**WHAT IS TEMPTATION**

**AND**

**WHY MUST IT COME?**

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FOREWARD

*The devil made me do it* sounds like a pretty darn good excuse for why we misbehave and engage in nefarious activities that would otherwise be hard to justify. We all - if not most of us - have been there and done that. Even if we don’t outwardly utter the accusation that the devil is the cause of our bad behavior, somewhere deep inside there is a comfort in suggesting that some powerful force outside of us is directing the naughty things, which we call temptations, that we think and do. After all, if it’s the devil tempting us, or our loved ones, to engage in bad behavior, then we’re not all *bad*, nor solely accountable for our actions. Rather, it is the devil’s fault; and after all, we all knew that he was a bad guy anyway, right?

At the risk of popping the bubble and removing the bliss that comes from generations of ignorance, “*What is Temptation and Why Must it Come?”* uncovers the origin of why we as humans are tempted. It pulls the responsibility off of some red horned beast that lives outside of us, and directs the attention and accountability rightly where it belongs. Inside.

Readers will appreciate a deeper meaning of who we truly are as a species. Many probably already know that we are more than the physical bodies that we tout around. Here, we will look closely at the different bodies that comprise what we know as human. This piece will explain how these bodies are grafted together, and the subtle influences nestled within each of them that help to shape our unique personalities. Our likes, dislikes, aptitudes and proclivities toward certain behaviors and activities may be better understood when we know who we truly are cloaked underneath the flesh.

Further into the reading the idea of reincarnation surfaces. As we explore the journey of the soul throughout different lifetimes the message becomes clearer that past impressions that have been etched into the fabric of our souls need to be reconciled to reunite us with our higher nature. Depending on the impetus that drove those impressions within, we may find ourselves several lifetimes down the road wrestling with tendencies, cravings, and temptations that still wait to be balanced.

The final chapter neatly ties in the information from the others to answer the question: *what is temptation, and why must it come?* Here, we see that although the word temptation is often looked at as a *not so good thing,* it is quite necessary for the return to our true home. Coming face to face with our created *“demons”*, we are able to tame them and bring their activities into balance. A practice may not, in itself be detrimental, but if the individual is overpowered by it, then there is work to be done to bring the activity into balance.

Examples of characters in the scripture who faced their temptations and were trained by them give the reader hope that we too, can become free from the behaviors that threaten to enslave us. As we come to the end of this writing it becomes abundantly clear that true freedom lies in control of the inner person. We claim the right to move in an internal space of equipoise. Bringing into harmony the several energetic bodies that create the human experience, and reconciling past errors that drove us into disharmony with ourselves and others. Once integration has been realized we are able to travel freely, in peace with ourselves, with others, and with our environments. “*What is Temptation, and Why Must it Come?”* is a tool that helps us to not beat ourselves up over the temptations that we face, but rather, to understand them, to face them, and to subdue them so that we may return home.

**Chapter**

**One**

**What is Man?**

To understand what temptation is and why it must come, it is first necessary to know who we are. In Psalm 8:4 the question is asked: *“what is man that You are mindful of him…?”* The question is not, who is “*man”*? but rather “*what”.* David’s question allows us to understand that he is trying to determine *what* we really are.

Mark 12:30*,* which is taken from Deuteronomy 6:5,gives us somewhat of a hint to the answer of what “*man”* is, saying: *“…and you shall love YHWH your Father with all your heart and with all your soul and with all your mind and with all your strength.”* Note carefully that the word “*you”* is a subject in Mark 12:30 and Deuteronomy 6:5*.* The possessive pronoun *“your”* is also used to denote the possession of *“you”* the subject. Besides having a Father, the subject *“you”,* possesses a heart, a soul, a mind, and strength.

The word *“you”* is not just referring to Israyl, it is referring to every person (as *man* in a collective sense) who endeavors to seek out and reconnect to their Source. Everyone, male and female (“*man”*) who does not choose to reconnect to their source also has a Father and possesses a heart, a soul, a mind, and strength.

**Love YHWH Your Father**

A father spiritually is a giver of life. Who is “*man’s”* spiritualFather? We would all agree that it is his Creator. This Supreme Source of all creation, which includes “*man”,* is the giver of the life that “*man”* experiences. How did this life come to the human vessel? Let’s look at what the Christian scriptures teach to see if we can find out.

Replacing the name “YHWH”, or the title “God” in the Christian Bible with “Supreme Source of all creation” Acts 17:27-29tell us that: *“The Supreme Source of all creation intended that they would seek Him and perhaps reach out for Him and find Him,* ***though He is not far from each one of us. For in Him we live and move and have our being.****’ As some of your own poets have said,* ***‘We are His offspring.****’ Therefore, being offspring of The Supreme Source of all creation, we should not think that the* ***Divine Being*** *is like gold or silver or stone, an image formed by man’s skill and imagination.”*

We can see that *The Supreme Source of all creation*“***is not far from each one of us. For in Him we live and move and have our being”*** We actually live in *The Supreme Source of all creation.* If we***live and move and have our being in*** *The Supreme Source of all creation* we must be a part of Him*.* After all,our physical bodies, our cellslive and move and have their being in us and they are part of us.If we are a part of Him then it is easy to see why He is not far from us just as our cells are never far from us. The scripture above also said that *“****We are His offspring”.*** We are offspring, all of us, yet we are a part of Him, living, moving, and having our beings in Him.

If we are living, moving, and having our being in Him, why does 1 Corinthians 3:16 say: *“…you yourselves are The Supreme Source of all creation’s temple, and that The Supreme Source of all creation’s Spirit dwells in you.*”*?* Further, why do 2 Corinthians 6:16 say: *“I will live in them..."*? Well, just as each of our cells are living, moving, and having their beings in us, while they possess our life energy, so also we are living, moving, and having our beings in *The Supreme Source of all creation,* while possessing His Spirit. So we can see that “*man”* is in *The Supreme Source of all creation* and *The Supreme Source of all creation* is in “*man”*.

Looking further into what the scriptures teach we find that 1 Timothy 6:16 saysthe following about *The Supreme Source of all creation*: *“Who alone has immortality dwelling in unapproachable light. No one (man) has ever seen Him, nor can anyone see Him. To Him be honor and eternal dominion! So let it be.”*

We have seen that we live, move, and have our existence in *The Supreme Source of all creation.* We have also seen that His Spirit is in us, meaning we are in Him and He is in us. We have also seen that we are His offspring. Now we are seeing that He *“alone has immortality dwelling in unapproachable light.* Well, if He has immortality and we live, move, and have our existence in Him, and His Spirit is in us, then it would stand to reason that we are also immortal. An obvious question here is: Then why do we die if we are immortal? The answer is we don’t die. It is the physical body which we inhabit at this time, as “*man”,* that dies. In the current fallen state that we find ourselves in, the vessel called *“man”,* which cannot approach the light that *“has immortality dwelling in it.”*

The physical body is not all that “*man”* is made up of. The following scriptures tell us that the vessel *man* is comprised of at least spirit and flesh:

Ecclesiastes 12:7 tells us: *“…the dust (body) returns to the ground it came from, and the spirit returns to YHWH who gave it.”*

In Numbers 16:22 and 27:16 we see” *"…YHWH, the Father of the spirits of all flesh” …*

Psalm 146:4 says*: “When his spirit departs, he returns to the ground; on that very day his plans perish.”*

Zechariah 12:1 says: *“YHWH…, who forms the spirit of man within him.”*

It’s clear to see that “*man”* possesses a spiritthat returns to whom gave it, while the physical body, that ***man*** also possesses, returns to the dust where it came from. It’s written in Luke 20:38 that: YHWH *is not the Father of the dead but of the living, for to Him* ***all*** *are alive.”* If He is not the Father of the dead but of the living, to Him **everyone is** alive, and we are His offspring which live, move, and have our existence in The Supreme Source of all creation, who is immortal, how can we truly believe that the offspring of that which is immortal can die? After all, like begets like, so also does immortal beget immortal. If one is immortal it means that they have eternal life.

Let’s see what scripture reveals about the nature of this immortal life, where it comes from, and where it goes. John 5:26 tells us that *“For as the Father has (eternal) life in Himself, so also He has granted the Son to have (eternal) life in Himself.”* The Father has eternal life in Himself and He gives that life into His Only Begotten Son. This offspring, the Only Begotten Son, is not separate from the Father, because it lives, moves, and has His existence in the Father through the life essence or Spirit of the Father that is in Him. In other words, they are one. (Please read our booklet “Did Yahshua Messiah Ever Sin” to get a better understanding of the relationship of Yahshua and the Only Begotten son).

John 6:63 says that *“The Spirit gives life; the flesh counts for nothing.”* meaning that the flesh does not give life to itself. Life is a gift of the Father, as we read in John 5:26, who is spirit as we read in John 4:24: *“YHWH is Spirit”* If like begets like His offspring must also be spirit. Not just spirit, but life giving spirits as we see in 1 Corinthians 15:45 concerning the second Adam in his redeemed state of existence: *"...the last Adam (became) a life-giving spirit."*

We are told in James 1:17 that “*Every good and perfect gift (*including His Spirit*) is from above, coming down from the Father (*ultimately fromSource, but through others*) of the heavenly lights, with whom there is no change or shifting shadow.”* So we can see that the gift of life comes down from our Source. It is brought into the physical world by sons of our Source who create the physical universe through His Spirit. When it comes down into our density, it not only creates the physical world, it also enters into the physical bodies of “*man”* among other creation.

*John 5:21 Tell us that “…the Son gives life (*that was gifted to Him from the Father*) life to whom he is pleased to give it.”* So the Spirit that is gifted to the Sons by the Father can be further gifted by those sons.

John 15:26 Further explains that the Father’s Spirit can be given by the one who possesses it, saying: *“When the Comforter comes, whom* ***I will send to you from the Father****--the Spirit of truth who goes out from the Father--He will testify about Me.”*

John 16:7 repeats this message, saying: *“But I tell you the truth, it is for your benefit that I am going away. Unless I go away, the Comforter will not come to you; but if I go,* ***I will send Him to you.”***

In *1 Samuel 16:13 we can see that Samuyl, who possessed the Holy Spirit, was used to transfer the Holy Spirit to David: “So Samuyl took the horn of oil and anointed him in the presence of his brothers, and the Spirit of YHWH rushed upon David from that day forward. Then Samuel set out and went to Ramah.”*

So we can see that physical “*man”* has a spirit within which is from the *Supreme Source of all creation*

**With All Your Soul**

Before the Spirit, which comes from the *Supreme Source of all creation,* enters into the physical *“man”* it clothes itself in what is known as *“the Soul”.* Genesis 2:7 tells us: *“And Elohim (YHWH supervising many Elohim) formed man of the dust of the ground, and breathed into his nostrils the breath (breath is spirit) of life; and man became a living soul.”* So at this point “*man”* is a soul with spirit, or breath in him.

The soul is not physical. However, it does help to make up the physical “*man”.* The soul does not get sick; mentally, spiritually, nor emotionally, and since it’s not physical it can’t get sick physically either.

3 John 1:1-2 helps us to see this. It states: *“The elder, To the beloved Gaius, whom I love in the truth: Beloved, I pray that you may prosper in all things and be in health,* ***just as your soul prospers****.”* This was a letter from Yahchanan (John) addressing Gaius the elder. Gaius is the subject here and we see the possessive pronoun *“your”* being used, as it was in Deuteronomy 6:5, to denote the possession of *“Gaius”,* which is his soul. Yahchanan prays that Gaius prospers, as his soul does. Gaius’ soul, as all souls, always prospers. The physical body doesn’t always prosper, but the soul does. Upon the death of the physical body, the Spirit, which is clothed by the soul, leaves the physical body. The physical body can die, but the soul doesn’t physically die.

Matthew 10:28 reads: *“And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in Gehenna.”*

The loss of consciousness of the physical body does not mean loss of soul, nor its consciousness. If that was the case everyone would lose their souls whenever they went to sleep, or were put under general anesthetic. One may say: “The bible teaches in Ezekiel18:4 & 20 that *"...the soul that sin, it shall die..."* Yes, it does die when it sins or more correctly separates from the consciousness of its source, but not physically. Its death is separation from the complete consciousness or memory of its Source. Whenever the soul enters the current density of earth through the portal of physical birth it loses its consciousness, or memory, for the greater part. This was the repercussion from the “so called” “original sin.”

Ezekiel 18:4 and 20 are not referring to the physical individual. Ezekiel 18:4 says: *“Behold, every soul belongs to Me; both father and son are Mine.* *The soul who sins is the one who will die.”* If we relate to a father and a son as strictly physical beings, there is no doubt that this statement would be true for the Supreme Creator of all.

However, when we look at verse 20 states that *“The soul who sins is the one who will die. A son will not bear the iniquity of the father, and a father will not bear the iniquity of the son. The righteousness of the righteous man will fall upon him, and the wickedness of the wicked man will fall upon him.”* If these two scriptures are referring to physical fathers and sons then we have a problem.

When the high priest Eli failed to rein in the abusive behavior of his two sons Hophni and Phinehas, YHWH promised to punish his family and his descendants. This eventually resulted in the death of Eli and his sons. 1 Samuel 2:29-34 tells us the story saying: *“Why do you honor your sons more than me... The time is coming when I will cut short your strength and the strength of your priestly house, so that no one in it will reach old age, and you will see distress in my dwelling… no one in your family line will ever reach old age. Every one of you that I do not cut off from serving at my altar I will spare only to destroy your sight and sap your strength, and all your descendants will die in the prime of life…what happens to your two sons, Hophni and Phinehas, will be a sign to you—they will both die on the same day.”*

Not only did Eli bear the sins of his sons, his descendants also bore their sin, meaning his son’s children would bear their father’s sin.

King David’s son with Bathsheba also bore the sin of his father. 2 Samuel 12:13-14 tells us that *“…David said to Nathan, “I have sinned against YHWH.” Nathan answered, “YHWH has taken away your sin. You will not die. Nevertheless, because you have shown utter contempt for the word of YHWH by doing this, your child will die.”*

With just those two scriptures it is plain to see that it is possible for the physical body to bear the errors of its ancestors at least circumstantially. However, we can bear the errors of its ancestors genetically and spiritually too.

Exodus 20:5 tells us that YHWH visits *“the iniquity of the fathers on their children to the third and fourth generations of those who hate”* Him.

Numbers 14:18 tells us that *“YHWH is slow to anger and abounding in loving devotion, forgiving wrongdoing and rebellion. But He will by no means leave the guilty unpunished; He visits the iniquity of the fathers upon their children to the third and fourth generation.”*

So, it becomes clear that Ezekiel is not referring to souls as physical individuals. However, he is referring to the non-physical souls which cannot bare the sin of another soul. Why? Because as YHWH said in Ezekiel 18:4: *“Behold, every soul belongs to Me…”* He is the Father, and all souls in the earth are his children. Its impossible for any soul to bear the sin of a Father that does not sin, as much as it is impossible for a Father who sin cannot approach to bear the sins of those who sin. So, in this sense, “*A son will not bear the iniquity of the father, and a father will not bear the iniquity of the son.”* Likewise*, “The righteousness of the righteous man will fall upon him (his soul), and the wickedness of the wicked man will fall upon him (his soul),”* but they will not bear the sins each other.

Whenever the soul disengages from the physical body it is free of its constraints. At that time, it is able to return to whom it came from, as Ecclesiastes 12:7 states: *“…the soul returns to YHWH who gave it.”* However, returning comes in time, according to whatever lesser energies that the soul needs to further dissolve before moving on.

In the parable of “Lazarus and the Rich Man” we read in Luke 16:22-25: *“And it came to pass, that the beggar died, and was carried by the malakim into Abraham's bosom: the rich man also died, and was buried; In Hades, where he was in torment, he looked up and saw Abraham from afar, with Lazarus by his side. So he cried out, ‘Father Abraham, have mercy on me and send Lazarus to dip the tip of his finger in water and cool my tongue, for I am in agony in this fire.’ But Abraham answered, ‘Child, remember that during your lifetime you received your good things, while Lazarus received bad things. But now he is comforted here, while you are left to suffer.…”*

The rich man has transitioned from the physical body. The memory in the physical brain had perished and he had energies that still needs to be dissolved. Therefore, he found himself in a space that give him the opportunity to remove those energies. However, as a soul he is very conscious of the physical life he was just released from. It is clear to see that when the physical body of “*man”* expires, there is still consciousness in the transition of his soul.

Hebrews 4:12 backs that up stating: *“the word of YHWH is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”*

According to the previous scripture, the word of YHWH can penetrate to *“man’s”* soul, *man’s* spirit which are not physical parts of the body. It can also penetrate to the joints and marrow of *man*, which are physical parts of the body*.* So far, we can see that *“man”* is made up of at least a spirit from his Source, a soul, and a physical body

**With All Your Mind**

The mind is a creation of spirit, through the soul, to keep open communication with the higher worlds as the soul descended into the lower planes. However, when *“man”* fell we lost the open communication and became separated from with our higher selves in higher dimensions. In the Biblical scriptures it is written in Isaiah 44:18: “*They cannot comprehend or understand, for He has shut their eyes so they cannot see, and closed their minds so they cannot understand.”*

If the mind is closed from spiritual frequencies in higher spheres, we cannot understand spiritual things. Therefore, our ability to understand comes from above to the mind in “*man”.*

The Bible also teaches that the mind has the ability to guide. In Ecclesiastes 2:3 we read the following: *“…my mind still guiding me with wisdom*…” If the mind can guide, does it only guide into wisdom or can it also guide into deception and worry? If the human mind is influenced by a lower spirit’s mind it will be guided according to the mind of that spirit.

In 1 Samuel 16:14 we can see that there is a marked difference when spirits of separate natures influence the mind of an individual. It says: *“After the Spirit of YHWH had departed from Shaul, a spirit of distress from YHWH began to torment him.”* The difference in influence was so marked that in verse 15 *“Shaul’s servants said to him, “Surely a spirit of distress from god (not YHWH) is tormenting you.”*

In Daniel 2:1 we see that *“Nebuchadnezzar had dreams; his mind was troubled and he could not sleep.”* Dreams come from the world of spirit. Therefore, Nebuchadnezzar received his dream from the spirit world. The dream caused him to be troubled in mind. When we look at it from this angle it’s not hard to understand that a spirit can, through different variables and circumstances, trouble an individual by way of their mind. In like manner the mind can also be influenced by spirits in love, truth, and wisdom.

It is said in Philippians 2:5-7: *“Let this mind be in you which was also in Yahshua Messiah: Who, existing in the form of YHWH, did not consider equality with YHWH something to be seized, but emptied Himself, taking the form of a servant, being made in human likeness.”*

What Philippians 2:5-7 is saying in laymen’s terms is: we are to allow the mind of the Spirit that was in Yahshua Messiah to be in us also. Yahshua awakened to the consciousness that caused him to realize that he was just as YHWH in his true sense of being. However, awakened to that fact, he didn’t allow the hijacked ego to corrupt him with the unspeakable, immense power and glory he knew he possessed, to cause him to think: *“I am as the Most High”* and therefore, in a power grab, project his own will to be done in the earth.

A misleading perception of *“I am as the Most High”* is often times the distorted attitude of the spirit that dwells in the heart of the unsuspecting. In the Book of Isaiah 14:13-14 we read: *“You said in your heart: “I will ascend to the heavens; I will raise my throne above the stars of YHWH. I will sit on the mount of the assembly, in the far reaches of the north. I will ascend above the tops of the clouds; I will be like the Most High.”*

To wake up to the fact that we are like, or as, the Most High is not necessarily a problem. Realizing this fact and allowing the ego to lift ourselves above others, or beyond what has been given, also looking out for self-interests is the real problem. Such a mind is separated from the Spirit of the Most High and held captive to the ego.

This is the mind of the spirit that is at work in those who are either ignorant of, or who oppose, the law of the Most High. As we can read in Ephesians 2:1-2: *“As for you, you were dead in your trespasses and sins, in which you used to walk when you conformed to the ways of this world and of the ruler of the power of the air,* ***the spirit who is now at work in the children*** *of disobedience.”*

From this scripture we can see that this lower spirit has set up shop in people. Where, in the people, has the mind of this spirit set up its station? Its station is in the hearts of the people. From the heart mind this spirit is propelled throughout the body, just as blood is pumped from the heart throughout the body. Yahshua, however, emptied Himself of the mind of every lower spirit that set up lodging in his heart, which also had the ego captive to do its own will. He humbled himself and took the form of a servant, while in the human vessel and did according to the Father’s will. Being empty of the corrupt mind in his heart, his physical body and heart was then able to be filled with the Mind/Spirit of the Father. As a servant he would only project, express and exemplify what he saw and heard from the Father. In so doing he was able to guard the mind of his heart from lower spirits, therefore, releasing the ego from its captivity of a lower mind in him to once again do the will of the higher mind. As it is written in Ephesians 2:15-16: *"...He did this to create in Himself one new man out of the two, thus making peace and reconciling both of them (the lower self/ego and the higher self) to YHWH in one body..."*

Today when we look at the social condition of the world it is plain to see that the mindset in the overwhelming majority of people is not the mind that is conducive one seeking to consciously unite with the Creator.

When we strayed from the universal principles of our Source in the “Garden of Eden” we became separated from the Tree of Life. By being receptive to negative influences, the mind of another spirit was able to enter into our hearts, hijack our ego, and enslave us through our very ego that this spirit has used to harden our hearts against our Father. This caused a lull in consciousness and thus, the infamous fall of *“man”.*

Speaking of those who don’t follow the universal principles of the Creator (whatever their reason may be), Ephesians 4:18 says: *“They are darkened in their understanding and alienated (separated) from the life (Tree of Life) of YHWH, because of the ignorance that is in them due to the hardness of their hearts.”*

Following this train of thought, we can see that man is a spirit from his Father that is housed in a soul, which further clothed itself in a mind, and this mind has set up station, at least, in the heart.

**With All *Your Heart***

Let us look at the heart, maybe we will be able to see the problem that plagues humanity today. The heart is the seat of emotions, passions, and desires. It was created by the soul through the mind in order to receive the creative essence of the soul’s mind into the physical body. The mind has the creative power, however, without intent, emotion, passion and a desire for what it wants to create it has little power to manifest it. The heart is like the bride of the nonlocal mind and they create their world together. Therefore, our world is the result of the collective thoughts of our hearts.

How is this so? Well, we are told in Luke 6:45 that *“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.”* One speaks the thoughts of their mind from the heart through the mouth. We see that “*the good person out of the good treasure of his heart produces good,”* or shall we say, creates *good.* While: *“the evil person out of the evil treasure* of his heart creates *evil”.*

According to John 6:63 Yahshua said: *“…The words I have spoken to you are spirit and they are life.”* In other words: out of the good treasures of His heart He speaks words and they are spirit which creates life because they are good and not evil. We can see that spoken thoughts are spirit flowing from the heart. We can consider this as spirit speaking through the soul’s mind. Not only are Yahshua’s words spirit, everybody’s words are spirit. Evil words are energized from evil spirits within heart, and likewise, righteous words originate from good spirits, or energies which reside in the heart.

We are spirits creating every day. However, we create what we allow to live within the heart. Proverbs 4:23 tells us to *“Guard your heart with all diligence, for from it flow springs of life.”* While James 3:8-10, speaking about the tongue, which we have seen speaks according to what is in the heart, says: *“…It is a restless evil, full of deadly poison. With the tongue we bless our Ruler and Father, and with it we curse men, who have been made in YHWH’s likeness. Out of the same mouth come blessing and cursing…”*

So is it fair to say spirit can create life or death that will flow from the heart into one’s environment? Let’s look at Proverbs 18:21 and we’ll see that it says exactly that: *“Life and death are in the power of the tongue, and those who love it will eat its fruit (whether its life or death).”*

Ecclesiastes 3:11 tells us: *“He has made everything beautiful in its time: also he has put eternity in men's hearts, so that no man can find out the work that YHWH does from the beginning to the end.”* We have the history of the ages and the eternal existence of our Source in our hearts yet we are not aware of it as long as we remain bound and veiled in our current physical state which is called *“man”.* Today, from the heart we create many evils. However, it wasn’t always like this. The conception of evil in the heart of *“man”* is as a result of his fall. Mark 7:21-22 tells us that *“…from within the hearts of men come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, debauchery, envy, slander, arrogance, and foolishness.”*

According to that scripture the heart has various non-physical functions. There are other scriptures which echo this point of view. In Deuteronomy 6:5 we find: *“… you shall love YHWH your Father with all your heart.”* InProverbs 23:7 we find: *'For as he thinks in his heart, so is he...'* In Acts 8:22 we find: *'...The thought of your heart may be forgiven you.'* In Genesis 8:21 we find*: "the imagination of man's heart is evil from his youth..."* In Jeremiah 17:9 we find: *“The heart is deceitful above all things, And desperately wicked; who can trust it?*” In Leviticus 19:17 we find: *“You must not harbor hatred against your brother in your heart...”*

We can see that the heart can love, the heart can hate, the heart can deceive, the heart can think, and the heart can imagine. Today there is scientific evidence that backs this up. Science is now finding out that the heart is more than just an organ that pumps blood. It has been documented that heart transplant recipients have taken on aspects of their donor’s emotions, passions, and desires including taking on life memories, interests, and even tastes. The donor has obviously left the physical world. However, their habits have made magnetic impressions throughout their body and as for the heart it has been magnetized with the donor’s emotions, passions, and desires.

If one lives in a brick and mortar home, as the soul live in the physical body, and has the habit of smoking daily in their home, if they were to give up their home and give away the linen from that home to others, as some donate organs after vacating the physical body, the recipient’s home would begin to smell like smoke. Soon the magnetic impressions of the carcinogens in the linen would waft unto the new users and their home would start smelling like smoke from their used linen. The smell of smoke would be a new experience in their home. In like manner the recipient of a new heart would begin to have new experience in their body. These would not be physical attributes, rather feelings, expressions, nonphysical experiences so it is clear to see that the heart has nonphysical aspects to it as well. When the scriptures say to love YHWH with all your heart, it’s obviously not talking physically, because YHWH is spirit. If we are told to love with the heart it’s fair to say we can also not love, or even hate with the same heart.

The heart is a sensory organ and a sophisticated information programming and processing center which actually sends more signals to the brain than the brain sends to it in the overwhelming majority of people. It was not always this way, but it’s been this way since before what is commonly called “the fall in the Garden”, and gained much momentum after the “fall”. The heart is like a second brain with an extensive intrinsic system sophisticated enough to qualify as a mind of its own with nonphysical feelings and memory.

If we are not careful, we could fall prey to the thoughts, desires, imaginations, and passions of the heart. Matthew 15:19 tells us that *“the things that come out of the mouth come from the heart, and these things defile a man. For out of the heart come evil thoughts of murder, adultery, sexual immorality, theft, false testimony, and slander. These are what defile a man...”*

Ecclesiastes 9:3 says: *“…the hearts of men are full of evil and madness while they are alive…”* Remember we read in James 1:17 that “*every good gift is from above*.” Therefore, the evil thoughts of the heart must not be from above.

Colossians 3:5 tells us to: *“Put to death, therefore, whatever belongs to your earthly (lower) nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.”*

So, we just read that Yahshua said: “*out of the heart come evil thoughts,”* and Shaul wrote that such things “*belongs to your earthly (lower) nature.”* Therefore, the evil nature of the heart was picked up while in the earthly plane (not necessarily the physical world), not in the higher dimensions that James 1:17 referenced. We also see in Romans 5:12 that *“…sin (the lower passions and desires of the heart) entered the world (earth) through one man (on the earth plane)…”* A reasonable question to ask is when did this happen?

Genesis 3:6 tells us that *“When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also* ***desirable*** *for gaining wisdom, she took some and ate it. She also gave some to her husband, and he ate it.”* Eve was a part of Adam’s body that received and conceived a lower desire. According to 1 Timothy 2:14, *“it was not Adam who was deceived…”* However, it was Adam who made the choice to act according to the desires planted in Eve that sealed it for *“man*”.

In the Parable of the Wheat and the Tares the owner of the field told his servant in Matthew 13:28 that *“an enemy”* planted the tare seeds. It is a seed of lower desires that was sown into *“man’s”* heart to be a part of the individual that has become a powerful usurping mental force in human vessel today.

The apostle Shaul documented the struggle that he faced with this force which he said was in his members. When Shaul referred to the presence in his members, he is not just speaking of his physical members he is also speaking of an unseen force that lived within him. In Romans 7:18-20 Shaul wrote: *"I know that good itself does not dwell in me, that is, in my sinful nature. Because I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. And if I do what I do not want, it is no longer I who do it, but it is sin living in me that does it.…”*

The sinful nature that Shaul is speaking of is the lower passions and desires in his heart, which is deployed among his members. In his mind he wants to do well, but in his struggle with this inner force of passions and desires he does not carry out his good will.

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In Proverbs 4:23 we are told to “Guard your heart with all diligence, for from it flow springs of life.”

Shaul said that he realized that there was something in him that was bringing him into captivity of his desires. It was not his spirit, which is from above. It was not his soul, which is also from above, and it certainly was not his physical body, because he stated that it was in his nature and if he did what he did not want, it is no longer him who did it, but it was sin living in him that did it. Sin is not physical. Sin is a condition that is perpetrated in the heart.

Matthew 5:28 states: *“you have heard that it was said, ‘do not commit adultery.’ But I tell you that anyone who looks at a woman to lust after her has already committed adultery with her in his* ***heart****.”*

Matthew 15:19 “*…out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false testimony, and slander.”*

James 4:1 says: *“What causes conflicts and quarrels among you? Don’t they come from the passions at war within you? Put to death the passions and desires that lurk in your members”*

Ephesians 4:22 says: *“put off your former way of life, your old self, which is being corrupted by its deceitful desires (of the heart).”*

These are passions and desires, which are earthly, and not from above. This infection of the heart took place in the earth plane, not while the soul was outside of the earthly plane. According to Shaul, it lives among and in the members our bodies.

It has become apparent that the soul has taken on something of a lower spirit nature after entering the earth plane. The lower spirit nature has taken the human heart captive and so we find Shaul describing his struggles with the passions and desires that were housed in the heart of the vehicle called *“man”.*

So we can see that we are spirit that is clothed in a soul, which took on a mind, and then settled in the heart. At some point, as it descended into the earth plane, the heart became corrupt and separated from the life giving essence of the Supreme Creator. When this happened all of what made up man up to that point became trapped by the influences of a lower nature. As we became increasingly crystalized under this influence, we became housed in the physical body. At this point, as it is written in Psalm 81:12 YHWH *“gave them up to their stubborn hearts to follow their own devices.”* The same thing happened to *“man”,* who Israyl is a symbol of*,* a spirit housed in a soul that clothed itself in a mind and stationed itself in the heart, which became corrupted a lower nature of desire. This is all housed in a physical vessel called *“man”*

**With All Your Strength**

Loving YHWH with all your strength was not part of the law written in Deuteronomy 6:5. However, it’s written in Mark 12:30. Strength is will power and our ability to exercise it. Without the ability to exercise our will power we would essentially fail. To love the Father with all one’s strength means to express His will, as we can comprehend it, with motivation, purpose, and confidence, while not allowing the ego to remove us into what is not seen from above. If we are able to remain mindful in this balanced mode while we see the presence of Source we avoid leaning upon our own misunderstanding. We will also stay clear of any diabolical spirits attempting to delude us through the ego or otherwise.

**Chapter**

**Two**

**Reincarnation**

**a**

**fact of life**

Before we proceed in answering the question, *“What is Temptation and Why Must It Come?”* We need to venture into another area of our lives, the cycle of life. Many people don’t believe it, however, reincarnation is a fact of life, and it is well documented in many holy books including the Christian Bible. Yes, the bible does teach about the subject of re-birth or reincarnation. Matthew 16:13-14 states: *“Yahshua asked his disciples, “Who do people say the Son of Man is?” They replied, “Some say Yahchanan (John) the Baptist; others say Yliyah and still others, Yeremyah or one of the prophets.”*

There is a reason why some of the people thought that Yahshua was Yahchanan after he had previously been beheaded (Matthew 14:1-12), or Yliyah after Yliyah had been 'dead' for almost nine hundred years to that time. Still others said He was Yeremyah, who had been 'dead' for some six hundred years, or one of the other prophets after they too had been 'dead' for many years. It may sound as if Yahshua was surrounded by a befuddled and superstitious people unless we knew that reincarnation was a common belief of that time, even though, like today, not all held this belief.

Let us probe further into the biblical position concerning reincarnation. Ecclesiastes 1:9-11 says: *"The thing which has already been is that which will be again; and that which is done is that which will be done again: There is* ***NOTHIHG*** *new under the sun. is there* ***ANYTHING*** *of which it may be said: Look! This is new? It has already been in ancient times, which was before us. There is no memory of former things; neither will there be any remembrance of things that are to come by those that shall come afterward."*

The Bhagava-gita 2:12 says: *“Never was there a time when I did not exist, nor you, nor all these kings; nor in the future shall any of us cease to be.”*

Using the previous two scriptures, we can see that nothing-- whether it is the rain that falls from the sky, or that which makes up the body, the soul, or the spirit that comes into the Earth-- is new under the sun. However, it is common that one generation will not remember the things that occurred in the previous generations. The fact that most of us do not remember former incarnations is no reason to doubt, in fact, doubting truth is only a major obstacle in keeping humanity from the Light. Consider this, how many of us remember the tender hugs of our mothers at the time of our birth or the numerous diaper changes we endured for that matter, but should we doubt that these events too did occur?

If one cannot remember their time of birth, or the months that followed, should they really expect to remember events that took place before their birth? The brain can only record what it experiences. It records better with repetition. When a memory is emotionally charged, positively or negatively, the mind repeats the event; thus strengthening that memory.

The reason why most people cannot remember past lives is because when one passes from the physical world, their physical brain, with all its stored memory, begins the process of decomposition along with the rest of their physical body. However, the soul’s record, known as the *"Book of Life",* which is recorded in the "*Akashic Records,"* continues to exist in thought form. When the soul reenters the physical world and takes on a new physical body, and personality with which it expresses itself in the material world; the new physical body also receives a new brain. The new brain then stores the things it experiences in the current life, not the things it has not experienced.

The Bhagavad-Gita 2:22, speaking of the soul putting off one body and taking up another, says: *“As a person puts on new garments, giving up old ones, similarly, the soul accepts new material bodies, giving up the old and useless ones.”*

If the soul is therefore outfitted with a new physical brain and body, which has never experienced any events of a past life, it will obviously not remember any events of a past life, unless there is a memory bleed through upon the physical brain. The new physical brain must now develop new memories, however, it primarily records information that the physical individual experiences through the five senses. The brain does not usually record outside of this realm for the overwhelming majority of people at this time. Some people do receive dreams and visions of past life experiences that make an impression on the brain by way of their senses and so in this manner they can remember some past life experiences. Others are hypnotized and recall this memory and if a past life experience is suggested, they will remember their past life experiences. Under hypnosis, this impression is made on the brain by the subconscious mind and the senses react and impressions are made on the brain for it to experience the event. If allowed to keep the memory after hypnosis the individual can remember past life experiences.

In the Bible, it is recorded in the book of Job 1:21 that Iyyob said: *"Naked came I from my mother's womb, and naked shall I* ***return*** *there...."* Obviously, babies come from their mother's womb naked as Iyyob said. However, how does one return to a mother's womb naked unless he or she reenters as a fetus? For those who would symbolically view the womb as the Earth, consider also, that when we die we are not buried naked. Therefore, Iyyob must be speaking of reentering the Earth by some other way, sometime after his death, and developing as a child develops in the mother’s womb -- naked.

In the Bhagavad-Gita 2:13 we see that, *“As the embodied soul continually passes, in this body, from boyhood to youth, and then to old age, the soul similarly passes into another body at death. The self-realized soul is not to be bewildered by such a change.”* This would indicate that there is consciousness between the time after the physical body perishes and the soul reenters the Earth for a new body.

Psalm 90:3,5 also says after death: *"You (YHWH, nature) turn (physical) man to destruction (death); and You say:* ***Return you children of men****...In the morning (an early and new physical life) it flourishes, and grows up; in the evening (late in the physical life) it is cut down, and withers (dies)."* These verses are referring to the cycle of man's continual life, death and rebirth in the Earth, until he is able to return as one with his Maker.

In Ketha I. 1.6, of the Upanishads, it is recorded: *"see how it was with those who came before, how it will be with those who are living. Like corn mortals ripen and fall; like corn they come up again."* Man comes up like the corn continually until he balances his account in the Earth, thus overcoming the influences of the current earthly nature upon him that he may return to oneness with his Source. As Ecclesiastes 3:15 says: *"That which was, now is; and that which is to be, has already been. And YHWH requires an account of what is past."*

In other words, man has incurred debt in the Earth which has caused him to forget his purpose in life; this account must be balanced by the one to whom the account belongs. For this reason, helpers, who have already balanced certain debts and graduated into higher abodes, come into the world to help guide humanity in balancing their debt, so that all may eventually achieve balance that they may live without the illusion of death, then, in time, return to the One Source. These helpers are called by many titles: saviors, son of man, angels, prophets, apostles, etc. Not all have necessarily balanced all debt however, some have balanced enough debt to allow them to enter into the heavenly Brotherhood.

In Jeremiah 1:5 we read of one of these helpers. *"Before I formed you in the womb I knew you; before you were born I sanctified you, and I appointed you as a prophet to the nations."* Yahshua was one of these helpers who came into the world. In John 16:28 He said: *"I came forth from the Father, and have come into the world.* ***Again (once more, after many incarnations****), I leave the world, and (this time) return to the Father."* There would be no reason for Yahshua to say that He was leaving the world again if He believed that had been His first time leaving the Earth. The use of the word *'again'* would stand to indicate that the condition of His leaving was being repeated. Therefore, it is recorded that He said, *'again'*, because He had left the Earth at least once sometime in the past.

Many may not believe in the soul returning to the Earth; however, it is a fact that without reincarnation, there is no resurrection of our redeemed body. Brihad III. 4.3, of the Upanishads agrees with this teaching of the bible. It says: *"As a caterpillar, having come to the end of one blade of grass, it draws itself together and reaches out for the next, so the Self, having come to the end of one life and shed all ignorance, gathers in its faculties and reaches out from the old body to a new."* This reaching is of course for the next, higher spirit body, or the next physical body after another incarnation.

It is with this understanding, that we can look at Yahchanan and understand that he came in the spirit of Yliyah, because he was the soul of Yliyah reincarnated in another physical body. Yahshua verified this in Matthew 17:12 by saying: *“...I say to you, Yliyah has come already, and they did not recognize him, but did to him whatever they pleased...Then the disciples understood that He spoke to them about Yahchanan the Immerser."*

This was not a statement that confused the apostles. It didn’t because reincarnation was an accepted viewpoint of the time. In another instance recorded in John 9:2, Yahshua and a group of disciples saw a man blind from birth. The common belief at the time was that all disease and sicknesses were manifested as a result of sin. Therefore, *“His disciples asked Him, “Rabbi (teacher), who sinned, this man or his parents, that he was born blind?” Yahshua answered, “Neither this man nor his parents sinned, but this happened so that the works of YHWH would be displayed in him.…”* If the man was blind from birth why would the apostles ask if he had sinned? Certainly he couldn’t have sinned in the womb of his mother. The only way he could have sinned would be before he was born i.e. another life time.

**The Cycle of Life is in The Blood**

The cycle of reincarnation can also be seen in the life cycle of our blood. As it is written in Leviticus 17:11, 14: *“the life of all flesh is its blood.”* Red blood cells, as the human body, eventually age or gets damaged to the point that they also die. It is not by chance that red blood cells live for roughly 120 days in the body before they are recycled.

In Genesis 6:3 we see that *“YHWH said, “My Spirit will not govern man forever, for he is mortal; his days shall be 120 years (cycles).””* So it was appointed to mankind 120 cycles of jubilees (50), or 6,000 years. After that 120 cycles a gradual change would take place that would cause the Spirit of YHWH to govern humanity in a new era.

In Deuteronomy 34:7 “*Moses was a hundred and twenty years old when he died, yet his eyes (knowledge) were not weak, and his vitality (natural spirit) had not diminished.”* Mosheh’s physical body had come to the end of its journey, however, the spirit part of Mosheh could have gone on, and it did.

After *a* *hundred and twenty* day cycle red blood cells also cease to function as a unit in their physical capacity. At that time, about ninety percent of the red blood cells are recycled by white blood cells within the spleen, liver, and lymph nodes. About ten percent of the old blood cell is reintroduced in the makeup of new blood cells within the human body.

The remaining ten percent of the red blood cell is broken down directly in the blood plasma. This ten percent can be paralleled with the ten percent spoken of in scriptures. As it is said: *“as above so below”.* In Exodus 25:40 Mosheh was told: *“See to it that you make everything according to the pattern shown you on the mountain.”*

The pattern from above was to be emulated in the people’s life, so in Leviticus 27:32 Mosheh wrote as he was instructed. *“Concerning the tithe of the herd, or of the flock, even of whatsoever passes under the rod, the tenth shall be holy unto YHWH”*.

The tenth is the tithe which is YHWH’s. They were selected as they passed under the shepherd’s rod and were counted. There are also those that reside in higher realms, who have chosen from among humanity, those that are accounted as a tithe or tenth to YHWH. Ezekiel 20:37 tells us that that tenth YHWH, in the higher realms, *“will make you (those chosen) pass under the rod (that counts the tithe/tenth) and will bring you into the bond of the covenant.”*

The ultimate result of the bond of the covenant is life, in any realm, with unbroken consciousness. Daniel 12:2-3 talks about this when he wrote: *“many who sleep in the dust (ignorance) of the earth will awake, some to everlasting life (life with unbroken consciousness), but others to shame and everlasting contempt (life with broken consciousness in earth). Then the wise will shine like the brightness of the heavens (higher realms), and those who lead many to righteousness will shine like the stars (sons of YHWH) forever and ever (having life with unbroken consciousness).”*

Isaiah 6:13 tells us that: *“though a tenth (the chosen) remains in the land… so the holy seed will be a stump in the land (to start up a new world).”*

Not only is the pattern from above to be emulated in mankind’s life, but it is also emulated in our bodies as well. A tenth part of each blood cell that dies is used again in a new blood cell. These remnants of broken down blood cells are also eventually picked up by circulating white blood cells to break down the hemoglobin. Hemoglobin is broken down into amino acids (building blocks of organisms), iron (transporter of oxygen/spirit throughout the body), and bilirubin (finds the cause of health/life disorders). The amino acids and iron are reused by the cell itself or transported through the blood into the bone and marrow, where they are reused to form new red blood cells. The bilirubin however must be gotten rid of.

**Chapter Three**

**What is Temptation?**

**and**

**Why Must It Come?**

Now we are ready to talk about temptation. As each of us makes our pilgrimage as souls (spirit/ oxygen transported by iron) to the physical Earth (physical bodies/ amino acids the building blocks of life) time and again in order to be purified (of issues of this life/ bilirubin), we are met with our debt of past lives. It is this debt that most come into the world to take care of that is manifested as temptations. During the earth experience, we are also met with new temptations that we must take on and overcome, in order to grow and become spiritually, mentally, and emotionally stronger. Temptations make us feel like yielding to them will fulfill us to some degree; otherwise they could not be tempting. Without temptations we would not have to exercise our mental will over our lower passions, desires, and emotions in order to strengthen ourselves thereby converting them into higher passions, desires, and emotions.

Man in his current fallen state, consists of a mental body, or mind body, an astral body, or desire body, and a physical body, or natural body. Just as our physical body houses and navigates through the senses of touch, hearing, sight, smell, and taste, the astral body houses and navigates through the senses of feelings, will, passions, desires, and emotions. The mental body, in like manner, houses and navigates through thought, reason, perception, intuition, and belief or faith. Lower passions, desires and emotions, are natural to us in our current state of earthly sojourn. When we are bombarded by lower passions, desires and emotions, we are experiencing impulses through the astral body, which is a vehicle of desires. The impulses are the astral body’s attempts to take on the matter of the desires, passions, and emotions. It does this by using the mental body or the mind, which is a vehicle of thought, to bring the desired image to life in the mind as a thought form. If the astral body can induce the mental body to think that the individual wants what the desire body wants, by entangling the thoughts (mental body) into the same lower passions and emotions, it is likely that the individual will fall prey to his or her own lower desires, therefore, satisfying the impulsive lust of the astral body. This leads to spiritual error which is called sin and this error leads to further disconnection from Source, which is called death, or the state of spiritual death.

The apostle Yaaqob is said to have written about this in the Book of James 1:14-15 saying: *“But each one is tempted when he is lured away by his own evil desires and enticed. Then after desire has conceived, it gives birth to sin; and sin, when it is fully grown, gives birth to death.”*

We can see this in the story of Adam and Eve. Genesis 3:6 says: *“When the woman saw that the tree was good for food and pleasing to the eyes, and that it was desirable for obtaining wisdom, she took the fruit and ate it. She also gave some to her husband, who was with her, and he ate it.”*

In Genesis 3:13 we learn that Eve acknowledged that she was deceived when *“YHWH said to the woman, “What is this you have done?” “The serpent deceived me,” she replied, “and I ate.”*

In 2 Corinthians 11:3 Shaul said *“I am afraid, however, that just as Eve was deceived by the serpent’s cunning…”*

We can see that Eve was lured and deceived by her own desires or lust in the astral body, because she saw that the fruit *was desirable and she was enticed*. Adam was not deceived, but willfully also partook of the symbolic fruit. Their error gradually led them to become enmeshed in a degenerative state spiritually, then mentally, then emotionally, and finally physically. Their first child while enmeshed in the frequency of the symbolic fruit was Cain. When Cain was fully grown he brought forth the death of his brother Able. It’s not hard to see how Yaaqob’s words in James 1:14-15 relate to the story of Adam and Eve.

Temptation is done by certain matter in the astral body (desires), after compromising the mental body to its will, then exercising a slow, but steady influential pressure upon the physical being through desirable thoughts in a type of hunger or lust for its desires. The individual in his or her physical vehicle is usually gradually drawn away by the desire or lust which is his or her own thought form creation. If the individual is a sensual person, there is a subtle, but ceaseless pressure through thoughts, generated by circumstances and situations, generally in the direction of sexual impurity. If the individual is a passionate person, there is an equal pressure, but generally in the direction of irritability.

In Romans 7:8-23, the apostle Shaul testified that he had this struggle in his members, which he referred to as *“a thorn in the flesh”* in a letter to the believers in Corinth saying in II Corinthians 12:7: *“to keep me from becoming conceited, I was given a thorn in my flesh, a spirit of Satan, to torment me.”* Shaul was a man moved by passion, as he demonstrated in his persecution of the believers before his enlightenment.

Acts 8:3 said *“Shaul began to destroy the House of YHWH. Going from house to house, he dragged off men and women and put them in prison.”*

Acts 9:1-2 said *“Shaul was still breathing out threats of murder against the Lord’s disciples. He went to the high priest to ask for letters to the synagogues in Damascus, so that if he found any men or women belonging to the Way, he could bring them as prisoners to Yerushalem.”*

Acts 9:13-14 tells us that Shaul had a reputation among the saints of being moved with passions, saying: *“many people have told me about this man (Shaul) and all the harm he has done to Your saints in Yerushalem. And now he is here with authority from the chief priests to arrest all who call on Your name.”*

Acts 9:21 also tells us more about Shaul’s reputation among the saints. It says*: “Isn’t this the man who wreaked havoc in Yerushalem on those who call on this name? And hasn’t he come here to take them as prisoners to the chief priests?”*

Shaul did not overcome this passion he said it remained with him as a thorn in his flesh that kept him humble. This passion manifested itself in Shaul's tone, agitation, and impatience towards his brothers, of which some are recorded in the writings of the bible.

Acts 15:37-39 tells us that at a certain *“Barnabas wanted to take John, also called Mark. But Paul thought it best not to take him, because he had deserted them in Pamphylia and had not accompanied them in the work. Their disagreement was so sharp that they parted company.”*

Galatians 2:11-12 tells us that *"When Kepha came to Antioch, however, I opposed him to his face, because he stood to be condemned. For before certain men came from James, he used to eat with the Gentiles. But when they arrived, he began to draw back and separate himself, for fear of those in the circumcision group.…"*

Shaul understood this struggle in his bodies, of which he referred to as his own members (mental, astral, and physical bodies), finding himself in a constant battle of tug a war with those very members.

The individual who does not understand what is brewing many times makes assessments regarding their temptation. This individual may assess that it is the prompting of their own human nature and regard it as who *he* or *she* is, good or evil. If religious, they may think of the pressure as coming from outside of themselves as a temptation of 'the Devil'. The truth lies between the two assessments. The pressure, or temptation, as we call it, is natural to all people in this physical world. It is not natural to the true person, which is the soul that is housed in the physical vehicle, but to the personality that is also housed in the physical vehicle that is used to navigate in this lower world through the five senses. The desirable influences are part of the natural laws which seem right for the physical vehicle, but can be missing the mark to the governing laws of the soul and consequently the individual's overall state of being. This could become an issue if the person is overcome by their own passions, desires, and emotions.

Therefore, it is necessary that the individual resists these influences, the temptations that are commonly called “the works of the devil” for their overall welfare and conscious elevation. Those who resist yielding to the suggestive feelings being broadcast to them through the astral and compromised mental bodies, successfully weaken the particles, or energies within the astral, emotional self, which need those vibrations as food for nourishment of the created thought form to enslave the person. This is often referred to as forming habits.

In the physical world science teaches us about macroscopic, microscopic, and subatomic particles. In the astral world there are particles that are of finer density than that of the physical world. There are particles of even lesser density in the mental world. If we were to gather a large number of microscopic particles together into one body, they would eventually become a macroscopic particle. Likewise, if we gather or attract a great deal of micro-astral particles, we form a macro-astral particle in the same way that collecting microscopic particles together forms macroscopic particles in the physical world. Particles in the astral world are not gathered mechanically as in the physical world, they are gathered energetically and nourished through feelings, will, emotions, desires and passions. As it is said in Ephesians 4:26: *“…Do not let the sun set upon your anger, for anger gives a foothold to the devil.”*

King David tells us how to not gather those astral particles. He put it this wayin Psalm 4:4: *“Be angry, yet do not sin; on your bed, search your heart and be still.”*

Yaaqob tells us that anger does not bring about energies that are desirable of YHWH. He wrote in James 1:20: *“for man's anger does not bring about the righteousness that YHWH desires.”*

Anger is a passion and passion is an astral particle. When we go to sleep with this passion, we feed our cells with the energy of anger. It is the same for any passion, desire, and emotion. Without this nourishment, the particles eventually fall from the astral body, like water erodes a macroscopic sedimentary rock that no longer has the opportunity to settle down and form one layer of micro sediments after another over the passage of time. The astral particles that are resisted are replaced by the particles, or energies, in the thoughts and actions that were used to resist the temptation. The individual then overcomes that particular temptation which was prompted by the lower nature, called *'the flesh',* during the physical life. This is why James 4:7 teaches that one should *“resist the devil (his own conceived evil passions) and he will flee.”*

In Matthew 4:11 after Yahshua had resisted all urges *“the devil left Him, and malakim came and ministered to Him.”*

I Peter 5:8-9 tells us that *“…our adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, standing firm in your faith…”*

However, yielding oneself to the temptation gives it life and strength until the passions and emotions become troublesome and habitually controlling. At some point the individual may feel like they have lost control to the temptation. This is known as addiction. At this stage the individual feels that the desire cannot be resisted and identifies the self with the temptation, thus becoming a slave to the desire he or she is held captive to. The apostle Shaul writes about this experience in Romans 6:16, saying: *"to whom you yield yourselves as servants to obey, his servants you are whom you obey, whether of sin which leads to death, or of obedience, which leads to righteousness."*

Temptations are not an unnecessary evil. Without these influences we could not overcome our lower nature and most definitely could not overcome the lower influences of the world. Growth of any sort is always the product of some form of opposition or testing. In the case of the physical body, physical resistance leads to physical growth. Likewise, spiritual resistance (temptations) eventually leads to spiritual growth if we practice not succumbing to the temptation. James 1:2-4 reads: “*Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.”* Therefore, temptation is necessary and has its place, but for the ones whom they come through, they will have to give an account for their actions in this life and, or in one to come.

Matthew 18:7 says: “*Woe to the world for the causes of sin (that comes through the desire body). These temptations must come, but woe to the man through whom they come!”*

Verse 6 says: “*if anyone causes one of these little ones who believe in Me to stumble, it would be better for him to have a large millstone hung around his neck and to be cast in the depths of the sea.”*

This is an extremely harsh and very severe punishment for leading someone off course. Would a loving Father really punish His children in such a manner that is harsher than tying a stone around someone’s neck and cast them into an ocean for causing someone to be steered in the wrong direction? Well, the bible seems to say that, and many believe it does. However, the law of the Father is a reflection of His character so we can look into His laws to get an idea of what Yahshua was saying.

In the law of Mosheh, which is not the ultimate law, but is a pattern of the one ultimate and true law, we see that it’s written in Exodus 21:23: *“But if there is further injury, the punishment must match the injury: a life for a life”*

The punishment of death is hardly a match for causing someone to stumble. If we allow the Spirit on high to direct us in investigating the scriptures, we soon correctly dissect its word of truth to reveal the hidden meaning.

“*A large millstone” is a “weight”,* a debt that needs to be brought to balance. As it is written in Leviticus 19:36 and Deuteronomy 25:15: *'You shall have just balances, just weights’*. The millstone being hung around the neck is symbolic of a responsibility or weight that must be borne by the tempter.

*“The sea”,* is the people of the many nations of the world. As it is written in Revelation 17:15: *“The malak also told me, ‘The bodies of water you saw, on which the prostitute is sitting, are peoples, multitudes, nations, and languages.’”*

Being *cast in the depths of the sea* means being separated from the Father and submerged in the influences of the world, of which Yahshua said in verse 7: *“What sorrow awaits the world (sea), because it tempts people to sin. Temptations are inevitable, but what sorrow (karmic debt from the world that the person is cast into) awaits the person who does the tempting.”* We have all committed spiritual crimes and knowingly or unknowingly tempted others. The appropriate action to create balance is to have the tempter bear temptations from the world, in their current life of one to come, which Yahshua said: “is full of temptation”.

However, to deliberately tempt “*one of these little ones who believe in Messiah to stumble”* and cause them to be led off the redemptive path, would require a much greater debt to balance that behavior. Therefore, Yahshua said: “… *it would be better for him to have a large millstone hung around his neck and to be cast in the depths of the sea.”* Which means: the tempter would have to bear greater temptations from a world of temptation, than an individual who simply tempted someone who didn’t believe in Messiah, as that someone would not have stumbled from Messiah.

Shaul explained in Romans 7:24-25, that there is only deliverance from temptation through converting gradually to what is called the ‘Christ or Messiah Consciousness’. He wrote*:* *“What a wretched man I am! Who will rescue me from this body of death? Thanks be to YHWH, through Yahshua Messiah our King!”* This consciousness descends from our Source to the mental body of the individual who is receptive to that vibration. The mental body now housing the light of higher thoughts, reason, perception, intuition, and belief, or faith, gradually penetrates into the astral body of feelings, lower will, passions, desires, and emotions. As particles of the mental body are awakened within the individual’s astral body or desires as light, it displaces the darkness in the unconscious astral world of darkness. This thereby grants the person salvation from the “so called devil” in their conscious environment, as well as in their higher bodies.

So, temptation is an essential part of *“man’s”* existence to assist us in receiving the power over time to disable dark forces in the earth plane.