



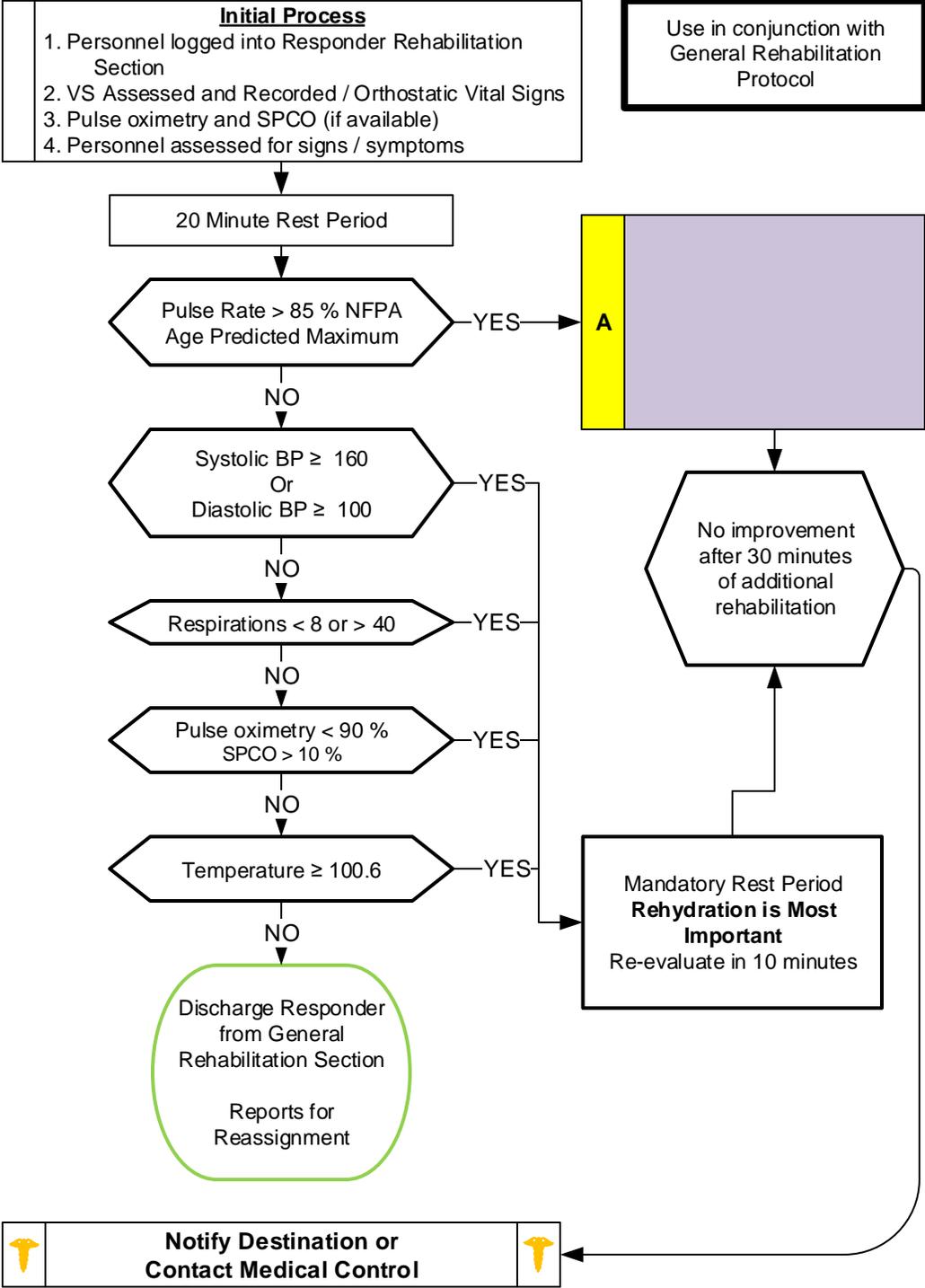
# Scene Rehabilitation: Responder (Optional)

**Remove:**  
 PPE  
 Body Armor  
 Chemical Suits  
 SCBA  
 Turnout Gear  
 Other equipment as indicated

**Continue:**  
 Heat and Cold Stress treatment techniques from General Rehab Section

Injury / Illness / Complaint should be treated using appropriate treatment protocol beyond need for oral or IV hydration.

| NFA Age Predicted 85 % Maximum Heart Rate |     |
|---|-----|
| 20 - 25                                   | 170 |
| 26 - 30                                   | 165 |
| 31 - 35                                   | 160 |
| 36 - 40                                   | 155 |
| 41 - 45                                   | 152 |
| 46 - 50                                   | 148 |
| 51 - 55                                   | 140 |
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| 61 - 65                                   | 132 |



Special Operations Section

**Pearls**

- This protocol is optional and given only as an example. Agencies may and are encouraged to develop their own.
- Rehabilitation officer has full authority in deciding when responders may return to duty.
- Utilized when responder is not appropriate for General Rehabilitation Protocol.
- May be utilized with adult responders on fire, law enforcement, rescue, EMS and training scenes.
- Responders taking anti-histamines, blood pressure medication, diuretics or stimulants are at increased risk for cold and heat stress.
- Rehabilitation Section is an integral function within the Incident Management System.
- Establish section such that it provides shelter, privacy and freedom from smoke or other hazards.