



# Scene Rehabilitation: Responder (Optional)

## Remove:

PPE  
Body Armor  
Chemical Suits  
SCBA  
Turnout Gear  
Other equipment as indicated

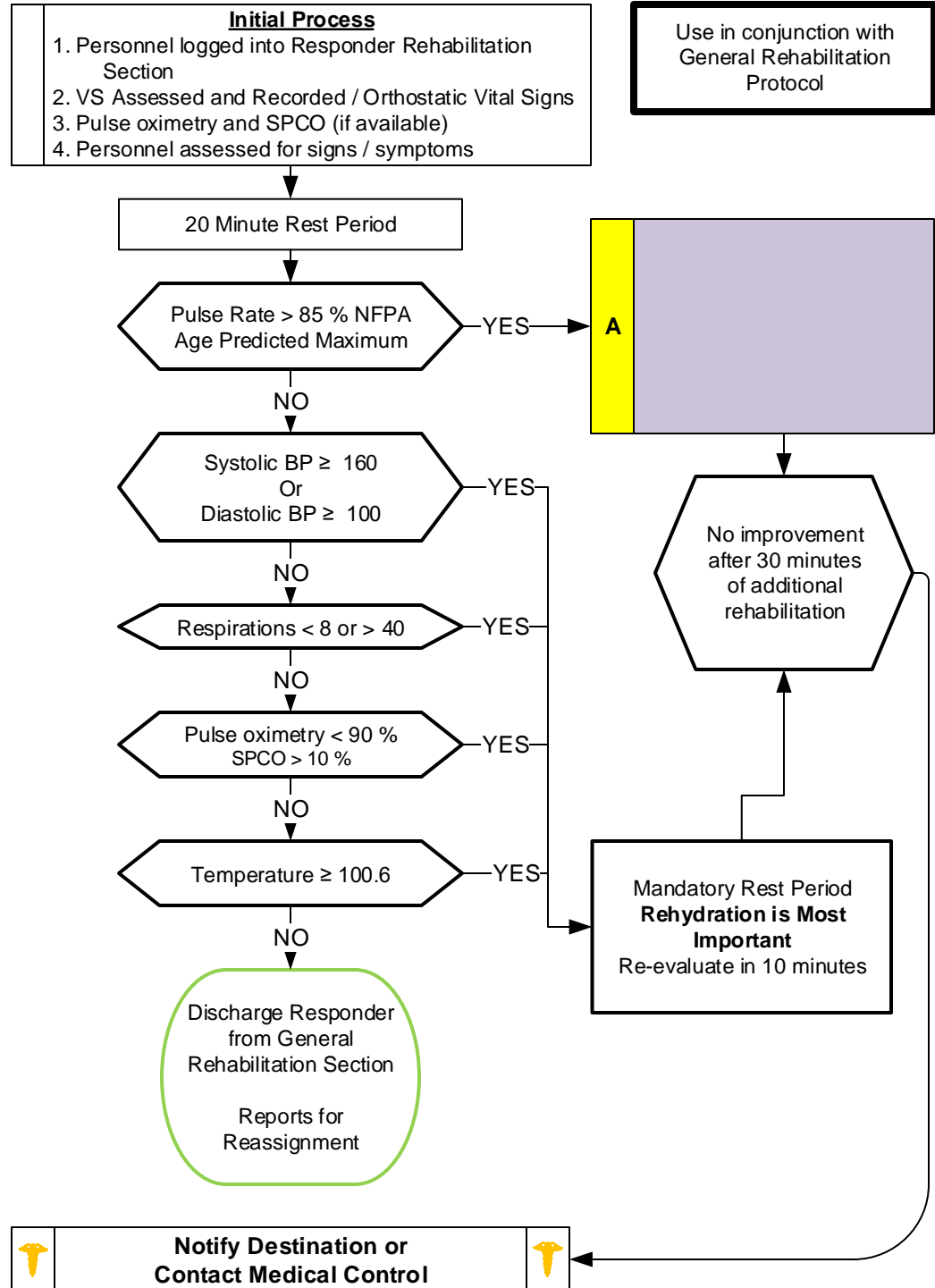
## Continue:

Heat and Cold Stress treatment techniques from General Rehab Section

Injury / Illness / Complaint should be treated using appropriate treatment protocol beyond need for oral or IV hydration.



NFA Age Predicted 85 % Maximum Heart Rate		
20 - 25		170
26 - 30		165
31 - 35		160
36 - 40		155
41 - 45		152
46 - 50		148
51 - 55		140
55 - 60		136
61 - 65		132



## Pearls

- This protocol is optional and given only as an example. Agencies may and are encouraged to develop their own.
- Rehabilitation officer has full authority in deciding when responders may return to duty.
- Utilized when responder is not appropriate for General Rehabilitation Protocol.
- May be utilized with adult responders on fire, law enforcement, rescue, EMS and training scenes.
- Responders taking anti-histamines, blood pressure medication, diuretics or stimulants are at increased risk for cold and heat stress.
- Rehabilitation Section is an integral function within the Incident Management System.
- Establish section such that it provides shelter, privacy and freedom from smoke or other hazards.