



**Renae Cerquitella**  
*Start Here Coaching Services*

**Renae Cerquitella**, is a Behavioral Health and Relationship Coach who started her full-time Oklahoma City private practice in February of 2016, preceded by two years of part-time life coaching, and more than 20 years in the communications, logistics and Human Resources industries. Renae customizes coaching plans around the needs of her clients and conducts dating, self-esteem and self-advocacy workshops and founded the Oklahoma City Binge Eating Disorder (BED) support group in 2016.

Having transitioned her own life by starting college as a 27-year-old single mother of two, Renae knows first-hand how changing your thinking can change your life. Renae is passionate about inspiring other women, no matter their circumstance or situation, to identify their goals and work towards improving their lives, step-by-step and at their own pace. She is known as a coach who genuinely cares about the individuals she works with.

Renae holds a Master of Fine Arts, Human Relations (MA) from the University of Oklahoma, a Bachelor of Psychology from Southeastern State University (BA), state certification in Behavior Health Case Management (BHCM) and coaching certifications in Professional Coaching (CPC), Life Coaching (CLC) and Relationship Coaching (CRC) from the World Coaching Institute (WCI).

Local clients meet with Renae in her Oklahoma City office and out of state clients may meet via phone or video. When she's not in session, she helps displaced and underserved women with employment readiness such as resume development, interview preparation, and career goal setting. "I love to see my clients leave our initial discovery session from being a little anxious and not knowing what to expect, to being excited about their journey and what lies ahead."

Renae has been married to her husband Dan for almost five years and live with their two dogs Simba and Miya. She has two adult children from her first marriage, a daughter-in-law, and the world's greatest grandson.

Contact Renae at 405-246-6440 or by visiting her [website](#).