

# BONE DENSITOMETRY PATIENT QUESTIONNAIRE

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ MALE \_\_\_ FEMALE \_\_\_ PHYSICIAN \_\_\_\_\_

RACE: CAUCASIAN \_\_\_ AFRICAN-AMERICAN \_\_\_ HISPANIC \_\_\_ ASIAN \_\_\_ OTHER \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ HAVE YOU LOST HEIGHT: \_\_\_\_\_ IF SO, HOW MUCH? \_\_\_\_\_

HAVE YOU HAD A DEXA SCAN BEFORE? Y N (CIRCLE)

IF THE ANSWER IS YES: WHEN? \_\_\_\_\_ WHERE? \_\_\_\_\_

IS THERE A FAMILY HISTORY OF OSTEOPOROSIS? \_\_\_\_\_

## **FOR FEMALE PATIENTS ONLY**

ARE YOU STILL HAVING A MENSTRUAL PERIOD? \_\_\_\_\_ IF NO, AT WHAT AGE DID YOU START MENOPAUSE? \_\_\_\_\_

HAVE YOU HAD A HYSTERECTOMY? \_\_\_\_\_ DO YOU STILL HAVE YOUR OVARIES? \_\_\_\_\_

ARE YOU CURRENTLY TAKING HORMONES? \_\_\_\_\_ IF YES, WHAT HORMONES ARE YOU TAKING AND FOR HOW LONG? \_\_\_\_\_

## **FOR MALE PATIENTS ONLY**

DO YOU HAVE HYPOGONADISM? \_\_\_\_\_ DO YOU HAVE LOW TESTOSTERONE? \_\_\_\_\_

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HAVE YOU EVER HAD A COMPRESSION FRACTURE OF THE SPINE? \_\_\_\_\_

HAVE YOU EVER HAD ANY SURGERY OR FRACTURES IN THE FOLLOWING AREAS?

1. SPINE: \_\_\_\_\_ WHEN? \_\_\_\_\_
2. HIPS: \_\_\_\_\_ WHEN? \_\_\_\_\_
3. WRIST: \_\_\_\_\_ WHEN? \_\_\_\_\_
4. FOREARM: \_\_\_\_\_ WHEN? \_\_\_\_\_

DO YOU SMOKE? \_\_\_\_\_ IF SO, HOW MUCH? \_\_\_\_\_

DO YOU CONSUME ALCOHOLIC BEVERAGES? \_\_\_\_\_ IF SO, HOW MUCH? \_\_\_\_\_

DO YOU TAKE CALCIUM SUPPLEMENTS DAILY? \_\_\_\_\_ IF SO, HOW MUCH? \_\_\_\_\_

DO YOU TAKE VITAMIN D SUPPLEMENTS? \_\_\_\_\_ IF SO, HOW MUCH? \_\_\_\_\_

HAVE YOU EVER TAKEN ANY OF THE FOLLOWING MEDICATIONS ROUTINELY AND IF SO, FOR HOW LONG:

1. STEROIDS (PREDNISONE, CORTISONE, ETC) \_\_\_\_\_
2. THYROID MEDICATIONS \_\_\_\_\_
3. ANTICONVULSANTS (FOR SEIZURES) \_\_\_\_\_

HAVE YOU EVER BEEN DIAGNOSED WITH ANY OF THE FOLLOWING CONDITIONS?

1. OSTEOPOROSIS: \_\_\_\_\_ IF YES, WHEN/WHAT MEDICATIONS? \_\_\_\_\_
2. HYPERPARATHYROIDISM: \_\_\_\_\_
3. HYPERTHYROID: \_\_\_\_\_
4. INTESTINAL/BOWEL DISEASE: \_\_\_\_\_
5. KIDNEY DISEASE: \_\_\_\_\_
6. PART OF STOMACH REMOVED: \_\_\_\_\_
7. ANY TYPE OF ARTHRITIS: \_\_\_\_\_