judges' Seminars: Liz Duncan - e.duncan@bigpond.net.au

Dates and venues are at times subject to change so please confirm with the clubs' website for updates. The calendar is current at the time of printing.

*****HOTY:** Results count towards the ESA HOTY annual awards



Judges' Education Opportunities

A reminder about dates for Dressage Judge Seminars for 2019, with presenters and venues confirmed for most. All judges, riders, coaches and observers are welcome (no charge):

- <u>E / F / G seminar on 1st September (Sunday)</u> with Barrie Stratton and Liz Duncan. The morning session is at the Mt Barker ESA Office and the afternoon practical is at Tilling Hill Equestrian Centre.
- <u>C / D seminar on 9th November (Saturday)</u> with Susie Hoevenaars (FEI 5*, Nat A & JE), venue TBA. Registration at 8:30 am for a 9:00 am start. Susie will also be presenting a Protocol day on Sunday 10th November, venue TBA. We are so fortunate to have another FEI 5* judge available for one-on-one rider training in the setting of a dressage competition.

Horse SA is running a lecture on Friday August 23rd with Dr Helen Davies at The Haus, Hahndorf, on the topic of Quality of Gaits. This is an approved Workshop for judge accreditation. Enquiries to: <u>horsesa@horsesa.asn.au</u>.

Dressage Masterclass is presenting An Evening With Ingrid Klimke on Saturday 15th February 2020. From Young Horses to Grand Prix, this will be great event for all dressage riders and judges.

Other News:

Congratulations to Kristine Hancock who has completed requirements and is now an official G level judge! Well done! We look forward to seeing Kristine at events around SA.

A reminder for dressage judges: when invited to judge, please check with the organisers as to their EA affiliation to ensure there is no insurance gap. Officials Top Up insurance is required where someone is engaged in Income Earning Officiating and the EA Club Insurance does not apply (see Table 1 below). From 1st July 2019 the EA Concussion Protocols are effective for all disciplines. The recommendation from EA is that the Dressage Event Organiser should be the designated Official responsible for adherence to the protocol, but judges should be aware of the responsibility of Officials. The EA Concussion Protocol can be found at <u>https://www.equestrian.org.au/ news/%E2%80%9Cif-doubt-%E2%80%93-sit-them-out%E2% 80%9D-ea-concussion-protocols-implementation-alldisciplines-1-july-2019.</u>

Advanced 5C dressage change effective 1 January 2020

There is no change to the actual test itself, however, movements 12 and 13 and movements 17 and 18 have all been made into two movements. An extra four movements have been added to the test and the overall total marks increased accordingly. The updated test is now available on the EA Website.

ESA Dressage Judges Sub-Committee

TABLE 1	
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	Club holds EA Club Insurance	Club DOES NOT hold EA Club Insurance
EA Member: Non-Income Earning / Reimbursement of Expenses Only	Cover provided through EA Club and Membership	Cover provided through EA Membership
Income Earning Activity (i.e. payment above reimbursement)	Cover provided by EA Club Insurance	EA Officials Top Up Required

The above information is a general summary of the EA Insurance Plan only and should be read in conjunction with the actual policy documents available from Gow-Gates Insurance Brokers



Dressage SA Working Party Update

After some time and a few stumbling blocks through my (Brigitte) lack of knowledge and with the assistance of some very knowledgeable and enthusiastic people, SA now has Dressage Squads!!!

The DSAWP is very pleased to introduce the SA Dressage Squads for 2019/2020!

Congratulations to all the riders and their teams on their successful selections. We look forward to having some exciting clinics and following the riders' progress throughout the year.

The DSAWP would like to thank selectors Wendy Hunt and Liz Duncan.

And thank you to the riders for their applications, support and patience.

2019 / 2020 DRESSAGE SQUADS

FEI Squad

Cheryl Hatswell Mary Nitschke Kathryn Mitchell Phoebe Foulkes Julia Weir Julia Weir Heather Currie Ria Grivell Nicole Berry Ponderosa Stud Lucious Utopian Cardinal KW Imperial Tigru Fire and Magic Rashada Hiraani Istan de Azuel Acacia Ridge Galileo Euroz Jinks

Senior Advancement Squad

Ruth Schneeberger Ruth Schneeberger Heather Currie Heather Currie Karen Horsell Tara Lloyd Lisa Finn Roxleigh Fidelio Miramar Serene Wundebar Black 69 Fred Perry Guizo Da Ferraria Tullaroi All I Want Akirah Akebono

Senior Progression Squad

Cheryl Hatswell Verity Hayman Anne Smith Natasha Cockburn Kaitlin Petney Ria Grivell Renee Everest Fiona Guthrie

Christos Rockingham Da Capo Shadows Tollinski Coldstream Ulysses Jazz Fusion R Jazdan Fireball APH Titanium Fairbanks Usher

Youth High Performance Squad

Claire Nitschke Samantha Coleshill Phoebe Foulkes Brooke Sparkes Nicole Berry Kendra Petney Emily Tickner Hayley Rumbold Ellen Rowlands Chelsea Clarke Keeley Menadue Mary Nitschke Tassas Taboo Wynara Bronze Image Ellanbrae Jeniro Trussana B Ponderosa Stud Royal Finale Belcam Carra The Velveteen Rabbit Revelwood Faith Forestway Bewitched Viscount Visage Ibnky Xquisit Promise R

Squad criteria for the review in December 2019 and the next intake in June 2020 please see the ESA Website: <u>https://www.sa.equestrian.org.au/content/dressage-state-squads-information-2019</u>.

Or you can email <u>dressage@equestriansa.com.au</u>.

Bridgette Drinkwater



NOTICE OF ANNUAL GENERAL MEETING

EQUESTRIAN FEDERATION OF AUSTRALIA-SOUTH AUSTRALIAN BRANCH trading as EQUESTRIAN SOUTH AUSTRALIA INC

NOTICE is hereby given of the Annual General Meeting of **EQUESTRIAN FEDERATION OF AUSTRALIA-SOUTH AUSTRALIAN BRANCH** trading as **EQUESTRIAN SOUTH AUSTRALIA INC** to be held on 18th September 2019 at the Robert Charles room, Auchendarroch House, 17 Adelaide Road, Mount Barker, commencing 7:30 pm.

BUSINESS OF THE MEETING

- 1. Chairman's welcome
- 2. **Confirmation of minutes** Confirmation of the minutes of the 2018 AGM.

3. Financial Statements

To receive and consider the financial report of the Association and the Auditor's report for the year ended 30 June 2019.

4. Reports

To receive and consider the reports of the ESA Discipline Committees for the year ended 30 June 2019.

5. Election of directors

Election of three (3) Elected Directors in accordance with rule 16 of the Equestrian SA Constitution.

6. Election of Discipline Committee positions

Election of various committee members in accordance with ESA Discipline Committee By-Laws.

- Three members Coaching Committee;
- Eight members Dressage Committee;
- Three members Driving Committee;
- Three members Show Horse Committee;
- Three members Show Jumping Committee;
- Three members Eventing Committee;
- Three members Vaulting Committee.
- Three members Interschool Committee

7. Any other business

To transact any other business which may be lawfully brought forward in accordance with the Constitution and the Associations and Incorporations Act 1985.

N.B. Please refer to section 12.2 of the Constitution.

- (a) No business other than that set out in the notice convening the meeting shall be transacted at the General Meeting.
- (b) A Member desiring to bring any business before a meeting shall give at least fourteen days' notice in writing of that business to the Association which shall include that business in a notice calling the next General Meeting after the receipt of the notice.

By order of the Board



CALL FOR NOMINATIONS FOR ELECTED DIRECTORS POSITIONS

NOMINATIONS of candidates for election as Elected Directors are hereby called.

Nominees must be a Member who is a natural person over the age of 18 years and who is entitled to vote.

Nominations of candidates for election as Elected Directors must be:

- made in writing on the form provided at **Annexure A**: and
- signed by any two Members; and
- accompanied by the written consent of the nominee.

Nominations must be made by returning a completed nomination form to the Association by no later than 4.00 pm on Friday, 16TH August 2019.

The nomination form must be delivered to the Association in any one of the following ways:

- by mail to the Association's postal address which is Unit 10 2 Cameron Road Mount Barker SA 5061; or
- by lodging it directly with the Association at its registered office which is located at Unit 10 2 Cameron Road Mount Barker SA 5061; or
- By email to the Association at manager@equestrianSA.com.au

NOTES:

- Nominations are invited to fill the three Board positions from suitably qualified and experienced people, with the commitment and resilience to oversee all equestrian sports under the ESA banner.
- The term is three years.
- If the number of nominations received for the Board is equal to the number of vacancies to be filled or there are insufficient nominations from candidates received to fill the respective vacancies on the Board, then those nomination received shall be declared elected at the Annual General Meeting.
- If the number of nominations received exceeds the number of vacancies to be filled a ballot shall be conducted to determine the Elected Directors.



CALL FOR NOMINATIONS FOR EQUESTRIAN SA - SPORT COMMITTEE POSITIONS

NOMINATIONS of candidates for election as Sport Committee Members are hereby called.

Nominees must be a Member who is a natural person over the age of 18 years and who is entitled to vote.

Nominations of candidates for election as Sport Committee Members must be:

- made in writing on the form provided at **Annexure B**: and
- signed by a proposing member, and
- accompanied by the written consent of the nominee.

Nominations must be made by returning a completed nomination form to the Association by no later than 4.00 pm on Friday, 13th September 2019.

The nomination form must be delivered to the Association in any one of the following ways:

- by mail to the Association's postal address which is Unit 10 2 Cameron Road Mount Barker SA 5061; or
- by lodging it directly with the Association at its registered office which is located at Unit 10 2 Cameron Road Mount Barker SA 5061; or
- by email to the Association at manager@equestriansa.com.au

NOTES:

Nominations are invited to fill the following positions:

Three members – Coaching Committee Eight members- Dressage Committee Three members – Driving committee Three members – Show Horse Committee Three members – Showjumping Committee Three members – Eventing Committee Three members – Vaulting Committee Three members – Interschools Committee.

• The term is three years, commencing October 2019.

• If the number of nominations received for the Discipline Committees is equal to the number of vacancies to be filled or there are insufficient nominations from candidates received to fill the respective vacancies, then those nomination received shall be declared elected at the Annual General Meeting.

• If the number of nominations received exceeds the number of vacancies to be filled a vote shall be conducted to determine the Discipline Committee Members.

Go to www.sa.equestrian.org.au/news/equestrian-sa-annual-general-meeting-2019 for further information and to download the Annexures for the Board and Discipline Committee nomination forms.

Lindy Wright Memorial Award

This award is made by the Committee of the LINDY WRIGHT MEMORIAL FOUNDATION to a person who is a "Quiet Achiever, striving for excellence in Dressage in South Australia". The Award has been made each year since 2010 and is presented at the AHDC Spring Festival.

Please note: People may be nominated by a single person, by groups of people, by Clubs or Committees. The Committee of the Lindy Wright Memorial Foundation reserves the right to put forward nominees they may consider deserving of consideration. This Committee also reserves the right to withhold the Award in any year at their discretion. All nominations will be treated in the strictest confidence and the Committee's decision will be final.

Nomination Form

This nomination applies to the award for 2019. Information provided should demonstrate currency for 2018 - 2019, but also may include relevant information from previous years.

Nominate a member of the dressage community who you believe has fulfilled the criteria for the award. Please provide as much detail as possible.

NOMINEE (the person you would like to	nominate)		
Title (Mr, Mrs, Ms etc) Fin	rst Name	Surname	
Address			
Suburb		State	Post Code
Tel (H)	Tel (W)	Tel (M)	
Email			
Areas of Excellence In what area(☐ Horsemanship ☐ Achievement in dressage competitio	□ Sportsmanship	Rider Skill	Inspirational Role ModelOther

Tell us about your nominee

Please write at least 100 words. If you require more space please write on a separate piece of paper and attach it to this form. Use the following as a guide to describe how the nominee has excelled in the areas you have indicated.

How have they shown excellence in the area of horsemanship?		
How have they shown excellence in the area of sportsmanship?		
Give examples that demonstrate their Rider Skills		
How have they demonstrated excellence in the dressage competition field, what achievements have they attained?		

Why do you	helieve that	they are an	inspirational	role model?
may ab you	ocneve mai	incy are an	mspirationai	Tore mouer.

How have they demonstrated Sharing of Knowledge? (This section includes Coaching & Judge Education)

Give examples of the volunteering roles they undertake (eg. Committee membership, judging, pencilling, administration etc.)

What else would you like to tell us about your nominee?

NOMINATOR (your details)

Title (Mr, Mrs, Ms etc)	. First Name	Surname	
Address			
Suburb		State	Post Code
Tel (H)	Tel (W)	Tel (M)	
Email			
REFEREE (optional – this information	n will help us if your nominee is short-listed.	This person may be contact	ed for further information).
Title (Mr, Mrs, Ms etc)	. First Name	Surname	
Address			
Suburb		State	Post Code
Tel (H)	Tel (W)	Tel (M)	
Email			
Signature		Date	

Nomination Forms will be also be available on Dressage Club websites, on the EA-SA website, or by email from:

Sue Thornley	thornley@iinet.net.au
Liz Duncan	e.duncan@bigpond.net.au
Robyn Stokes	chiron@adam.com.au

NOMINATIONS WILL CLOSE ON Friday 30 August 2019. The presentation will be at the Horseland Mt Barker & AHDC Spring Festival at Strathalbyn on Saturday 12th October 2019, hosted by Adelaide Hills Dressage Club.

Please post to: Sue Thornley PO Box 206 Lucindale SA 5272

or email to her address above.

High Performance Program By Robyn Stokes

I was able to attend two sessions of the Equestrian Australia High Performance Program allocated to South Australia, the first in April and the second in May. The subjects covered were a result of discussions between the organisers and Squad members from all Disciplines.

The sessions were open to all EA members and were free. This no doubt contributed to the considerable numbers of non-Squad people present at both events. However I was disappointed by the non-attendance of many Squad members – these presentations are relatively rare and should be utilised by all – there are always new things to be learned and old ones to be reinforced. Both events were held in the evening ...

One matter that could have been considered was the weather at the time – while the first session was held at a city Motel (indoors in April, at a relatively mild time of year), the second was in an arena (albeit an indoor one) on the Adelaide Plains in May. It was bitterly cold and I am sure there were many who were not able to take in all that was said. I felt for the bare horses who stood around for a long time waiting and perhaps a rug could have been found to throw over them. Social Licence to Operate comes to mind ... and perhaps in the future, sessions such as these could be changed around – I don't believe they were interdependent.

Session 1: Sports Science

Dr Alison Alcock discussed Doping for both humans and horses, emphasising that it is easy to take something that is illegal quite unintentionally – however this not an excuse, even if it is prescribed by a doctor or veterinarian (a bit like speeding really)!

Medication in Australia MUST have a list of ingredients, even offthe-shelf products. About 20% of supplements eg. multivitamin / protein shakes have banned ingredients and 40% of positive tests in Australia are due to supplements.

ASADA has an app and a website: "Check my Supplement".

There was discussion on "What makes an elite equestrian", with the list including talent, dedication, hard work and knowledge, but none of these are of use without financial support. My notes do not record a mention of a good horse ...

Session 2: Practical Matters

Dr Andrew Hunt, FEI Veterinarian, spoke about the role of the FEI veterinary delegates, with the Number One issue being Horse Welfare and Fitness to Compete. They also look at footings, extreme weather (especially heat), stabling / yards, humane treatment of injured horses, drug regulations and much more. There is always a veterinary delegate on the Ground Jury for the trot-ups, although this person does not have the final say on any decision. Riders need to practice the trot-up! They need to be suitably dressed (no sandals ...), have the horse's passport in hand and the horse must be presented in a bridle, with his correct number and no boots or bandages, so that the Jury can assess the horse's fitness to compete.

Dr Hunt strongly recommended that each rider:

- 1. Has a working knowledge of each horse's baseline statistics (surface temperature thermometers are available online).
- 2. Develops a maintenance program for each horse, from shortterm (two weeks) to medium term (the next four months or so) to long-term (decide whether to keep and compete, or move on).
- 3. Develops a library of radiographs / scans / blood work that can be referred to at a later time.

Annette Willson, Physiotherapist and Biomechanicist, gave an interesting demonstration using Wendy Schaeffer. Riding uses different muscles from most other sports and Pilates training is not enough – it is about 'the core', but riding is more than this. The core stabilises the spine, but to ride effectively, riders need "active flexibility".

Most horses are left-sided and most riders are right-sided, leading to inherent crookedness.

Hands need to be independent of the body.

A lot of riders have feet that turn out: this is initiated in the hip, so just turning the toes in is not useful – the rider must rotate the hip so the inside of the thigh contacts the saddle.

James Gardiner, Chiropractor, gave a demonstration on the work that he does. My apologies to James: I was so cold that I had to retreat to the fire, so I have nothing written ...

I would strongly recommend that riders and supporters take advantage of the opportunity to hear and see these experts that we would rarely have access to. The sessions were free and it was gratifying to see a lot of "ordinary riders" taking part: it was disappointing that there were not more Squad riders present. Perhaps the temperature at the second one had a part to play ...

Robyn Stokes

Stewarding Notes -A Cautionary Tale About Medication Control By Jo Crosby

A rider from Belarus has been suspended six months after her horse failed a drug test at a World Cup dressage event in Moscow in 2018, and her case is a reminder to all competitors to understand their obligations under the Equine Anti-Doping and Controlled Medications Regulations (EADCMR).

Ala Nikanorava withdrew her horse Vaksayd from the World Cup competition when he developed respiratory problems while working in the warm-up arena. Vaksayd was returned to his box, where Nikanorava found that his temperature was elevated in addition to his coughing. In an effort to relieve his symptoms, she injected him with anti-inflammatories. Vaksayd was selected for drug testing that day and was found to have "controlled substances" in his system, resulting in Nikanorava's suspension. (Read the full story at <u>https://</u> <u>www.horsetalk.co.nz/2019/07/21/medications</u> -<u>dressage-horse-suspended/</u>).

So, what did Nikanorava do wrong?

Horses can be selected for drug testing (or swabbing as we know it) at any time during an event. The period of an event is defined as beginning one hour prior to the commencement of the first competition, until half an hour after the final presentation. So despite having withdrawn from the competition, Vaksayd was still at the event and eligible for incompetition selection for swabbing.

Controlled substances such as the anti-inflammatory drugs used by Nikanorava may only be given at an event in an emergency, and their use must be authorised by the Veterinary Delegate and the Ground Jury. A Veterinary Form A is required as proof of this authorisation. In addition, injectable medications may only be administered by the Event Vet, and larger events will have a treatment box where this must take place. Nikanorava should have called for the Official Vet, rather than electing to treat the horse herself. The horse may have received exactly the same treatment, but it would have been authorised and administered within the rules and she would have avoided a six month suspension.

The moral of the story for us is that it is important to understand the rules around the use of medications, and these are readily available on both the EA and FEI websites. If your horse requires medication prior to an event talk to your Vet to ensure that you are able to compete without risk of a swabbing violation and if you have an emergency at the event, talk to the Event Vet before administering any medication. And remember that even if you withdraw from your class once you are at an event, you may still be eligible for swabbing.

Jo Crosby

Australian Youth Dressage Championships 2019

By Cheryl Hatswell

The Youth of SA Shone Bright At The Nationals

Three Australian Champions and multiple podium places: GO SA!

A fabulous team of SA Riders represented SA at the 2019 RoseHip Vital Australian Youth Dressage Championships held at Sydney SIEC Friday 5th July to Sunday 7th July attended by riders Australia wide.

A lot of hard work, dedication and effort has been put into the talented SA riders of the future with the backing of many parents, owners of horses, coaches, State development Squad and Dressage SA.

This trip was a costly exercise for all and not for the faint hearted. The nasty weather played havoc with the dressage arenas, which were waterlogged and became very deep and slippery in some areas. Riders rode in the rain, in mist and on rare occasions the sun peeked through the parting clouds. This event tested the skill and toughness of both horse and rider under extreme weather conditions. The competition was fierce, but all were professional, friendly and supportive.

The camaraderie amongst the SA families was fabulous and a gathering was held on Saturday night for pizza and drinks thanks to ESA and the organising skills of Mary Nitschke.

The SA team comprised Nicole Berry riding Cheryl Hatswell's Ponderosa Stud Royal Finale in the Novice 2C, Keeley Menadue riding Ibnky Xquisit in the Elementary 3C and Mary Nitschke riding Promise R in the Medium 4C. Nicole and Keeley provided quality scores to help secure 4th place. I t was unfortunate that the conditions in Mary's arena were so abysmal she made the decision to scratch for the welfare of the horse and to maintain his confidence.

Claire Nitschke, Clancy Lyons and Phoebe Foulkes made it onto composite teams with Phoebe's team gaining 3rd place.

Friday, the first day of the competition, was a day of downpours with no clean horse legs in sight: just splashing mud and lakes of water.

Mary Nitschke riding the elegant Utopian Cardinal in the Intermediate II did a cracking test in the Indoor Arena to secure a brilliant start for the SA pool of prizes and was awarded 1st place.

Keeley Menadue riding the spunky Ibnky Xquisit in the Elementary Championships rose above and showed off the potential of this pony to secure 2nd and 3rd place. They were tied for Reserve Champion but just missed out on the countback. Claire Nitschke was not far behind, enjoying her favourite gorgeous pony Tassas Taboo and enduring the elements to place in both tests.

The FEI team test was a large class that luckily had the riders in the indoor arena. Euroz Jinks and Nicole Berry managed to keep very clean and looked 'snow white' and provide a solid test to place 6^{th} .

Phoebe Foulkes riding her young gelding Fire and Magic was not entirely happy with her performance to place 10th.

Saturday was a much better day for viewing riders, with less rain; however the arenas were a mess. The drainage system did not seem to work and some arenas were heavier going than others.

Keeley Menadue shone once again with Ibnky Xquisit with two great rides to place in both tests. She kicked herself for having a technical error in one of the tests, as she just missed out again on Reserve Champion Novice Pony. Claire Nitschke with Tassas Taboo splashed right on through the puddles to place 6th in the 2B.

High and lows were had with Phoebe Foulkes riding Ellanbrae Jeniro in the Novice Championships. The 2C was not the test they had hoped for with the arena presenting difficulties for this duo. They made up for it in their second test to place 4th in the 2B.

Ponderosa Stud Royal Finale had his first ever long trip away from home. He made sure everyone took notice of him with his antics in the stable area. Nicole Berry was super ecstatic with his attitude in the arena to pull off 2^{nd} place in both tests. They won the coveted Australian Novice Youth Championship.

Chelsea Clarke riding Viscount Visage, Clancy Lyons riding Danson Dartagnion and Jessie Smith with her horse Fire Storm may have not made podium places during the event, but their true grit and determination was a credit to them at this National Event competing against the best of their peers.

Mary Nitschke riding Promise R managed to compete in one Medium test but scratched from the team test due to the trying conditions. They managed to press on in the Advanced Championships for a 6^{th} and 7^{th} place. The Medium Freestyle held on the last day secured this duo a 5^{th} place.

In the FEI YR Individual test Phoebe Foulkes riding Fire and Magic just pipped Euroz Jinks and Nicole Berry. The overall Championship places were Nicole 5th and Phoebe 8th. Phoebe put her game face on in the YR FEI Freestyle to place 6th.

The U25 FEI Grand Prix was hotly contested. Mary Nitschke on the divine Utopian Cardinal danced their way to victory to win the Grand Prix and take home the Australian FEI Big Tour Championship.

The last day Sunday was pure fog in the morning with the sun breaking through by midday along with the sound of music to the Freestyle tests.

Ellanbrae Jeniro and Phoebe Foulkes found their mojo in the Preliminary to come 1^{st} and 5^{th} with an overall 3^{rd} in the Preliminary Championships.

Nicole Berry riding Ponderosa Stud Royal Finale came away with the double to be crowned Australian Preliminary Champion by taking out a 1st and 2nd place with both tests scoring over 70%.

Mary Nitschke riding Utopian Cardinal in the Grand Prix Freestyle just missed out on the hat trick - they were pipped at the post for a credible 2^{nd} place.

The Novice Freestyle was hotly contested and a battle ensued for 2^{nd} and 3^{rd} place between two of our SA riders. Phoebe Foulkes riding Ellanbrae Jeniro edged just ahead of Keeley Menadue on Ibnky Xquisit with scores of 72.771 and 72.625. What a contest! The talented Freestyle composer, Claire Nitschke on Tassas Taboo, did not want to be left out so she pulled out her bag of tricks to secure 67.208% and 6th place.

All in all, this National event is a foundation for our future riders of the sport and I can say the future is looking very bright indeed for our SA riders!

See you out there competing ...

Cheryl Hatswell

RESULTS

Nicole Berry	Ponderosa Stud Royal Finale	Prelim 1B	72.411	1 st	Champion
	,	Prelim 1C	72.679	2 nd	•
		Novice 2B	69.338	2 nd	Champion
		Novice 2C	69.857	2 nd	
Phoebe Foulkes	Ellanbrae Jeniro	Prelim 1B	68.214	5 th	
		Prelim 1C	73.214	1 st	
		Novice 2B	58.456	20 th	
		Novice 2C	68.571	4 th	
		Novice Freestyle	72.771	2 nd	
Keeley Menadue	Ibnky Xquisit	Pony Novice 2B	67.353	5 th	
		Pony Novice 2B	68.357	4 th	
		Pony Elementary 3B	65.375	2 nd	
		Pony Elementary 3B	63.110	3 rd	
		Novice Freestyle	72.625	3 rd	
Claire Nitschke	Tassas Taboo	Pony Novice 2B	66.029	6 th	
		Pony Novice 2B	64.798	8 th	
		Pony Elementary 3B	61.813	6 th	
		Pony Elementary 3B	62.317	4 th	
		Novice Freestyle	67.208	6 th	
Chelsea Clarke	Viscount Visage	Prelim 1B	64.286	12 th	
		Prelim 1C	65.446	10 th	
		Novice 2B	56.912	23 rd	
		Novice 2C	62.714	15 th	
Clancy Lyons	Danson Dartagnion	Novice 2B	56.307	24 th	
		Novice Freestyle	63.333	10 th	
Jessie Smith	Fire Storm	Novice 2B	54.779	25 th	
		Novice Freestyle	56.458	13 th	
Mary Nitschke	Promise R	Medium 4B	61.622	10^{th}	
		Advanced 5B	60.338	7 th	
		Advanced 5C	63.286	6 th	
		Medium Freestyle	67.925	5 th	
Phoebe Foulkes	Fire and Magic	FEI YR Team Test	60.049	10 th	
		FEI YR Individual	64.461	6 th	
		FEI YR Freestyle	68.042	6 th	
		FEI YR Championship		8 th	
Nicole Berry	Euroz Jinks	FEI YR Team Test	64.167	6 th	
- 1		FEI YR Individual	63.775	7 th	
		FEI YR Freestyle	64.650	8 th	
		FEI YR Championship		5 th	
Mary Nitschke	Utopian Cardinal	U25 FEI Inter 11	63.382	1 st	
-	-	U25 FEI Grand Prix	62.564	1 st	Champion
		U25 FEI Grand Prix Freestyle	66.142	2 nd	·
		,			



Claire Nitschke and *Tassas Taboo* Photo credit: Gone Riding Media and Consulting



Nicole Berry and *Euroz Jinks* Photo credit: Gone Riding Media and Consulting











Moving Forward August / September 2019



Southern Flinders Dressage Club

southernflindersdressageclub.wordpress.com southernflindersdc@hotmail.com.au

President: Diane Sims

Secretary: Ali Kirkman PO BOX 11 CALTOWIE SA 5490 0487 518 832

Treasurer: Lynn Greenfield

Website: Merryn Plug-Berndt

HRCAV Coordinator: Ali Kirkman

General Committee: Kathryn Scott Louisa Berndt

Merryn Plug Berndt Amelia Greenfield Katherine Laughton Trudy Mudge



SFDC is run from Murray Town Oval.

Murray Town is located in the Southern Flinders Ranges, 12km south of Melrose. Our June competition was Round 1 of our annual Winter Series, as well as being a Competitor / Participant, Official HRCAV and our Amateur Owner Rider Round. Phew!

It's great to see dedicated AOR riders make the journey up to the Flinders for our AOR Round. We seem to attract more AOR entrants each year and it is a great initiative for both riders and our Club. We are now looking forward to holding a HOTY event in June 2020.

Round 2 on the 21st of July was a Club competition where we also offered Protocol sessions with our judge Kirsty Stuart. Round 3 is just around the corner: another Competitor / Participant and Official HRCAV competition on the 18th of August.

The decision was made to move all our entries over to Nominate as of the 1st of June. We hope that this makes our Committee's job easier as well as making it easier for competitors to find and enter our competitions and clinics.

www.southernflindersdressageclub.wordpress.com

Ali Kirkman SFDC Secretary



L-R: Louisa Berndt & Speirwood Geneva Gabi Ashmeade & Wynara Daydream



southernflindersdressageclub.wordpress.com southernflindersdc@hotmail.com.au





Above: L-R: Chantelle Hunter & BGW Its All About Tribute

Mike Brill & Croftcnoc Oswald



Above L-R: Trudy Mudge & Chalani Walkabout



Rebecca Cox & Premium Diesel

Below L-R: Melissa Gorton & Danson Donnerquest

Phoebe Seneca & Riverbelle





Moving Forward August / September 2019



Adelaide Hills Dressage Club

- PRESIDENT: Wendy Brown 0412 831 720 twwmbrown@msn.com
- VICE PRESIDENT: Cathy Kluske 0400 289 481 ahdclub@gmail.com
- SECRETARY / TREASURER: Sally Wells 0429 190 653 wellsy1964@bigpond.com PO Box 1406, Nairne SA 5252
- DRAW SECRETARY: Cathy Kluske 0400 289 481 ahdclub@gmail.com

PENCILLER COORDINATOR: Geraldine Fenner 8537 5217

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Jo Cullen	8536 0082
Camille Houston	0403 802 738
Vicki Clark	0411 969 679
Janene Clark	0417 860 089
Leslie Price	0419 861 435
Mel Johnson	0428 187 566
Wendy Stephenson (Abrahart)	0401 710 419

PATRONESS

Mrs Erica Taylor

LIFE MEMBERS

Mr Bernie Biggs Mrs Penny Heighes Mr Peter Fawcett (dec) Ms Jane Richards Ms Ann Kitto (dec) Mrs Wendy Brown Mrs Nancy Gower (dec) Mrs Judy Brooks Mr Noel Vears

www.ahdc.net.au Or find us on Facebook

President's Report

Hello again.

We have been fairly lucky with the winter weather during the last two competitions. June included FEI and AOR classes and we would like to thank Prydes Easy Feeds for sponsoring the AOR rosettes and feed prizes. Also thank you to the FEI competitors who participated and supported our club by competing.

We have received a quote for a 20 x 60 m bordered sand arena adjacent to a 60 x 30 m warm-up sand area at a total cost of 559,585 plus GST so we will definitely need to apply for a grant to achieve this project. Both the competition arena and warm up area need to be the same surface so this increases the cost considerably.

Well done to the RDA riders who competed in our June and July comps and to Cathy Angel for the great work you did organising them all.

In **September** we are again running our annual **Golden Oldies** event. It's a lot of fun with prizes, nibbles and wine afterwards. Entry Fees are donated to the Lindy Wright Memorial Foundation so if you are eligible as an "Oldie" don't forget to enter. Details are on our website's Calendar page.

Membership renewals are now due: see our website for more information.

We would be very grateful for any sponsorship to assist with prizes for the Horseland Mt Barker & AHDC Spring Festival on 12 and 13 October. Horseland Mt Barker have once again agreed to be the Elite Sponsor for this year but there are still many classes to offer for naming rights and full advertising opportunities.

Please contact Wendy Brown 0412 831 720 or Vicki Clark 0411 969 679 if you can help.

Wendy Brown AHDC President

AHDC HOTY, POTY & YOTY as at 23 July 2019

Horse of the Year

1.	Belstone Flair	W Brown	62
2.	Ephraim Park Toy Town	A Wyatt	52
3.	New World Winston	K Measroch	46
4.	Zebedee	R Moore	45
5.	Daring Greatly	J Conyers	40
=	Mitchie	B Sinclair	40
6.	Hooley Dooley It's Trooper	S Holt	36
7.	Furst Sylvester	K Kirchner	34
=	Warrawee Summer Reign	G Allen	34
8.	Hillendale Leuka	C Frizell	31
9.	Was Ist Los	N Lundquist	30
=	Jacques Bordeux	M Burnett	30
10.	Strathrose Admiral	M Johnson	28
	Pony of tl	ne Year	
1			07
1.	Kasperrado Kokomo	J Davenport	82
2.	Scootin Boots	H Demaine	58
3.	Strathrose Conner	J Cullen	55
4.	Strathrose Isabella	J Cullen	52
5.	Ibnky Xquisit	K Menadue	35
6.	Uhavta Imposter	N. Ballinger	34

Youth of the Year

1.	The Velveteen Rabbit	E Tickner	93
2.	Synergy	R Allen	85
3.	Moonbah Ridge Adela	R Dunn	36
4.	Belcam Sircarra	R Allen	34
5.	Viscount Visage	C Clarke	26
6.	Tuxedo Cat	G Neuhaus	24
7	Windermere Goldrush	B King	23
8.	Paulgren Park Pizzaz	B King	22
9.	Rivington Silent Poet	Z Gaston	21
10.	Ballymount Laffranchi	J Bruggermann	20

2.	Scootin Boots	H Demaine	58
3.	Strathrose Conner	J Cullen	55
4.	Strathrose Isabella	J Cullen	52
5.	Ibnky Xquisit	K Menadue	35
6.	Uhavta Imposter	N. Ballinger	34
7.	Matitojo Brandavino	C. Nitschke	29
8.	Tassas Taboo	M Nitschke	24
=	Willowcroft Monsieur	E Ritchie	24
9.	Mouse Detective	F Hartwell	21
10.	Hillswood Beatrice	K Spiers	19

Please Support The Generous Sponsors

of the 2018 Spring Festival: HORSELAND MOUNT BARKER our 2018 Spring Festival Elite Sponsor

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- Strathalbyn IGA
- The Float Centre
- WOW Saddles

Diary Dates

11 August - Comp, Participant, Closed Unrest, Para

- Tests: Prep C, Prep D, Prelim to Advanced Bs and Cs
- Late entries only available until FRIDAY 2 AUGUST
- ENTRIES VIA NOMINATE

8 September - Closed Unrestricted, Golden Oldies

- Tests: Prep A, Prep C, Prelim to Advanced As and Bs
- Entries close Monday 26 August
- ENTRIES VIA NOMINATE

12 - 13 October - Comp, FEI, Young Horse, Participant Prelim & Novice classes

- Tests: Prelim to Advanced Bs and Cs
- Entries close Monday September 2 September
- ENTRIES VIA NOMINATE

10 November - Closed Unrestricted

- Tests: Prep A, Prep C, Prelim to Advanced As and Bs
- Entries close Monday 28 October
- ENTRIES VIA NOMINATE

8 December - Comp, Participant, Closed Unrest

- Tests: Prep A, Prep C, Prelim to Advanced Bs and Cs
- Entries close Monday 25 November
- ENTRIES VIA NOMINATE

The Schedule for the **Horseland Mt Barker & AHDC Spring Festival** is now on our website:

www.ahdc.net.au/calendar.html

Please read the Schedule carefully before you enter. If you have any questions text or email the Secretary:

0429 190 653 wellsy1964@bigpond.com

Entries will now open on Nominate on 1 August.

Entries close on Monday 2 September

AHDC competitions can now be entered via Nominate: www.nominate.com.au



late entries now require additional fees

draw questions? text and LEAVE A MESSAGE: 0400 289 481 (not between 8 am and 4 pm weekdays) questions about how to enter on Nominate: Secretary: 0429 190 653 or wellsy1964@bigpond.com



Affiliated with EA and HRCAV www.msedc.org.au/

President:

Kristy Boord 0417 361 269 president@msedc.org.au

> Vice-President: Lisa Hurrell 0437 119 929

Secretary : Trudi Hodge secretary@msedc.org.au

Treasurer:

Linda Archer 0427 208 180 treasurer@msedc.org.au

Sponsorship: EA Rep: Amanda Harrold amanda@pjharrold.com.au

Annual Award OTT: Naomi Auld naomijauld@gmail.com

Catering Co-ordinator: Helen Possingham

> **Committee:** Kristy deBruin

Calendar

<u>August</u>

- 5 SEDA Committee Meeting
- 11 SEDA Club Activity Day
- 28 MSEDC Activity Day
 - training with Nat Roberts
 - * Gear check and penciller training
- 28 AGM

September

- 8 Golden Oldies (AHDC Strathalbyn)
- 22 23 SA Country Dressage Classic Naracoorte

SEDA are running a Spring Series Dressage Competition ...

Sunday 8 September - Rnd 1 Unofficial Sunday 6 October - Rnd 2 - Official HRCAC Sunday 3 November - Rnd 3 Unofficial Sunday 17 November - Rnd 4 Official EA & HRCAV

For more information please email seda7@live.com.au



Website

www.msedc.org.au

president@msedc.org.au

Welcome To New Members!

We have another addition to the members' list with returning member Deb Willoughby competing at Round 3. Deb's husband Greg has helped out in the past as Showjumping Instructor at the January Extravaganza.

We welcome the family and hope you can find more time away from the Showjumping ring to indulge the dressage arena also.

"Rarely in the world of sport are athletes called upon to muster the combination of strength and artistry demanded by dressage. Requiring the power and precision of gymnastics and the grace and subtlety of ballet, dressage challenges mental preparation as well as physical prowess"



Pearls of Wisdom

- Never rest your hands on the horse's mouth. You make a contract with it: "You carry your head and I'll carry my hands."
- Know when to start and when to stop. Know when to resist and when to reward.
- For your horse to be keen but submissive, it must be calm, straight and forward.
- It takes two to pull. Don't pull. Push.
- The harder you work, the luckier you get.
- The horse's engine is in the rear. Thus, you must ride your horse from behind and not focus on the forehand simply because you can see it ...

~Bill Steinkraus

Congratulations to all those who rode at Round 3 of our Winter Series. It was another beautiful day of friendships forming and riding our beloved horses.

Thank you to those who set up the day before, all stewards, gear checkers, scorers, pencillers, our JUDGES, the catering group and for all those who eagerly helped to pack up arenas at the end of competition.

The final round of the Winter Series will be Official. Please make sure that you are familiar with the Rules and Regulations of Dressage with EA and / or HRCAV. This Official Round will be extremely busy as it also falls on the weekend of our SA Country Dressage Classic. Entry forms will be available soon ...

Please see the next page for results from Round 3 of our Winter Series.

Winter Series Results Round 3



RING 1 Judge Lindy Young



Rider	Horse	Test	%	Place
Ann Dodd	Weltmaya	5A	64.079	1st
Rider	Horse	Test	%	Place
June Whitehead	HPS Grandeur	ЗA	66.806	1st
Kate Sharp	Like a Boss	ЗA	58.750	2nd
•				
Rider	Horse	Test	96	Place
Crystal Slape	Rosewood Maverick	Prep A	63.421	1st
Rebecca Martin	Grand View Kahlua	Prep A	62.895	2nd
Trinity Watson	Accolade	Prep A	57.368	3rd
Jorja Mason	Butterscotch	Prep A	55.789	4th
Jessica Winter	Darcy	Prep A	51.316	5th
•				
Rider	Horse	Test	96	Place
Susan Thornley	Special Pleasure	HRCAV 1.4	59.571	1st
	-	-		
Rider	Horse	Test	%	Place
Lauren Oxlade	Rivington Gale Force	HRCAV 3.3	68.871	1st
Kristy Boord	Duchess of Avalon	HRCAV 3.3	62.097	2nd
Abigail Goodman	Elegance	HRCAV 3.3	60.645	3rd
		I		
Rider	Horse	Test	%	Place
Nikki Ballinger	Uhavta Imposter	10	71.964	1st
Karen Chisholm	Royal Ambition	10	65.536	2nd
Deb Willoughby	Dante Storm	10	63.750	3rd
		•		•
Rider	Horse	Test	96	Place
Lauren Oxlade	Rivington Edge	HRCAV 2.4	69.667	1st
Lauren Oxlade	RivingtonGale Force	HRCAV 2.4	65.333	2nd
		-		
Rider	Horse	Test	%	Place
Nikki Ballinger	Uhavta Imposter	2C	69.143	1st
Kate Sharp	Like a Boss	2C	64.286	2nd
Lester Masters	Wattle Heath Winter	2C	59.571	3rd
Rider	Horse	Test	%	Place
Joanne Ancrum	Woody	HRCAV 4.4	60.208	1st
	,			
Rider	Horse	Test	%	Place
Emma Parker	Original Sin	HRCAV 5.4	66.190	1st







Moving Forward August / September 2019

Winter Series Results

Round 3 (Cont'd)





RING 2 Judge Ken Croser

	Rider	Horse	Test	%	Place
	Susan Thornley	Special Pleasure	HRCAV 1.3	64.143	1st
			•		
	Rider	Horse	Test	%	Place
	Lauren Oxlade	Rivington Gale Force	HRCAV 2.3	63.226	1st
	Lauren Oxlade	Rivington Edge	HRCAV 2.3	62.742	2nd
	Rider	Horse	Test	%	Place
	Karen Chisholm	Royal Ambition	1A	64.200	1st
	Deb Willoughby	Dante Storm	1A	61.400	2nd
'			•		·•
	Rider	Horse	Test	96	Place
	Ann Dodd	Weltmaya	5C	60.429	1st
		•			·
	Rider	Horse	Test	96	Place
	June Whitehead	HPS Grandeur	3C	66.951	1st
'			•		••••••
	Rider	Horse	Test	96	Place
	Kate Sharp	Like a Boss	2A	70.000	1st
	Nikki Ballinger	Uhavta Imposter	2A	67.321	2nd
	Lester Masters	Wattle Heath Winter	2A	E	
			•		·
	Rider	Horse	Test	96	Place
	Joanne Ancrum	Woody	HRCAV 4.3	60.000	1st
'			•		
	Rider	Horse	Test	96	Place
	Emma Parker	Original Sin	HRCAV 5.3	75.571	1st
		•			
	Rider	Horse	Test	96	Place
	Rebecca Martin	Grand View Kahlua	Prep C	75.250	1st
	Trinity Watson	Accolade	Prep C	61.750	2nd
	Crystal Slape	Rosewood Maverick	Prep C	60.750	3rd
	Jessica Winter	Darcy	Prep C	56.750	4th
	Jorja Mason	Butterscotch	Prep C	55.250	5th
'					
	Rider	Horse	Test	96	Place
	Abigail Goodman	Elegance	HRCAV 3.4	66.724	1st
	Kristy Boord	Duchess of Avalon	HRCAV 3.4	55.172	3rd
- 1					



Lauren Oxlade



HRCAV 3.4

Rivington Edge Gale Forse



61.379

2nd

What Helps Horses Become Good Travelers ...

Good driving skills are crucial to helping your horse keep his balance. Turn and accelerate slowly, and brake gently. - Rebecca Gimenez, PhD

Balancing Act

Since your horse's body weight is so high above his feet, he has to work hard to keep his weight stable when your trailer is randomly swaying, bumping and moving down the road. He knows what to do to stay upright; his every instinct drives him to stand up and protect himself from falling over or down.

How does your horse balance? My colleague, Chris Riley, PhD - a Professor of Equine Clinical Studies at Massey University at the University of New Zealand - recently trained six GoPro video cameras on horses as they traveled in two-horse, forward-facing trailers.

Dr. Riley's documentation confirmed that when horses try to balance in a trailer, they spread their legs forward, backward, and to the side in a base-wide stance to help them increase the surface area of their weight in contact with the trailer floor.

This is basically the same thing you'd do if I tried to push you over while you were standing up, especially if I tied your hands behind your back. Horses are horizontal animals, while we're vertical animals, so our methods of aligning our spines might be different, but our concepts of gravity, momentum, and inertia are similar.

What You Can Do

Here are eight things you can do to help your horse balance inside the trailer as you go down the road.

- Drive carefully. Scramble marks in trailers attest to the efforts of horses to balance themselves and often point to poor driving skills. Good driving skills are crucial to helping your horse keep his balance. Turn and accelerate slowly, and brake gently. More than 65 percent of your horse's body weight is on his forequarters, so when you apply the brakes, it's difficult for him to keep his hind legs on the floor. He'll tend to tip forward, bracing with his front legs. When you brake hard, his hind legs will creep forward, under his body.
- Invest in the right size trailer. To balance correctly in your trailer, your horse must have free use of his head and neck. If your trailer is too short for him to be able to raise his head, he'll lack the ability to engage this critical balancing maneuver.
- Invest in a quality trailer. Quality structural materials in your trailer's walls, bulkheads, and flooring will provide balancing support for your traveling horse.
- Invest in quality, cushioned fittings. Invest in heavy-duty, cushioned fittings anyplace your horse will touch to lean and balance, including chest bars, butt bars, stall sides, and dividers. Note that in a forward -facing, two-horse trailer, he'll consistently use the chest bar for balance during braking. In a slant load, he'll lean against the side dividers or his travel buddies.
- Invest in stall mats. High-quality mats absorb shock and encourage grip.
- Keep your trailer clean. Keep your trailer floor free of urine and manure, which can cause slick conditions.
- Consider bedding. Bedding materials can provide traction, but can also cause respiratory problems if inhaled. Look for large, dust-free shavings. Mix in liquid absorbing pellets to control urine. I've used a small amount of damp sand or dirt in trailers without good mats or sufficient bedding.
- **Tie him correctly.** If you tie your horse in the trailer, leave enough slack so that he can balance by moving his head and neck, but not so loose that he can catch a leg in the tie rope.

Trailer-Design Pros and Cons

Your trailer's design can help or hinder your horse's balance. Here are the pros and cons of four common trailer designs.

1. Front-facing trailer with dividers

Pros: Your horse can use the butt and chest bars to balance himself during acceleration and braking.

Cons: This trailer design might not offer enough space for long, tall horses to travel comfortably and stay balanced, although you can look for one built to accommodate larger horses. Make sure the trailer is wide enough for your horse to spread himself laterally to keep his balance around curves. This trailer's full dividers can impede your horse's balancing maneuvers.

2. Slant-load trailer with dividers

Pros: This trailer design places the horse's body slightly uphill toward the crown of the road. Horses seem to like this orientation, as they can see each other easily and tend to stay calm. This design also tends to accommodate larger horses, offering more space than in other trailer types.

Cons: Some studies point to unnatural weight-loading of a horse's legs when standing in this position for long periods and a horse's inability to use two legs to counter the force of braking. During hard braking, he can even slide under the divider (or other horses). More research is needed; I've never had an issue with this in many thousands of miles of traveling with a slant-load trailer across the country.

3. Rear-facing two-horse trailer with divider

Pros: Horses can use the butt bar or bulkhead (depending on trailer design) and chest bar (if present) to balance for acceleration, turning, and braking. Videos show that this design allows horses to balance by sitting down as well as pushing against the bulkhead, which works well in hard-braking situations.

Cons: We see incidents of horses going over the ties or bars during acceleration in this trailer type. It's unknown whether this is due to trailer design or if horses don't prefer this orientation. However, many horses choose to face rearward in an open stock trailer, so more research is needed.

4. Open stock trailer

Pros: Loose horses can choose their own orientation, based on environmental and physical factors. Even when tied, they can still choose a more comfortable orientation than they can when forced into a particular orientation in other trailer types, because there's more room. Bracing and balancing is also easier.

Cons: There's nothing for horses to brace themselves on except the trailer sides or bulkhead. Horses have so much room that if they're thrown forward under hard braking, they often end up down - or even crush each other if multiple horses are in a compartment.

Rebecca Gimenez, PhD (Animal Physiology), is President of and a primary instructor for Technical Large Animal Emergency Rescue (<u>www.tlaer.org</u>). A Major in the United States Army Reserve, she's a decorated Iraq War Veteran and a past Logistics Officer for the American Veterinary Medical Association's Veterinary Medical Assistance Team, which serves as first responders to ensure high-quality care of animals during disasters and emergencies. She's an invited lecturer on animalrescue topics around the world and is a noted equine journalist.







First competition for both horse and rider. The first of many - welcome to the sport!

Committee Chatter

Preparations are well underway for the **Raidis Estate 2019 SA Country Dressage Classic** to be hosted by the Mid South East Dressage Club on September 21 - 22 at the Hynam Polocrosse Grounds!

Welcome Raidis Estate.



Our next activity day will be at Amanda Lock's property with **Natalie Roberts** instructing.

This will also be our AGM so please come along and give some feedback. Also think about joining the Committee and bringing some more enthusiasm into our awesome club.

Entry forms for the activity day are located on the next pages.



Club Activity Day & AGM Sunday 25 August 2019 "Linwood", 534 Schinckels Rd, Hynam Instructor – Natalie Roberts

Nat Roberts is an EA NCAS Level 1 (General) Coach. She has many dedicated clients, spread over the South East of SA and South West Victoria, who are competing successfully in various disciplines and levels.

Nat spent nearly ten years in the Police Mounted Branch in Victoria. During the latter part of her tenure she conducted the riding courses for "would be" Mounties, as well as training the young Troop Horses.

Nat is now a professional EA dressage competitor, currently competing at Advanced level on Duart Rise Bradman (Flee) who she bred, broke-in and trains. Nat also produced Flee's mother, Northern Chiffon, to unofficial Advanced level and has recently started a half-sister to Flee who will start her competition career shortly.

Nat breeds and shows Gypsy Cobs in-hand, under saddle and in harness as well as HRCAV dressage. Nat's most successful Cob mare, multi Supreme Champion (SA & Vic) Keera Lee Camio (Mahoney) was broken-in to both saddle and harness by Nat and has won HRCAV Dressage Jackpots at Level 3.

Nat has broken-in, trained and competed many other horses for owners in and around the Limestone Coast. Nat is passionate about developing her knowledge and improving her riding and over the last ten years has trained with Sue Chandler, Mary Hovers, Mary Longden, Sue Thornley, Brett Parbery, Dirk Dykstra and Thomas Muehlenbeck.



In addition Nat regularly judges at Pony Club, HRCAV and EA dressage competitions and horse trials. Nat has a down-toearth, easy-going style and is able to draw on her lifetime of riding and coaching experience to help riders of every level.

> Enquiries - email: - treasurer@msedc.org.au Linda Archer 0427 208 180

Please DD into the Account with your name and NR as the reference and email form to treasurer@msedc.org.au

Account Name: Mid South East Dressage Club (Bendigo Bank) BSB: 633 000 Account No: 151 424 926

Applications close on Wednesday 14 August 2019

Moving Forward August / September 2019



MSEDC Activity Day - Natalie Roberts – Sunday 25 August 2019

Private lesson (45 min) – \$60 for MSEDC members Enquiries - email: treasurer@msedc.org.au Linda Archer 0427 208 180

Rider Name: .			
Age (if under 2			
Address:			
Email:			
Horse:			
Height			
-			
Preferred time			
Morning	Afternoon	No Preference	(please circle one)

Please DD into the Account with your name & NR as the reference and email form to <u>treasurer@msedc.org.au</u>

Account Name: Mid South East Dressage Club (Bendigo Bank) BSB: 633 000 Account No: 151 424 926

Applications Close: Wednesday 14 August 2019





Mt Crawford Dressage Club



UP COMING EVENTS

2019 Competitions

- Sept 14 Charity Day CUR
- Oct 26 Prydes AOR Series /
- Competitive / CUR
- Nov 9 CUR with Eventing tests Nov 23 - Triple Crown Final: FEI /
- Competitive / CUR
- Dec 7 CUR with Freestyles and pairs

2020 Competitions

Jan 18 - Club Championships Feb 8 - Dressage @ Dawn&Dusk March 21 - CUR

Training Days

- Aug No Training
- Sept 28 Anne Smith
- Oct 19 Lucy Williams
- Nov 24 Kristen Closson and Fiona Normand
- Dec 14 Working Equitation fun day with mini comp

All Entries via Nominate



Office for Recreation and Sport

From The Committee

We have been trialling Live Scoring at our events since March. This means that you will have your tests emailed to you. So if you get emails on your phone they will more than likely be waiting for you by the time you get back to your float. We will continue to post results on the noticeboard but if you download the "Nominate Scoreboard" app you will be able to follow the progress of your class online.

The Live Scoring is going well, as pencillers, judges and riders alike are becoming familiar with the system. Riders seem to like the ability to access their tests immediately. We shall no doubt all be experts by the time the next State Championships rolls around.



With all this new technology we needed to create a WIFI network at the grounds. *REDIFI* was very helpful and helped us get online. We now have free WIFI at the grounds that will support checking your emails.

Our next competition will be held on Sept 14. This is our annual Charity Event and this year we will be raising funds for **Beyond Blue**. We encourage everyone to get into the spirit of the event



and have as much blue on as possible. A parade of all those dressed in blue will be held during the day, with prizes. If you wish to donate please do so via the link on our Facebook page as **IAG** has agreed to match every dollar we raise.

We were extremely lucky with the weather for our July Competition. The sun was out and the arenas after the rain were perfect to ride on. The inclusion of Prix Caprilli classes at our June CUR competition led to a large number of entries and four arenas in operation. Our new groundsman Phil had them looking superb and riding conditions were ideal, but a bit chilly, as the rain

held off and there was no wind.

We even saw a touch of sunshine in the afternoon! The soup for lunch, courtesy of **The People Versus Coffee**, was well received, as were the delicious muffins and hot drinks.







CONTACT US

Via Facebook: Mt Crawford Dressage Club Email address: mcdcdrawsec@gmail.com Postal Address: PO Box 568 Birdwood SA 5234 Web address: mtcrawforddressage.com.au

18/19 COMMITTEE

President: Veronica Hannam 0414 508 783 Vice Pres.: Caroline Dear Treasurer: Craig Hannam Secretary: Tori Watkin Chris Kelly Jacquie Selles Julie Hobson Kaitlin Petney Kass Dalitz Kate Rumbold Samantha Coleshill Tina Grech

LIFE MEMBERS



Jane Bush (Patron) Chris Hill Lily McKenzie-Smith Bill Henderson Veronica Hannam

SUB-COMMITTEES

- Training Days
- Major Events
- Policies & Procedures
- Strategic Planning

From The Committee (Cont'd)

Unfortunately the drought this year meant that we ran out of water at the grounds. This meant we had to cart / buy water in twice before the rain hit. Hopefully we will have a wet winter and will fill all the tanks again. Thanks to **Maxiplas** we now have a second rainwater tank attached to the undercover yards collecting water to use during the summer months

in the wash bay. If you are in the market for a new rainwater tank Maxiplas has extended their rainwater tank deal they were offering at the State Championships to all our members. Simply let them know when you ring that you heard about them from Mt Crawford Dressage Club. You can find their contact details on our website in the Sponsors' section.



See you out there!

MCDC Committee

Training Days

Our June Training Day was with Sean Cooper and this sold out several weeks before the close of entries. Sean conducted sessions in both Flatwork and Polework, and everyone really enjoyed the lessons. We were also fortunate that the weather was lovely and the rain held off, so everyone appreciated a fun day in the sun.

Future confirmed training days are: 27th July with Ruth Schneeberger, Anne Smith on the 28th September and Lucy Williams for the 19th October. On the 24th November (the day after the MCDC Triple Crown Final competition) we are hosting Interstate instructors Kristen Closson and Fiona Normand for flatwork lessons and dressage test critiquing.

We are also considering running another Working Equitation Fun Day / Mini Competition on December 14th 2019. The Training Day Sub-Committee are also looking at using some exciting new instructors in 2020, and hosting another camp in March - so watch this space!







SOUTHERN VALES DRESSAGE CLUB

Equestrian Park, Aldinga Bay Sports Complex

www.svdc.info

<u>DIARY DATES:</u> (Grounds Open is for SVDC Members Only)

Please see Website / Facebook for confirmation or email svdcaldinga@gmail.com

SUNDAY 18th AUGUST 2019:

Competitive, AOR Prydes series, Participation, Unrestricted Competition

Entries close Monday 5th August 2018 <u>Tests (Competitive): 1B, 1C | B, 2.C | 3B, 3C | 4B, 4C | 5B, 5C</u> <u>Tests (Participation):</u> 1B, 1C | 2B, 2C <u>Test (Unrestricted):</u> Prep A, Prep C | <u>1B, 1C | 2B, 2C | 3B, 3C | 4B, 4C | 5B, 5C</u> <u>Fees</u>: SVDC Members \$15, Non SVDC \$25 \$4 Judges Levy, \$5 Arena Levy, \$5 Admin Levy

SUNDAY 15th SEPTEMBER 2019:

Competitive (AOR), Participation, Unrestricted, FEI Competition

Entries close Monday 2nd September 2019

 Tests (Competitive):
 1A, 1C | 2A, 2C | 3A, 3C | 4A, 4C | 5A, 5C | FEI

 Tests (Participation):
 1A, 1C | 2A, 2C

 Test (Unrestricted):
 Prep A, Prep C | 1A, 1C | 2A, 2C | 3A, 3C | 4A, 4C | 5A, 5C

 Fees:
 SVDC Members \$15, Non SVDC \$25

 \$4 Judges Levy, \$5 Arena Levy, \$5 Admin Levy





The Event Calendar is subject to change due to pending EA approval and event planning constraints

2019 / 20 Events Calendar

2019

8th September: CUR Competition October: No Organised Event due to the Clare Ag Show 10th November: Competitive / Closed Unrestricted Competition Judge: Robyn Stokes. Location: Clare Showgrounds 8th December: Closed Unrestricted Competition, inc Freestyle Christmas Dress can be worn.

2020

January: No Competition

16th February: Competitive/ Participant / CUR Competition

1st March: Unofficial Dressage Competition

5th April: Unofficial Dressage Competition (Location TBA)

2nd / 3rd May: Dressage Weekend (Location TBA) Lucy Williams Clinic on Saturday and a Competitive / Participant / CUR Competition on Sunday. Location TBA.

14th June: Round 1 - Winter series, Location TBA All competitors must be members of the CVDC and ride two Winter Series events to qualify.

12th July: Round 2 - Winter Series - Competitive / Participant / CUR Competition

9th August: Round 3 - Winter Series

13th September - CUR Competition

October - No Competition

8th November: Competitive / Participant / CUR

13 December: CUR / Inc Freestyle Christmas Dress can be worn

Moving Forward August / September 2019

Rider Interview – Cathy Young

Our valuable Committee member and Treasurer gave us a bit of an insight into her riding career!

When did you first ride a horse?

I was three years old at a riding school – and spent most of the time in a hay shed.

What's your favourite horse of all times? Kermit (Fifth Avenue) - an over 17hh show hack.

How did you get involved in dressage?

I joined the Clare Valley Dressage Club Committee as I thought the area really needed a Dressage Club.

What's your favourite think to do away from horses?

Drinking with my horsey friends.

What's your career highlight?

My career highlight was winning Champion Rider over 18 years at Champion of Champions.

What piece of advice do you follow and what do you pass onto your students?

Be kind to your horse.

Who was your inspiration growing up?

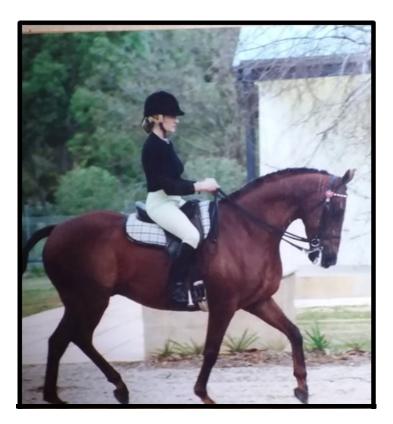
Back in the day it was my good friend Eunice Cutting.

What is your funniest horse moment over your career?

Giving a lesson to a young rider whose pony bucked frantically, ending up with her on the horse's head holding its ears. I was in stitches!



Cathy riding Kermit (Fifth Avenue)



Cathy riding Roo (Horizon)

Clare Valley Dressage Club's Year In Focus ...



Winners and runners up of the inaugural Clare Valley Dressage Club's Winter Series: Lisa Neitschke, Jane Wetherall, Phoebe Seneca, Michelle Reynolds, Hazel Roberts and Joy Salter



Emma Meaney aboard Epic



CVDC president Kim Zohs rides Brennan BSP



Lauren French rides Eden Eyre Razzamatazz



Gabi Ashmeade and Wynara Daydream



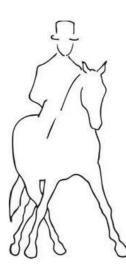
Brigita Prior rides Victoria's Gift



Deb Scammell rides Broughtonvale Apache



Michelle McCallum aboard *Holland's Bend Reichsgraf Ludwig* at an Official competition earlier in the season.



DRESSAGE CLUB OF SOUTH AUSTRALIA

Dressage Club of SA Committee Report

INDOOR CLASSIC

A beautiful day, a fabulous event. DCSA's annual Indoor Classic saw a huge number of entries on the draw, which was at capacity.

There were beautiful Rosettes for placegetters and the top scoring Senior rider from each class received a bottle of champagne. I would like to take this opportunity to thank the Judges for their contribution to the successful running of our competition. The Committee worked hard to have this event run as smoothly as possible.

We thank our riders for supporting this event as we work towards building spectator numbers at dressage in SA. We were also very pleased to have catering provided by Anne

Raymond, there was delicious food all day to make everyone at the venue happy.

A big thank you must go to Sue Trigg for the immaculately presented grounds. Both arenas were groomed to perfection and the covered day yards make competing much easier on our riders.



WEBSITE

Check out <u>dressageclubofsa.weebly.com</u> for all things DCSA, including results, photos and more.

Looking forward to seeing you at our next show!

Nikki Nardelli Committee

Dressage Club of SA Calendar and Entries

	SUNDAY OCTOBER 27 TH 2019						
CLASSES	Competitive	Participant	Closed Unrestricted	CUR OTT			
	Prep to FEI	Prep, Prelim, Novice	Prep to FEI	Prep to Advanced			
	Open, Pony, Youth	EA Participant Members	Club Members only	ASB Horses only Club Membership			
	EA Members only	only	Club Members only	Required			
TESTS EA As and Bs							
VENUE	VENUE Onkaparinga Pony Club Grounds, Shillabeer Road, Oakbank						
		SUNDAY NOVEMBER 24	4 [™] 2019				
CLASSES	Competitive	Participant					
	Prep to FEI	Prep, Prelim, Novice					
	Open, Pony, Youth EA Participant Members						
EA Members only only							
TESTS	EA B s and Cs						
VENUE	Prydes AOR series McLa	ren Park Foggo Rd					

DCSA Leaderboard 2019

DCSA Young Rider of the Year	Rider Points	DCSA Senior Dressage Horse & Rider of the Year	Rider Points	DCSA Dressage Pony & Rider of the Year	Rider Points
No Young Riders members to date		Natasha Cockburn & Coldstream Ulysses	16	Tara Lloyd & Tullaroi All I Want	18
to date		Linda O'Leary & Gainsborough Dolce Vita	12		
		Brianna Duncan & Opulence	12		
		Andrea Whitford & <i>Glen Lomond Song And Dance</i>	12		
		Elise Spark & Ballandown Lobo	12		
		Helen Whittle & Kirkcianna	12		
		Nikki Nardelli & Everton Reconnaissance	12		
		Marcia Burnett & Jacques Bordeaux	11		
		Mandy Gevers & Lynburn Trick A Treat	10		
		Kate Raymond & <i>Eclipse</i>	9		
		Linda O'Leary & Gainsborough Donner Capo	6		
		Robyn Stokes & <i>Chiron Macchiato</i>	4		

Future Competitions 2019

The Committee have been working hard at reaching a decision regarding our competition venue for the remainder of 2019. We have been lucky enough to secure McLaren Park for our November show.

DCSA will also be embracing Live Scoring for future events after a successful trial at McLaren Park in July.

ENTRIES

Entries via nominate.com.au | Max two tests per horse per day.

Entries close usually 16 days prior to the competition (updates on Facebook and website).

TEST COSTS

Members \$20 per test | Non-Members \$35 per test

MEMBERSHIP

Membership via nominate.com.au Membership year – January to December Volunteering and Non-Volunteering categories available

Dressage Club of SA Committee

CHAIR Peter Oborn

VICE PRESIDENT

Anne Raymond

SECRETARY Irene Condon

TREASURER Madelyn Duckmanton

SOCIAL MEDIA | EVENT MANAGEMENT JUDGE COORDINATOR Nikki Nardelli 0403584562

Nikki.nardelli1@gmail.com

COMMITTEE

Viv Bretherton Helen Whittle Kate Raymond Anne Raymond **Beverly McDonald**

LIFE MEMBERS

Pat Roberts Peter Oborn Natalie Chisholm

FACEBOOK

Find Dressage Club of SA on Facebook to see our latest posts, results and photos.

WEBSITE dressageclubofsa.weebly.com

EMAIL dressageclubsa@gmail.com

ENTRY FORMS Entries via nominate.com.au

Dressage Club of SA Membership

Membership year from January -December

Volunteering Member \$50 **Non-Volunteering Member \$80

Volunteering Youth (Up to 21 years) \$30 **Non-Volunteering Youth \$50

Membership available via Nominate.com.au

**New Category for members who don't wish to volunteer