

Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321

Pastor and Campus Minister—Rev. Ben Dunkelberger—frbdunkelberger@hbgdiocese.org

Website-www.olvshippensburg.org You Tube-Shippensburg Catholic

Church...(717) 532-2912 Campus...(717) 477-1244 Emergency...(717) 323-2679

Office Hours Monday-Thursday.....9:00 am—4:00 pm Closed Holy Days & Holidays

17TH SUNDAY IN ORDINARY TIME

When the people saw the sign he had done,
they said, "This is truly the Prophet,
the one who is to come into the world."

Jn 6:14



Sunday, July 28, 2024

Weekend Masses

Saturday.....5:00 pm
Sunday.....8:00 am and 11:00 am

Daily Mass

Tuesday, Thursday & Friday 8:30 am
Wednesday.....6:30 pm
First Saturday of the Month..9:00 am

Rosary

Tuesday—Friday.....8:00 am

Morning Prayer

Wednesday.....8:30 am

Reconciliation

Saturdays.....3:30– 4:30 pm
Wednesdays.....5:30- 6:20 pm
1st Fri. of the Month....7:30–8:20 am
1st Sat. of the Month....8:00–8:45 am

Adoration of the Most

Blessed Sacrament

1st Fri. of the Month.....7:30–8:20 am
Fridays.....9:00--7:00 pm



Parish Staff Contact Info.

Associate Director of CCM.....John Klarmann... jtklarmann@ship.edu.....(717) 477-1244
Parish Office Manager.....Tracy Plotner.....tplotner@hbgdiocese.org...(717) 532-2912
Religious Education Coordinator.....Jolene Cramm.....jcramm@hbgdiocese.org...(717) 532-2912
Music MinistryMichael Adams...madams@hbgdiocese.org

Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.



The Reception of Holy Communion (Part 4) – An Individual? or Part of a Body?

There is an overemphasis on what we can call individualism in our modern world. For many people, (including myself at times and in certain ways,) life can become all about me and what I want. I am a unique individual, which is true, but in our modern world, our individual desires, emotions, wants, needs, hopes, and dreams often take precedence over what other people need from us and certainly also over what God desires us to do with our lives. We know that this is one area that we constantly need to check ourselves and make the prayer of Jesus our own prayer when He is praying in the agony in garden, "Not my will, but your will be done" (Luke 22:42). My argument and reflection for you today is simply to try to view the reception of Holy Communion at Mass as an antidote to this modern disorder of individualism.

We've already reflected on how Jesus gives us Himself totally at Mass when we receive Holy Communion. He wants to transform us with His grace and fill us with His Divine Life. We should receive peace and joy from Christ in Holy Communion, but we are also supposed to be sent out to try our best to serve and love God and others. I reflected earlier that Jesus is not meant to be a good-feeling spiritual vitamin, but a real, alive person who now abides in our body and soul. He calls us out of ourselves, and He wants to help us live our faith in the day to day activities and relationships that life throws at us. The pride of individualism, where we only think about ourselves and what we want, is contrary to the very nature of God's love and Jesus heart for us and for the world. My challenge for you is to think about how in Holy Communion, you are actually transformed into the very Body of Christ and are becoming ONE with every other Catholic around the world. In other words, do you care about your body?

The analogy is very striking, but we certainly believe that it is true. If all Christians are a part of one Mystical Body of Christ, then we should have a special love and care for those people as we do for our very own bodies! For example, how often do we pray for everyone else at Mass to become a great Saint and get to know God as fully as possible? How often do we take the time to greet strangers or people we have never met after Mass, to make them feel welcome to our parish (or just to brighten their day)? Do we have any desire to serve them or teach them or become friends with them in order to enhance and grow the body of Christ in every way possible (Ephesians 4:15-16)? Do we suffer with those who are suffering or do we rejoice with those who authentically rejoice? Through Baptism, through all the other sacraments, and especially through the Eucharist at Mass, we are actually united to Jesus and become ONE BODY with all other Christians and especially Catholic Christians that exist. As St. Paul so beautifully writes, "if one member suffers, then all the parts suffer with it...if one member is honored, then all the parts are glad" (1 Corinthians 12:26).

Overall, my encouragement when you come to Mass on Sunday is to at least make this one of your prayers. Lord, how can I pray for or help/love someone else today here at our Church? This identity of being a part of the Body of Christ is quite literally the most important identity of our entire lives. We can crush our pride and our sinful individualism by asking Christ to help us think more about how we can help and serve others in the midst of Holy Communion. When we are truly united to Jesus in the Eucharist, we are truly united to all other Christians and especially Catholic Christians. We are truly one body, and when we put this into practice, we can rise above the sinful aspect of individualism in our modern age and live in union with Christ and with all other members of His body on our way to heaven.



Knights of Columbus & The Ladies Auxiliary



The next Knights meeting will be **Thursday, August 1st at 7:00 pm in the social hall.** Please see Pat Shay for more information.

The next Ladies meeting will be **Wednesday, September 4th at 2:00 pm in the social hall.** For more info. please contact Donna Bonitz at 717-860-4909 or dmbonitz@gmail.com.



Thank you to everyone who has donated tabernacle flowers for 2024. A 2025 sign up sheet will be placed in the lobby of the church in the fall.

Host Coffee Hour

Coffee Hour will begin on Sun. Sept. 15th following the 8am Mass. If you would like to host coffee hour please sign up in the lobby of the church. For more information please contact the parish office.

Religious Education Registration



Religious Education News

Religious Education classes for students in grades pre-k through 8th grade will begin on Sunday, September 15th.

Registration forms are located on the bulletin board outside the Religious Education Office and on our website www.olvshippensburg.org. A reminder that the Diocese of Harrisburg requires a two year sacramental preparation for First Reconciliation, First Holy Communion and Confirmation. Class time for grades kindergarten through 8th grade is from 9:30 AM to 10:45 AM on most Sunday mornings during the school year.

The preschool class meets on Sundays from 9:30 AM to 10:30 AM in the church basement (across from Mary's Kitchen). The children are taught Catholic prayers, traditions, and Bible stories—along with crafts and activities. (In a fun and nurturing setting!)

Sunday, September 15, 2024—First day of Religious Education classes and Catechetical Sunday. All catechists and students are invited to attend the 11:00 Mass.

Now is the time to register for all grades!
For more information contact Jolene Cramm at 717-532-2912 or jcramm@hbgdiocese.org.



If you would like to give to the Sunday collection online either with an individual gift or with a recurring donation of your choice, please visit

olvshippensburg.weshareonline.org



Mass Intentions

Saturday, 5:00pm	July 27 In Memory of Daniel Barnett
Sunday, 8:00am 11:00am	July 28 In Memory of Agnes & Daniel Dougherty People of the Parish
Tuesday, 8:30am	July 30 In Memory of Berthold Wendeln
Wednesday, 6:30pm	July 31 In Memory of Carola Wendeln
Thursday, 8:30am	August 1 In Memory of Hildegard Meyer
Friday, 8:30am	August 2 In Memory of Daniel Barnett
Saturday, 9:00am	August 3 In Memory of Patricia "PJ" McGuigan People of the Parish
Sunday, 5:00pm 8:00am 11:00am	August 4 In Memory of the Stewart-Gelas Family In Memory of Patrick Dechene

The flowers at the tabernacle are placed in memory of Alberto Marasigan



St. Mark / St. Luke Fundraiser

St. Mark and St. Luke are having a fundraiser raffle to help with the renovations of the Catechesis of the Good Shepherd Atrium. The Grand Prize is a Fishing Trip for four on the Potomac River in Washington DC for Trophy Blue Catfish. The second prize is a 52 Qt. Ultra-Light Wheeled Cooler from RTIC and the third prize is two GCI Outdoor Freestyle Rockers. Tickets are \$10 each. Please call St. Mark at 717-597-2705 for tickets or more information. Drawing will be held Sept. 7th.

July 20-21 2024 (in pew)

Weekend Collection:	\$2,720.00	Building Improvements:	\$35.00
Social Outreach:	\$40.00	Votives:	\$78.00
TOTAL INCOME:		\$2,918.00	



The next choir practice will be **Tuesday, August 13th** from 7:15pm-8:30pm.

CHURCH

Potluck

The next potluck will be Sun. Aug. 18th

Immediately following the 11am Mass. Please bring a dish to share.

Water, juice & coffee will be provided

YOUTH GROUP News

All students in grades 6-12 are invited to our next **Youth Group Meeting on Saturday, July 27th from 6-8pm** in the social hall. **Feel free to invite your friends!!**



Run with a Priest! (...or walk or bike!) Every 1st & 3rd Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails.

The next run will be Saturday August 3rd.



The Word of God Alive:
Discussing the Readings with your children

In our psalm today we sing, "The hand of the Lord feeds us; he answers all our needs."

Do you think that food is important?

Food matters so much to us. We cannot live without food for very long. Everything we have comes from God, who loves us and wants our needs to be filled.

In our first reading, we hear about another moment in the history of Israel when God answered the needs of the people and fed them. This was a time of famine when there was not enough food or everyone. When someone gave the prophet Elisha twenty loaves of barley bread, he told his servant to give it to the people to eat. His servant was surprised because there were about one hundred people and so little food. Elisha repeated God's words to his servant: "They shall eat and there shall be some left over."

In the Gospel, we hear something similar. Jesus wanted the people to be fed but there were only five barley loaves and two fish.

How many people were there to be fed?

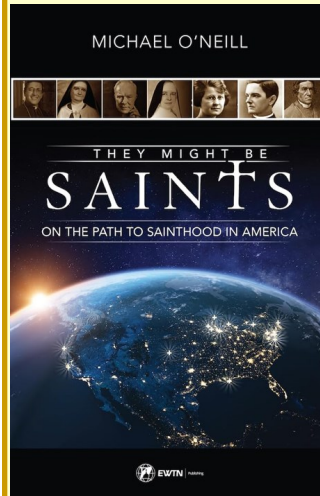
What did Jesus do when he received the bread and fish?

Jesus took the bread, blessed them and gave them to the people.

When we gather at the table of the Lord at Mass, we share in the feast that he offers to us. We know that it is Jesus who provides for us, who comes so close to us in the Mass. The words of the psalm can be ours: "The hand of the Lord feeds us, He answers all our needs."

Living our Faith: Spend some time this week thanking Jesus for all that he has giving you, both spiritually and physically.

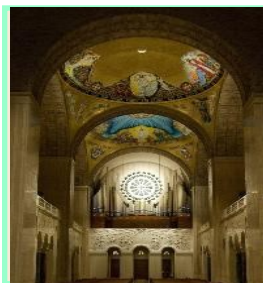
Book of the Month July and August 2024



The Book of the Month for both July and August will be ***They Might Be Saints: On the Path To Sainthood in America*** written by Michael O'Neil and published by EWTN. This might be our biggest book we have ever had at just under 300 pages, however, it also might be my favorite book so far in this series! This book is written based off of research for a TV series on EWTN that tried to study and compile the stories of dozens of potential Catholic Saints that lived in America (both before

it was the U.S.A. and since then in our very modern world as well!). The chapters are only about 7-10 pages each, and it covers the stories of at least 24 different holy individuals who are currently in the process of potentially becoming a future Saint in the Catholic Church. Also, this book begins with an incredibly detailed explanation of how the official process currently works (and some past history of the process of becoming a Saint as well), which I guarantee will surprise you in beautiful ways! There are so many miracle stories and stories of authentic holiness, heroic virtue, and determined faith that if you give this book a chance, you will be inspired and consoled at God's activity within human souls as well as His great plan for your life.

We will get together to discuss this book on **Wednesday, September 4th from 7:30 – 8:30 pm**, which gives you a solid two months to get this book and read it in that time! Even if you don't have time to read this book, please consider coming to meeting in the social hall on Sept. 4th, and I will do my best to summarize my favorite stories and bring some good discussion into the room as well. Thank you again, and God Bless you.



Save the date!

The Diocese is hosting a Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C., on November 16, 2024.

More details coming soon.



PENNSYLVANIA MARCH FOR LIFE

Save the date! The annual Pennsylvania March for Life is Monday, September 23rd in Harrisburg.

11:00 AM - RALLY 501 N 3rd St
12:00 PM - MARCH FOR LIFE

FOR MORE INFORMATION, VISIT:
PA.MARCHFORLIFE.ORG

World Day of Prayer for the Care of Creation

The Office for Life & Dignity will host its annual Care for Creation Mass on Sunday, September 22, 2024, at 8:30 am at Holy Spirit Catholic Church, 300 W. Pine St., Palmyra. Fr Dijo Thomas will be the celebrant and homilist. "Hope and Act with Creation" is the theme of this year's World Day of Prayer for the Care of Creation. Holy Mass will be celebrated outside at the pavilion. Attendees are asked to bring their own chair. A light reception of coffee and donuts will follow in the parish social hall. All are invited to attend. For more information, please contact Marianne Weltmer at mweltmer@hbgdiocese.org or 717-657-4804 ext. 322.

Freelance Reporter



FREELANCE REPORTER- The Catholic Witness is looking for talented and experienced freelance writers to join our team. The ideal candidate will be a self-starter with excellent writing skills and the ability to research and report on topics quickly and accurately.

Knowledge and experience writing AP style highly desired. A member of the Catholic faith is preferred, but not required. Opportunities are available for news, feature stories and sports. Schedule is flexible, but some evenings and weekends should be anticipated. Compensation is \$70 per article. Please see the full job posting on www.hbgdiocese.org/careers. To apply, please send a resume or letter of interest and three writing samples to Rachel Bryson at rbryson@hbgdiocese.org.



The 2024 Charismatic Day of Renewal is September 14th from 8am to 3:30pm. This year's theme is "The Battle

Belongs to the LORD" and will be hosted at the Diocesan Center. Mass will be celebrated by Bishop Timothy C. Senior. Presenters include Fr. Timothy Marcoe & Bernice White. To register online, go to www.aliveinthepirit.net. The cost is \$25 which includes lunch. Registration deadline is September 3rd. Please be prepared to pay by credit card only.

HOW TO GIVE & BRING FOCUS TO SHIPPENSBURG UNIV.



Checks can be addressed to Diocese of Harrisburg with "Shippensburg FOCUS" in memo*:

*Office of CLEV
Diocese of Harrisburg
4800 Union Deposit Rd.
Harrisburg, PA 17111-3710*



Give online using QR code OR us the link below:

linktr.ee/ccm_ship



What is FOCUS?

FOCUS (Fellowship of Catholic University Students) is the leading global Catholic outreach organization for college students. FOCUS was founded in 1998 at Benedictine College by Curtis Martin.

Through bible studies, mentorships, conferences, mission trips, and partnerships with priests, bishops, and parishes, FOCUS missionaries walk alongside students in their faith journey, inspiring and equipping them for a lifetime of Christ-centered evangelization and discipleship.

FOCUS sends teams of missionaries (four on average) to encounter people in friendship, inviting them into a personal relationship with Christ and accompanying them as they pursue lives of virtue and excellence.

Please utilize the forms in the back of Church to submit your check. Checks with forms can be mailed to the diocese or dropped in the collection box at OLV.